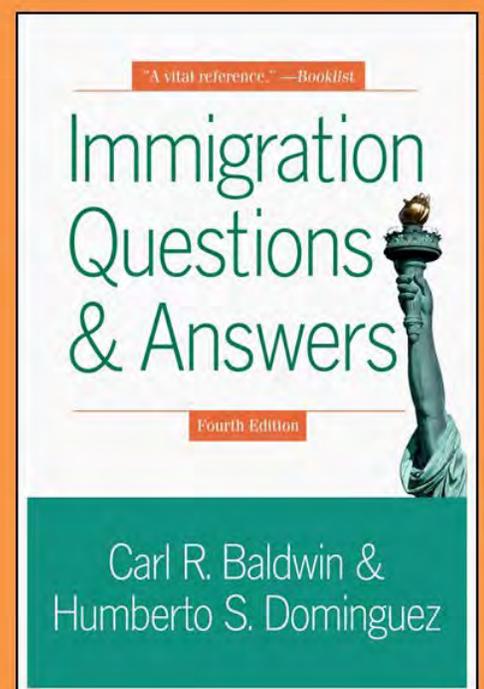
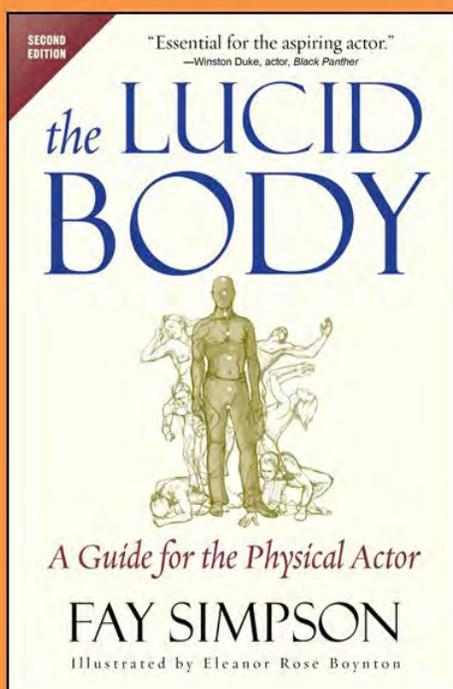
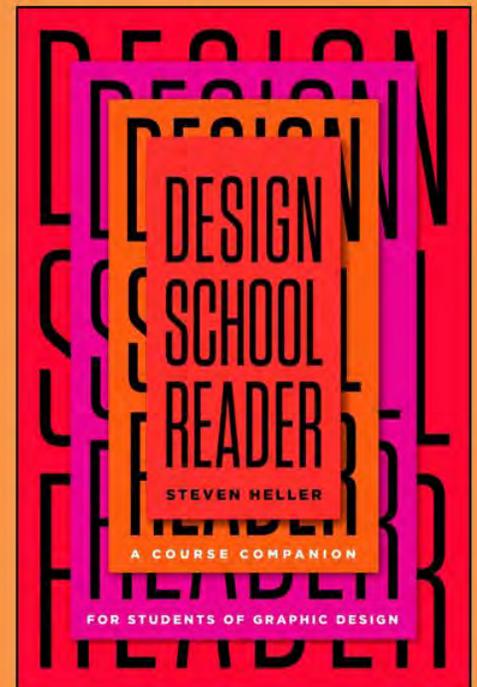
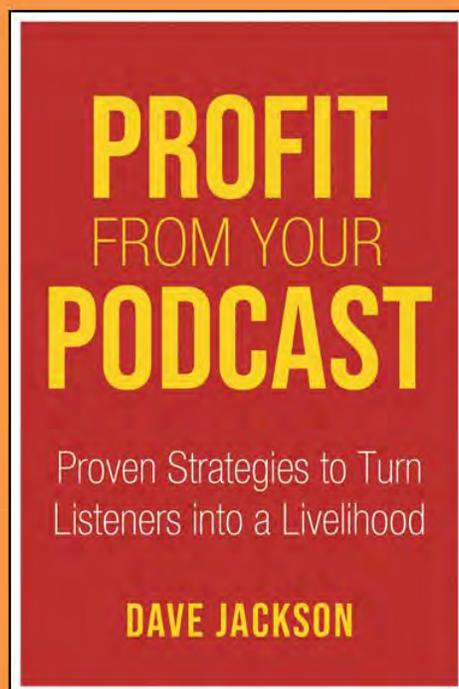
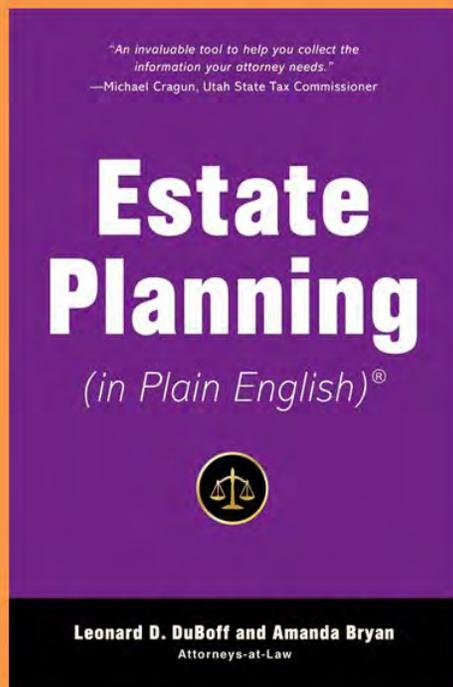
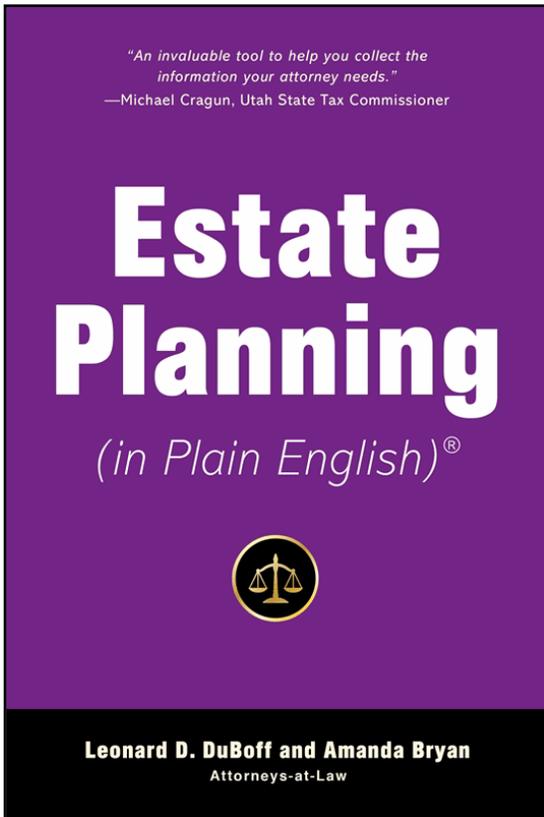


Allworth Press



Summer 2020
(May-August)

Leonard D. DuBoff, Amanda Bryan
Estate Planning (in Plain English)



"An invaluable tool to help you collect the information your attorney needs." —Michael Cragun, Utah State Tax Commissioner

An Accessible Guide to Estate Planning

With *Estate Planning (in Plain English)*®, readers will learn to comprehend the legal jargon and navigate the complex rules involved in preparing one's estate. The authors provide clear information and cite actual cases to help readers approach the process with the confidence and knowledge they need to make the best decisions for their heirs. Chapters discuss important topics such as:

- Estate plans, wills, and a variety of trusts
- Guardians, powers of attorney, advance directives, and other essential documents
- Life insurance
- Digital assets
- Gifts
- Tax considerations
- Avoiding probate
- Identifying and caring for estate property
- Settling business assets
- Finding a lawyer

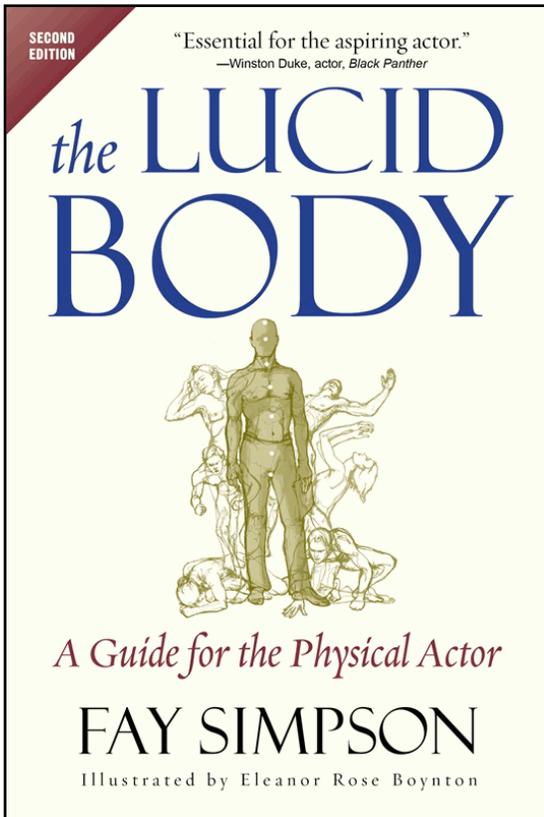
An invaluable reference for those preparing their estates and for their families, *Estate Planning (in Plain English)*® will enable readers to take the necessary steps to preserve their legacies.

MONTH: May
\$19.99 (\$26.99 CAD) Paperback
World • CQ 36
ISBN: 978-1-62153-726-7
6 x 9 • 240 pages
Ebook ISBN 978-1-62153-727-4
Law/Estates & Trusts

Leonard DuBoff is the founder of the DuBoff Law Group, PC. He graduated magna cum laude from Hofstra University with a degree in engineering and summa cum laude from Brooklyn Law School, where he was the research editor of the *Brooklyn Law Review*. He was a professor of law for almost a quarter of a century, teaching first at Stanford Law School and then at Lewis & Clark Law School in Portland, Oregon. He resides in Portland, Oregon.

Amanda Bryan is a practicing lawyer representing clients from all over the world specializing in intellectual property including copyright, trademark and related subjects. She received her master's degree in writing with an emphasis in book publishing from Portland State University. She graduated magna cum laude from Lewis and Clark Law School with a certificate in intellectual property law. She resides in Portland, Oregon.

Fay Simpson, Eleanor Rose Boynton
Lucid Body
 A Guide for the Physical Actor



“From Fay’s methodology, I learned to use my intuition and lived experiences in myriad new ways.” —Winston Duke, actor, *Black Panther*, *Avengers*, *Us*, and *Nine Days*

Engaging Mind and Body to Develop the Complete Physical Nature of Characters

The Lucid Body offers a holistic, somatic approach to embodying character from the inside-out and, for the non-actor, offers a way to give hidden parts of the self their full expression. By identifying stagnant movement patterns, this process expands one’s emotional and physical range and enables the creation of characters from all walks of life—however cruel, desolate, or jolly. Rooted in the exploration of the seven chakra energy centers, *The Lucid Body* reveals how each body holds the possibility of every human condition. Readers will learn how to:

- Practice a non-judgmental approach to the journey of self-awareness
- Break up stagnant and restrictive patterns of thought and movement
- Allow an audible exhale to be the key to unlocking the breath
- Develop a mindset to “hear” one’s inner body
- Analyze the human condition through the psycho-physical lens of the chakras
- Experience the safety of coming back to a neutral body
 - Acquire a sense of clarity and calm in one’s everyday life

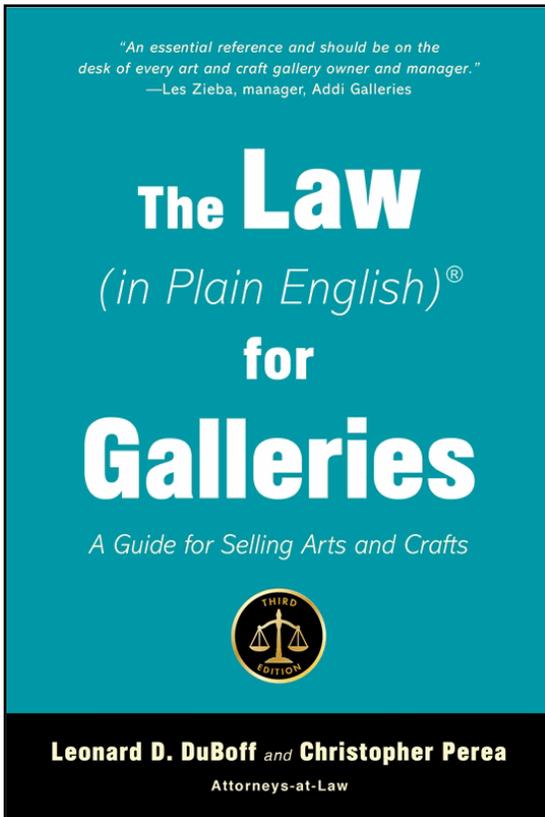
MONTH: May
\$19.99 (\$26.99 CAD) Paperback
World • CQ 30
ISBN: 978-1-62153-724-3
6 x 9 • 240 pages
Ebook ISBN 978-1-62153-725-0
Performing Arts/Acting & Auditioning
50 BW illustrations

A step-by-step program guides the actor through the phases of self-awareness that expand emotional and physical range not only on stage, but also in daily life. This new edition includes a more diversified range of playwrights, non-binary language, and new chapters on stage intimacy protocol and physical listening.

Fay Simpson is the founder of the Lucid Body Institute and artistic director of Impact Theatre NYC. She and her instructors conduct private workshops and a two-year teacher training program at her Manhattan studio, The Lucid Body House. She is an associate arts professor at the NYU Tisch School of the Arts Graduate Acting Program. A private coach for actors on stage, screen and television, she teaches abroad extensively wherever her teachers are building communities. She lives in New York City.

Eleanor Rose Boynton is an illustrator and tattoo artist born and raised in New York City. Working closely with Fay Simpson to develop the visual stories for *The Lucid Body*, Boynton’s illustrations are a melding of new and old techniques, reaching back into traditional drafting and drawing styles, and collaging with digital imagery to bring each character to life.

Leonard D. DuBoff, Christopher Perea
Law (in Plain English) for Galleries
 A Guide for Selling Arts and Crafts



An Essential Reference for Sellers of Arts and Crafts

In *The Law (in Plain English)[®] for Galleries*, Third Edition, Leonard DuBoff and Christopher Perea walk readers through the legal intricacies of selling arts and crafts. This helpful guide provides clear explanations and examples of real cases to provide readers with a strong understanding of their obligations and vulnerabilities. This new edition includes updates to reflect changes in the market and technology. The go-to guide for all aspects of running a gallery, the chapters of this book cover a wide range of topics, including:

- Organizing a business
- Franchising
- Working with employees and contractors
- Selling pieces
- Contracts
- Artists' and galleries' rights
- Catalogs and online sales
- Copyright and trademark
- Customer relations
- Product liability
- Filing taxes
- Estate planning

Gallerists, artists, craftspeople, and anyone else interested in the buying and selling of arts and crafts must have this book in their libraries.

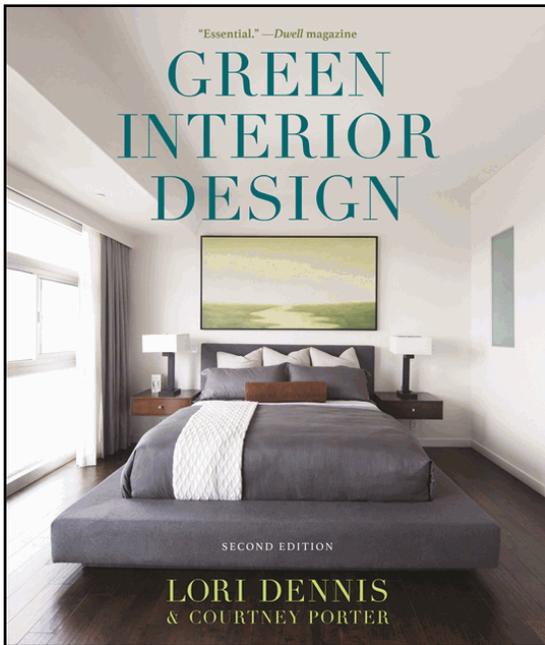
MONTH: June
\$24.99 (\$33.99 CAD) Paperback
 World • CQ 30
ISBN: 978-1-62153-678-9
 6 x 9 • 264 pages
Ebook ISBN 978-1-62153-682-6
Law/Business & Financial

Leonard D. DuBoff is the founder of the DuBoff Law Group, PC. He graduated magna cum laude from Hofstra University with a degree in engineering and summa cum laude from Brooklyn Law School, where he was the research editor of the *Brooklyn Law Review*. He was a professor of law for almost a quarter of a century, teaching first at Stanford Law School and then at Lewis & Clark Law School in Portland, Oregon. He lives in Portland, Oregon.

Christopher Perea graduated from Cornell University, where he majored in English literature and history. While attending Willamette Law School, he worked in both the Deschutes County General Counsel's office and the Marion County District Attorney's office. Chris has assisted his father, a prominent labor arbitrator, with employment arbitrations for a significant amount of time. He lives in Portland, Oregon.

Lori Dennis

Green Interior Design



"An essential introduction to sustainable domestic design."

—*Dwell* magazine

How to Achieve Style and Sustainability

Green Interior Design is the most comprehensive guide to sustainable building, designing, and decorating on the market. This beautifully illustrated guide covers every detail of your home—from the drywall to the finial on the curtain rod—and how to find the most environmentally friendly versions of products and décor. This second edition of *Green Interior Design* is meant as much for the budget DIYer as it is for the luxury homebuilders looking to dip their toes into sustainability. Sprinkled among the chapters, readers will find:

- Digestible how-tos for quick updates
- Fun DIY projects
- Quick tips on repurposing and upcycling
- Helpful resources and buying guides
- Inspiring home tours
- Unconventional advice from designers (e.g., “Don’t buy anything!”)

We hope readers carry this reference guide with them as they decorate apartments, furnish their first properties, and build their dream homes from the ground up. The second edition’s interactive structure allows you, the reader, to choose your own adventure: go into the weeds and get granular with purchasing decisions for your home, or take a more generalized approach to your green design project. Whichever path you choose, know that it’s more important than ever before to act sustainably. “Going green” is more than just a trend: It’s a global economic and social necessity.

MONTH: June

\$24.99 (\$33.99 CAD) Paperback

World • CQ 24

ISBN: 978-1-62153-763-2

8.5 x 10 • 160 pages

Ebook ISBN 978-1-62153-764-9

Architecture/Sustainability & Green Design

200 full-color illustrations

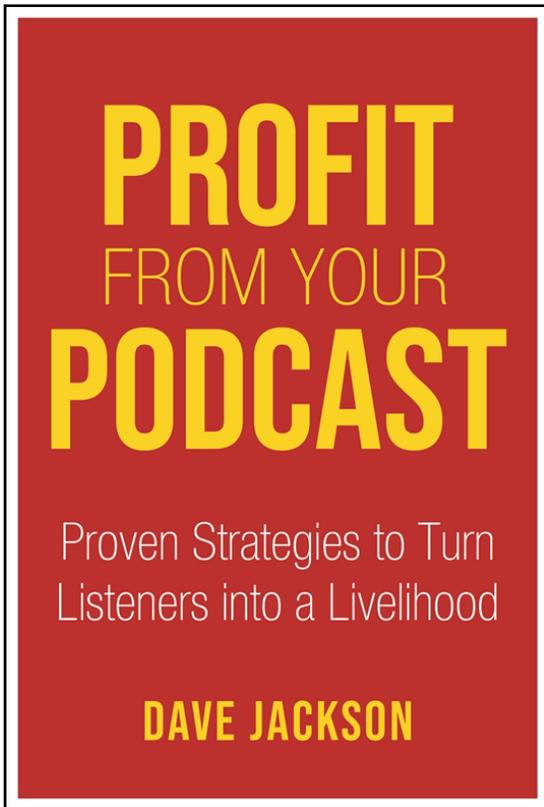
Lori Dennis, LEED AP, has been an award-winning leader of sustainable design as a speaker, author and celebrity designer for over two decades. She has served on ASID’s national council for green design and the Sustainable Furnishings Council, and she has worked with brands like American Express, Verizon, Volvo, and Lamps Plus as an expert in green and luxury design. Lori has been featured on HGTV, Bravo, Food Network, NBC, the *Wall Street Journal*, *Architectural Digest*, the *New York Times*, and a wide variety of global media. She lives in Los Angeles with her husband, daughter, two chickens, and a cat.

Courtney Porter is the voice behind America’s top names and brands in interior design. She speaks at design industry shows across the United States about branding and media for design professionals and was the host of the DesignCampus.com series *Behind the Bar*. As a production designer, she’s worked with commercial brands like Pepsi Co and horror film studio CryptTV. She has also worked with such brands as Disney and Improv Everywhere. She lives in Los Angeles and New York City.

Dave Jackson

Profit from Your Podcast

Proven Strategies to Turn Listeners into a Livelihood



Methods and Advice for Making the Most of Your Podcast—Pricing, Sponsors, Crowdfunding, and More

Pick up any book on podcast monetization, and you will find 90 percent of it only covers how to launch a podcast. If you already have a podcast, you have that information; you're ready for the next step. *Profit from Your Podcast* provides top strategies and real-life examples of podcast monetization. This book is more than *what* to do. It also tells you *how* to do it. Chapters cover such topics as:

- How to Grow Your Audience
- How to Set Your Pricing
- Understanding Advertising Jargon
- How to Find Sponsors
- Best Strategies for Making Money as an Affiliate
- Master Strategies for Crowdfunding
- Harnessing the Power of Webinars and Events
- The Top Tools to Make Your Job Easy

Built on the author's fifteen years of experience in podcasting, this action-packed guide will benefit new and veteran podcasters. Get clear on who your audience is and what they want, deliver value, and build an engaged audience that wants to give you money. Leverage your relationships and the integrity you have built through your podcast to create multiple streams of income. *Profit from Your Podcast* gives you the tools to do it all.

MONTH: July

\$16.99 (\$22.99 CAD) Paperback

World • CQ 30

ISBN: 978-1-62153-772-4

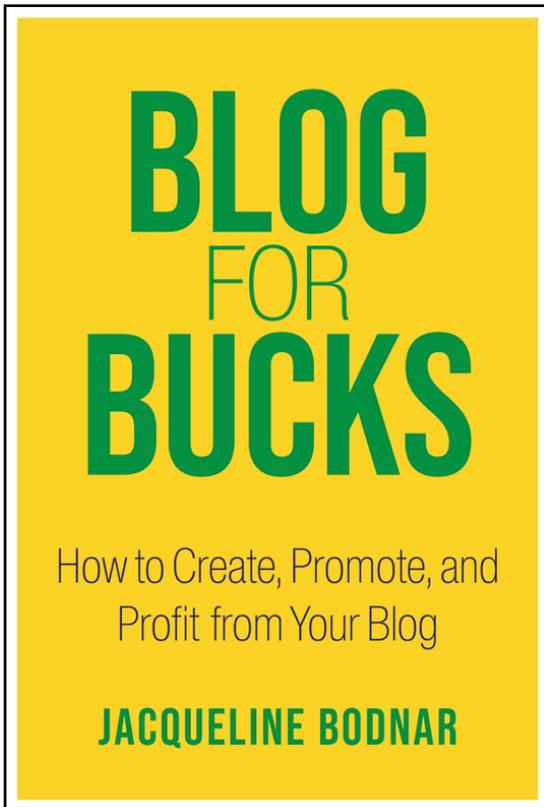
6 x 9 • 192 pages

Ebook ISBN 978-1-62153-773-1

Computers/Web/Podcasting & Webcasting

Dave Jackson is an award-winning 2018 Podcasters Hall of Fame inductee who has been helping people to understand technology and harness its power for over twenty years. He is best known for launching the School of Podcasting in 2005. In his fifteen years of podcasting, he has launched over thirty podcasts himself with over four million downloads. He is also a featured speaker at podcast events, a contributor to the *Podcast Business Journal*, and a member of the libsyn.com support team. His experience, position, and channels allow him to help more podcasters than anyone else on the planet. He lives in Akron, Ohio.

Jacqueline Bodnar

Blog for Bucks**How to Create, Write, Promote, Enhance, and Profit from Your Blog**

Proven Advice for Running a Successful, Profitable Blog—from Writing and Organizing to Promoting and Monetizing

Millions of people would love to make money from blogging, but they have no clue where to start and how to make it happen. It takes more than simply starting the blog, and this book will show you what you need to know. Jacqueline Bodnar, a professional writer and blogger shares her experience and knowledge, covering everything from how to generate blog post ideas to tracking your blog's success to connecting with other bloggers. *Blog for Bucks* includes chapters on topics such as:

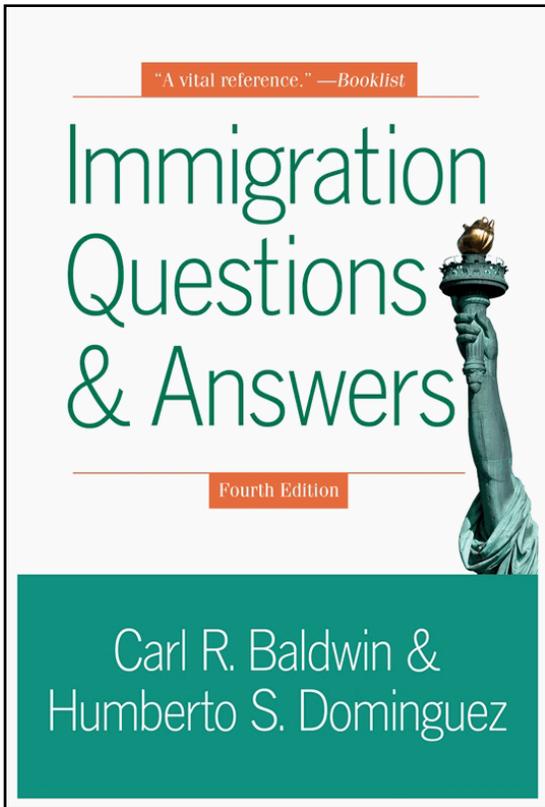
- Blogging Basics
- Keeping It Active
- All About Writing
- Ways to Promote Your Blog
- Monetizing Your Blog
- Ways to Enhance Your Blog
- Where Your Blog Can Take You

Whether you are a new or seasoned blogger, there is information in this book that will help you take your blog to the next level. The invaluable information, advice, and insight will inspire you to get started, launch *another* blog, or get serious about making money from your current one. Don't miss out on the tried-and-true tips and methods in this book that will help you blog for bucks!

MONTH: July**\$16.99 (\$22.99 CAD) Paperback****World • CQ 36****ISBN: 978-1-62153-770-0****6 x 9 • 192 pages****Ebook ISBN 978-1-62153-771-7****Computers/Web/Blogging**

Jacqueline Bodnar has been a professional writer and blogger since 2004. She has ghostwritten eight books, published four in her name, and published over 3,000 articles in newspapers and magazines. She blogs extensively, having numerous popular blogs of her own, as well as ghostblogging for other companies and individuals. Jacqueline holds a bachelor of arts degree in social science studies and a master of professional writing degree. When she's not writing and blogging, she enjoys hiking, camping, snorkeling, and reading. She lives with her husband and two children in the Daytona Beach, Florida area.

Carl R. Baldwin, Humberto Dominguez

Immigration Questions and Answers**A Comprehensive, User-Friendly Guide for Anyone Planning to Live Temporarily or Permanently in the United States**

The process of acquiring and retaining the right to visit or live in the United States is an interesting and complex subject. US immigration laws have not changed very much during the Trump administration, and yet the experience of immigrating to the United States has definitely been affected by it. In this concise primer, first conceived and designed as a how-to resource for would-be “green card” holders in the 1990s, the process of getting and keeping a visa is explained and updated in this new edition. In simple terms, the authors provide a breakdown of the most important topics in this area with useful examples. With over thirty years of experience practicing law, co-author Humberto S. Dominguez adds valuable insights and observations to this increasingly important topic. The road to legal residence in the United States can be a tricky endeavor. *Immigration Questions and Answers*, Fourth Edition, will guide you every step of the way, with a down-to-earth approach and invaluable advice. Chapters cover topics such as:

- Obtaining a short-term visa
- Political asylum
- Temporary Protected Status
- DACA for Dreamers
- The visa lottery and visa processing
- Helping your spouse get a green card
- Removing conditions on residence
- Ways to become a US citizen

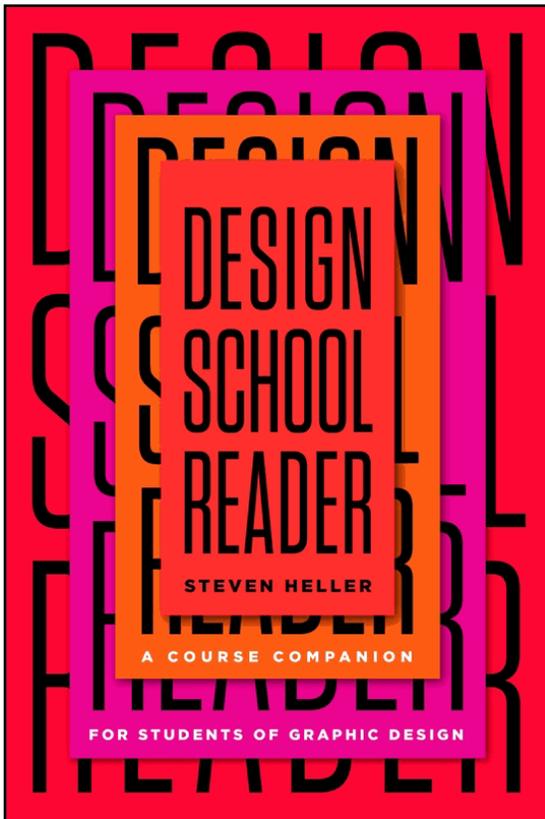
Persons who hope to visit or live in the United States and even lawyers unfamiliar with immigration law and practice will benefit from this basic guide. People facing particular difficulties in this area, who may ultimately need the assistance of an immigration lawyer, will also benefit from learning the bare essentials.

MONTH: August**\$16.99 (\$22.99 CAD) Paperback****World • CQ 36****ISBN: 978-1-62153-756-4****6 x 9 • 192 pages****Ebook ISBN 978-1-62153-757-1****Law/Emigration & Immigration**

Carl R. Baldwin was an attorney who specialized in immigration law and a member of the American Civil Liberties Union, the Association of the Bar of the City of New York, and the American Immigration Lawyers Association. He worked closely with the Association of the Bar in advising foreign citizens who qualified for “amnesty” in the late 1980s and in training attorneys to represent Haitian asylum seekers in the early 1990s.

Humberto S. Dominguez has been practicing law for over thirty years, almost exclusively in the area of immigration. He obtained a bachelor’s degree in political science, graduating with summa cum laude distinction from Long Island University. He obtained his juris doctorate degree from Brooklyn Law School. Mr. Dominguez has been a member of the American Immigration Lawyers Association since 1994. He lives in New York City.

Steven Heller

Design School Reader**A Course Companion for Students of Graphic Design**

An Essential Collection of Essays and Musings on Graphic Design from One of the Field's Leading Educators

In this wide-ranging compilation, art director, writer, and lecturer Steven Heller shares his passion for graphic design with readers, who he invites to consider that design can be discerned in all things natural and manmade. Developed as content for a class devoted to reading, this collection is not overtly about conventional design, but about a variety of topics viewed through the lens of design. Offered as a primer for undergraduate and graduate students, *Design School Reader* presents more than fifty essays and reviews on subjects such as:

- The role of design in politics
- Visual culture and the social impact of design
- Key moments in the history of typography
- Technological innovations
- The power of branding and logos
- Ethical considerations and dilemmas
- Important figures in the design world

Divided into four parts—Politics, Ideology, and Design; Visual Language; the Ephemeral World of Design; and Is There a Genius in the Room?—each section features an introduction to the writings contained therein, as well as a handful of prompts and possible lines of inquiry to encourage further discovery.

As Heller notes, “The key is to read, discuss, and debate.” Students, aficionados, and anyone with a healthy curiosity will thoroughly enjoy this illuminating and thought-provoking assemblage of perspectives on the practice.

Steven Heller is the co-chair and co-founder of the School of Visual Arts (SVA NYC) MFA Design / Design as Entrepreneur Program. For thirty-three years, he was an art director at the *New York Times*, thirty of those years at the *Book Review*, where he also wrote the *Visuals* column. He is the author, editor, and co-author of over 190 books and has written introductions, forewords, and essays for over 150 more—all on graphic design, typography, political art, and popular culture. He is the recipient of the AIGA Medal for Lifetime Achievement and the Smithsonian National Design Award for “Design Mind,” as well as two honorary doctorates and other awards. He lives in New York City.

MONTH: August**\$24.99 (\$33.99 CAD) Paperback****World • CQ 30****ISBN:** 978-1-62153-690-1**6 x 9 • 336 pages****Ebook ISBN 978-1-62153-691-8****Design/History & Criticism****150 BW illustrations**

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