

**KOSMOS**

# GUIDES & NON-FICTION

Rights Catalogue

**SPRING 2024**



**herbig**

nymphenburger

## Astronomy

Choose from a large selection of beautiful coffee-table books about our stunning universe. Deep dive into textbooks with special topics on astrophysics, have journalists explain entertainingly the most puzzling questions of astronomy: titles range from beginner's levels to highly advanced readers.

## Cartography

We offer atlases in different formats and price points ranging from compact books as overviews, to the universal atlas for the entire family to large format, high quality titles. You can also acquire the cartographical data for non-book venture, light inflight maps, gaming or other areas.

## Gardening

Our Gardening titles cover easy beginner titles on general tips and tricks around the garden as well as the increasingly important topics like sustainability, and self sufficiency in the garden. Germany's top gardening publisher our titles are produced climate neutral.

## Nature

The core area of Kosmos expertise lies here, ranging from guides on fauna and flora to topics like birding, bee keeping, and many others. Choose from basic series for everyone to titles used at universities. Identification guides, textbooks and coffee-table books, we have something for everybody.

## Hunting & Fishing

Each program we publish a selected number of titles on both topics both for beginners as well as advanced huntsmen and fishers. We also carry guidebooks on the equipment, the necessary exams and strategies for success.

## Dog Care & Pets

Kosmos is Germany's #1 in Dog titles. Our bestselling authors cover general topics of dog care, breeds and introduction to the keeping of pets. We also offer the latest research on canine behaviour, on the proper training and maintaining healthy pets.

## Horses

Our program is well known to equestrians around the world. Our authors are Olympic riders, trained professionals and teachers. Choose from titles for beginners to highly advanced scientifically researched topics.

## herbig Health

This imprint is a program with focus on the human body and its physical well being. Doctors, nurses and therapist have written these titles on male and female health, guidebooks to understand diseases or ailments and how to help.

nymphenburger

## Spiritual & Mental Health

Nymphenburger stands for spiritual and mental health. We offer self help books on personal growth, exercise books and beautiful coffee-table books with a focus on nature and spirituality.

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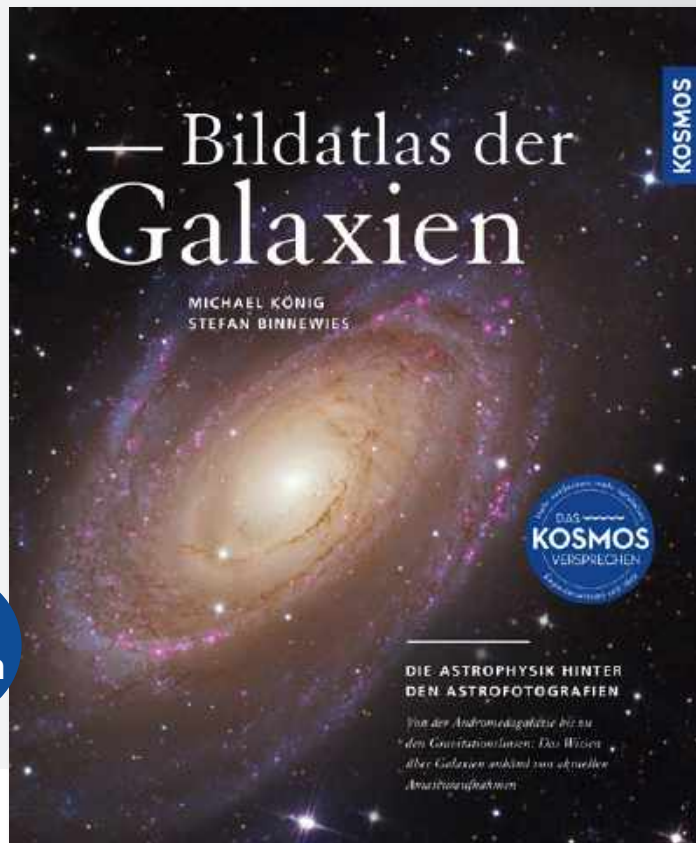
# Glances at the Universe

Michael König  
**Atlas of the Galaxies**  
 03/24; 65.00 €

pages: 448  
 Hardcover; 23.20 x 27.90 cm  
 coloured photos: 325  
 coloured illustrations: 20  
 b/w-photos: 42  
 978-3-440-17798-3

**Rights sold: UK**

**NEW  
 edition**



*Dr Michael König studied astronomy and initially worked in research after completing his doctorate. He has been reporting on astrophotography and the associated observation techniques in magazines, books and internet forums for many years.*

*Dr Stefan Binnewies is a successful astrophotographer who has been publishing articles and photos in Germany and abroad for more than 30 years.*

- ▶ **Revised new edition**
- ▶ **Detailed information on galaxies around us**

This is where visual pleasure meets exciting science! Dr. Stefan Binnewies and Dr. Michael König show over 300 images of the most beautiful galaxies and use them to present the current state of science. Their compendium not only provides an understandable introduction to the world of galaxies, but also offers amateur astronomers and astrophotographers important reference images for their next walk in the starry sky.



Gerhard Hüdepohl  
**Very Large Telescope**  
 978-3-440-17803-4  
 All rights available



Bernd Koch  
**The Messier Objects**  
 978-3-440-16970-4  
 All rights available



Stefan Binnewies  
**Illustrated Atlas of Star Clusters and Nebulas**  
 978-3-440-16934-6  
 All rights available

# The Beauty of the Stars



Dirk H. Lorenzen  
**The Splendor of the Universe**  
10/23; 55.00 €

pages: 240  
Hardcover; 26.50 x 33.60 cm  
coloured photos: 190  
coloured illustrations: 5  
b/w-photos: 7  
978-3-440-17692-4

All rights available

- ▶ **Incredible, large format title of the Universe**
- ▶ **Beautiful gift and interesting read**

"The Splendor of the Universe" combines iconic photographs in unique quality with the greatest astronomical discoveries of recent years. Easy-to-understand descriptions invite wonder, exultation and contemplation – opulent images show the breathtaking facets of cosmic creation. A triumphant tour of the universe!

*The astrophysicist Dirk H. Lorenzen works as a journalist with a focus on astronomy and space travel, mainly for leading German channels and papers. He has visited practically all the major observatories and spaceports and is very well known in the Astronomy Scene.*



Thorsten Dambeck  
**Lunar Landscapes**  
978-3-440-17300-8  
Rights sold: CN, FR



Thorsten Dambeck  
**Planet Worlds**  
978-3-440-15630-8  
All rights available



Thorsten Dambeck  
**Star Worlds**  
978-3-440-16912-4  
Rights sold: CN



Dirk H. Lorenzen  
**Hubble**  
978-3-440-16496-9  
Rights sold: CN

# For Advanced Readers – Space

Hans-Ulrich Keller  
**Compendium of Astronomy**  
10/23; 50.00 €

pages: 496  
Hardcover; 18.10 x 24.70 cm  
coloured photos: 114  
coloured illustrations: 280  
b/w-photos: 16  
978-3-440-17361-9

All rights available



*Prof. Dr Hans-Ulrich Keller is the founding director of the Stuttgart Planetarium in Germany and Professor of Astronomy. He directs an Observatory and has published the "Kosmos Celestial Year" for over 40 years.*

## ► Everything there is to know about Astronomy

### ► 7th and revised edition

A great overview of the most important facts and figures in our universe. This title is a longseller and this is the latest edition. Updated, expanded and now completely in color. Target audience: people with advanced interest in physics and astronomy, for students and teachers. Learn about planets around strange stars, dark matter in the universe and a mysterious energy that seems to expand the universe faster and faster: astronomers' research results over the last few years have practically done away with and also proven the things we know... Completely revised, the compendium of astronomy presents everything star enthusiasts want to know. More than 100 color illustrations, as well as many tables and notes make this book the perfect reference work.



Prof. Jürgen Teichmann  
**The Secret Code of the Stars**  
978-3-440-16920-9  
All rights available



Hans-Ulrich Keller  
**Compendium of Chronology**  
978-3-440-17585-9  
All rights available

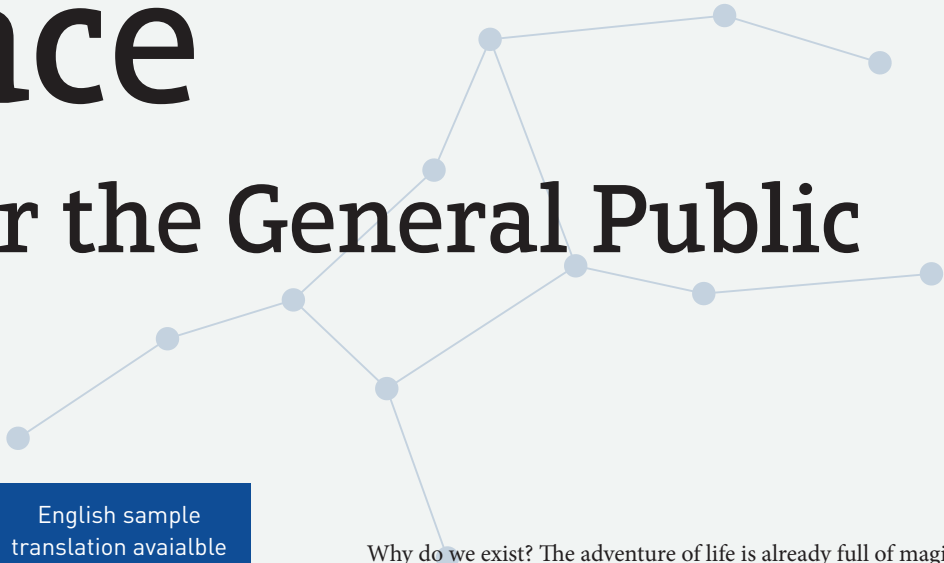


Dr. Felicitas Mokler  
**The Evolution of the Universe**  
978-3-440-17341-1  
All rights available



# Space

## — For the General Public



English sample translation available

Dr. Erik Bertram  
**Pure Coincidence in Space**  
 978-3-440-17790-7  
 All rights available

Why do we exist? The adventure of life is already full of magical wonders and a brief look at astronomy makes the emergence of humans seem entirely improbable. Why does the universe exist? What ingredients are necessary for the long recipe of baking humans and who is possibly the baker? The current research has a lot of exciting answers to those questions ready. The astrophysicists Erik Bertram and Dominika Wylezalek approach these questions from a very personal perspective. They speak with renowned researchers and provide insights into the everyday work of the astronomers.



Dr. Werner E. Celnik  
**Astronomy for Beginners**  
 978-3-440-16864-6  
 Rights sold: CN, CZ, KO, PL, RO,



Klaus M. Schittenhelm  
**Finding Stars Very Easy**  
 978-3-440-17199-8  
 Rights sold: FR, HU, RO, CZ, NL



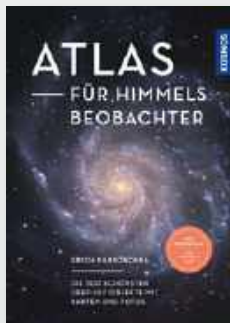
Stefan Seip  
**Astrophotography Made Easy**  
 978-3-440-17148-6  
 All rights available



Joachim Herrmann  
**Which Star is That?**  
 978-3-440-16275-0  
 All rights available



Dr. Ilja Bohnet  
**Physic's 42 Biggest Questions**  
 978-3-440-16882-0  
 Rights sold: CZ



Erich Karkoschka  
**The Observers' Sky-Atlas**  
 978-3-440-17360-2  
 Rights sold: CZ, CA/US



Rüdiger Vaas  
**Simply Hawking!**  
 978-3-440-17269-8  
 Rights sold: PL, ES, CN, FR, NL, CZ, HU



Rüdiger Vaas  
**Simply Einstein**  
 978-3-440-15836-4  
 Rights sold: NL, PL, SK, CZ, CAT, HU, CN, FR, ES



# Creating — Maps

## MAPS @ KOSMOS

Looking for cartographical map data?  
We at Kosmos have geographic and topographical vector data for the creation of international mapping systems available.

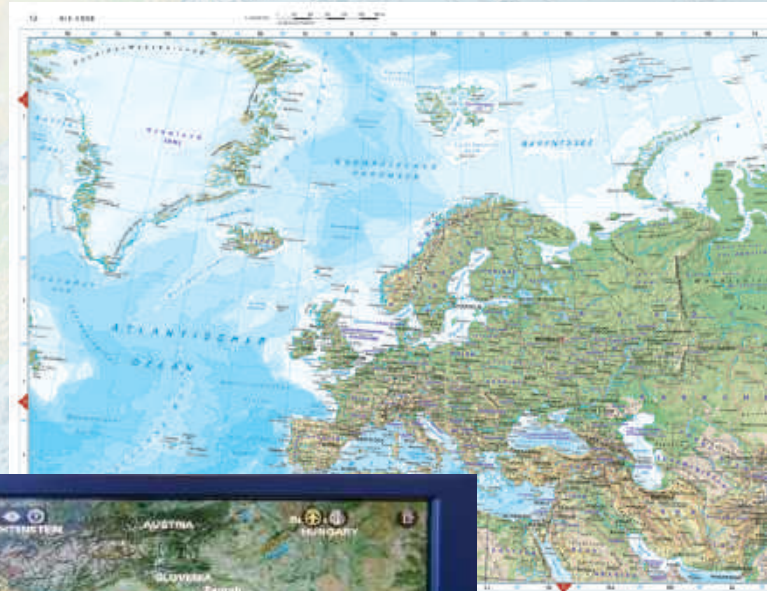
We can provide worldwide:

- ▶ cities with more than 5k inhabitants,
- ▶ borders (including disputes),
- ▶ rivers,
- ▶ and mountain names
- ▶ in over 14 languages.

Examples for the use of this information:

- **inflight systems**
- **video games with live maps**
- **geographical maps**

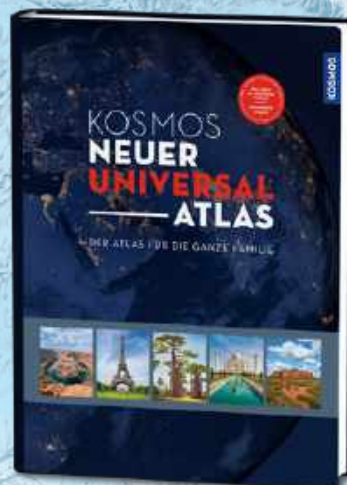
Please inquire for more information.



KOSMOS Pocket World Atlas  
978-3-98904-013-7  
€ 15,00 (D)  
All rights available



KOSMOS World Atlas Compact  
978-3-98904-014-4  
€ 24,00 (D)  
All rights available



KOSMOS Universal Atlas  
978-3-98904-015-1  
€ 28,00 (D)  
Rights sold: SK



KOSMOS New Atlas of the World  
978-3-98904-017-5  
€ 160,00 (D)  
All rights available



# Sustainable Gardening



**NEW**

Stefanie Scholz  
**Planting for More Shade**  
 01/24; 18.00 €

pages: 128  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 180  
 coloured illustrations: 8  
 978-3-440-17984-0

All rights available

- ▶ **Changing weather conditions require more shade in the cities**
- ▶ **How to grow your own shade**

With this book, your own garden becomes a cooling island of shade in times of increasingly hot summers. Garden expert Stefanie Scholz presents the top shade-giving plants that can cope well with rising temperatures and gives valuable tips on how to design your own garden to suit the climate.

*The trained landscape gardener and design technician has been working as a garden designer and plant planter for over 12 years. The focus of her own planning office specialises in the use of plants adapted to the climate and the creation of near-natural gardens.*



Mechthild Hubl  
**My Gardening With Seeds**  
 978-3-440-17414-2  
 Rights sold: CZ



Mag. Dipl.-Ing. Markus Meyer  
**Cool Garden – An Oasis**  
 978-3-440-17409-8  
 Rights sold: NL,FR



Bärbel Oftring  
**A Garden is Never Silent**  
 978-3-440-17009-0  
 All rights available



Dr. Manuela Gaßner  
**If Not Now, When?**  
 978-3-440-17661-0  
 All rights available

# Practical Garden Helpers

Engelbert Kötter  
**Simple Sustainable Gardening**

01/24; 18.00 €

pages: 128  
 Paperback with flaps; 21.50 x 18.50 cm  
 coloured photos: 190  
 978-3-440-17878-2

All rights available

**NEW**



- ▶ **An easy "how-to" for sustainable gardening**
- ▶ **A garden expert give valuable tips**

Sustainable gardening can be so easy! Gardening expert Engelbert Kötter shows how it works and answers the most important questions about a resource-saving garden. From fertilising to pruning, from planting containers to snail management: Here, nature lovers will find everything they need to know.

*Our gardening series with helpful advice on specific topics. Easy to follow, with great photographs, these titles provide insights for both beginners and gardening experts.*

*Plants, that will survive anything*



Thomas Heß  
**Only the hardy ones remain in the garden!**  
 978-3-440-16764-9  
 All rights available

*Gardening tips*



Thomas Heß  
**Does This Grow by Itself – Or Do I Need to Do Something Now?**  
 978-3-440-17445-6  
 Rights sold: NL

*Seasonal Vegetable Gardening*



Otmar Diez  
**What to do in My Vegetable Garden And When**  
 978-3-440-17123-3  
 Rights sold: CZ

*Identifying weeds*



Bärbel Oftring  
**Identify desirable and undesirable garden plants**  
 978-3-440-16785-4  
 All rights available



# Colorful Gardening



Anja Klein  
**Everything in A Small Garden**

01/24; 20.00 €

pages: 144  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 206  
coloured illustrations: 3  
978-3-440-17905-5

All rights available

- ▶ **Grow your own food supply**
- ▶ **Effective use of small garden**

Instead of lawns and flowers, more and more allotment garden owners wish to transform their green oasis with fruit, vegetables and herbs into a self-sufficient and useful garden. In this book, Anja Klein shows how this can be achieved even in the smallest of spaces, with many useful tips, ideas and solutions.



Iris Winkenbach  
**Flower Beds**  
978-3-440-17410-4  
Rights sold: CZ, FR



Iris Winkenbach  
**Gardening - for Small Money**  
978-3-440-17837-9  
All rights available



Mareike Fedders  
**A Buzzing Balcony**

01/24; 20.00 €

pages: 128  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 210  
978-3-440-17823-2

All rights available

- ▶ **Build your own paradise for insects**
- ▶ **Use small spaces for insect conservation**

Mareike Fedders shows how species conservation is also possible on the balcony. She not only introduces the six-legged visitors, but also gives valuable tips on the selection of plants and hiding places for insects. Creative DIY ideas make you want to get active yourself and turn your balcony into an insect paradise.



Simone Kern  
**My Garden Hums!**  
978-3-440-17059-5  
All rights available



Bärbel Oftring  
**Balcony Paradise for Animals**  
978-3-440-17411-1  
Rights sold: HU

# Raised Bed Gardening



Ortrud Grieb  
**Vegetables for Dry Weather**

01/24; 20.00 €

pages: 128  
 Paperback with flaps; 19.00 x 25.30 cm  
 coloured photos: 190  
 coloured illustrations: 7  
 978-3-440-17880-5

All rights available

- ▶ **Adapt your garden to changing weather conditions**
- ▶ **Vegetables that can withstand droughts**

In this book, horticultural engineer and expert Ortrud Grieb describes in a competent and easy-to-understand way planting recommendations, watering measures and care tips that help to make one's own garden more resistant to drought. For a rich harvest despite climate change.



Simone Kern  
**Dry Herb Heroes**  
 978-3-440-17088-5  
 Rights sold: CZ



Simone Kern  
**The Anti-Authoritarian Garden**  
 978-3-440-17377-0  
 Rights sold: CZ



Melanie Grabner  
**Raised Beds**

01/24; 12.00 €

pages: 96  
 Paperback with flaps; 17.20 x 24.10 cm  
 coloured photos: 103  
 coloured illustrations: 24  
 978-3-440-17824-9

All rights available

- ▶ **Raised bed gardening for beginners**
- ▶ **Small book with the basic information**

Raised beds offer an ideal opportunity to harvest lush crops all year round – even in autumn and winter! Melanie Grabner shows how even gardening beginners can succeed and explains what makes raised beds so special with creative sample beds, easy-to-understand step-by-step instructions and clever planting ideas.



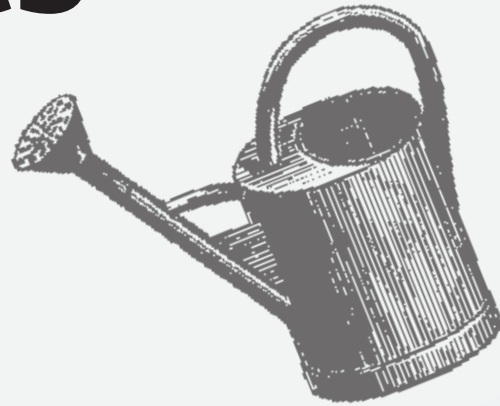
Lisa-Maria Trauer  
**My Balcony Raised Bed**  
 978-3-440-17485-2  
 Rights sold: CZ, ES



Joachim Mayer  
**Raised Beds – The Manual**  
 978-3-440-17130-1  
 Rights sold: CZ



# Pots and — Plants



NEW

Tina Ullmann  
**My Wonderful Potted  
 Plants**  
 978-3-440-17787-7  
 All rights available

Tina Ullmann explains the most important basics for beginners and her concepts for creative pot and container planting offer uncomplicated solutions for small gardens of all kinds.



Christa Weinrich, OSB  
**Secrets of The Monastery  
 Gardens**  
 978-3-440-17994-9  
 All rights available



Burkhard Bohne  
**All About Your Herb Garden**  
 978-3-440-17951-2  
 All rights available



Simone Kern  
**Wild Buckets**  
 978-3-440-17902-4  
 Rights sold: CZ



Melanie Öhlenbach  
**As Green as It Gets**  
 978-3-440-17110-3  
 Rights sold: CZ, NL



Anja Klein  
**Raised Bed Gardening  
 around the Year**  
 978-3-440-17381-7  
 Rights sold: CZ, FR



Sibylle Maag  
**No Room and Still a Garden**  
 978-3-440-16321-4  
 All rights available



Carolin Engwert  
**Indoor Harvest**  
 978-3-440-17071-7  
 Rights sold: HU



Diana Meier-Soriat  
**Do you Love Herbs?**  
 978-3-440-16873-8  
 All rights available

# Guides for Beginners

Véro Mischitz  
**Birding for The Clueless**  
 02/24; 20.00 €

pages: 136  
 Paperback with flaps; 17.10 x 24.00 cm  
 coloured illustrations: 150  
 b/w-illustrations: 150  
 978-3-440-17832-4

Rights sold: FR

**NEW  
 edition**



*Veronika "Véro" Mischitz is a graduate biologist, freelance illustrator and comic artist. She discovered her heart for birds during her studies, when she spent a lot of time with bird-loving friends and colleagues at a field station in Norway. She discovered her fascination for insects in her childhood.*

► **Wonderful introduction to a fascinating hobby – with comical drawings**

► **New edition**

Let's make birding cool! The expanded new edition of this original book by biologist, bird fan and illustrator Véro Mischitz makes it especially easy to get started in the hobby of bird watching. In a humorous, competent and modern way, new birdwatchers learn everything they need to know to successfully observe the acrobats of the air.



Carolin Engwert  
**Gardening for the Clueless**  
 978-3-440-17679-5  
 All rights available



Véro Mischitz  
**World of Insects for the Clueless**  
 978-3-440-17099-1  
 All rights available





# Illustrated Series „Simply“



**NEW edition**

Daniela Strauß  
**Garden Birds in Life Size**  
 02/24; 14.00 €

pages: 128  
 Paperback with flaps; 13.20 x 19.30 cm  
 coloured photos: 228  
 978-3-440-17861-4

Rights sold: FR, NL, SK, CZ, PL

- ▶ **New edition of the bestselling title**
- ▶ **Discover birds in their actual size**

The unique bird identification book with the most popular garden birds in life-size in a new edition. Updated and expanded, 69 native bird species from the garden are presented; life-size photos as well as characteristics directly on the picture and all kinds of additional information make identification extremely easy.

*The elementary school teacher and nature lover Daniela Strauß has been engaged in the observation and identification of birds for more than 20 years. Her intention is to sensitize and inspire other people, especially children for the natural world and the world of birds.*



Frank Hecker  
**Animal Traces in Lifesize**  
 978-3-440-17774-7  
 All rights available



Matthias Helb  
**Insects (Larger Than) Life Size**  
 978-3-440-15150-1  
 All rights available

**NATURE**

# Nature Guides — Basic

Sold over **1.6 million** copies since 2006

Further titles in this series: Healing Plants, Spiders, Butterflies, Animal Traces, Alpine Flowers, Coast Line, Wild Herbs, Gardenbirds

Series sold to:  
CZ, FR, NL, SE, SK

Our bestselling series of basic nature guides now in a modern and playful design. The 128 page guides fit in a jacket pocket and are especially user-friendly. Each presenting roughly the most common species they have ingeniously easy instructions for identification. In three steps the readers will identify nature around them.

Hermann-Michael Hahn  
**Basic – Star Constellations**  
978-3-440-17359-6  
Rights sold: NL, CZ



Volker Dierschke  
**Basic – Owls and Raptors**  
978-3-440-17689-4  
Rights sold: NL



Volker Dierschke  
**Basic – Birds**  
978-3-440-17393-0  
Rights sold: NL, CZ, SE



Eva-Maria Dreyer  
**Basic – Flowers**  
978-3-440-17389-3  
Rights sold: FR, SE, CZ, NL



Katrin Hecker  
**Basic – Trees**  
978-3-440-17390-9  
Rights sold: FR, CZ, NL



Markus Flück  
**Basic – Mushrooms**  
978-3-440-17387-9  
Rights sold: SK, NL, CZ, SE



Eva-Maria Dreyer  
**Basic – Berries and Wild Herbs**  
978-3-440-17392-3  
Rights sold: NL



Dr. Roland Gerstmeier  
**Basic – Insects**  
978-3-440-17391-6  
Rights sold: CZ, NL



Ute Wilhelmssen  
**Basic – Forest**  
978-3-440-17684-9  
Rights sold: CZ



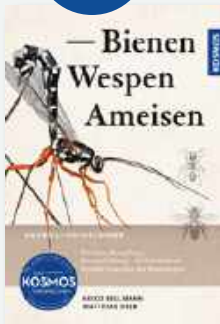
# Nature Guides — Comprehensive

We carry over 25 comprehensive guide and identification guides on specific topics of fauna and flora.

page count: 300 - 500

sales price: € 20 to € 48

NEW  
edition



Heiko Bellmann  
Matthias Helb  
**Bees, Wasps, Ants**  
978-3-440-17982-6  
Rights sold: FR

Hymenoptera are stunning insects – from the busy honey collectors to the well-organized ant colony. The completely re-edited definitive book offers very interesting insights into the animal states of bee, wasp and ant species. In addition to the detailed identification section, the extensive work conveys fundamental information about physical build, habitats, endangerment and settlement, and scores with large-format photos, as well as useful tips for observation and photography.



Axel Kwet  
**Reptiles and Amphibians of Europe**  
978-3-440-16755-7  
Rights sold: FR, IT



Matthias Helb  
**The Kosmos Beetle Guide**  
978-3-440-16759-5  
Rights sold: NL



Heiko Bellmann  
**The Kosmos Guide to Insects**  
978-3-440-15528-8  
Rights sold: FR, NL



Theodor Mebs  
**European Birds of Prey**  
978-3-440-16815-8  
Rights sold: NL



Norbert Griehl  
**Neophyts**  
978-3-440-16874-5  
All rights available



Peter Schönfelder  
**The Kosmos Guide to Medicinal Plants**  
978-3-440-17694-8  
All rights available



Norbert Griehl  
**Orchids of Europe**  
978-3-440-17100-4  
All rights available



Margot und Roland Spohn  
**The Big Kosmos Guide to Trees**  
978-3-440-17094-6  
Rights sold: IT

# Wild Herbs and Plants



NEW

Isabel Fischer  
**Wild Herbs around the Year**

02/24; 20.00 €

pages: 160  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 200  
 978-3-440-17759-4

All rights available

- ▶ **Trend topic harvesting nature**
- ▶ **tips and tricks from an expert herb collector**

Wild herb expert Isabel Fischer shows which wild treasures can be found in nature. Uniquely personal, competent and beautifully illustrated, this book combines practical tips and creative recipes – it makes you want to be out in nature!



Eva-Maria Dreyer  
**Eatable Wild Herbs and Their Poisonous Look-Alikes**  
 978-3-440-17676-4  
 All rights available



Annika Krause  
**Herbs**  
 978-3-440-18009-9  
 All rights available



NEW

Theresa Ester-Nacke  
**Nature Guide Wild Herbs**

02/24; 16.00 €

pages: 160  
 Paperback with flaps; 13.20 x 19.30 cm  
 coloured photos: 250  
 978-3-440-17748-8

All rights available

- ▶ **Young author offers fresh approach to herb identification**
- ▶ **A new series for beginners**

With this book from the new KOSMOS series "Nature Guides", nutritionist and herb lover Theresa Ester brings a breath of fresh air to the nature guide community. Individually and personally designed as well as practice-oriented and easy to understand, she introduces native wild plants and describes them precisely. This nature guide promises young people a quick sense of achievement in identifying native wild plants, makes them want to discover and protect nature, and in this way helps to preserve biodiversity.



Otmar Diez  
**Our Edible Nature**  
 978-3-440-17113-4  
 Rights sold: FR, CZ



Ursula Stumpf  
**Medicinal Plants and Their Poisonous Look-Alikes**  
 978-3-440-17467-8  
 All rights available



# Foraging Nature



**NEW  
edition**

Meike Bosch  
**Recognizing Trees From the Leaf**  
02/24; 14.00 €

pages: 128  
Paperback with flaps; 13.20 x 19.30 cm  
coloured photos: 152  
coloured illustrations: 100  
978-3-440-17980-2

Rights sold: HU, FR, CZ, SK, SL, PL

► **The first tree identification book with life-sized photos of leaves**

Pick, place, identify: With the unique concept of life-size illustrations, "Identifying Trees by Leaf" by Meike Bosch makes identifying native deciduous and coniferous trees and shrubs child's play. The 78 portraits are complemented by detailed descriptions, all kinds of interesting facts and lovely illustrations by Paschalis Dougalis.



Victoria Lorenz  
**Tasty Trees**  
978-3-440-17743-3  
All rights available



Meike Bosch  
**Recognizing Wild Herbs from the Leaf**  
978-3-440-17385-5  
All rights available



Dr. Alexandra-Maria Klein  
**This Grows in Your City**  
02/23; 14.00 €

pages: 140  
Paperback with flaps; 13.40 x 19.30 cm  
coloured photos: 150  
coloured illustrations: 100  
978-3-440-17671-9

Rights sold: UK, FR, CZ, NL

► **Discover, identify, bring attention to 100 city plants**

There is a buzz about this trend of nature protection! Rebel botanists go through the cities and mark plants in gaps in the pavement and in wall cracks with chalk to create an awareness for these "wallflowers". Anyone can join in, and this identification book is the perfect companion. The nature guide presents 100 city plants growing wild. For each plant, there are two images: a photo of its urban living environment and an illustration taken from "What's Blooming There?" – so reality and ideal are shown right next to each other.



Otmar Diez  
**A Good Dozen Wild Berries**  
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Katrin Hecker  
**A Good Dozen Wild Herbs**  
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**NATURE**

# Our Favorite Series



Daniela Strauß  
**Our Favourite Birds**

02/23; 12.00 €

pages: 128  
Paperback with flaps; 13.40 x 19.40 cm  
coloured photos: 137  
978-3-440-17660-3

Rights sold: CZ

► **35 species shown in life-size in colourful short profiles**

Here are our 35 favourite birds! They are skilled flyers, masterful singers, early risers, top models, or clever creatures. They have unusual names, are miniature birds or show real strength. For many species, this nature guide provides entertaining facts and tips for how to help the birds. Additionally, separate pages deal with topics like the most endangered birds in Germany or the most fascinating bird spectacles.



Ewald Weber  
**Our Favourite Trees**  
978-3-440-17587-3  
Rights sold: CZ



Ewald Weber  
**Our Favourite Flowers**  
978-3-440-17586-6  
Rights sold: CZ



Felix Weiß  
**Simply Birds**

02/2021; 14.00 €

pages: 128  
Paperback with flaps; 13.50 x 19.40 cm  
coloured illustrations: 150  
978-3-440-17024-3

Rights sold: CZ, NL

► **Illustrated guides with 100 species**  
► **For beginners and gifts for booklover**

This nature guide offers simple and visually appealing access to the world of birds. Illustrated beautifully by Paschalis Dougalis. All important characteristics are explained directly on the color drawing – you don't have to read more to identify a species with certainty. The additional texts offer amazing specialist knowledge, with which you are well equipped for any small talk.



Holger Haag  
**Simply Trees**  
978-3-440-17386-2  
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Felix Weiß  
**Simply Flowers**  
978-3-440-17025-0  
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# Beekeeping



Dr. Friedrich Pohl  
**Varroa Mite**  
 978-3-440-17565-1  
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Ever since the Eastern honey bee came to Europe from East Asia in the early 1970s, the Varroa mites it brought with it have been one of the greatest threats to our bee colonies. Bee disease expert Dr Friedrich Pohl explains what the mites are all about, why they are so dangerous and what beekeepers can do to prevent infestations.



Dr. Matthias Schlörholz  
**Beeswax and Wax Cycle**  
 978-3-440-17400-5  
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Dr. Friedrich Pohl  
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 978-3-440-14945-4  
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 978-3-440-14949-2  
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**Practical Guide to Ecological Beekeeping**  
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**Ecological Beekeeping**  
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Sarah Bude  
**Beekeeping for Kids**  
 978-3-440-16791-5  
 Rights sold: CZ

# All about Birds

Kalle Nibbenhagen  
**Nature Guide Birds**

02/24; 16.00 €

pages: 160  
Paperback with flaps; 13.20 x 19.30 cm  
coloured photos: 250  
978-3-440-17723-5

All rights available

NEW



*Kalle Nibbenhagen is in his early 20s and is studying sustainable regional management. He has his own successful YouTube channel and a podcast called "Birdbeats".*

## ► Young author offers easy approach to bird watching

## ► A new series for beginners

The new KOSMOS series "Nature Guide" introduces newcomers to various topics. Individually and personally designed as well as practice-oriented and easy to understand, Kalle Nibbenhagen introduces native birds and describes them accurately in lovingly compiled portraits. This nature guide promises the new generation a quick sense of achievement in identifying native bird species, makes them want to discover and protect nature, and in the process helps to preserve biodiversity. Because only what you really know can be sustainably protected.



Silke Hartmann  
**The Birds Superpowers**  
978-3-440-17670-2  
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Leander Khil  
**Bird Observation Manual**  
978-3-440-16990-2  
Rights sold: CZ; NL



Peter H. Barthel  
**What bird is that?**  
978-3-440-16515-7  
Rights sold: ES, PL



Peter Berthold  
**How to Feed Birds Correctly?**  
978-3-440-17261-2  
Rights sold: CZ



# Overview

# — Nature Titles



Ulrich Schmid  
**Insects**  
978-3-440-17608-5  
All rights available

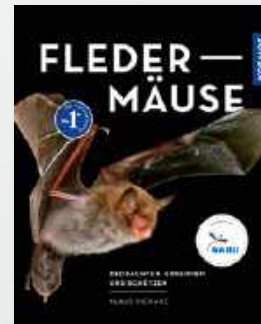
This text book gives a fascinating insight into the wondrous world of insects and shows their impressive importance for humans and nature with extraordinary pictures.



Armin Schieb  
**The Ant Collective**  
978-3-440-17602-3  
Rights sold: CZ, FI, ES, FR, US, IT



Frank Hecker  
**What's Buzzing Here?**  
**Summer of Insects**  
978-3-440-17548-4  
Rights sold: CZ, FR



Klaus Richarz  
**Bats**  
978-3-440-17847-8  
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Thomas Gretler  
**Animals and Plants of the Alps**  
978-3-440-17133-2  
Rights sold: FR, UK

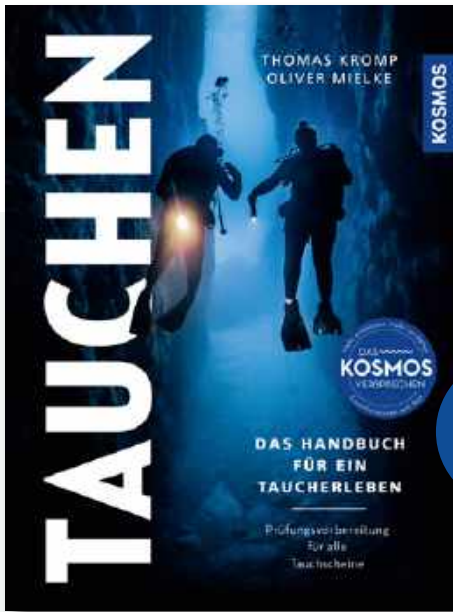


Frederike Hecker  
**Do Something for Squirrels**  
978-3-440-17463-0  
All rights available



Katrin Hecker  
**Do Something For Birds**  
978-3-440-17215-5  
All rights available

# Aquatic Life



NEW edition

Thomas Kromp  
**Modern Diving**  
 02/24; 42.00 €

pages: 592  
 Hardcover; 16.10 x 22.00 cm  
 coloured photos: 200  
 coloured illustrations: 98  
 978-3-440-17702-0

All rights available

- ▶ **Handbook for all diving techniques**
- ▶ **Relevant questions for certification**

Updated and with the latest regulations and exam content, the comprehensive new edition of this standard work is the indispensable companion for every diver – whether beginner, advanced or returning to the hobby.



NEW edition

Matthias Bergbauer  
**Which Fish Is This?**  
 02/24; 16.00 €

pages: 160  
 Paperback with flaps; 10.70 x 18.00 cm  
 coloured photos: 200  
 b/w-illustrations: 10  
 978-3-440-17979-6

All rights available

- ▶ **Splendid photos show 100 species in their natural environment**

This classic of fish identification presents 118 freshwater fishes of Europe. Brief portraits provide information on physique, behaviour, abundance and endangerment, and brilliant photos show the fish as snorkellers, walkers or anglers can actually experience them.



Manuela Kirschner  
**Kosmos Reef Guide Red Sea**  
 978-3-440-16933-9  
 All rights available



Matthias Bergbauer  
**Dangerous Marine Animals**  
 978-3-440-15831-9  
 Rights sold: CN



Florian Läufer  
**The Great Kosmos Book of Fishing**  
 978-3-440-17309-1  
 All rights available



Markus Bötöfür  
**Learning to Fish Step by Step**  
 978-3-440-17577-4  
 Rights sold: CZ



# Hunting



**NEW**

Tanja Dautzenberg  
**Hunting Apport**

01/24; 24.00 €

pages: 144  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 188  
coloured illustrations: 36  
978-3-440-17841-6

All rights available

- ▶ **The most important training methods in one book**
- ▶ **How to turn the dog into a reliable hunting companion**

Whether hunting ducks, geese, crows or small game – a dog that retrieves safely is often indispensable. In her guidebook, dog trainer and forestry engineer Tanja Dautzenberg summarises the most important training methods for safe retrieving and gives the reader valuable help in finding the one that suits the individual.



Jörg Hübner  
**The Book of Knives**  
978-3-440-17162-2  
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Stefan Mayer  
**Shot and First Shot**  
978-3-440-17678-8  
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**NEW**

Dr. Konstantin Börner  
**Hunting Deer**

01/24; 28.00 €

pages: 160  
Hardcover; 17.00 x 24.00 cm  
coloured photos: 150  
coloured illustrations: 10  
978-3-440-17887-4

All rights available

- ▶ **The new basic book on hunting Europe's No. 1 game species**
- ▶ **Know more – hunt better and more successfully**

In this compact guidebook, expert author Dr Konstantin Börner summarises everything important about the standard topic of roe deer hunting. In an easy-to-understand way, he provides hunters, especially beginners, with game biology and practical background knowledge, thus creating the basis for a more successful hunt.



Anton Fichtlmeier  
**Hunting Dog Training**  
978-3-440-17582-8  
Rights sold: CZ



Hans-Jürgen Markmann  
**From Puppy to Hunting Companion**  
978-3-440-17447-0  
All rights available

# Martin Rütter — Dog Expert

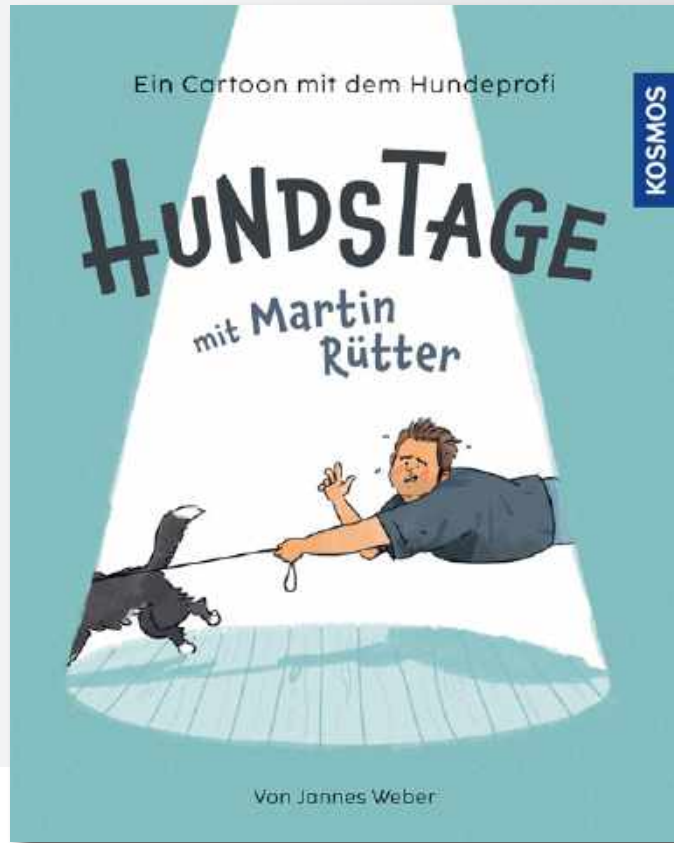
Martin Rütter  
**Dog Days**  
 10/23; 15.00 €

pages: 80  
 Hardcover; 17.60 x 22.00 cm  
 coloured illustrations: 42  
 b/w-illustrations: 27  
 978-3-440-17890-4

All rights available



*Illustrator Jannes Weber takes his doodle books everywhere he goes. He loves best the funny everyday scenes between his two dogs a poodle and a street dog from Mauritius.*



## ► Dog Cartoons for Dog Lovers

## ► Funny and every-day episodes

Whether as a gift or to read for yourself – here dog fans get their money's worth! Dog expert Martin Rütter and his dog Emma know that life with a dog every day is curious, entertaining, funny and certainly never boring. They show in this unique charmingly illustrated dog cartoon with a lot of humor the normal madness that life with a dog brings every day.



**Top-Seller**

Over **1 million** copies sold



Martin Rütter  
**Puppy Training with Martin Rütter**  
 978-3-440-17170-7  
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**Occupying Dogs with Martin Rütter**  
 978-3-440-17457-9  
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 978-3-440-17458-6  
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Martin Rütter  
**Language Course with Martin Rütter**  
 978-3-440-17456-2  
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*Martin Rütter is Germany's leading Dog expert. As a reknown animal psychologist and trainer, his books alone sold over 1 million copies. He features in his own popular TV shows. He has his own dog obedience school since 1995.*



# Teaching Dogs



**NEW**

Maren Grote  
**Leading and Feeling Dogs**  
 04/24; 25.00 €

pages: 176  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 200  
 978-3-440-17917-8

All rights available

- ▶ **Unique interaction concept without classical conditioning**
- ▶ **Natural communication between man and dog**

Dog trainer Maren Grote consciously opposes the widespread assumption that a lot of training and aids are needed for people and dogs to live together in a relaxed way. She shows how dog owners can find their way back to a natural and intimate relationship with their dog. The focus is on interaction through physical contact. The specially designed touches are explained in detail and richly illustrated and supplemented with exercises to try out, so that they can be easily applied in everyday life. In this way, humans and dogs get to know each other anew and strengthen their intuitive and social coexistence.

*Maren Grote is a certified dog trainer and CANIS graduate. She holds seminars for dog owners and develops further education and concepts for dog trainers on conversation management, didactics and dog behaviour.*

**10.000**  
 sold copies



Carolin Hoffmann  
**What My Dog Needs**  
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Heike Schmidt-Röger  
**What Does My Dog Think?**  
 978-3-440-16787-8  
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Kate Kitchenham  
**Playful Ways to a Clever Dog**  
 978-3-440-17513-2  
 All rights available



Maren Grote  
**Learning to Read Dogs**  
 978-3-440-17558-3  
 Rights sold: NL

# Understanding your Dog

Ute Heberer  
Katja Schumacher  
Anna Pietschmann  
**Fear in Dogs**

03/24; 26.00 €

pages: 288  
Hardcover; 13.50 x 21.50 cm  
coloured photos: 68  
978-3-440-16300-9

All rights available

NEW



*Ute Heberer is a dog trainer and an expert on aggressive behaviour. She runs an animal shelter and offers seminars.*

*Katja Schumacher is a dog trainer and has specialised in insecure and fearful dogs. She gives group and individual lessons, seminars and workshops on the subject of fear.*

*Anna Pietschmann was involved in a behavioural study of dogs and primates at the Max Planck Institute for Evolutionary Anthropology as part of her psychology studies. She completed her training as a dog trainer at Kynologisch and as a puppy trainer at the Karen Pryor Academy. She has regularly published articles on various dog-related topics on her science blog Fluffology since 2016.*

- ▶ **Ties in with the trendy topic of animal protection dogs**
- ▶ **For owners of animal protection dogs, dog therapists or trainers.**

With the growing number of shelter dogs that find a new home in Germany every year, the urgency to address their fears and traumas is also increasing. In this book, the team of experts Heberer – Brede - Schumacher get to the bottom of the subject of fear in dogs, explain what is going on in the body and show training approaches for fearful dogs.



Robert Mehl  
**The Dog's Psyche**  
978-3-440-16701-4  
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Vanessa Engelstädter  
**Resilience in Dogs**  
978-3-440-17293-3  
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Anne Krüger-Degener  
**When Dogs Trust Us**  
978-3-440-17112-7  
All rights available



Thomas Baumann  
**Slow Living for Humans and Dogs**  
978-3-440-16797-7  
All rights available



# The Personality of your Dog



Hanna David  
**Personality Analysis for Dogs**  
03/24; 18.00 €

pages: 136  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 150  
978-3-440-17830-0

All rights available

- ▶ **Big Five Personality test for dogs**
- ▶ **Practical guide to raise your dog accordingly**

From theory to practice: In this guidebook, dog trainer Hanna David explains the Big Five for dogs – the five essential personality traits - not only in theory. She also helps dog owners to decipher the character of their four-legged friend in practice and gives valuable tips for action and training that match the dog's personality.

*Hanna David has been working as a dog trainer and behavioural consultant with a focus on family dogs with behavioural problems since 2018 and has already tested her specially developed personality test in training sessions.*



Dr. Udo Gansloßer  
**Smart Dogs**  
978-3-440-15992-7  
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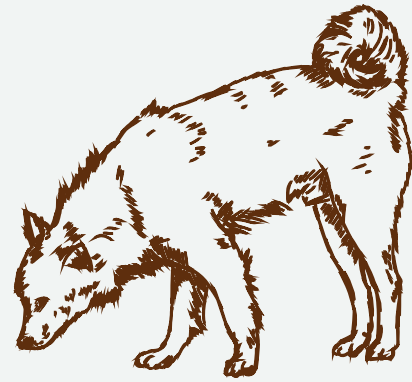


Ulrike Seumel  
**Marker Training for Dogs**  
978-3-440-16719-9  
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Dr. Udo Gansloßer  
**Behavioural Biology for Dog Trainers**  
978-3-440-16299-6  
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# Dog — Breeds



In its updated and expanded new edition, this standard work covers all 355 dog breeds internationally recognised by the FCI, as well as almost 200 others. Each breed portrait includes carefully selected photos with typical characteristics of the dogs as well as meaningful descriptions of origin, character and suitability. Sorting by size makes it easy to find them, and an extensive index additionally lists all synonymous breed names.

NEW  
edition



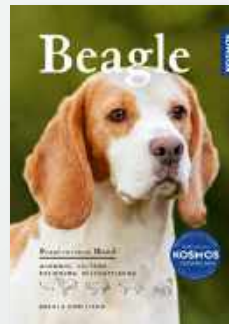
Eva-Maria Krämer  
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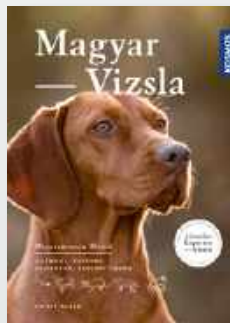
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# Pet — Guides



NEW



Saskia Rößner  
**Hamsters**  
978-3-440-17854-6  
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First-time pet owners will find answers to their questions here: hamster expert Saskia Rößner explains in this compact guidebook what is important when keeping hamsters. The valuable tips on nutrition, care and occupation are supplemented by creative DIY pages; immediately obvious do's & don'ts summarise the most important things at a glance.

NEW



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**Tortoises**  
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**Dwarf Rabbits**  
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**Parakeets**  
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**Guinea Pigs**  
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Brigitte Rauth-Widmann  
**Cat Language**  
978-3-440-15753-4  
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# Olympic Standards

Ingrid Klimke  
**Cross-Country Riding**

02/23; 26.00 €

pages: 112  
 Paperback with flaps; 17.30 x 24.10 cm  
 coloured photos: 200  
 978-3-440-16698-7

**Rights sold: US, CZ**



*Eventing professional Ingrid Klimke has won Olympic team gold, the team world championships and the team European championships. For her outstanding achievements as a trainer and rider, she was awarded the title Reitmeister (riding master).*

► **Learn from the best: Ingrid Klimke shows how to ride safely across the country**

Eventer Ingrid Klimke is THE expert for cross-country riding. In this book, she shares her entire knowledge: the first ride, riding through water or at the hillside, gymnastication in the field, or the first obstacle. In a light and positive tone, she describes how to make cross-country riding safe and rich in variety and a great experience for both horse and rider. If you want to take the cross-country test, you will find specific training plans for the ideal preparation. The Olympic champion's new standard reference book, with many insider tips you cannot find in any textbook.



Ingrid Klimke  
**Riding For Fun – My way of schooling horses**  
 978-3-440-16364-1  
**Rights sold: US/UK, CZ, RU**



Ingrid Klimke  
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Ingrid Klimke  
**Cavaletti Training**  
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**Rights sold: US**

**NEW edition**



# Working with your Horse



NEW

Dr. Ruth Katzenberger-Schmelcher  
**Brain Teasers for Smart Horses**

03/24; 20.00 €

pages: 112  
Paperback with flaps; 17.00 x 21.30 cm  
coloured photos: 120  
coloured illustrations: 2  
978-3-440-17618-4

All rights available

- ▶ **Trend topic neuroscience in practice**
- ▶ **Encouraging the horse's independence with clever exercises**

This is how neuroscience works in everyday life with horses: The clever exercises in the form of mental exercise, motor training and composure training by Yvonne Katzenberger are true intelligence boosters for horses and promote their independence as well as the human-horse bond. For relaxed togetherness and varied training.



Iris Charles  
**Fit on Horseback**  
978-3-440-17061-8  
All rights available



Dr. Ruth Katzenberger-Schmelcher  
**More Body Feeling for your Horse**  
978-3-440-16713-7  
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NEW

Prof. Dr. Konstanze Krüger  
Isabell Marr  
Kate Farmer  
**Laterality in Horses**

03/24; 24.00 €

pages: 112  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 155  
978-3-440-17658-0

All rights available

- ▶ **The latest research results on the subject of laterality**
- ▶ **With tests to recognise the horse's asymmetry**

Like humans, horses are naturally "lopsided", this is called laterality. This book explains how this preference for one side affects the attitude, health, but also the character and behaviour of a horse and gives horse owners valuable tools to recognise the laterality of the horse and to take it into account in training.



Ingolf Bender  
**Feeding Horses**  
978-3-440-17322-0  
All rights available



Prof. Dr. Konstanze Krüger  
**Research Meets Horse**  
978-3-440-17187-5  
All rights available

# Posture on the Horse

Eckart Meyners  
Roswitha Schreiber-Jetzinger  
Katrín Eschenhorst  
**Improve Your Riding Technique**

02/24; 26.00 €

pages: 128  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 185  
coloured illustrations: 13  
b/w-illustrations: 1  
978-3-440-17829-4

All rights available

NEW



*Eckart Meyners was a college professor for sports education and has for more than 30 years dealt with movement training during riding.*

*Katrín Eschenhorst is a movement trainer (EM) according to Eckart Meyners.*

*Roswitha Schreiber-Jetzinger is a movement trainer according to Eckart Meyners, she runs the Bierbaum Horse Experience in Austria.*

- ▶ **Learn riding like a professional with tips from European championship trainers**
- ▶ **Equestrian experts give valuable instructions**

In this book, sports educator Eckard Meyners and his colleagues Katrin Eschenhorst and Rosi Schreiber-Jetzinger show what modern learning methodology is all about. Competently and easily understandable, they show how a more action-oriented and empathetic teaching language leads to visible success in riding training.



Sigrid Schöpe  
**Groundwork for Horses**  
978-3-440-17734-1  
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Sigrid Schöpe  
**Circus Tricks With Horses**  
978-3-440-17648-1  
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**Think Positiv - Ride Better**  
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Eckart Meyners  
**Riding Is Moving**  
978-3-440-14826-6  
Rights sold: PL

# Horse — Highlights



NEW



Beatrix Schulte Wien  
**Practical Osteopathy for Horses**  
978-3-440-17659-7  
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In this guidebook, the well-known expert for equine osteopathy Beatrix Schulte Wien explains how horse owners can use osteopathic techniques and hand movements on their animals to support their well-being. In an easy-to-understand way, she shows how massages and stretches can have a positive effect on the horse's rideability and provide more relaxation.



Linda Tellington-Jones  
**Practical Guide Tellington Training for Horses**  
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**Conversations with Your Horse**  
978-3-440-17744-0  
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Marlitt Wendt  
**The Rights of Horses**  
978-3-440-15961-3  
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# The Doctor is In

HERBIG HEALTH



**NEW**

Dr. Carsten Grohmann  
**At the Doctor's: Cataract**

02/24; 15.00 €

pages: 128  
 Paperback with flaps; 13.20 x 19.30 cm  
 b/w-illustrations: 3  
 978-3-96859-050-9

All rights available

- ▶ **The most frequently asked questions about Cataract are answered**
- ▶ **New title in successful series**

Cataract - the clouding of the lens in the eye – mainly affects people over the age of 60, but can also be the result of metabolic diseases or eye malformations. The disease often begins unnoticed and progresses gradually until those affected complain of increased sensitivity to glare, faded colours and contrasts and a deterioration in light-dark adaptation. Then surgical replacement of the lens is the only way to restore vision. In this book, those affected and their relatives learn everything they need to know about the cause, diagnosis and course of cataracts.



Prof. Dr. Sylvia Mechsner  
**Consultation on Endometriosis**  
 978-3-96859-034-9  
 All rights available



Dr. Eva Christina Schwaneck  
**At the Doctor's: Rheuma**  
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**NEW**

Detlef Mix  
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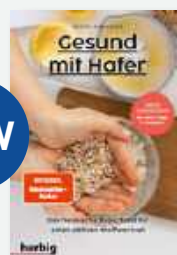
03/24; 14.00 €

pages: 128  
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- ▶ **New edition of the easy kitchen remedy series**
- ▶ **Honey as a superfood**

Honey - proven for thousands of years for injuries or colds and equipped with anti-inflammatory and healing properties. With all kinds of interesting facts, practical tips for applications, case studies and numerous healing recipes, "Honeyman" Detlef Mix introduces the superfood and shows why honey should not be missing from any medicine cabinet.



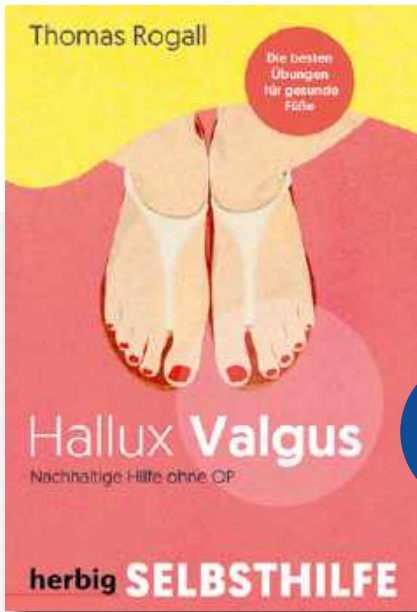
**NEW**

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# First Aid for your Body



**NEW  
edition**

Thomas Rogall  
**Hallux Valgus**

04/24; 14.00 €

pages: 96  
Paperback with flaps; 13.20 x 19.30 cm  
coloured photos: 120  
978-3-96859-070-7

**Rights sold: FR**

- ▶ **New edition of the bestselling title**
- ▶ **Everything to take care of your feet**

Around 10 million people in Germany are affected by hallux valgus - a painful deformity of the foot. Painkillers are then prescribed far too quickly, surgery is performed or expensive insoles are recommended. In this book, physiotherapist, foot expert and founder of the Munich Foot School Thomas Rogall shows that there is another way and gives sufferers hope for a pain-free life. Extensively illustrated and easy to understand, he describes exercises that specifically correct malpositions and stresses and improve the fine motor skills of the feet. An individual training programme helps to get hallux valgus under control or even to avoid it.



Inka Jochum  
**Back Healing Book**  
978-3-96859-059-2  
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Natascha Weihs  
**Healthy and Strong Hands**  
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**NEW**

Thomas Rogall  
**Strong Body Center, Step by Step**

03/24; 18.00 €

pages: 128  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 110  
coloured illustrations: 10  
978-3-96859-039-4

**All rights available**

- ▶ **The ideal training book for people who sit a lot**
- ▶ **Against back and hip pain**

Anyone who sits a lot will know it: Back problems and pain in the hips. In this book, foot and walking expert Thomas Rogall shows how these complaints can be alleviated very simply and literally "step by step". His compact and easy-to-understand walking exercises stabilise the body's core, correct malpositions and, incidentally, give you an attractive belly.



Thomas Rogall  
**First Aid for Feet**  
978-3-96859-051-6  
**All rights available**



Nadja Dörner  
**Strong Core**  
978-3-96859-045-5  
**All rights available**

# Healthy Bodies

Dr. Tassilo König  
**Help with Osteoporosis**  
 02/24; 22.00 €

pages: 232  
 Paperback with flaps; 13.50 x 21.50 cm  
 b/w-photos: 3  
 b/w-illustrations: 10  
 978-3-96859-066-0

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*Dr Tassilo König is a specialist in orthopaedics with his own practice in Warburg. For over 30 years, he has focussed on treating osteoporosis patients with a holistic approach. He is one of the most experienced specialists in this field in the whole of Germany.*

- ▶ **Patient-oriented knowledge from osteoporosis specialist**
- ▶ **With questionnaires for personal check-up**

This book is the osteoporosis must-read by one of Germany's most renowned experts! In this book, Dr. med. Tassilo König summarises his many years of experience and the latest scientific findings and explains in an easy-to-understand and patient-oriented way what is behind the excessive loss of bone mass. With questionnaires and checklists, he provides valuable tools for self-assessment and, using concrete everyday strategies, shows how those affected can lead a fulfilled and self-determined life despite the disease.



Vanessa Lämmle  
**Physical Therapy @home**  
 978-3-96859-068-4  
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Ingo Froböse  
**The Great Guide to Working from Home**  
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Martin Auerswald  
**Cell Reset**  
 978-3-96859-057-8  
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# Begin Your Hero's Journey



Ruediger Schache  
**Socrato - A Hero's Journey**  
 01/24; 25.00 €

pages: 224  
 Hardcover; 15.20 x 21.50 cm  
 coloured illustrations: 238  
 978-3-96860-096-3

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NEW

NYPHENBURGER BODY & SOUL

- ▶ **New title by bestselling author**
- ▶ **Become your own hero in a journey to true power**

Navigating through life with heroic courage; heroic tales and myths exist in just about every culture on earth and they always tell of challenges and overcoming them through prudence and courage. But every heroic story also tells of a person's journey through life. It tells of self-knowledge, realisation and struggles within and without. In "Socrato" Rüdiger Schache transfers the motif of the hero's journey into everyday life. His unique concept helps the reader to recognise himself as a hero, to classify his own life journey and to reach the goal of this journey.

*Ruediger Schache works as coach and author. He teaches courses together with his wife Nicole Diana. His titles (The Heart Magnet) have sold to 26 languages and are bestsellers in the Nymphenburg imprint.*



# The Power of Nature

NYMPHENBURGER BODY & SOUL



**NEW**

Guntram Stoehr  
**Place of Power: Water Sources**  
 04/24; 38.00 €

pages: 208  
 Hardcover; 19.00 x 25.30 cm  
 coloured photos: 130  
 coloured illustrations: 160  
 978-3-96860-081-9

All rights available

- ▶ **Europe's most important healing sources**
- ▶ **How to use these for your own healing**

Guntram Stoehr, one of the best-known geomancers in the German-speaking world, presents the most impressive healing springs in Europe. His valuable suggestions show how water as a carrier of healing impulses can be used specifically in everyday life to improve one's own quality of life.



Guntram Stoehr  
**Healing Trough Nature**  
 978-3-485-03004-5  
 All rights available



Guntram Stoehr  
**The Secret of The Megaliths**  
 978-3-96860-001-7  
 All rights available



**NEW**

Susanne Krämer  
**Ancient Shaman Wisdom of Our Ancestors**  
 03/24; 22.00 €

pages: 160  
 Paperback with flaps; 17.00 x 21.30 cm  
 coloured photos: 120  
 978-3-96860-082-6

All rights available

- ▶ **One of Europe's last shaman's**
- ▶ **Learn about ancient rituals**

Susanne Krämer, one of the last true European shamans, gives fascinating insights into her healing work. She shows how the time-honoured knowledge of our ancestors can be integrated into modern everyday life and gives valuable suggestions for shamanic rituals, techniques and customs.

**NEW**



Dr. Markus Strauß  
**Plants are Protecting You**  
 978-3-96860-046-8  
 All rights available



Caroline Maxelon  
**Shamanic Power Objects**  
 978-3-96860-026-0  
 All rights available



# Healing Powers



**NEW**

Tina Rosenkranz  
**7 Minutes Healing Herb Power**  
 01/24; 12.00 €

pages: 64  
 Paperback with flaps; 12.70 x 18.50 cm  
 coloured photos: 32  
 coloured illustrations: 7  
 978-3-96860-071-0

All rights available

- ▶ **Take 7 Minutes per day just for yourself**
- ▶ **Use the power of healing plants**

Tina Rosenkranz, certified herbalist and influencer, combines the power of herbs with the qualities of the planets. Her recipes, applications and awarenesses help to celebrate every day with more mindfulness and ensure more well-being in everyday life.



Nina Pfau  
**7 Minutes Star Power**  
 978-3-96860-058-1  
 All rights available



Katharina Bollack  
**7 Minutes of Healing Stone Power**  
 978-3-96860-065-9  
 All rights available



**NEW**

Natalie van Ratingen  
**Everything is Energy**  
 03/24; 20.00 €

pages: 144  
 Paperback with flaps; 14.80 x 21.00 cm  
 coloured photos: 50  
 coloured illustrations: 5  
 978-3-96860-097-0

All rights available

- ▶ **The easy beginners guide to your own energy work**
- ▶ **With valuable tips and strategies**

Sometimes a thought is enough to get the energies and self-healing powers of body, mind and soul flowing. Empowerment coach and Reiki teacher Natalie van Ratingen shows how this can be achieved with the help of targeted exercises.



Christine Fuchs  
**How to be Mindful**  
 978-3-96860-048-2  
 All rights available



**NEW**

Angela Wucher  
**Development with Healing Plants**  
 978-3-96860-088-8  
 All rights available



# Nymphenburger — Highlights



Dancing is for everyone! To finally move freely again, to quench one's own thirst for movement without inhibiting concerns and thus achieve more self-love and joy – especially for women with large bodies, this is not easy and often leads to shame and a diminished sense of self-worth. Dance educator and influencer Sandra Wurster has been campaigning for a rethink in society for years: Away from standardised body shapes, towards more acceptance and freedom. That is why this book is not only a guidebook on how the healing effect of dance can find its way into everyday life, but also a very personal plea by the author for more self-love and acceptance.

**NEW**



Sandra Wurster  
**Make Your Heart Dance**  
978-3-96860-077-2  
All rights available

**NEW**



Dorothea Neumayr  
**Awaken The Goddess in You**  
978-3-96860-073-4  
All rights available



Susana Garcia Ferreira  
**The Power of Nature**  
978-3-96860-025-3  
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**The Power of the Elements**  
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**Into The World of Nature Spirits**  
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Selina Vogt  
**Understanding Depression**  
978-3-485-03012-0  
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Kati Imbeck  
**Understanding Dementia**  
978-3-96860-009-3  
All rights available



Lucia Schmidt  
**Facia Yoga**  
978-3-96860-079-6  
All rights available



Myriam Veit  
**Essences for the Soul**  
978-3-96860-023-9  
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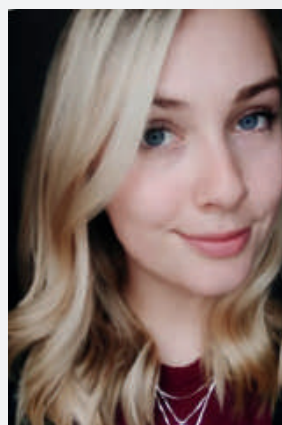
# Our Recommendations



*„Another title in our relaunched Pet series. These very short titles offer valuable tips and tricks for first time pet keepers. Everything at a glance. The new design makes them very easy on the eyes.”*



*„Beautiful ideas on how to create shade in even the smallest garden. Very strong topic in these times with hot summers.”*



*„Socrato offers, much like a Tarot Game, several heroes that represent archetypical stages in everyones life. This book leads you through your own life and offers new approaches on how to lead your own life's journey.”*