



London
Book Fair
2022

**FOREIGN
RIGHTS GUIDE**

**BORGERHOFF
& LAMBERIGTS**



BORGERHOFF & LAMBERIGTS

Borgerhoff & Lamberigts (B&L) is a prestigious Flemish publishing and production company, as well as a digital agency, situated in Ghent. It all started out at the kitchen table in 2005, where Steven Borgerhoff and Kristof Lamberigts shared the conviction that publishing could and should be different.

Ever since the success of the fiction series True Crime and Mysteries, the sports biographies Icons of Sport and several notable culinary books, Borgerhoff & Lamberigts became one of the biggest independent publishing houses of Belgium. Known for their 'B&L-style', their aim is to follow and invent their own original ideas and concepts, in conversation with the author and other partners.

With an emphasis on Flemish content, B&L represents books within eight categories: current events, sports, art, culinary, lifestyle, pop culture, thrillers, and young adult & kids. Their original and fresh designs have won multiple graphic awards and thanks to their emphasis on promotion, every book is represented with its full potential. Some of their prize-winning and popular Flemish authors are Sandra Bekkari, Christophe Deborsu, Stef Wijnants, Khalid Benhaddou and Koen Schoors.

The year 2011 marks the year B&L founded its television-production company to share their content with Flemish channels and brands. B&L soon realised that strong content is not bound to the medium of books or television, which led to the digital community brand TAGMAG and the academic imprint Owl Press.

What Does It Do To You?

by Pieter Vancamp

RECENTLY SOLD TO LIAONING SCIENCE AND TECHNOLOGY PUBLISHING HOUSE (CHINA)



Shakespeare Knows Me Better Than My Boyfriend

by Ibe Rossel

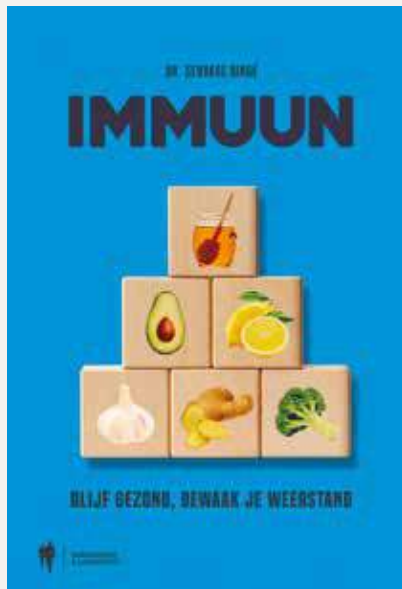
RECENTLY SOLD TO GIUNTI EDITORE (ITALY)



Immune

by Servas Bingé

RECENTLY SOLD TO SCRIBE PUBLICATIONS (WORLD ENGLISH)



XVI

By Francis Weyns

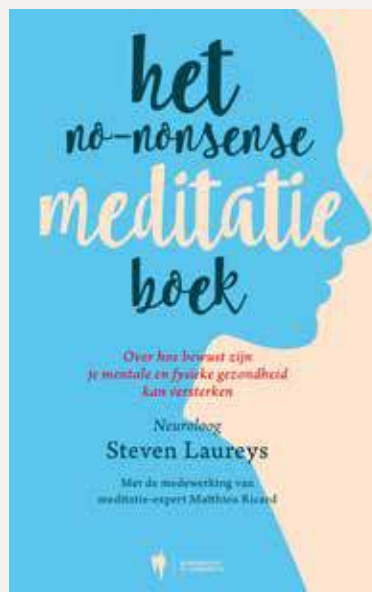
RECENTLY SOLD TO AZBOOKA-ATTICUS (RUSSIA)



The No-Nonsense Meditation Book

by Steven Laureys

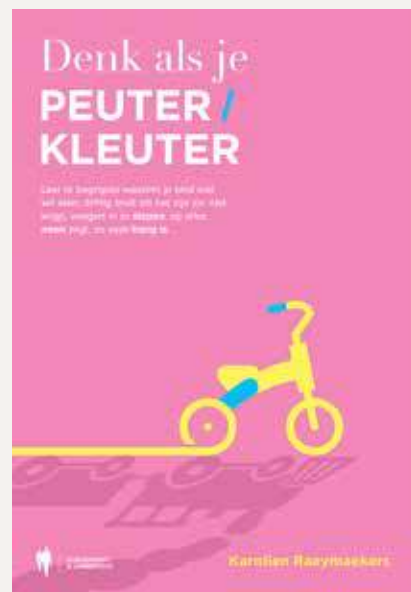
ALSO PUBLISHED BY BLOOMSBURY (WORLD ENGLISH), ÉDITIONS ODILE JACOB (FRANCE), KOSMOS (THE NETHERLANDS), IL CASTELLO (ITALY), SCOLAR (HUNGARY), ILK SATIR (TURKEY)



Think Like Your Child

by Karolien Raeymaekers

RECENTLY SOLD TO SCOLAR KIADÓ (HUNGARY)





RIGHTS TO PREVIOUS TITLES SOLD TO BLOOMSBURY (WORLD ENGLISH), ÉDITIONS ODILE JACOB (FRANCE), KOSMOS (THE NETHERLANDS), IL CASTELLO (ITALY), SCOLAR (HUNGARY), ILK SATIR (TURKEY)

ENGLISH SAMPLE TRANSLATION

BORGERHOFF & LAMBERIGTS, 48 PAGES, NOVEMBER 2021
CONTACT: JULIA FOLDENYI, JULIA@SHAREDSTORIES.NL

DR STEVEN LAUREYS, VANESSA CHARLAND & CLIFF LAUREYS

Gentle

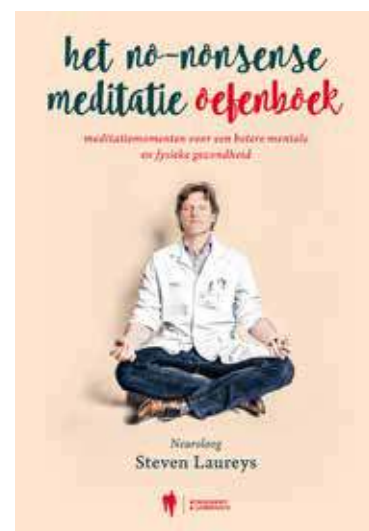
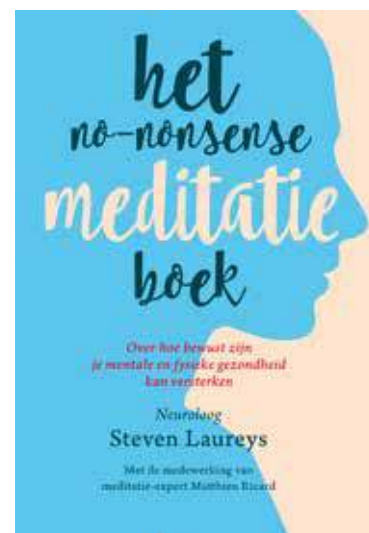
The No-Nonsense Meditation Book for Children

After the international success of both *The No-Nonsense Meditation Book* and the associated exercise book, Dr Steven Laureys now wants to help children, for they too can benefit greatly from meditation, even from a very young age. He does this together with his Canadian wife Vanessa Charland, a psychologist specialising in the therapeutic effect of meditation on young people.

Nine captivating stories help parents and their daughters and sons find relief in situations where needed. Is your child angry or sad, afraid or nervous, lonely, insecure or in pain? All those feelings are okay; you do not have to hide or suppress them. But you can ease them through meditation. This book shows you how. Perfect for reading aloud or alone.

‘It has been a great joy to become Steven’s friend and collaborate with him on cutting-edge scientific studies that looked into the interface between meditation and the workings of the mind.’ – Matthieu Ricard

‘Readers in search of an introduction to mindfulness that’s free of woo-woo promises should look no further.’ – Publishers Weekly



NEUROLOGIST STEVEN LAUREYS has been conducting groundbreaking research into human consciousness for more than 20 years. He is currently studying the effects of meditation on the brain.



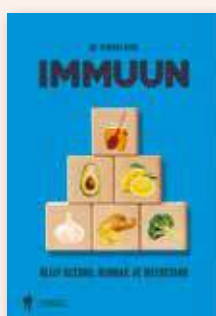
BORGERHOFF & LAMBERIGTS, 192 PAGES,

MARCH 2022

ENGLISH SAMPLE TRANSLATION

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PREVIOUS TITLES SOLD TO HACHETTE PRATIQUE

(FRANCE) AND SCRIBE PUBLICATIONS

(WORLD ENGLISH)

DR SERVAAS BINGÉ

The Recipe

Discover the Right Food for Every Goal

The scientific truth about a healthy diet

It is common knowledge that there is a clear link between what you eat and drink and the state of your health. All too often, the discussions on this subject are uninformed or even irresponsible, but your health is too important to put in the hands of diet fads or influencers.

Doctor Servaas Bingé lets science and his own experience do the talking. He invites you to draw up a personal nutrition plan based on the information in this book. Taking your own preferences into account – specific goals, dietary choices, allergies etc. – you can create a regimen that works for you, whether it be a healthy metabolism plan, a detox plan, an energy plan, a healthy mind plan, or a simple stay-healthy plan. Along with a number of recipes, Dr Bingé provides detailed explanations of what foods (fruit and vegetables, cereals, nuts, meat and fish, drinks etc.) you need to achieve your goal, tailored to your own situation.

‘The word ‘impossible’ doesn’t exist in his dictionary.’ – sportspreker.be

DR SERVAAS BINGÉ is a general practitioner and sports physician. From his work as chief physician of Lotto-Soudal, the oldest professional cycling team in the world, he developed the concept of ‘healthitude’, combining our health, attitudes, and daily choices. He is a sought-after speaker on topics of health and is the author of four books.

DURK TALSMA & JULIETTE TAQUET

The Crystal Ball In Our Heads

How Our Brain Uses The Past To Predict The Future

Do not be alarmed, but there is a fortune teller inside your head. Every moment of the day, our brain is trying to predict the future, and that is a good thing too: otherwise, we would constantly trip over our own feet, fail to finish even the most exciting book, and our whole lives would fall apart. Psychologists and neuroscientists are gaining an increasingly detailed understanding of how our brain works. What they have observed is that whenever we undertake any form of action, our brain tries to form a picture of the near future. So it is far more than just a passive processor of information. Our brain is not perfect, however. It is precisely when things go wrong that we discover the fascinating mechanisms at work behind our skull. Almost all optical illusions, for example, are caused by incorrect predictions: our brain is misled by what it expects to see. The authors of this book take you on a wondrous journey through our cerebral lobes. You will discover how our brain tries to guide us through life, and why we sometimes end up banging our head against the wall.



BORGERHOFF & LAMBERIGTS, 208 PAGES,
OKTOBER 2021
ENGLISH SYNOPSIS
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PROFESSOR DURK TALSMA is affiliated with Ghent University. He previously worked as a cognitive psychologist at the University of Amsterdam and Duke University in North Carolina.

JULIETTE TAQUET is a PhD student in the Clinical Developmental Psychology research group at Ghent University. She is also affiliated with the University Centre for Children and Adolescents, where she counsels children and young people as a clinical psychologist.



ENGLISH SAMPLE TRANSLATION

BORGERHOFF & LAMBERIGTS, 216 PAGES,

MARCH 2022

CONTACT: JULIA FOLDENYI,

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JAN DESCHOOLMEESTER
& THOMAS ROTTHIER

You Can't Save The World With Less, Less, Less

*Green Thinking 2.0: Harnessing
Technology and Economies for the
Benefit of People, Climate and Nature*

Ecomodernists argue that technological innovation and universal human development hold the keys to an ecologically vibrant future. On the one hand, ecomodernists are convinced that humans are responsible for global warming, the looming energy shortage, and the pollution of nature. They therefore urge drastic solutions. On the other hand, they have no time for pessimism and do not go along with certain traditional green ideas, such as the need for less commerce, less consumption, less energy, and less human intervention. In this book, the authors argue for a considered, but also radical change of course that will offer a solution to the issues of climate and energy, but will also improve the welfare of people and animals across the globe. They believe in innovation, in the technological and scientific ingenuity of humankind, in large-scale production and capitalism as levers, and in the rejection of taboos, such as those around nuclear energy, GMOs, cultured meat, etc.

JAN DESCHOOLMEESTER is a bio-engineer, member of the Liberales thinktank and founder of Ecomodernisme.be.

THOMAS ROTTHIER is a philosopher and co-founder of Ecomodernisme.be.

GHINA BAZZI

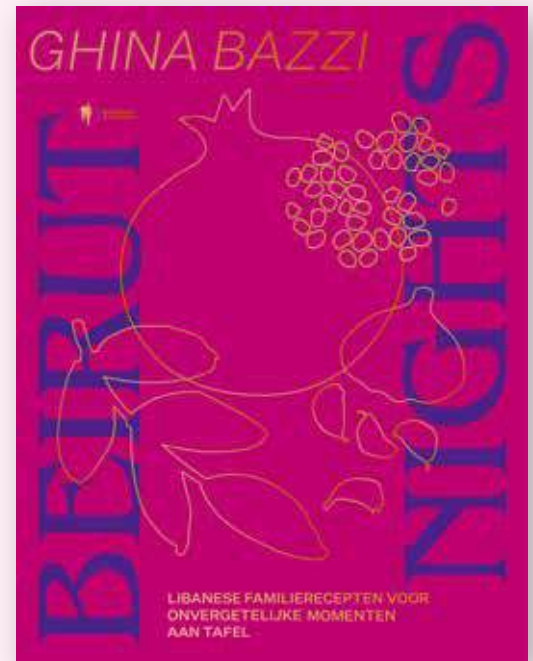
Beirut Nights

Sharing Love Through Food: Lebanese Family Recipes for Unforgettable Moments Around the Table

My food tells my story and the love for my heritage. It is as simple as that. In *Beirut Nights*, chef Ghina Bazzi gives us a glimpse into the cuisine of ‘her’ Lebanon. With dishes passed down over generations and everyday favourites, this is the ‘open sesame’ that effortlessly explains the hype around Lebanese food.

Ghina Bazzi makes authentic recipes accessible, *because nobody complained a good dish was too simple to prepare, ever.* This is real Lebanese home cooking, a book for a table full of good food, but without the stress and empty chair that too often come with it: here, the cook is always present at the table.

This colourful book exudes the chef’s distinctive style: engaging, bursting with colour and aroma, full of flair and enthusiasm. A cookbook, coffee table tome and a manual for a memorable evening à la Beirut’s Golden Age.



BORGERHOFF & LAMBERIGTS, 208 PAGES,
MARCH 2022

CONTACT: JULIA FOLDENYI,
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Born in Lebanon and raised in Belgium, GHINA BAZZI is one of the rare female chefs to have braved the pressure of international Michelin-starred kitchens as a young woman in her twenties. She trained in Antwerp and Italy amongst star chefs like Davide Scabin. Since 2019, Bazzi has been developing her own culinary events.





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