

# Frankfurt 2024



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HEROES

E/P/A



DARK SIDE



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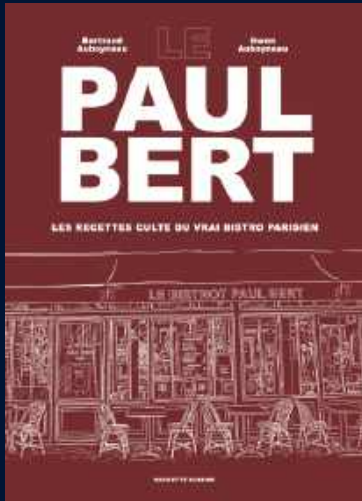
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# hachette

## PRATIQUE

Publishing over 350 new titles each year,  
Hachette Pratique is a major player in  
the world of practical illustrated books.  
It is France's leading publisher of cookery and  
wine books, with a wide-ranging catalogue  
from lifestyle and parenting books to creative  
crafts and DIY.



#### Publication Date

October 2024

#### Trimmed Page Size

195 x 270 mm

#### Extent

288 pages

#### Word count

32,802

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€35.00

9782017266211

LA MAISON  
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PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

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# Paul Bert's Bistro

Embark on a journey into French Bistro culture

## Description

The Paul Bert Bistro is a landmark of Parisian gastronomy. Known by foodistas around the world, it is the epitome of French Bistro culture.

Discover more than 100 recipes that made the success of the restaurant Le Paul Bert, and have yourself an authentic French dinner party from the comfort of your own home.

## Author

**Bertrand Aboyné** is the champion of French Bistros. Chef and restaurateur, he owns multiple restaurants on rue Paul Bert. Together with François Simon, he previously wrote 2 bestsellers, *French Bistro* (Flammarion, 2011) and *Paul Bert Village, Paris 11<sup>th</sup> district* (éditions du Chêne, 2017).

## Key Selling Points

- **Expert author** who mastered the business of the bistro culture with his multiple restaurants.
- A beautiful cookbook that recreates the **authentic** atmosphere of Paul Bert's Bistro.
- **104 recipes** showcasing the breadth of French bistro cuisine.
- Beautifully illustrated with specifically commissioned photography.
- Recipes that can be recreated at home.

## Key Features

- 104 recipes that are structured around the types of dishes: appetizers, main dishes and accompaniments, sauces and desserts.
- Both classic and modern recipes by a traditional and authentic institution, respectful of the codes of the Parisian Bistrot.
- Each recipe is illustrated with a beautiful picture.

## Who is it For?

- Anyone interested in French Bistro culture and French cuisine.
- Fans of Paul Bert and his legacy.



**Publication Date**  
November 2024

**Trimmed Page Size**  
240 x 310 mm

**Extent**  
720 pages

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€80.00

**9782017138389**

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# Encyclopedia of French Cuisine

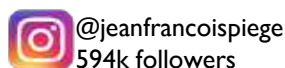
More than 1,000 recipes from all across France!

## Description

Jean-François Piège returns with a new reference work of almost 1,000 recipes from regional French cuisines, from the best-known to the most secret. The most comprehensive book on the market that celebrates the great diversity of France's culinary heritage.

## Author

Born in Valence, Drôme, in 1970, Michelin-star Chef **Jean-François Piège** grew up with a love of produce and the land. He discovered his vocation as a chef at a very young age, and it was this craft of revealing ingredients in the service of taste that would guide him through a sublime adventure that he continues to write today. Jean-François Piège places the ingredient at the heart of his cuisine. An ingredient that is cultivated, chosen with care, and worked with technical skill, mastery and desire.



## Key Selling Points

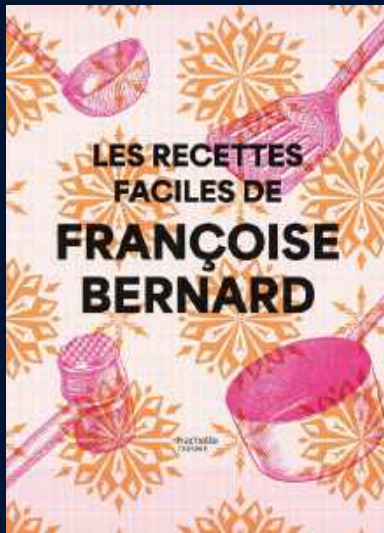
- A world-renowned chef who has already published several successful cookbooks, including *La cuisine française* – over 30,000 copies sold.
- Boasts a huge social media following with a 50% international audience.
- Newly opened restaurant in Taipei.

## Key Features

- Organised by French region.
- A large format to showcase the full diversity of France's cuisine.
- A heritage book, in the same spirit as *La cuisine française*.

## Who is it For?

- Anyone interested in French regional cuisine.
- Fans of Jean-François Piège.

**Publication Date**

June 2024

**Trimmed Page Size**

160 x 250 mm

**Extent**

736 pages

**Word count**

171,290

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€29.95

9782019328283

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All information is subject to change

# Easy Everyday Recipes

Effortless cooking from France's iconic home-cook.

## Description

Revel in the revival of a French culinary masterpiece! Rediscover Françoise Bernard's legendary cookbook. This new edition unveils 750 mouthwatering recipes, offering a treasure trove of culinary delights. From quick, budget-friendly meals to creative leftover solutions and festive menus, this book encapsulates the essence of accessible, delicious home cooking.

## Author

**Françoise Bernard** is the great representative of easy and accessible family cooking. She died in September 2021 at the age of 100, leaving behind a large number of timeless recipes and books that are still passed down from generation to generation.

## Key Selling Points

- A true icon of family cooking with 1 million copies sold at Hachette Cuisine.
- An acclaimed classic, with over 750 delicious, easy-to-follow recipes.
- A revered culinary authority, her book offers practical tips, seasonal menus, and guidance on food and wine pairings.
- A testament to timeless, accessible home cooking, perfect for every kitchen.

## Key Features

- A collection of 750 recipes arranged alphabetically, offering a diverse range of simple, traditional, and exotic dishes.
- Inclusion of 64 seasonal menus, providing a comprehensive culinary guide for various occasions.
- Includes quick recipes (less than 15 mins, or 15-30minutes), as well as cheap meal ideas, recipes to use up leftovers, etc.
- Modern edition updates Françoise Bernard's classic with contemporary trends, ensuring relevance in today's kitchens.
- Ingredients are easily found in most supermarkets.
- Accessible recipes for most home-cooks.

## Who is it For?

- Home cooks seeking an extensive repertoire of easy, delicious recipes.
- Culinary enthusiasts desiring classic French recipes with a modern twist.
- Those eager to explore a treasure trove of culinary wisdom from a legendary chef, ideal for everyday cooking and special occasions alike.



# Dining in the Countryside with Zoé de las Cases

Zoé de las Cases opens the doors of her country home in Aubrac...

## Description

Zoé de las Cases invites you to discover Aubrac, a region dear to her heart. This delightful escape to the idyllic French countryside features mouthwatering recipes created by renowned local chef, Cyril Attrazic. Together, they celebrate the rich flavors and fresh ingredients of the Aubrac region, offering dishes that showcase its unique products.

## Author

**Zoé de las Cases** is an illustrator, graphic designer and decorator. She cultivates an art of living that combines a sense of style and decoration in a joyful, playful and colourful universe. She is already the author of several books, in particular colouring books for adults, which have been very successful in France and abroad.

At the helm of Lozère's only restaurant with two Michelin stars, **Cyril Attrazic** is a lover of the land. Trained by such greats as Gérard Vié and Alain Ducasse, he is passionate about the local products of his region.



@zoedelascases  
236k followers

## Key Selling Points

- This book weaves together stunning photography of Aubrac and exquisite recipes, bringing the charm of the countryside and its rich terroir to life.
- Recipes from Cyril Attrazic, chef with two Michelin stars.
- Follows on from the success of Zoé de las Cases other publications – over 90,000 copies sold.

## Key Features

- 29 gourmet recipes using local produce.
- Heavily illustrated with approximately 200 stunning photos of the Aubrac countryside, local produce and producers, and the delicious recipes created by Cyril Attrazic.
- The perfect retreat into a world of regional flavors and rustic elegance.

## Who is it For?

- Anyone interested in countryside dining, French cuisine, and local produce.
- People seeking inspiration in the kitchen.



AUBRAC

### Publication Date

November 2024

### Trimmed Page Size

210 x 270 mm

### Extent

256 pages

### Word count

TBC

### Illustrations

Yes

### Binding

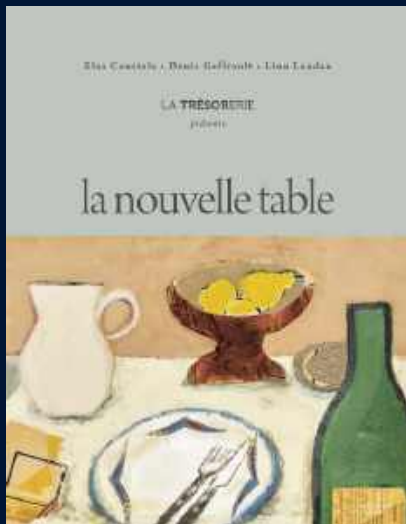
Hardcover

### French Cover Price

€35.00

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#### Publication Date

September 2024

#### Trimmed Page Size

210 x 270 mm

#### Extent

288 pages

#### Word count

40,174

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€40.00

9782019327897

LA MAISON  
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www.hachettepratique.com

All information is subject to change

# The Parisian Art of Table Setting

The guide to entertaining *à la française*.

## Description

Discover 25 seasonal table settings with 60 recipes to match. Whether for every day or special occasions, these colourful tables mix vintage and new objects. This beautifully illustrated book also includes portraits of designers, as well as a trend guide to help you choose the items you need to create your new table.

## Author

Following in the footsteps of the general stores and bazaars of yesteryear, the drugstores, hardware stores and haberdasheries where you could find everything you needed to equip a household, **La Trésorerie** brings together beautiful, useful and long-lasting objects and products for the home and tableware. They encourage the use of noble, natural and non-petrochemical materials.



@latresorerie  
54,5k followers

## Key Selling Points

- A book about cooking and the art of living: 60 recipes and 25 table settings.
- La Trésorerie: the "place to be" for ethical decor and design in Paris.
- Trendy and chic Parisian style of table settings and tableware.
- A sustainable table that respects the environment, with tableware made from natural, renewable, durable and easily recyclable materials.
- Beautifully illustrated.
- Practical yet inspiring (A way of life presented).

## Key Features

- 25 Tables organized by season, by occasion (birthdays, picnic, etc.), by colour and by vintage theme.
- 60 recipes to accompany these tables.
- A practical guide on how to choose your tableware.
- Focuses and portraits of international chefs and tableware brands.
- A style guide to recreate the look or to create your own style.

## Who is it For?

- Anyone interested in cooking and hosting beautiful dinner parties.
- Fans of sustainable and ethical design.
- Anyone who is interested in the Parisian way of life through the art of dining.

# Colourful Cooking

A rainbow on your plate!

## Description

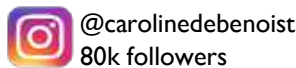
Enter the colourful world of designer Caroline de Benoist!

In this book, everything has been designed to radiate around 4 colors: **Pink**, **Yellow-orange**, **green**, **Blue-violet**.

A final chapter on the "multicoloured" theme offers a new palette of possibilities. In love with table-setting, which she regularly showcases on her Instagram account, Caroline has created a range of hand-painted ceramic tableware, as well as a collection of colourful table linens printed using the traditional know-how of block printing. Vases, trays and cushions also complete this universe. Her creations reflect her predilection for bright, intense colour combinations, colours she associates with happiness and *joie de vivre*, the mix of floral and geometric motifs, and the irregularity of lines that reflect the work of the human hand.

## Author

After some fifteen years working in the legal field for prestigious Parisian luxury houses, including Hermès, **Caroline de Benoist** created her first jewellery brand, which she likes to describe as "serious fantasy". Caroline de Benoist is passionate about table-setting and has created a range of hand-painted ceramic tableware, as well as a collection of colourful table linen printed using traditional block print techniques



## Key Selling Points

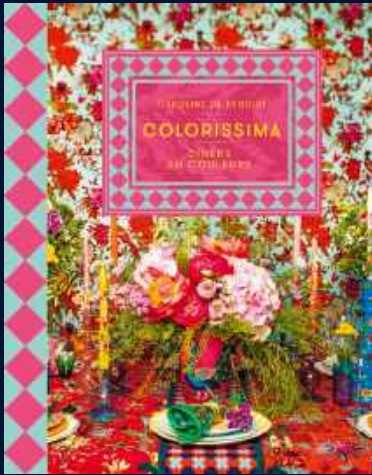
- Passionate about colour, Caroline de Benoist invites us into her exuberant world with a unique approach to cooking.
- Design the perfect dinner party – table settings that match the food!
- Caroline De Benoist sells her products internationally at
  - Le Bon Marché in Paris
  - Bongénie Grieder in Switzerland
  - El Corte Inglés in Madrid
  - Saks Fifth Avenue in New York
  - Rue Madame in Hong Kong

## Key Features

- 5 chapters organized by color: pink, yellow-orange, green, blue-purple and multicoloured.
- A beautiful book to enjoy good food on a beautiful table!
- Each chapter features colourful table settings and moods for entertaining, as well as 10 recipes inspired by colour: chewy pink doughnuts, hibiscus water, Barbie pasta...

## Who is it For?

- Anyone interested in table setting and cooking.
- Anyone looking to do a twist fun on their everyday table.
- Fans of Caroline de Benoist.



**Publication Date**  
November 2024

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210 x 270 mm

**Extent**  
224 pages

**Word count**  
18,448

**Illustrations**  
Yes

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Hardcover

**French Cover Price**  
€39.95

**9782017892632**

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**hachette**  
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BOIRE  
MANGER  
VIVRE

ASSAF GRANIT

**Publication Date**  
October 2024

**Trimmed Page Size**  
230 x 285 mm

**Extent**  
272 pages

**Word count**  
Approx. 20,366 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€60.00

**9782019453596**

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PRATIQUE

www.hachettepratique.com  
All information is subject to change

# Eat, Drink, Live by Assaf Granit

100 recipes in a delightful bazaar of  
flavours from all over the world

## Description

An emblematic figure of the Israeli culinary revival, Assaf Granit opened his first restaurant near Machne-Yehuda, the large market in East Jerusalem, to huge success.

The idea is simple: tasty, energetic dishes as close as possible to the products. In ten years, Assaf Granit has created an empire of trendy restaurants, from Jerusalem to Paris via London.

In this book, he shares simple but inventive dishes that he prepares in his restaurants or with his family. These recipes are inspired by his childhood but also reflect culinary traditions from all over the Mediterranean.

## Author

With 7 restaurants in Israel, 3 in London, and 2 in Paris, Israeli culinary mega-star **Assaf Granit** is on his way to conquering the world. He has starred in three different Israeli TV shows including the Israeli Kitchen Nightmare. Inspired by the lively and cosmopolitan vibes of the streets of Jerusalem, his middle Eastern cuisine has been met with amazing success.

Website: <https://www.assafgranit.com/>

## Key Selling Points

- Israeli media star.
- Truly international appeal with restaurants all over the world: in London, Berlin, Jerusalem and soon 4 restaurants in Paris!
- His restaurant **Shabour** is the first Israeli restaurant in France to have 1 Michelin star and was nominated by Forbes as one of the trendiest restaurants in Paris.
- **The Palomar Restaurant** in London was nominated the Best Restaurant in UK by GQ in 2015.

## Key Features

- 100 Recipes organised by dish type.
- Example recipes: a collection of mezze, Shishbarak in the Levantine style, charcoal-grilled aubergine, fried squid, grilled calf sweetbread, Moroccan-Israeli artichoke stew, Lamb Mansaf, Jerusalem-style sea bass, Couscous, Gormeh Sabzi...
- Stunning photos accompany each recipe, as well as portraits of life in Israel

## Who is it For?

- Fans of Levantine cuisine
- Foodies and fans of Granit's restaurants
- Anyone who wants to discover international cuisine
- Anyone who wants to discover a famous international chef's recipes



# North-African Cookbook

Authentic Recipes from a Tunisian writer

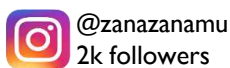
## Description

Merguez, bricks, boutargue, chakchouka, couscous, dumplings, you are probably familiar with these beloved dishes. But did you know that there are hundreds of other irresistible yet little-known recipes, such as méchouia, pkaila, mlohia, and hallah? These are just some of the treasures of Tunisian Jewish cuisine! In this title, you'll find step-by-step explanations of how to make them, and how they can be adapted.

Enjoy treating your loved ones to opulent kemia, different couscous, surprising dumplings, small and large cakes with an oriental accent.

## Author

**Andrée Zana-Murat** is a best-selling author and a true reference in French cuisine, following the huge success of her extraordinary book *Le Livre de Cuisine* (The Cookbook – over 40,000 copies sold).



## Key Selling Points

- Successful author: over 10,000 copies sold of *L'été passe...les recettes restent* (My Summer Cuisine).
- Between secrets and anecdotes, a book that pays tribute to the blending of cultures.
- Beautifully presented with gorgeous photos.
- Tunisian Jewish cuisine is currently on the cutting edge with emerging chefs such as Yoni Saada, Slim Douiri...

## Key Features

- With more than 200 sun-drenched traditional recipes, Andrée Zana-Murat retraces the footsteps of her past and offers a more personal book.
- The recipes are divided into types of dishes (Kémia/amuse-bouche, salads, soups, breads, pasta and rice, dishes with eggs, etc.).
- Each chapter has a brief presentation of the types of dishes and what makes them stand out.
- A practical book full of ideas, traditional recipes and modern twists.

## Who is it For?

- Anyone interested in Tunisian and Jewish cuisine and culture.
- Fans of Andrée Zana-Murat and her previous cookbooks.

### Publication Date

October 2024

### Trimmed Page Size

180 x 260 mm

### Extent

368 pages

### Word count

79,080 words

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€35.00

9782017266389

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# Cucina Povera

An easy, natural and anti-waste twist on Italian cuisine

## Description

“Cucina povera” is Italian rural cuisine, which is based on local, inexpensive, seasonal produce. Characterized by its ingenious use of available ingredients, the reuse of leftovers and a respect for food and health, this cuisine favors simple recipes and easy cooking techniques, while emphasizing anti-waste and sustainability.

With 80 recipes and thematic spreads on produce and ingredients, the book will showcase cucina povera, a simple cuisine that celebrates local, inexpensive and seasonal produce, with a pinch of inventiveness.

## Authors

Originally from Treviso, **Laura Zavan** is a stylist and culinary designer, specializing in Italian cuisine. On arriving in Paris, she spent a few years in the kitchens of top establishments (Casa Bini and Ladurée) before devoting herself to her cookery books. Laura now collaborates with the press and has published over 12 successful books.

**Valérie Lhomme** started out as a cook and food stylist, then turned to photography. She works extensively with the culinary press.

## Key Selling Points

- By Laura Zavan, leading author of Italian cookery books: almost 450,000 copies sold of her previous books
- Authentic, economical cooking: Italian cuisine with zero waste
- On-trend: cucina povera is widely covered in the press
- A cooking book in tunes with its time, focusing on sustainability and anti-waste recipes
- 80 recipes each beautifully illustrated

## Key Features

- Cucina povera: a manifesto, the golden rules, the ingredients
- Thematic spreads on typical Italian vegetables and produce
- More than 80 recipes for all tastes, simple or a little more elaborate, natural and tasty
- organized in chapters by type of dish and ingredients
- Beautifully illustrated recipes

## Who is it For?

- Anyone interested in Italian cuisine
- Anyone who wants to try new ways of cooking and new recipes
- People who wants to be more sustainable in their kitchen

### Publication Date

September 2024

### Trimmed Page Size

195 x 270 mm

### Extent

240 pages

### Word count

47,526

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€24.95

9782017266075

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#### Publication Date

October 2024

#### Trimmed Page Size

170 x 240 mm

#### Extent

400 pages

#### Word count

38,880

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€35.00

9782017252993

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All information is subject to change

# The Cuisine of the Italian Lakes

After the success of *Bretagne*, Catherine Roig and Emanuela Cino return with a beautiful book on Italian lakes!

## Description

We're all familiar with Roman *pasta alla carbonara*, *bistecca alla fiorentina* or Neapolitan pizza. But what do we know about the culinary specialties of Como, Stresa or Riva del Garda? Not much, and that's where this book comes in!

Guided by curiosity and gourmandise, Catherine Roig and Emanuela Cino have surveyed the farms, vineyards and markets that this sumptuous region has to offer.

Discover dishes that are sometimes rustic, often refined, always comforting, as well as products that outline the contours of tasty Italian cuisine: traditional *missoltini*, risotto à la Borromeo, *casoncelli* (local ravioli) with butter and sage, tagliatelle with porcini mushrooms, polenta dumplings with taleggio, crostatas with lemon, the irresistible *sciatt* (buckwheat fritters with cheese), and chestnut *minestra*...

## Author

**Catherine Roig**, deputy editor-in-chief at ELLE magazine, in charge of all aspects of the Art de Vivre: cuisine, of course, but also decoration and tourism, because today, these three areas are inseparable.

**Emanuela Cino** is an experienced photographer specializing in fashion, gastronomy and interior design.



@cathcathroig  
6k followers

## Key Selling Points

- By the author of the successful titles *Provence* (11,000 copies sold) and *Bretagne* (6,000 copies sold), both published by Hachette Pratique.
- A spectacular and stylish book.
- Spotlight on a popular region and its lesser-known culinary specialties.

## Key Features

- A complete overview of the Italian lakes region, with reports, encounters (with chefs, producers, etc.) and product spotlights (lemon, olive oil, etc.)
- Nearly 100 emblematic recipes, organized by lake (Como, Garda, Maggiore etc.)
- Magnificent photos of one of Italy's most popular regions.
- Inspiring recipes for beginners and experts alike.

## Who is it For?

- Anyone interested in traveling in Italy.
- Fans of Italian cuisine from different regions.



# Food Tour - Istanbul

An invitation to travel, eat, and cook differently.

## Description

Jean-François Mallet embarked on a 15-day culinary adventure through the vibrant streets of Istanbul, searching for the city's hidden gastronomic gems. Venturing beyond the well-trodden tourist paths, he immersed himself in the local culture, tasting authentic flavors, uncovering time-honored recipes, and observing the subtle techniques of seasoned street vendors. Along the way, he interviewed hawkers, listened to their stories, and took meticulous notes on the preparation of traditional dishes. From bustling markets to quiet alleys, Mallet discovered a treasure trove of ingredients and recipes that reveal the rich culinary heritage of Istanbul.

## Author

**Jean-François Mallet** graduated top of his class from the French "Ferrandi" cookery school. He worked as a chef in some of France's top establishments before turning to his other passion: photography. An avid reporter, he specializes in culinary and travel photography. Today, he travels the globe to capture the world's dishes and the people who make them.

## Key Selling Points

- The brains behind the *Simplissime* collection, JF Mallet returns with Food Tour: unique photo-reportages on cult gastronomic cities, whether well-known or little-known, obvious or unsuspected.
- Like a food reporter, J-F Mallet guides us through the alleys, markets, restaurants and spice souks of Istanbul to discover the wonders of Istanbul's food scene.
- Istanbul is a popular destination: number of tourists up by 70% since 2021 (50 million by 2023).

## Key Features

- Find typical Istanbul street food recipes that are easy to reproduce at home: mantis, Turkish keftas, dolmas, boreks.
- Spectacular, never-before-seen photos plunge you into the heart of urban hubs.
- A trip to the city's major markets and food courts.

## Who is it For?

- Anyone interested in Turkish cuisine.
- Fans of travel and food, and exploring cities through their food culture.



### Publication Date

March 2025

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170 x 240 mm

### Extent

192 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

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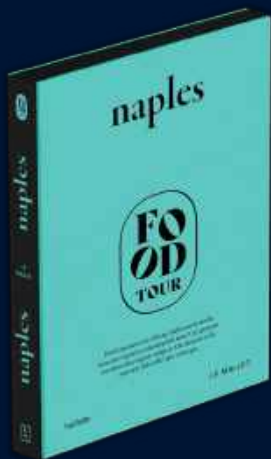
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[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change





# Food Tour - Naples

An invitation to travel, eat, and cook differently.

## Description

Join Jean-François Mallet on a captivating culinary adventure through the vibrant streets of Naples as he scours the city for hidden treasures of both produce and recipes. Going off the beaten path, Mallet immerses himself in the rich Neapolitan food culture—tasting local flavours, observing techniques, and investigating the secrets behind traditional dishes. From the lively markets and bustling harbors to the cozy patisseries, cheese shops, and world-renowned pizzerias, Mallet meticulously records each recipe and story to share with us. Discover the wonders of Naples, Italy's fourth most visited city, where pizza reigns supreme and hidden culinary gems await around every corner.

## Author

**Jean-François Mallet** graduated top of his class from the French “Ferrandi” cookery school. He worked as a chef in some of France's top establishments before turning to his other passion: photography. An avid reporter, he specializes in culinary and travel photography. Today, he travels the globe to capture the world's dishes and the people who make them.

## Key Selling Points

- The brains behind the *Simplissime* collection, JF Mallet returns with Food Tour: unique photo-reportages on cult gastronomic cities, whether well-known or little-known, obvious or unsuspected.
- In the style of a food reporter, J-F Mallet guides us through the alleys, port, markets, pastry shops, cheese shops and pizzerias of Naples to show us the wonders of Neapolitan food, with pizza as its world star.
- Naples is the 4<sup>th</sup> most visited city in Italy.

## Key Features

- Learn how to reproduce all the typical Neapolitan dishes: Neapolitan pizza, spaghetti with vongole, arancini.
- Spectacular, never-before-seen photos plunge you into the heart of urban hubs.
- Explore the city's most famous markets: Porta Nolana, La Pignasecca and the Mercatino di Antignano.

## Who is it For?

- Anyone interested in Italian and Neapolitan cuisine.
- Fans of travel and food, and exploring cities through their food culture.

### Publication Date

March 2025

### Trimmed Page Size

170 x 240 mm

### Extent

192 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€29.95

9782017318200

LA MAISON  
hachette  
PRATIQUE



### Publication Date

August 2024

### Trimmed Page Size

155 x 215 mm

### Extent

380 pages

### Word count

89,951 words

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€24.95

9782019327835

LA MAISON  
hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# American Cuisine (NED)

A melting pot of authentic recipes.

## Description

American cuisine is first and foremost a family affair: it's a traditional cuisine shared with family and friends.

Explore the 5 great culinary regions of the United States and discover a gourmet cuisine bathed in countless influences. This is your chance to appreciate the incredible contrasts of a land where ribs and pies of all kinds rub shoulders with the most delicate healthy or vegan recipes.

## Author

Born in Chicago (Illinois), mother of 3, **Cathleen Clarity** has lived in France since 1986. A Ferrandi graduate, she set up her own in-home chef business and cooking school. She worked as a chef trainer at Cuisine Attitude, Cyril Lignac's cooking school. She has been the i-chef of L'Atelier des Chefs, since 2015 and is the author of 2 very successful cookbooks published by Hachette Cuisine.

## Key Selling Points

- Celebrates the cultural diversity of the USA through its food, a cuisine that is highly influenced by immigrant cultures.
- An original chunky format that is popular with booksellers: over 10,000 copies sold since the collection was re-launched in 2023.
- A chance to (re)discover authentic American cuisine, far from the clichés and junk food.
- An expert author, available to promote the book in English.

## Key Features

- Over 100 recipes, celebrating the diversity of the country, that is 17 times as big as France!
- Organised by region: North-East, South-East, the Mid-West and Great Lakes, Pacific Coast, Hawaii, Alaska, South-West.
- Simple recipes, with easy to find ingredients.
- Accompanied by photos that will make your mouth water!

## Who is it For?

- Anyone interested in American food and culture.



# Sando, the Japanese sandwich

40 recipes and feature stories

## Description

Katsu Sando, or Sando to aficionados, is a Japanese sandwich. Easy to eat and nutritious, it quickly became a cult item.

For Walter Ishizuka, it's a childhood memory. His father used to prepare it for family picnics. Now, it's the son's turn to offer his gourmet vision of Sando. Purists, rest assured; the hallmarks are well and truly respected: ultra-soft bread, crispy panko breadcrumbs, tonkatsu sauce, it's all there... with a touch of something better.

Dive into the world of Sando and learn all there is to know about this delicious Japanese sandwich!

## Author

The former head of The Hoxton Paris, **Walter Ishizuka** has seized on the phenomenon of the Sando. At YABAÏ SANDO, he offers a gourmet version of the cult Japanese sandwich. His aim: to offer quality fast food based around a dish that reminds him of his childhood.

## Key Selling Points

- A trendy subject: Sando shops are flourishing everywhere.
- YABAÏ SANDO is France's trendiest Sando restaurant.
- Written by chef Walter Ishizuka of YABAÏ SANDO, a specialist of the iconic sandwich.

## Key Features

- This book includes every step to making a perfect sando: from a recipe for the perfect Japanese milk bread, how to buy the best ingredients for a sando, to 40 mouth-watering recipes.
- The 40 sando recipes range from the traditional (chicken sando, veggie sando) to the ultra-modern variations (grilled cheese sando, okonomiyaki sando) that have made it such a success, including a selection of sweet sando recipes (peanut butter sando, red berries sando).
- Includes 9 recipes to perfect the sando, including the chef's secret sauces (ponzu sauce, teriyaki sauce, yakitori sauce), as well as Japanese rice, miso soup, tempura, dashi, etc.
- 10 reports on the key ingredients that make sando and how to choose them wisely.

## Who is it For?

- Anyone interested in street food.
- Fans of Japanese cuisine.

### Publication Date

October 2024

### Trimmed Page Size

195 x 250 mm

### Extent

160 pages

### Word count

Approx. 16,000 words

### Illustrations

Yes

### Binding

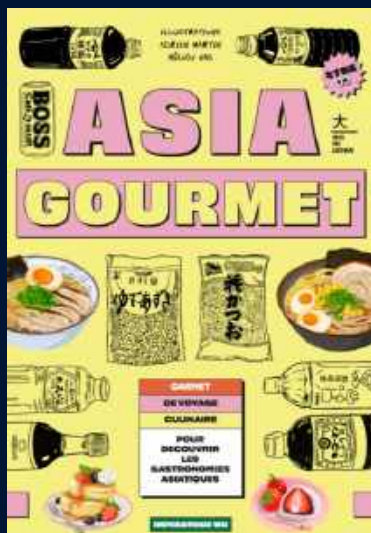
Softcover

### French Cover Price

€22.00

9782019466756

LA MAISON  
hachette  
PRATIQUE



# Asia Gourmet

Embark on a culinary journey across Asia!

## Description

China, Japan, South Korea, Taiwan, Thailand, Vietnam... In this title, readers will find more than 60 reports to discover the culinary cultures of East Asia. Impératrice Wu presents the emblematic products of each country and their history, which often cross borders, she retraces the age-old traditions and customs that have driven meal preparation and service for millennia, and she teaches how to deconstruct the stereotypes and clichés that still surround certain specialties.

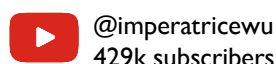
A culinary travel diary that explores Asia in six stages through articles, recipes, photos and illustrations.

## Author

Instagrammer, youtuber and now host of her own lifestyle podcast, **Impératrice Wu** shares her life, her inspirations and above all her culinary discoveries. On her social network pages, she highlights Asian restaurants in Paris and tests the latest in Asian food culture.

On YouTube, where she has more than 400,000 subscribers, she offers varied content, always focusing on the richness of Chinese and Asian cuisine. She also tackles more personal subjects.

She recently launched her podcast, in which she shares her thoughts about life in general, relationships and current affairs.



## Key Selling Points

- The first book by successful food influencer Impératrice Wu (>900,000 subscribers on her cumulative networks)
- A book rich in content: reports, recipes and addresses, to dive into the rich and varied culinary culture of Asia.

## Key Features

- 40 RECIPES by chefs and the author to explore the many facets of Asian gastronomy. Simple and accessible, they will help you (re)discover the richness of flavors.
- 20 CULTURAL FOCUSES to explore Asian cuisines through film, anime, drama, music and literature.
- 400 restaurant ADDRESSES, in France and in each country visited, to accompany your next travels or your next culinary discoveries.

## Who is it For?

- Anyone interested in Asian cuisine across the continent.
- Fans of Impératrice Wu.
- Foodies.

### Publication Date

October 2024

### Trimmed Page Size

215 x 300 mm

### Extent

256 pages

### Word count

52,580 words

### Illustrations

Yes

### Binding

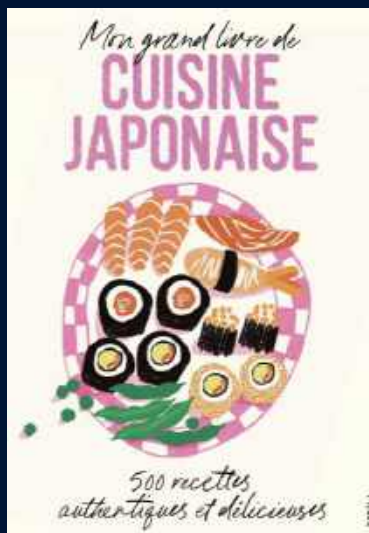
Hardcover

### French Cover Price

€35.00

9782017252863

LA MAISON  
hachette  
PRATIQUE



# My Big Book of Japanese Cuisine

500 delicious and authentic recipes

## Description

This title is the reference bible for all lovers of Japanese cuisine. With its 400 authentic and traditional recipes, and its product focus, this book offers an in-depth exploration of Japanese gastronomy. The recipes are classified by level of difficulty, ranging from 3-step recipes to those requiring several hours.

## Author

**Clémence Leleu** became a freelance journalist to work on rural life, working class neighbourhoods and women. She has since specialised mainly in Japan and works for **Arte** and lifestyle magazines such as **Pen** and **Tempura**.

## Key Selling Points

- Japanese cuisine in books: a continuing success, e.g. *Ramens, noodles and gyozas*: 13,500 copies sold and *Japan Cantina*: 4,000 copies sold, and rights sold in 4 languages: English, German, Spanish, and Italian.
- A complete and immersive guide: this book is a gateway to Japanese culture, ideal for all food lovers and Japan enthusiasts.
- A complete book of 500 authentic, traditional and little-known recipes for cooking authentic Japanese cuisine.
- A new title by established writers Clémence Leleu, a journalist specializing in Japan who writes for *Tempura*, *Pen Magazine*, *Libération*, etc.
- Savoury, sweet and drink recipes classified by: main ingredients (ramen, meat, vegetables, tofu, eggs, desserts, drinks, etc.) levels of difficulty (from 3-step recipes to recipes that take several hours to prepare)
- Japanese cuisine in book form: an undeniable success.

## Key Features

- 400 recipes classified by type and main ingredients: tempura, ramen, soba, meat, fish, vegetables, tofu, egg, gyoza, sauces & broths, udon, rice, desserts and beverages.
- 40 detailed cultural focuses: miso, soy, Japanese ceramics, bento, fermentation, vegetarian cooking in Japan, different types of knives, matcha, the art of the table, festive meals, sake... A complete and immersive guide: this book is a gateway to Japanese culture, ideal for all food lovers and Japan enthusiasts.
- Includes levels of difficulty (from 3-step recipes to recipes that take several hours to prepare).

## Who is it For?

- Fans of Japanese cuisine and culture.
- Foodies and home cooks looking for something different.
- Recipes are well explained and will appeal to beginners as well as experts.

### Publication Date

March 2025

### Trimmed Page Size

210 x 270 mm

### Extent

312 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Softcover

### French Cover Price

€29.95

9782017187363

LA MAISON  
**hachette**  
PRATIQUE





**Publication Date**  
October 2024

**Trimmed Page Size**  
195 x 270 mm

**Extent**  
256 pages

**Word count**  
42,275

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€39.95

**9782017892823**

LA MAISON  
**hachette**  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)  
All information is subject to change

# The Freshwater Fish Cook Book

From the cane to the plate.

## Description

Dive into the calm waters of France's secret lakes and ponds, discover the gentle tinkle of water against stone in France's sparkling rivers. Go where the timeless dance between man and nature finds its echo. In this book, every page is an invitation to explore and discover the subtleties of 10 emblematic fish species.

As you turn the pages, you'll embark on a unique journey, guided by the ancestral know-how and modern techniques that mark the art of fishing. Each species reveals its secrets, offering a range of methods, environments and equipment to explore, captivating the reader in a tireless quest to connect with nature.

With 10 species of freshwater fish and over 60 tasty recipes, this book is a celebration of their richness and importance to France's gastronomic heritage.

## Author

**Marie-Victorine Manoa** and her brother **Louis-Paul**, respectively chef and passionate freshwater fisherman, grew up in Lyon, on the banks of the Rhône, Saône and Dombes ponds, and were introduced to the culture of fishing and eating from an early age.

A chef at Aux Lyonnais (Alain Ducasse), **Marie-Victorine** has also worked in a number of top international restaurants, including Noma in Copenhagen, where she offers traditional cuisine updated with freshness and eco-consciousness.



@marievictorinemanoa  
28K followers

## Key Selling Points

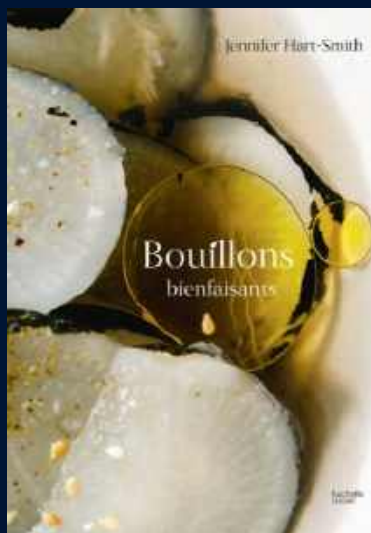
- Well-known author with a big following thanks to her participation on Top Chef France.
- Expert input means each recipe is delicious and well-thought out.

## Key Features

- 60 recipes organized around 10 species of fish, to discover all their subtleties and learn how to make the most of them.
- More than a recipe book: stories from fishing professionals, highlighting ancestral know-how and modern fishing techniques.
- Stunning photography captures the beauty of fishing and fresh food

## Who is it For?

- Anyone interested in fishing and cooking fish.
- Experts and amateurs alike.



# Healing Broths

Stay healthy with broths from all over the world!

## Description

In this book, Jennifer Hart-Smith traces the history of broths around the world and in different cultures, to understand how they are intrinsically linked to our health and support us in times of great vulnerability. This book is not intended to heal in the curative sense, but to provide the nutritional keys to a diet of well-being, where pleasure and indulgence remain the key.

From sleep to a strong immune system, from sports recovery to intestinal health, each chapter offers recipes for broths to take care of yourself and support your body. Through testimonials from chefs and scientific experts, discover the preventive and universal virtues of broths that bring everyone around the table together.

## Author

**Jennifer Hart-Smith** is a French-Australian pastry chef. With a background in design and typography, she decided to pursue her passion for cooking after the birth of her daughter. So, she took a CAP in pastry-making and in 2014 launched Tookies, small decorated personalized shortbread biscuits. When she became pregnant with her second child, she again felt the need to renew herself, so she trained as a naturopath.



## Key Selling Points

- Learn how to treat your physical and emotional troubles with a broth for every occasion.
- Noted author in healthy cooking, naturopathy and well-being.
- Practical guide.
- 25,000 copies of previous publications sold with Marabout.
- Recipes from all over the world and interviews with international chefs and health experts.

## Key Features

- Over 80 recipes organized thematically by health concern: post-partum, health of the intestines, anemia, etc.
- Health benefits supported by scientific evidence and expert interviews.
- Includes interviews with Priscilla Tram (French-Vietnamese chef), Maori Murota (Japanese chef and author), Emilie Steinbach (systems biology doctor and neuroscientist), Alcidia Vulbeau (chef), Manon Fleury (chef), Martine Blaize (pharmacist), Aïssatou Mbaye (Senegalese chef, and culinary author), Sutha Thamby (Sri Lankan chef), Linda Lam (pastry chef), Alberto Rebolledo (Mexican chef), Minou Sabahi (Iranien chef), Joumana Jacob (French-Lebanese chef), Rita Hart-Smith (home-maker from Hong Kong).
- A deep dive into the world of broths, the basis of cuisines in cultures all over the world.
- Simple and accessible recipes: broths are made with the ingredients that get thrown away!

## Who is it For?

- Anyone interested in naturopathy, nutrition and health.
- Anyone looking for comforting and healthy broth recipes.

**Publication Date**  
October 2024

**Trimmed Page Size**  
195 x 250 mm

**Extent**  
176 pages

**Word count**  
71,248

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€29.95

**9782017892885**

LA MAISON  
**hachette**  
PRATIQUE

www.hachettepratique.com  
All information is subject to change

**Publication Date**

October 2024

**Trimmed Page Size**

195 x 250 mm

**Extent**

272 pages

**Word count**

43,105

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€35.00

9782019468569

LA MAISON  
**hachette**  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Grandmas Project

Sharing the world's most delicious heritage.

## Description

Grandmas Project is a collaborative web series that shares recipes and stories from grandmothers around the world as filmed by their grandchildren. On their site you can watch films, discover recipes, share your own grandmother's story and much more.

This book, written by the founder of the project, Jonas Parienté, presents portraits of these cooks from around the world, each with their favourite recipes.

## Author

**Jonas Parienté** is founder of the Grandmas Project, a collaborative web series that in 2016 received the patronage of UNESCO for its work to 'raise public awareness of intangible cultural heritage through digital tools'.



@GrandmasProject  
2.74k subscribers



@grandmasproject  
6k followers

## Key Selling Points

- Truly international scope with wide appeal – a project with worldwide reach.
- Discover the Grandmas project phenomenon: two web series films available online, numerous donors, a worldwide network and rave reviews from the media!
- Dive into the lives of women from all over the world, discover their stories and their cooking.

## Key Features

- Discover international recipes including Tortilla de patatas, Molokheya, Mahjouba, Conejo borracho, Chicken pie, Cheese soufflé, Kneidler, Ajvar, Sindhi kadhi...
- Stories from women of all origins, where cooking, stories and surprising life paths are intertwined.
- Guided pages to help you write the story of your grandmothers and their favourite recipes!
- Recipes from various countries, including France, Spain, Serbia, Croatia, The Netherlands, Poland, Italy, Morocco and Egypt, etc.

## Who is it For?

- Fans of cooking who are interested in human stories and international projects.
- Anyone who is interested in traditional cuisine around the world.
- Anyone who is interested in gastronomy heritage.



**Publication Date**

January 2025

**Trimmed Page Size**

170 x 240 mm

**Extent**

48 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Softcover

**French Cover Price**

€13.50

9782017892939

LA MAISON  
**hachette**  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Avocado

## Everything you ever need to know about avocados

### Description

From the new collection by 180°C, we welcome Avocado! This handy book will provide you with all the information about this superfood: its best seasons, nutritional benefits, history... everything you need to know about this fruit that originated in Mexico and is now grown around the Mediterranean!

A smaller format makes this book more portable and easier to use, helping you to get off the beaten track of the same old guacamole, and encouraging you to try delicious avocado recipes like avocado, lime and pistachio ice cream, mimosa egg with avocado cream, quinoa croquettes with avocado, and many more!

### Author

**180°C** is the brainchild of Eric Fénot who united a group of gastronomic experts around a vision of culinary publishing that he wanted to be different: independent, committed and sincere where the only rule is to have fun!

By taking an innovative, eco-conscious approach to culinary creation, 180°C values respect for the environment and for good food, vigilance towards the agro-industrial system and tolerance for all tastes and all preferences.



@180c\_larevue  
21.2k followers

### Key Selling Points

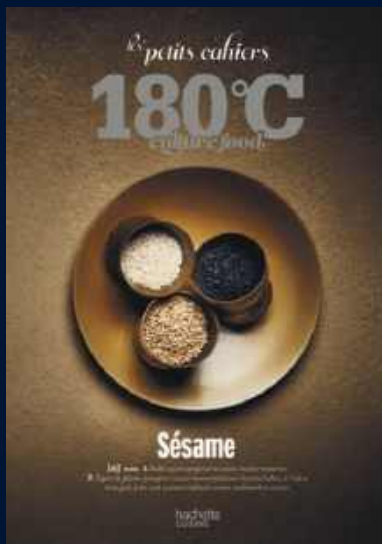
- The same luxurious book in small format, filled with captivating visuals and stories for culinary enthusiasts.
- Over 300,000 copies sold of the original periodical.
- Features an extensive collection of sweet and savory avocado recipes.
- Unveil the origins and history of the avocado.
- Great gift potential for foodies and culinary enthusiasts.

### Key Features

- 15 delicious recipes each accompanied by stunning pictures.
- Both sweet and savoury recipes: something for everyone!
- Ingredients are easily found in most supermarkets.

### Who is it For?

- Culinary enthusiasts eager to expand their avocado repertoire.
- Food lovers seeking to explore the rich history and cultural significance of the avocado
- Aspiring home cooks looking for a wide range of avocado-based recipes.
- Anyone with a passion for indulgent, decadent flavors and culinary adventures.



# Sesame

## Everything you ever need to know about sesame

### Description

From the new collection by 180°C, we welcome Sesame! This handy book will provide you with all the information about this little-known oilseed: its best seasons, nutritional benefits, history... everything you need to know about this seed from the Indian subcontinent!

A smaller format makes this book more portable and easier to use, helping you to get off the beaten track of the same old guacamole, and encouraging you to try delicious avocado recipes like sautéed Chinese cabbage with sesame, tender Chinese nougat, black sesame latte, and many more!

### Author

**180°C** is the brainchild of Eric Fénot who united a group of gastronomic experts around a vision of culinary publishing that he wanted to be different: independent, committed and sincere where the only rule is to have fun!

By taking an innovative, eco-conscious approach to culinary creation, 180°C values respect for the environment and for good food, vigilance towards the agro-industrial system and tolerance for all tastes and all preferences.



@180c\_larevue  
21.2k followers

### Key Selling Points

- The same luxurious book in small format, filled with captivating visuals and stories for culinary enthusiasts.
- Over 300,000 copies sold of the original periodical.
- Features an extensive collection of sweet and savory sesame recipes.
- Unveil the origins and history of the sesame.
- Great gift potential for foodies and culinary enthusiasts.

### Key Features

- 15 delicious recipes each accompanied by stunning pictures.
- Both sweet and savoury recipes: something for everyone!
- Ingredients are easily found in most supermarkets.

### Who is it For?

- Culinary enthusiasts eager to expand their sesame repertoire.
- Food lovers seeking to explore the rich history and cultural significance of the sesame seed
- Aspiring home cooks looking for a wide range of sesame-based recipes.
- Anyone with a passion for indulgent, decadent flavors and culinary adventures.

#### Publication Date

January 2025

#### Trimmed Page Size

170 x 240 mm

#### Extent

48 pages

#### Word count

TBC

#### Illustrations

Yes

#### Binding

Softcover

#### French Cover Price

€13.50

9782017892946

LA MAISON  
hachette  
PRATIQUE



**Publication Date**  
August 2024

**Trimmed Page Size**  
195 x 250 mm

**Extent**  
256 pages

**Word count**  
Approx 16,228 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€19.95

**9782017266020**

LA MAISON  
hachette  
PRATIQUE

www.hachettepratique.com  
All information is subject to change

# Simplissime: Fish

120 recipes at a glance, ready in no time at all!

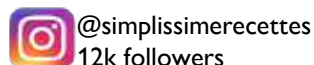
## Description

120 recipes for fish, shellfish and crustaceans in *simplissime* mode, showing that cooking fish is within everyone's reach!

In this book, Jean-François Mallet has chosen to cook the most common and popular fish, such as salmon, cod, skate, sole, sardines, sea bass, herring, halibut, pollack, monkfish, whiting... not forgetting some freshwater fish (pike, trout, pike-perch). As for shellfish, discover original and creative recipes for cooking prawns, mussels, cockles, oysters, langoustines, octopus, squid and scallops, as well as some exceptional products: sea urchins, tellin, and lobster. Delight in these super easy, super fast recipes for all occasions!

## Author

**Jean-François Mallet** graduated top of his class from the French "Ferrandi" cookery school. He worked as a chef in some of France's top establishments before turning to his other passion: photography. An avid reporter, he specialises in culinary and travel photography. Today, he travels the globe to capture the world's dishes and the people who make them.



## Key Selling Points

- The Grand Simplissime collection: 10 titles and 1.2 million copies sold.
- Fish recipes are as popular as ever: *Simplissime Tout est bon dans le poisson* ("Fish is delicious") has sold over 10,000 copies.
- Recipes are simple and easy to follow, as well as being delicious and innovative – the perfect cookbook for beginners and advanced chefs alike!

## Key Features

- 2 to 6 ingredients per recipe, presented visually.
- Short, simple, clear and precise recipe.
- Stunning photography: a mouth-watering picture accompanies each dish.
- Recipes are organised by type of fish, from salmon to tuna to monkfish and many more.

## Who is it For?

- Anyone interested in cooking fish and expanding their culinary repertoire.
- Fans of Simplissime and Jean-François Mallet.
- Lovers of fish dishes.



**Publication Date**  
August 2024

**Trimmed Page Size**  
195 x 250 mm

**Extent**  
288 pages

**Word count**  
Approx 17,326 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€19.95

**9782017266037**

LA MAISON  
**hachette**  
PRATIQUE

www.hachettepratique.com  
All information is subject to change

# Simplissime: Provence

100 delicious recipes straight from beautiful Provence in the South of France.

## Description

100 recipes that smell of lavender and sunshine. This recipe book, full of the local flavours of Provence, features regional products and seafood: olives, tomatoes, garlic, rice, Provençal herbs, sunny vegetables (peppers, aubergines, courgettes)....

Classic recipes such as ratatouille, bouillabaisse, tapenade, pissaladière, tian, soupe au pistou and stuffed dishes, as well as lesser-known recipes such as bourride, pieds paquets, daube, snails à la provençale and bouillabaisse d'épinards are presented clearly alongside photographs of every single dish. Delight in these super easy, super fast recipes for all occasions!

## Author

**Jean-François Mallet** graduated top of his class from the French "Ferrandi" cookery school. He worked as a chef in some of France's top establishments before turning to his other passion: photography. An avid reporter, he specialises in culinary and travel photography. Today, he travels the globe to capture the world's dishes and the people who make them.



## Key Selling Points

- The Grand Simplissime collection: 10 titles and 1.2 million copies sold.
- Recipes are simple and easy to follow, as well as being delicious and innovative – the perfect cookbook for beginners and advanced chefs alike!
- Stunning photography: a mouth-watering picture accompanies each dish.

## Key Features

- 2 to 6 ingredients per recipe, presented visually.
- Short, simple, clear and precise recipes.
- Recipes are organised by type of dish, starting with sauces and starters, before moving on to pizzas, soups, meat dishes, fish dishes... and many more.

## Who is it For?

- Anyone interested in French food looking to expand their culinary repertoire.
- Fans of Simplissime and Jean-François Mallet.
- Lovers of Provençal and Mediterranean food.



#### Publication Date

October 2024

#### Trimmed Page Size

195 x 250 mm

#### Extent

384 pages

#### Word count

Approx 23,723

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€24.95

9782017266051

LA MAISON  
hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Simplissime: Ninja Air Fryer

100 easy Simplissime recipes to make with the Ninja Air Fryer.

## Description

This collaboration between two giants of the culinary world will show you how to create delicious, easy meals using the revolutionary all-in-one Ninja Air Fryer for healthy, ultra-fast cooking.

## Author

**Jean-François Mallet** graduated top of his class from the French "Ferrandi" cookery school. He worked as a chef in some of France's top establishments before turning to his other passion: photography. An avid reporter, he specialises in culinary and travel photography. Today, he travels the globe to capture the world's dishes and the people who make them.



@simplissimerecettes

12k followers

## Key Selling Points

- Ninja is the number one Air Fryer brand on the market and are sold in 26 countries in the world.
- 3 to 6 ingredient recipes with clear instructions make these dishes accessible for all levels.
- Air Fryer cookbooks are on trend and continue to top the charts. Hachette Pratique released *Ninja, on peut tout faire à l'airfryer* in September 2024 (almost 2,000 copies sold in 2 weeks).

## Key Features

- 100 easy and delicious recipes, all accompanied by a clear, appetizing photo of the dish.
- 3 – 6 ingredients per recipe means these recipes are suitable for all levels.
- Simple, easy dishes with minimal preparation or clean-up time.

## Who is it For?

- Anyone looking for delicious recipes which save time on cooking.
- Fans of the accessible, tasty Simplissime recipes.
- Chefs wanting to expand their repertoire and discover more about the potential of the Ninja Air Fryer.



# Ninja Air Fryer Recipes

The Air Fryer that cooks everything. Really, everything!

## Description

The official book on how to use your Ninja Air Fryer every day, from starter to dessert!

With the Ninja Air Fryer, you can cook, fry, roast and grill all your favorite foods in a single appliance: healthy, odorless frying, with nearly zero oil!

Discover 150 tasty recipes to make your everyday life more gourmet: gratin dauphinois, vegetable falafel, salmon with lemon and stuffed mushrooms, chocolate fondant, walnut cake...

## Author

**Stéphanie de Turckheim**, culinary author for some 15 years, has published over 100 books. Her cuisine is seasonal, gourmet, cheerful, tasty and generous. She loves to play with textures and flavors.

## Key Selling Points

- Exclusive partnership with Ninja, the number 1 Air Fryer brand on the market.
- Ninja Air Fryers are sold in 26 countries across the world.
- Air Fryer cookbooks are on trend and continue to top the charts.
- 150 recipes tried and tested by a professional cookbook author for the biggest Air Fryer brand.

## Key Features

- 150 recipes for using your Air Fryer from aperitif to dessert, each accompanied by a photo.
- Recipes organized thematically: aperitifs, starters, meat dishes, fish dishes, vegetable dishes, sides, desserts.
- Cook 2 different types of food in different ways and synchronize cooking times.
- Up to 75% faster than cooking in regular ovens.
- Simple and accessible recipes with easy-to-find ingredients.

## Who is it For?

- Anyone interested in cooking, and healthy alternatives.
- Ninja Air Fryer owners.



**Publication Date**  
September 2024

**Trimmed Page Size**  
210 x 270 mm

**Extent**  
336 pages

**Word count**  
22,237

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€24.95

**9782017892861**

LA MAISON  
**hachette**  
PRATIQUE



**Publication Date**  
September 2024

**Trimmed Page Size**  
260 x 260 mm

**Extent**  
212 pages

**Word count**  
32,960

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€29.95

**9782019468804**

# Street Food from Around the World

100 emblematic recipes for enjoying street food at home

## Description

The pleasures of travel are also enjoyed by the taste buds... and some of the best dishes you can enjoy when you're far from home are often those you come across by chance, when you find yourself on a street corner or in a small market.

Souvlaki, fish and chips, gyros, poutine, tacos, samosas, bánh mì, falafels, accras... discover 100 street food recipes from all over the world, to reproduce at home for evenings of gourmet pleasure and discovery.

Travel the world without leaving your kitchen.

## Author

**Jesiel Maxan's** passion for cooking led her to travel the world to learn about international gastronomy. She moved to Paris in 2010 to study French pastry at the prestigious Grégoire Ferrandi school.

## Key Selling Points

- The popular Flavors of the World Collection includes 11 titles with a notable 70,000 copies sold.
- A title that celebrates street food from all corners of the world.
- Stunning and creative gift book.
- A key and steady trend in today's cuisine.

## Key Features

- 100 delicious recipes divided by continent or region: Europe, the Americas, Asia, the Middle East, and Africa.
- Gorgeous photographs from an aerial point of view.
- Truly international in scope.

## Who is it For?

- Anyone interested in cooking, amateurs and professionals alike.
- Anyone wanting to make their daily meals more exciting.

LA MAISON  
**hachette**  
PRATIQUE



**Publication Date**  
September 2024

**Trimmed Page Size**  
175 x 225 mm

**Extent**  
132 pages

**Word count**  
22,141

**Illustrations**  
Yes

**Binding**  
Softcover

**French Cover Price**  
€17.95

**9782017892656**

LA MAISON  
**hachette**  
PRATIQUE

www.hachettepratique.com  
All information is subject to change

# Pavlovas

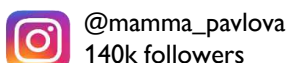
The reference book on a fresh, ultra-trendy summer dessert

## Description

Discover the delicate art of Pavlova through creative, gourmet recipes! Dive into the sweet, airy world of pavlova with 40 original, creative recipes in the Petit Fait Maison collection. From crunchy meringue to exquisite garnishes, each page offers a unique taste adventure. Whether you're a pastry novice or an experienced enthusiast, the detailed instructions and tips will guide you in the preparation of desserts as magnificent as they are delicious: Red Fruit Pavlova with light vanilla cream, Caramel-Pecan Pavlova, Fresh Lemon-Mint Pavlova, Christmas Wreath Pavlova... Fall for the crunchiest of desserts!

## Author

**Valentine Gaveau, aka Mamma Pavlova** is a food content creator and Pavlova expert. Her popular Instagram account is followed by Spanish, and English-speaking users.



## Key Selling Points

- All the recipes and tips readers will ever need to make delicious pavlovas at home.
- 40 unique recipes to create pavlovas that will seduce every palate.
- Simple instructions and clever tips make these delicate desserts accessible to everyone.
- From classic pavlovas to innovative variations, readers will discover a palette of flavors to suit every occasion.
- Tips and tricks for presenting creations with elegance, transforming them into veritable works of culinary art.
- Recipes adapted and varied according to the time of year and the occasion: seasonal fruits, festive ingredients, deconstructed for an express version...

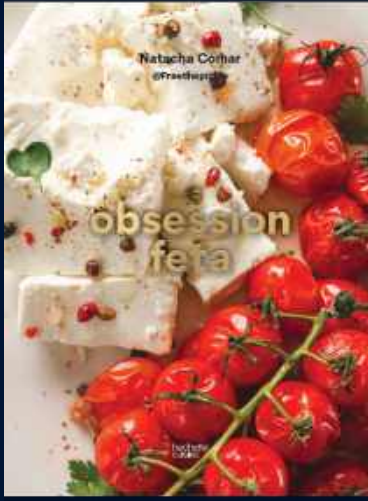
## Key Features

- 40 original recipes separated into four categories: Fruit-based recipes, gourmet recipes, revisited recipes, and festive recipes.
- Recipes adapted and varied according to the time of year and the occasion: seasonal fruits, festive ingredients, express versions...
- Detailed and thorough explanations featured in each recipe.

## Who is it For?

- Anyone interested in creating fresh summer desserts.
- Fans of Mamma Pavlova.





# Obsessed with Feta

A true declaration of love to feta cheese!

## Description

Natacha loves feta cheese, and this book is sure to make you love it too! Feta cheese will no longer be a mystery for you, and in this book, you'll find a range of classic and unique recipes to suit all tastes and palates.

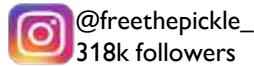
A new obsession awaiting its community!

## Author

**Natacha Comar's** love of fresh produce goes back to her childhood, when she cooked with her parents and worked at the market with greengrocers.

Natacha fell in love with vegetarian cooking ten years ago, and now runs the blog FreeThePickle.

Like her book, the blog is aimed at everyone, not just vegetarians!



@freethepickle\_  
318k followers

## Key Selling Points

- Engaging author: Natacha has a strong online presence and a passionate community.
- The author's previous title published in February 2024, *Obsessions végétales* (Veggie World), has sold over 9,000 copies to date.
- Feta: the ultra-trendy cheese everywhere: media, tiktok, restaurants...

## Key Features

- 65 delicious and original recipes: spinach and ricotta feta sun pie, feta and pepper cake, stuffed cabbage leaves on a bed of feta, squash and feta lasagne, honey filo feta bites, etc.
- Recipes that cater to different tastes, from savoury to sweet, with global inspirations – with feta being the star of the show.
- Emphasis on using fresh, seasonal produce for healthier, planet-friendly cooking.
- Ingredients are easily found in most supermarkets.

## Who is it For?

- Anyone interested in cooking and seeking inspiration in the kitchen.
- Fans of feta cheese.

### Publication Date

February 2025

### Trimmed Page Size

195 x 250 mm

### Extent

192 pages

### Word count

TBC

### Illustrations

Yes

### Binding

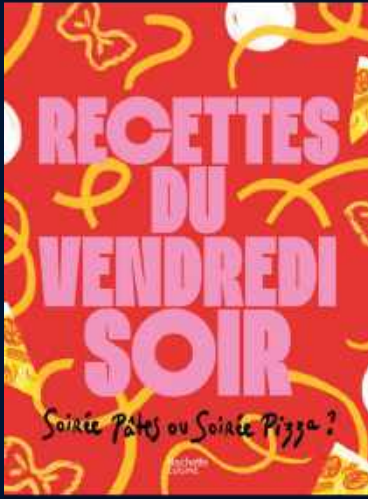
Hardcover

### French Cover Price

€19.95

9782017318057

LA MAISON  
hachette  
PRATIQUE



# Friday Night Recipes

Are you team pizza or pasta?

## Description

Too tired to cook but still want a delicious, comforting meal? This is the perfect cookbook for those nights when you crave something special without leaving home. Packed with easy, quick-to-make recipes that feel gourmet, it's designed for moments when you want to relax, unwind, and indulge. Whether you're curling up on the couch after a long week or treating yourself to a quiet Friday night in, these recipes will satisfy your taste buds with minimal effort and maximum flavor. Effortless yet indulgent, it's your go-to guide for stress-free, cozy nights at home.

## Author

Author information TBC

## Key Selling Points

- The ideal cookbook for staying in and enjoying delicious, comforting food in the comfort of your own home.
- A unique angle: Friday nights at home instead of on the town.
- Practical, easy-to-follow, and quick recipes.

## Key Features

- 60 simple, comfort food recipes.
- Organised into two categories: pizza and pasta, both universally loved.
- Photos to accompany each recipe.
- Pizzas: super cheesy pizza, la ch'tite pizz', seafood pizza, courgette pizza, feta & mint pizza, cheesy potato mini-pizzas.
- Pasta: tuna tagliatelle, fusilli with roasted carrots, sesame and herb cream, linguine with chorizo and calamari.
- Ingredients are easily found in most supermarkets.

## Who is it For?

- People who want easy comfort-food at home.
- Fans of pasta and pizza.

### Publication Date

February 2025

### Trimmed Page Size

195 x 230 mm

### Extent

160 pages

### Word count

TBC

### Illustrations

Yes

### Binding

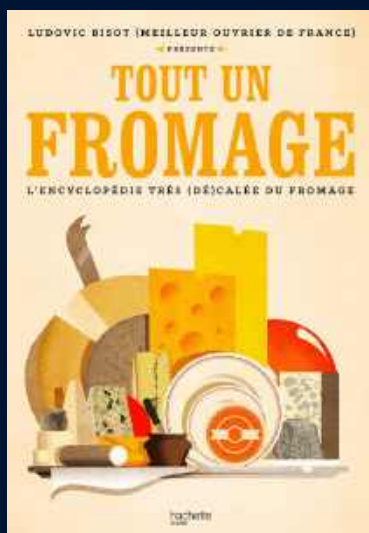
Hardcover

### French Cover Price

€19.95

9782017318101

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PRATIQUE

**Publication Date**

October 2024

**Trimmed Page Size**

195 x 270 mm

**Extent**

304 pages

**Word count**

117,384 words

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€35.00

**9782019327941**

LA MAISON  
**hachette**  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# A Whole Lot of Cheese

## The offbeat encyclopedia of cheese!

### Description

It's all about cheese! Or how to talk seriously about cheese, without taking yourself too seriously.

In this smart, offbeat encyclopedia, Ludovic Bisot shares his two ways of loving cheese. On the one hand, a meticulous, erudite and gourmet inventory of the cheese-making heritage of France and elsewhere, combined with a presentation of everything to do with milk processing. On the other, a joyous explosion of creativity, in which cheese is used in everything from the arts to science and sport. A book dedicated to the love and humour of cheese.

### Author

In 2009, **Ludovic Bisot** left the world of business and became a cheese refiner. He bought a small creamery and opened his shop, *Tout un fromage*, the following year. In 2015, he won the title of Meilleur Ouvrier de France. He is also a member of the League of Extraordinary Cheesemakers, a group that aims to "put cheese everywhere, especially where you least expect it".

### Key Selling Points

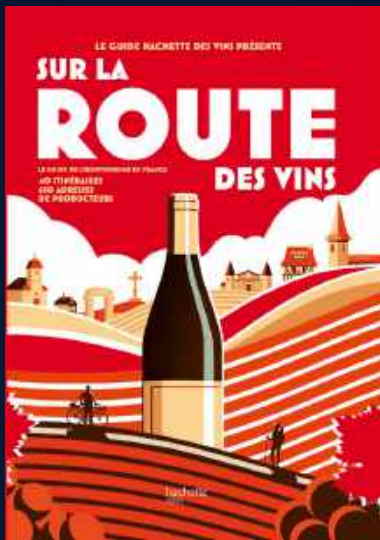
- An expert author on cheese.
- A both smart and funny encyclopedia, explores the history and cultural significance of cheese.
- Features cheeses from all over the world.

### Key Features

- Over 300 cheeses, from France and elsewhere.
- Richly illustrated by Suzanne D'Hulst and Violaine Avez, this book is an artistic way of exploring the world of cheese.
- Cultural pages, game pages and exercises linked to the world of cheese to make the book your own and help you learn.

### Who is it For?

- Fans of cheese and food in general.
- People keen to learn more about the history and production of cheese.



#### Publication Date

September 2024

#### Trimmed Page Size

215 x 300 mm

#### Extent

380 pages

#### Word count

219,913 words

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€35.00

9782017047513

LA MAISON  
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PRATIQUE

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# Wine Trails in France

A guide to wine tourism in France, with 40 itineraries and 650 producer addresses

## Description

This book is a travel guide of wine trails, but also a guide to wine producers and bottles: all you need in one wine encyclopedia. It will accompany you on all your journeys through the vineyards of France, whether for a day, a weekend or a long stay.

## Key Selling Points

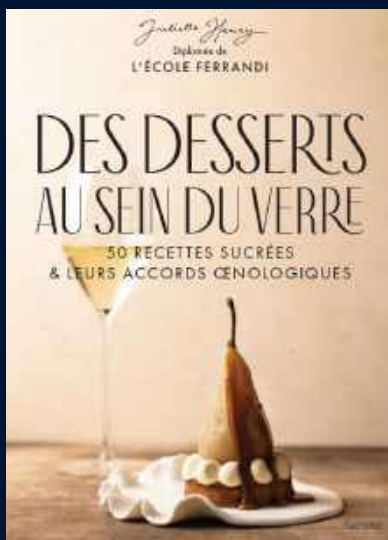
- A hot topic: growing appeal of vineyards and wine cellars for tourists
- A unique tourist guide: perfect for wine-loving travellers
- Professional content: the same editorial team as the prestigious *Hachette Wine Guide*
- One single book for 3 different uses
- Sublime illustrations by Mathieu Persan, iconic illustrator for Hachette Vins

## Key Features

- **40 itineraries** through France's wine-growing regions: each tour alternates between vineyard visits and discovering the region's rich heritage, natural and tourist attractions.
- Historical, geographical and winemaking information to help you understand the specific characteristics of each region.
- Structure: Organised by regions
- **650 addresses of producers** (estates, cooperatives and merchants) indicated along the way, with a focus on quality and consistency of production.
- A complete chapter on how to choose, buy, store and serve wine, as well as all the basics on grape varieties, vine cultivation and wine-making.

## Who is it For?

- Anyone interested in wine and French vineyards
- Anyone interested in wine tourism

**Publication Date**

November 2024

**Trimmed Page Size**

195 x 270 mm

**Extent**

176 pages

**Word count**

Approx. 21,448 words

**Illustrations**

Yes

**Binding**

Softcover

**French Cover Price**

€29.95

9782017047551

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PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Of Cakes and Wines

Discover the perfect match between the sweetness of desserts and the elegance of wines.

## Description

Discover the perfect marriage between sweet desserts and elegant wines. Each chapter takes you to a different wine-growing region, where you will discover an emblematic estate, the wine-growing culture and the specific characteristics of the region. For each region, the author suggests between 3 and 5 sweet recipes based on local produce and suggests several wine pairings to add a new dimension to your tasting experience.

## Author

**Juliette Henry** is a pastry chef who graduated from the Ferrandi Paris school of French gastronomy in 2019, with a double qualification in Wine SET2. She has already had the opportunity to work with some great professionals: Le Royal Monceau, Pierre Hermé, Philippe Conticini, Hôtel Matignon, Gaël Clavière, Château Lagrange...

Following these experiences, she founded Vins & Pâtisseries and began creating online content. "As an 'oenophile pastry chef', she sublimates and combines these two proud French gastronomic traditions in tailor-made combinations of flavours.



@juliettehenry  
150k followers

## Key Selling Points

- A beautiful book written by Juliette Henry, a graduate of the Ferrandi school and a fast-growing content creator.
- A book of photographs and illustrations to help you discover wine-growing regions and wine in a different way.

## Key Features

- 50 recipes, carefully prepared by Juliette Henry.
- One chapter = one wine-growing region: an emblematic estate, the wine-growing culture and the specific characteristics of the region.
- 3 to 5 sweet recipes per region.
- More than 150 wine pairings to discover the subtle art of marrying flavours to create incomparable taste harmonies.

## Who is it For?

- Anyone interested in wine pairings.
- For all the sweet tooth that still want to enjoy a good wine.





#### Publication Date

October 2024

#### Trimmed Page Size

170 x 240 mm

#### Extent

504 pages

#### Word count

67,952 words

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€39.95

9782017047384

LA MAISON  
hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Legendary Cocktails from Luxury Hotels

Immerse yourself in the enchanting world of palace cocktails, rich in flavour and history!

## Description

Four Seasons, Conrad, Crillon, Maybourne Riviera, Raffles Singapore, La Mamounia... These are hotels whose mere mention conjure up dreams in the collective imagination. For decades, they have held a prominent place in the mixology scene. Every palace has its own bar and head bartender, responsible for some of the world's most legendary cocktails.

Dive into this spellbinding world and discover the fascinating stories of 40 iconic establishments around the world, where each page reveals the well-kept secrets of their legendary bars.

## Authors

**Baptiste Bochet** is the founder of the Cocktail Colada and Rhum Navi workshops. Cocktail Colada has organized cocktail events and ateliers for more than 300 companies, including Publicis, Danone, and Deloitte. He is a Cognac ambassador, an author, and a journalist. He has notably written for *La Revue du Vin de France* and *HuffPost*.

**Fabien Humbert** is passionate about the world of wines and spirits. He works as a journalist – he writes about rum for *Rumporter* (as deputy editor-in-chief) and about wine for the *Revue du Vin de France*. He also contributes to the *Nouvel Economiste*, notably in the Grand Paris section. He is the author of *RHUM* (2020), *SAKE* (2021), and *WHISKY* (2022) (Hachette Pratique).

## Key Selling Points

- Anecdotes and breathtaking photographs take you to the heart of these exceptional places that have left their mark on the history of hospitality.
- A beautiful book illustrated by Cécile Huang.
- Following our latest success on cocktails: *100 Iconic Cocktails* (7,000 copies sold).
- Features hotels from all over the world!
- No other similar titles in this subject and format on the market.

## Key Features

- 50 cocktail recipes from the world's greatest luxury hotels.
- For each hotel: a presentation of the venue and the bar, an interview with the bartender, a signature cocktail recipe, the recipe adapted for making in your own home.
- For each cocktail: a simplified recipe devised by Baptiste Bochet, using available everyday ingredients, to recreate the refined experience of palace cocktails at home.

## Who is it For?

- Anyone interested in luxury hotels and their history.
- Fans of cocktails and mixology.



# The 8 Pillars of Good Health

Health made simply!

## Description

What does “being healthy” really mean? A state of overall well-being, without having to tolerate the slightest symptom? Achieving this ideal requires good habits, especially in today's fast-paced world.

Holistic therapist Mélanie Frey helps readers rediscover full health naturally: diet, breathing, sleep, physical activity, sex life, inner calm and personal fulfillment, which are all aspects they can work on to regain power over their health!



@melanie\_behealthy  
165k followers



@melanie\_behealthy  
80K followers

## Author

**Mélanie Frey**, originally a masseur-physiotherapist, is today a holistic therapist who is beloved on social networks for her many posts aimed at making human beings more aware of their responsibility and power over their health.

Drawing inspiration from her own story, her medical knowledge and her extensive training in alternative therapies from the past fifteen years, Mélanie's gentle, caring approach englobes everything that impacts our health, and how we can take action every day to take care of it.

## Key Selling Points

- From a popular holistic health expert: Mélanie Frey has more than 150K followers on Instagram.
- Holistic approach: Combines advice for all facets of health – nutrition, breathing, sleep, elimination, sex life, inner calm, and awareness, connection and fulfillment.
- In the same vein as our bestseller *Thérapie du corps* (28,000 copies sold).

## Key Features

- A comprehensive approach to better health based on the 8 pillars of holistic health: diet, breathing, sleep, physical activity, sex life, inner calm and self-fulfillment.
- Practical factsheets to help you take charge of your health: with advice and a list of things to do and good habits to put in place on a daily basis.
- Testimonials and advice from a popular author.

## Who is it For?

- Anyone interested in holistic health and approach.
- Anyone seeking a practical guide to help them improve their health.

### Publication Date

January 2025

### Trimmed Page Size

150 x 225 mm

### Extent

224 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Softcover

### French Cover Price

€24.95

9782017255123

LA MAISON  
hachette  
PRATIQUE

# A Year with my Pharmacist

The Most Frequent Advice you'll ever need

## Description

With the rise of social networking, we've all been confronted with or sought out information relating to a health issue. Some of this information is accurate, but some of it is false or dangerous.

Almost everyone has a pharmacy close to their home. This makes the pharmacist and his team local health professionals who can be consulted at any time and at the slightest doubt.

This book summarizes the (many) most frequent pieces of advice the author has been asked for over the course of a year in the pharmacy and on the internet. From autumnal symptoms to winter ailments, from spring troubles to summer inconveniences. All with preventive advice, and a first-aid kit adapted to each season. This book has been designed to give you the answers you need to take better care of your health, before you go online.



@dr.tuglma  
30k followers



@tuglma  
170k subscribers

## Author

**Dr. Tugba Elma** has graduated from the Faculty of Pharmacy in Grenoble and has been a Doctor of Pharmacy for 4 years.

During and after her studies, she had the chance to discover her profession in Canada, Switzerland and France, where she was encouraged to learn more about the practices and complementary medicines available in pharmacies. In her desire to share information, she has also started to give advice on social networks on everything she has learned over the years of training and work.

## Key Selling Points

- A popular expert with a big following on social media: Dr. Tugba Elma has more than 200k followers on her cumulative networks.
- Useful and practical: An overview of the most frequent advice given by the author at the pharmacy throughout any given year.
- Accessible: For each pathology, you'll find a definition, hygiene and dietary rules, preventative advice, treatments, and complementary therapies.

## Key Features

- A presentation of 65 different ailments organised by month.
- For 65 everyday ailments:
  - a definition
  - hygiene and dietary rules
  - preventive advice
  - treatments and complementary therapies: aromatherapy, phytotherapy and homeopathy
- Preventive advice for each pathology.
- A combination of treatments and complementary therapies for maximum effectiveness.
- A first-aid kit that is adapted to each season.

## Who is it For?

- Anyone interested in a practical guide with preventive advice for their health.
- Anyone interested in a reference book about the main types of ailments.



### Publication Date

January 2025

### Trimmed Page Size

195 x 230 mm

### Extent

256 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Softcover

### French Cover Price

€24.95

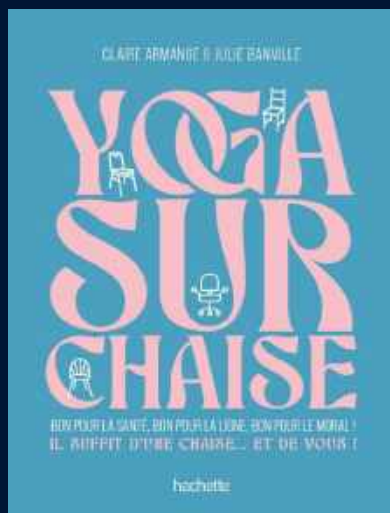
9782017250951

LA MAISON  
hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change





## Publication Date

August 2024

## Trimmed Page Size

175 x 225 mm

## Extent

256 pages

## Word count

42,236 words

## Illustrations

Yes

## Binding

Softcover

## French Cover Price

€19.95

9782017250999

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hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Chair Yoga

Transform your body in just 21 days with this all-new yoga method!

## Description

Fatigue, muscle pain, weight gain, stress... What if yoga could help?

All you need is a chair to carry out 5, 10 and 15-minute sessions, which are easy to incorporate into your daily routine and lead to concrete results, thanks to a 21-day action plan. The exercises can be performed in any space, however small.

An innovative yoga method, adapted to our times, which has already been emulated in the United States and Canada. An effective way to get moving, lose weight and manage stress.

## Authors

**Julie Banville** has been a yoga teacher since 2006 and a certified yoga therapist since 2013. She is renowned for her innovative and sustainable solutions that promote self-awareness, collaboration, healthy communication and well-being in the workplace.

**Claire Armange** has been a certified yoga teacher and chair yoga teacher trainer since 2007. Trained in several yoga methods, she also runs workshops and conferences and publishes articles and radio programmes on the teachings of yoga and self-knowledge.

## Key Selling Points

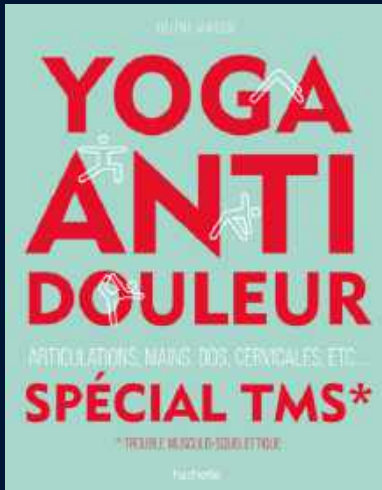
- A sports book that builds on the success of *Wall Pilates*, which came out in January and has been one of our bestsellers
- The trend for yoga and pilates at home #workoutfromhome
- Expert authors

## Key Features

- 21-day yoga program designed for home practice.
- Thematic sessions to help with the symptoms of stress
- A glossary with explanations of each posture and its benefits
- Step-by-step instructions with accompanying illustrations.
- No equipment required – all you need is a chair.

## Who is it For?

- Anyone interested in new and easy ways to add sport in your daily life
- Individuals seeking a convenient and effective fitness program at home
- Fans of yoga

**Publication Date**

March 2025

**Trimmed Page Size**

175 x 225 mm

**Extent**

256 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€19.95

9782017251057

LA MAISON  
**hachette**  
PRATIQUE

# Pain Relief Yoga

The yoga book to relieve musculoskeletal pain

## Description

Musculoskeletal disorders (MSDs) affect everyone, without exception: from construction workers and athletes to musicians and craftsmen. MSDs are conditions affecting muscles, tendons and nerves, generally caused by repetitive movements, awkward postures or excessive effort.

In this book, each chapter is devoted to a part of the body, from neck and head to ankles and feet, and includes mobility exercises and yoga postures to stretch, strengthen and relieve sore muscles. Using a holistic approach, this book aims not only to reduce pain but also to prevent recurrences, thereby improving quality of life.

## Author

**Hélène Jamesse** is a qualified yoga teacher who aims to help everyone to improve their quality of life through her numerous accessible yoga books.

## Key Selling Points

- A holistic approach by a qualified yoga teacher to alleviate pain but also prevent recurrences through breathing and relaxation techniques.
- A book organised according to the parts of the body affected (shoulders, elbows, wrists, back, etc.), with 10 exercises and yoga postures for each chapter that are easy and safe to reproduce at home.
- Accessible to all levels.

## Key Features

- Organised according to the parts of the body affected (shoulders, elbows, wrists, back, etc.).
- 10 exercises and yoga postures for each chapter that are easy and safe to reproduce at home.
- Accompanied by definitions and explanations of pain.

## Who is it For?

- Anyone wanting to destress and restore calm to their life.
- Those who suffer from muscular pains caused by repetitive movements of awkward postures at work.



# Osteopathy for Mummy and Baby

An osteopath's advice for a calm pregnancy and baby's first months

## Description

For women, pregnancy is a marathon for the body, childbirth an ordeal and the post-partum period a time of recuperation.

For babies, childbirth is the first trial of their lives!

Osteopaths are there to support the body and prepare it for these important events.

Each of the 50 cases featured in this title are illustrated with photos to help you understand how the session at the osteopath unfolds.

The aim is not to reproduce the gestures at home, but to understand how osteo works and acts on the body to repair it.

## Author

An osteopath specialising in paediatrics and maternity, **David Yaiche** shares videos of the osteopathic sessions he performs with newborns, giving invaluable advice on how to relieve the discomfort of babies and mums from the beginning of pregnancy to the postnatal period.

With over 500k followers on social media, the specialist relieves newborns' digestive problems with gentle yet highly effective massages.



@yaicheosteo  
267k followers



@yaicheosteo  
455k followers

## Key Selling Points

- An osteopath with a highly engaged following of nearly 750,000 on social media. He has also been identified by specialist media (Parents.fr, La maison des Maternelles, etc.).
- Osteopathy can be a real benefit while pregnant. This book goes in depth of this journey, from the pregnant woman, to the baby and the post-partum period.

## Key Features

- A book with 50 illustrated cases with photos, divided into 3 parts:
  - Supporting pregnant women: sciatica, pelvic pain, preparing for childbirth, etc.
  - Supporting babies: torticollis, plagiocephaly (flat head), turned-in feet, constipation, colic, sucking problems, etc.
  - Supporting post-partum women: post-delivery check-ups, backache, perineum, etc.
- Photos throughout the book with detailed explanations of the manipulation showed.

## Who is it For?

- Women who are pregnant or post-partum.
- People who are interested in osteopathy.

### Publication Date

January 2025

### Trimmed Page Size

210 x 275 mm

### Extent

276 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€19.95

9782017253631

LA MAISON  
hachette  
PRATIQUE

www.hachettepratique.com

All information is subject to change



#### Publication Date

March 2025

#### Trimmed Page Size

160 x 220 mm

#### Extent

160 pages

#### Word count

TBC

#### Illustrations

Yes

#### Binding

Softcover

#### French Cover Price

€14.95

9782017253655

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[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Children's Food Allergies

## Everything you need to know about children's food allergies

### Description

The problem of food allergies is exploding all around us: it has increased by 300% among children in 20 years. But why? How can we detect them? What should be done? Who should be consulted? How should diversification be approached when there is an allergic background in the family? This book provides an overview of the latest knowledge on food allergies in children, so that you can move forward serenely on this new journey.

### Author

**Carine Billard** is an allergy specialist and head of the Adult/Child Allergy Unit at the GHEF Hospital site. She provides support for adults and children with food and drug allergies.

**Camille Chioukh-Petit** is a dietician and nutritionist, and the founder of Fourchette & Nutrition, an online diet information and consultation site. She also offers a range of services related to a balanced diet, such as monthly e-books of balanced menus. With her, dieting is a pleasure, so there's no question of depriving yourself, just of learning how to balance your diet better.

### Key Selling Points

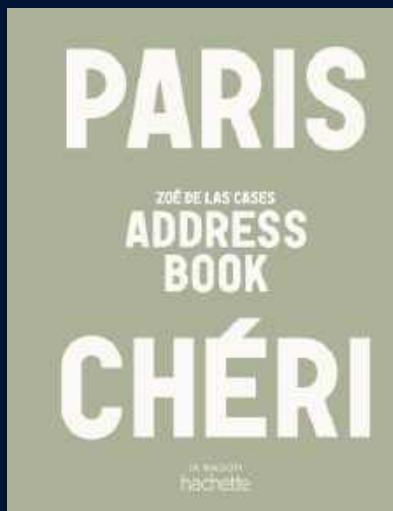
- Written by two experts in the field: Carine Billard is an allergy specialist and head of the Adult/Child Allergy Unit at the GHEF Hospital, and Camille Petit is a dietician and nutritionist, and the founder of Fourchette & Nutrition, an online information and consultation website for dieticians.
- Food allergies have become a new public health problem with an increase in food allergies in children within the last 20 years. This book combines the practical aspect of understanding food allergies and finding recipes that are adapted to a child's tastes and the allergy's constraints.

### Key Features

- A guide to understanding everything there is to know about food allergies in children and providing parents with the best possible support: What to do, learn and ask when making a diagnosis, solutions to calm or even cure allergies, possibilities for reintroducing foods.
- Practical information with some of the most common allergies, including gluten, nut allergy, shellfish allergy, celery allergy, egg allergy, etc.
- 30 recipes that can be prepared without fear during the transition phase, divided into breakfast, lunch, snacks and dinners.

### Who is it For?

- Parents with a child suffering from food allergies.
- People interested in nutrition and the developments in the domain.



# Paris Chéri: Address Book

Don't miss this new book by Zoé de Las Cases, to take with you on your next trip to Paris or simply to escape on your sofa!

## Description

I'd like to take you on a journey, to meet the people who make Paris the city I love, who contribute to its greatness and its madness. Institutions cross paths with hidden treasures, artisans, designers, booksellers, chefs... Paris is a party to be celebrated every day of the year. My darling Paris!

## Author

**Zoe de las Cases** is an illustrator, graphic designer and decorator. She cultivates an art of living that combines a sense of style and decoration in a joyful, playful and colourful universe. She is already the author of several books, in particular colouring books for adults, which have been very successful in France and abroad.



@zoedelascases  
235K followers



10,000 followers



10,000 followers

### Publication Date

October 2024

### Trimmed Page Size

150 x 200 mm

### Extent

256 pages

### Word count

12,814

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€24.95

9782017244776

## Key Selling Points

- A book by a successful illustrator and decorator, Zoé de Las Cases, with over 100,000 copies sold of her guides, coloring books, stickers and fine books.
- Follows on from her "Carnet du voyageur: Paris", which has sold over 15,000 copies.

## Key Features

- 52 original strolls meticulously detailed, inviting a new perspective on Paris.
- Recommended stops at cafés, shops, and picturesque park benches, adding depth to each stroll.
- Zoé's poetic illustrations enhancing the visual allure, promising a charming and whimsical experience.

## Who is it For?

- Explorers, travelers, and Paris enthusiasts seeking unique, lesser-known Parisian experiences.
- Armchair travelers longing to immerse themselves in the enchanting streets of Paris through vivid narratives.
- Fans of Zoe de las Cases and of French style and art of living.

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**Publication Date**

October 2024

**Trimmed Page Size**

150 x 200 mm

**Extent**

160 pages

**Word count**

1,449

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€24.95

9782017244783

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PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Paris Chéri: Travel Book

Enjoy a Summer Trip to the Heart of Paris with your New Travel Book, the Zoé de Las Cases Version!

## Description

Compose the diary of your Parisian jaunt as you are guided through the pages, from questionnaires to word jumbles, from checkered paper to treasure envelopes... Zoé de las Cases will give you the backdrop, and it's up to you to collect the memories you'll keep close to your heart.

## Author

**Zoe de las Cases** is an illustrator, graphic designer and decorator. She cultivates an art of living that combines a sense of style and decoration in a joyful, playful and colourful universe. She is already the author of several books, in particular colouring books for adults, which have been very successful in France and abroad.



@zoedelascases  
235K followers



10,000 followers



10,000 followers

## Key Selling Points

- A book by a successful illustrator and decorator, Zoé de Las Cases, with over 100,000 copies sold of her guides, coloring books, stickers and fine books.
- Follows on from her “Carnet du voyageur: Paris”, which has sold over 15,000 copies.

## Key Features

- Textured paper, envelopes, postcards, and stamps fostering a creative environment.
- An open canvas for users to journal their wanderings, keeping travel memories alive.
- Perfect for personalizing, pasting, and writing to create an individual travel memoir.

## Who is it For?

- Travel enthusiasts seeking a personalized diary to preserve their Parisian adventures.
- Creatives, writers, and dreamers looking for a visually stimulating, customizable travel journal.
- Fans of Zoe de las Cases and of French style and art of living.



**Publication Date**

October 2024

**Trimmed Page Size**

150 x 200 mm

**Extent**

224 pages

**Word count**

300 words

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€24.95

9782017244882

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PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Paris Chéri: Sticker Book

Zoé de Las Cases is back this summer with a new nugget that lets you discover her favorite city in stickers!

## Description

Rediscover Paris in sticker form through the pages of this book! The city of love is at your fingertips: use these stickers to personalize your diary, or simply to create and escape!

## Author

**Zoe de las Cases** is an illustrator, graphic designer and decorator. She cultivates an art of living that combines a sense of style and decoration in a joyful, playful and colourful universe. She is already the author of several books, in particular colouring books for adults, which have been very successful in France and abroad.



@zoedelascases  
235K followers



10,000 followers



10,000 followers

## Key Selling Points

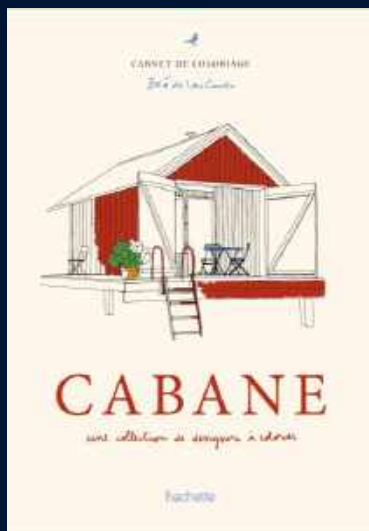
- A book by a successful illustrator and decorator, Zoé de Las Cases, with over 100,000 copies sold of her guides, coloring books, stickers and fine books.
- Follows on from her “Carnet du voyageur: Paris”, which has sold over 15,000 copies.

## Key Features

- Textured paper, colourful design and unique stickers fostering a creative environment.
- An open canvas for readers to express themselves.
- Perfect for personalizing.

## Who is it For?

- Lovers of the city of Paris to preserve their Parisian adventures.
- Creatives, writers, and dreamers looking for a visually stimulating title with unique stickers.
- Fans of Zoe de las Cases and of French style and art of living.



## Publication Date

February 2025

## Trimmed Page Size

195 x 250 mm

## Extent

96 pages

## Word count

TBC

## Illustrations

Yes

## Binding

Hardcover

## French Cover Price

€19.95

9782017300052

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www.hachettepratique.com

All information is subject to change

# Cabin

## Inspirational and beautiful colouring books!

### Description

Are you looking to calm your mind, ease stress, and let anxiety melt away? Popular artist and illustrator Zoé de las Cases presents her new colouring book, Cabin. With an abundance of beautiful, hand-drawn designs for you to colour in, you can lose yourself in the stunning artwork and enter a world full of joy and colour.

### Author

**Zoé de Las Cases** is an illustrator, graphic designer and interior decorator. She cultivates an art of living that combines a sense of style and décor with a joyful, playful and colourful universe.

She is the author of several books, including colouring books for adults, which have had great success around the world. She regularly works with brands such as Monoprix, Bonpoint, Camper, Clairefontaine, La Grande Epicerie and Lanvin, and creates stationery and decorative objects under her own name.



@zoedelascases  
236k followers



@zoedelascases  
10k subscribers

### Key Selling Points

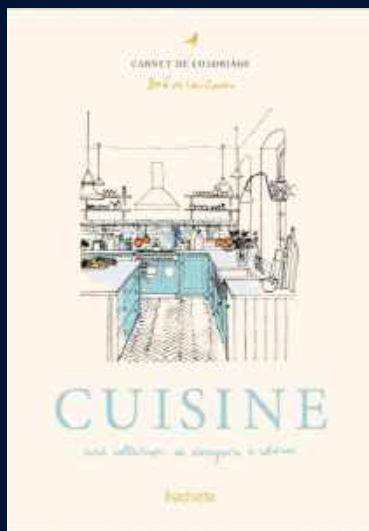
- A leading author with a highly engaged community: over 250k followers on social media.
- These colouring books are a bestselling format that has worked well for Zoé: 30,000 total copies sold of the first 3 titles in the range.
- Cabin is part of a premium range of colouring books with thick paper and Nepalese binding.

### Key Features

- Nearly 100 pages of hand-drawn pictures and themes that are both beautiful and inspiring.
- These stunning illustrations are accessible for children and adults alike.
- Hand-drawn illustrations provide a unique and whimsical touch.

### Who is it For?

- Fans of Zoé de las Cases and her artwork.
- Anyone looking to relax with beautiful images to colour.
- Those who appreciate beautiful art and wish for it to be more present in their lives.



### Publication Date

February 2025

### Trimmed Page Size

195 x 250 mm

### Extent

96 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€19.95

9782017300038

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[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Cuisine

Inspirational and beautiful colouring books!

## Description

Are you looking to calm your mind, ease stress, and let anxiety melt away? Popular artist and illustrator Zoé de las Cases presents her new colouring book, Cuisine. With an abundance of beautiful, hand-drawn designs for you to colour in, you can lose yourself in the stunning artwork and enter a world full of joy and colour.

## Author

**Zoé de Las Cases** is an illustrator, graphic designer and interior decorator. She cultivates an art of living that combines a sense of style and décor with a joyful, playful and colourful universe.

She is the author of several books, including colouring books for adults, which have had great success around the world. She regularly works with brands such as Monoprix, Bonpoint, Camper, Clairefontaine, La Grande Epicerie and Lanvin, and creates stationery and decorative objects under her own name.



@zoedelascases  
236k followers



@zoedelascases  
10k followers

## Key Selling Points

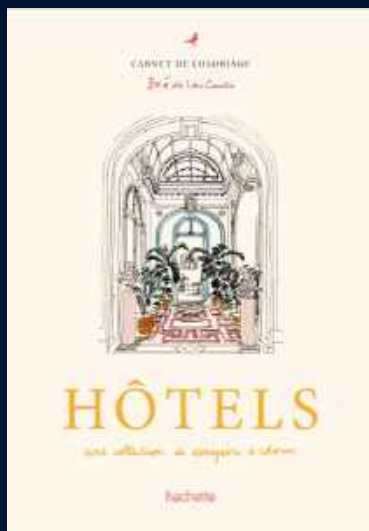
- A leading author with a highly engaged community: over 230k followers on social media.
- These colouring books are a bestselling format that has worked well for Zoé: 30,000 total copies sold of the first 3 titles in the range.
- Cuisine is part of a premium range of colouring books with thick paper and Nepalese binding.

## Key Features

- Nearly 100 pages of hand-drawn pictures and themes that are both beautiful and inspiring.
- These stunning illustrations are accessible for children and adults alike.
- Hand-drawn illustrations provide a unique and whimsical touch.

## Who is it For?

- Fans of Zoé de las Cases and her artwork.
- Anyone looking to relax with beautiful images to colour.
- Those who appreciate beautiful art and wish for it to be more present in their lives.



### Publication Date

February 2025

### Trimmed Page Size

195 x 250 mm

### Extent

96 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€19.95

9782017300045

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[www.hachettepratique.com](http://www.hachettepratique.com)

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# Hotels

## Inspirational and beautiful colouring books!

### Description

Are you looking to calm your mind, ease stress, and let anxiety melt away? Popular artist and illustrator Zoé de las Cases presents her new colouring book, *Hotels*. With an abundance of beautiful, hand-drawn designs for you to colour in, you can lose yourself in the stunning artwork and enter a world full of joy and colour.

### Author

**Zoé de Las Cases** is an illustrator, graphic designer and interior decorator. She cultivates an art of living that combines a sense of style and décor with a joyful, playful and colourful universe.

She is the author of several books, including colouring books for adults, which have had great success around the world. She regularly works with brands such as Monoprix, Bonpoint, Camper, Clairefontaine, La Grande Epicerie and Lanvin, and creates stationery and decorative objects under her own name.



@zoedelascases  
236k followers



@zoedelascases  
10k followers

### Key Selling Points

- A leading author with a highly engaged community: over 230k followers on social media.
- These colouring books are a bestselling format that has worked well for Zoé: 30,000 total copies sold of the first 3 titles in the range.
- *Hotels* is part of a premium range of colouring books with thick paper and Nepalese binding.

### Key Features

- Nearly 100 pages of hand-drawn pictures and themes that are both beautiful and inspiring.
- These stunning illustrations are accessible for children and adults alike.
- Hand-drawn illustrations provide a unique and whimsical touch.

### Who is it For?

- Fans of Zoé de las Cases and her artwork.
- Anyone looking to relax with beautiful images to colour.
- Those who appreciate beautiful art and wish for it to be more present in their lives.



## Publication Date

March 2025

## Trimmed Page Size

215 x 280 mm

## Extent

240 pages

## Word count

TBC

## Illustrations

Yes

## Binding

Hardcover

## French Cover Price

€25.00

9782017300069

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[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# #Ikea Hacks

50 DIY ideas for a unique interior at low Swedish prices!

## Description

Want to spice up your interior without buying new furniture? Tired of seeing Kallax shelving everywhere you go?

Learn how to turn furniture from the famous Swedish brand into truly unique and original objects. Reinvent your interior and create spaces full of life simply, without breaking the bank or wasting money.

The authors of this book invite you to follow their step-by-step tutorials to design 50 unique pieces of furniture at low prices. Whether you're working on a weekend DIY project or an expert with a drill, follow the illustrated steps, get inspired and express your creativity as you reclaim these projects to brighten up your everyday life. Create furniture that reflects your personality, while preserving your wallet, in a creative and anti-wasteful way, so that you can finally feel at home.

## Author

A collective of authors

## Key Selling Points

- A trend for personalizing your home, going anti-waste and saving money that is already present on social networks.
- Online communities are springing up with very prominent accounts and hashtags: 1.1M followers of the @ikeahacksandideas Instagram account, 429K followers of the @ikeahackersofficial Instagram account, 1.5M followers of the @ikeahack Instagram account.

## Key Features

- 50 detailed, illustrated tutorials for beginners and DIY experts alike.
- Modern and beautiful pictures.
- Information about the material that will be needed and the level of difficulty to be expected.

## Who is it For?

- Anyone interested in home projects.
- Fans of decoration and interior design.
- Anyone who has Ikea furniture!





# Simplissime Sewing (NED)

## The Easiest Sewing Book in the World

### Description

Explanations at a glance, creations in a flash!

This is the perfect book to anyone who has ever asked themselves "How can I sew simple garments and small accessories, without a pattern, in a short space of time, without professional equipment, considering that I know nothing about sewing?"

This book inspires people to have fun while starting to sew for themselves, their children or for their friends, without over-complicating things. All that is needed is thread and a needle, with or without a machine, and the great adventure begins.

### Author

**Stéphanie Colin** and **Sandine Mallet** are fashion designers.

### Key Selling Points

- Each sewing project only has 5 steps maximum with short, precise explanations, and is paired with clear explanatory diagrams.
- This title does not include sewing patterns and does not require a sewing machine to recreate the sewing projects included to prompt anyone to get to sewing.
- A new edition with 20 new sewing projects, following the success of the first edition, which sold more than 70,000 copies.

### Key Features

- Includes more than 120 sewing projects.
- Organized by small sewing projects, pillows and soft toys, pouches, bags, clothing, scarves and ponchos, home decoration, and kitchen supplies.
- Features everything a beginner should know to get started.
- Features a beautiful pictures of each project.
- A reference book for anyone, from beginners to sewing fans looking for inspiration.

### Who is it For?

- Anyone interested in sewing, from beginners to experts.
- For people interested in starting to sew but feeling intimidated and lost. By the end of this book, sewing will hold no more secrets for you!

#### Publication Date

September 2024

#### Trimmed Page Size

195 x 250 mm

#### Extent

305 pages

#### Word count

Approx. 30,000 words

#### Illustrations

Yes

#### Binding

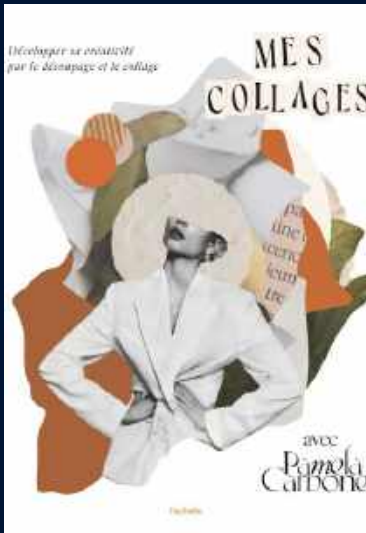
Hardcover

#### French Cover Price

€29.95

9782017244851

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PRATIQUE



# My Collages with Pamela Carbonnel

## Develop your creativity through collage

### Description

Creativity is a journey. A journey to connect with oneself, one's inner self and one's sensitivity. But above all, it's a way of expressing, feeling, healing and connecting.

Collage is one of the tools for expressing this creativity, which is often just waiting to come out of you. Follow the path suggested by artist Pamela Carbonnel to fully express your creativity through writing and collage. Don't wait any longer to get started!

### Author

**Pamela Carbonnel** currently lives in Paris, but her career began in Quito, Ecuador, where she was born.

From an early age, collage has been her way of expressing and channeling her emotions in the form of "visual poetry". For her, this art has no limits: it's about exploring different ways of creating and telling stories.

After studying in Milan at the Scuola Politecnica di Design (SPD) and the Istituto Europeo di Design (IED), she pursued a career as a graphic designer and art director between Milan and Paris. She works for many brands, including Flow Magazine (Germany, Belgium, Netherlands, France), Fusalp, Louis Vuitton, Sisley Paris, Cinq Mondes, Dott, etc.



@pamelacarbonnel\_artwork  
22k followers



<https://www.pamelacarbonnel.com>

### Key Selling Points

- A beautiful book to spark your creativity.
- An all-in-one book that's riding the collage trend and garnering over 75 million views on TikTok alone.
- An author with a unique style recognized by major brands.

### Key Features

- A dozen collages and step-by-step instructions: self-portrait, visualization, various compositions...
- Inspiration for your own work.
- 10 pages of sheets and papers to cut out at the end of the book.

### Who is it For?

- Anyone interested in arts and craft.

#### Publication Date

September 2024

#### Trimmed Page Size

210 x 260 mm

#### Extent

118 pages

#### Word count

13,466

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€24.95

9782017244820

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**Publication Date**

September 2024

**Trimmed Page Size**

170 x 240 mm

**Extent**

160 pages

**Word count**

15,207

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€19.95

9782017244837

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PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# All in Air-Dry Clay

## Air-dry Clay for All Sorts of Uses!

### Description

With Justine, you can create and shape anything, all you need is a bit of clay. To decorate your home or to give as a gift, to dress up and accessorize your outfits, for the holidays or to liven up a sleepover, discover 30 projects classified by occasion.

From frames, candle-holders, garlands and magnets to hair clips, pins, medallions, pictures and dominoes, Justine's imagination knows no bounds. Join her in the wonderful world of air-dry clay.

### Author

**Justine Ribera** is a ceramicist specializing in porcelain. After 6 years of study, she opened her own workshop in the Alpes Maritimes, where she now sells her creations.

She is a pioneer in 'single firing', an eco-responsible method that involves firing pieces only once (instead of twice).

Justine has also written a self-published book entitled *Potière*.



@les\_petites\_porcelaines  
107k followers



[www.lespetitesporcelaines.com](http://www.lespetitesporcelaines.com)

### Key Selling Points

- 30 illustrated step-by-step projects that are easy to create and customize.
- A talented author and expert in eco-friendly modelling and pottery: Justine Ribera.
- Trends in DIY with clay and decorative DIY.

### Key Features

- 30 air-dry clay projects, accompanied by step-by-step instructions with photos.
- Organized thematically: interior decoration, home-made gifts, jewelry & accessories, holiday decorations, ideas for DIY parties.
- Cut-out templates to help with your creations.
- Easy to follow, perfect for beginners!

### Who is it For?

- Anyone interested in pottery and clay.
- Fans of DIYs.

**Publication Date**

February 2025

**Trimmed Page Size**

190 x 260 mm

**Extent**

144 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€24.95

9782017244844

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[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Bouquet Recipes

Flower art through the seasons

## Description

Compose, decorate and create with flowers!

Immerse yourself in the enchanting world of floral art with this beautiful title. Organized like a collection of recipes, this simplified guide features 40 easy-to-make floral arrangements. From the freshness of spring to the warmth of summer, from the brightness of autumn to the sobriety of winter, discover creative ideas for every season. Whether you're a beginner or an enthusiast, create dazzling bouquets that will brighten up your everyday life with elegance.

## Author

**Maison Célestin Artisan Fleuriste** is a brand that brings together Emilien & Coralie Artisan Fleuristes, which has been operating in Lyon for over 17 years, and Le Jardin Célestin, which has been operating in the city of Gones for over 30 years.

Maison Célestin is a story of passion, a taste for flowers and a desire to always offer fresh, modern and seasonal floral arrangements.



@maison.celestin

12K followers

## Key Selling Points

- An original concept: a book of flower arrangements organised like a recipe book!
- 40 simple bouquets to make at home, with arrangements to match each season.
- Advice and tips for beginners and enthusiasts alike, as well as a focus on flowers and plants.
- The enchanting world of Maison Célestin, known for his elegant, timeless creations.

## Key Features

- 40 bouquets and floral creations to make at home
- Tips and tricks for creating your own arrangements
- Focus on surprising flowers and plants

## Who is it For?

- Anyone interested in flower arrangements.



#### Publication Date

August 2024

#### Trimmed Page Size

220 x 285 mm

#### Extent

360 pages

#### Word count

107,763

#### Illustrations

Yes

#### Binding

Softcover

#### French Cover Price

€35.00

9782019467968

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[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# How To Become Self-Sufficient

## Everything you need to know for a self-sufficient lifestyle

### Description

How do you go from dreaming of changing your life to realizing a project built around self-sufficiency?

In this comprehensive book, illustrated with diagrams, the authors share their experience of going self-sufficient as a family. From their successes to the challenges they faced, they will give you tips to make your own self-sufficient dream come true.

### Authors

Originally from the north of France, **Myriam Gantier** worked in corporate communication and **Renaud Ghesquière** as an engineer. Aware of the state of the world, they decided to completely change their way of life. They now live in Périgord, a wild region of France, with their two daughters. They have adopted a self-sufficient lifestyle and are much happier with it.

### Key Selling Points

- Two self-taught authors, previous city dwellers, who have tested everything in order to keep only the best tips and techniques.
- Thorough coverage on the theme: the readers will find all their questions answered in the book.
- Richly illustrated in a strong graphic style (engraving).
- Rising homesteading trend: back to the farm and self-sufficiency.

### Key Features

- Recipes, planting, DIY... and good farming sense!
- Over 8,000 tips and techniques.
- Step-by-step tutorials.
- Over 1,800 drawings, paintings and photos.

### Who is it For?

- Anyone interested in changing their lifestyle to be more respectful of the environment.
- Fans of alternative and sustainable way of living.





# The French Guide to Manners

The magic of politeness *à la française*.

## Description

What's the point of speaking properly? Being polite? Knowing the main rules of etiquette? Nothing... and everything!

Because if man to man is wolf, but they are also the first social animal. Living together, based on love and self-respect, is undoubtedly the best path to happiness.

Use politeness to improve your everyday life and change your life: that's the promise of this book! Discover the rules that are essential in all circumstances, to help you live better together in society.

## Author

For 20 years, **Florence Cane** has hidden behind the great chefs she has worked with (Alain Ducasse, Yannick Alléno, etc.) and now she has decided to come out of the woodwork to share everything she has learnt about savoir-vivre and savoir-être with sincerity, humor and conviction.

## Key Selling Points

- A book written by Florence Cane, aka the Duchess of Milouin, a benchmark of good manners.
- More than 50 practical case studies in a variety of contexts to cover all potential scenarios.
- French manners and etiquette are highly regarded and renowned around the world.

## Key Features

- A practical guide to etiquette and manners, which also touches on how their practice has a positive impact on our lives and well-being.
- Organized thematically, from etiquette in public transport, interactions with one's mother-in-law to being in a hotel, travelling, giving gifts.
- Packed with advice and examples for every situation.

## Who is it For?

- Anyone interested in French etiquette and manners.

### Publication Date

September 2024

### Trimmed Page Size

150 x 210 mm

### Extent

192 pages

### Word count

Approx. 50,000 words

### Illustrations

No

### Binding

Hardcover

### French Cover Price

€24.95

9782017234517

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hachette  
PRATIQUE



# Darling Diary

The day-by-day notebook of a woman in her thirties

## Description

Juliette Mallet, creator of the Coucou Suzette brand, is first and foremost an illustrator. Last year, she launched an illustrated notebook to document her life, day by day. Her idea: to tame her daily life and her solitude. It's this notebook that we're publishing today.

More than 365 pages (around 1 per day) in which she recounts her adventures, her setbacks, her great joys and small disappointments. Under her pen, the life of a young woman in her thirties takes shape, telling her story as she tells ours.

## Author

**Juliette Mallet** is a Parisian illustrator who grew up in a family of artists. She studied Illustration at the Arts Déco de Paris (E.N.S.A.D.) and then in Japan. She then trained in jewelry making at the Ecole Boulle in Paris. Since 2016, she creates all her collections instinctively and spontaneously, supervises production and manages brand communications, with her studio Coucou Suzette. Her brand of original, high quality and affordable accessories is now distributed in numerous concept stores around the world.



@Coucousuzette  
270k followers

## Key Selling Points

- The colorful drawings and highly recognizable world of Juliette Mallet.
- A well-known personality who receives a lot of press: Madmoizelle, Elle, Grazia...
- Coucou Suzette: a hit brand on social media.
- Little scenes of easy-going life that will resonate with many young women.

## Key Features

- An illustrated diary, with approximately one page a day for 365 days.
- The day-to-day life of a woman in her thirties.

## Who is it For?

- Women in their thirties.
- Illustration enthusiasts.

### Publication Date

August 2024

### Trimmed Page Size

150 x 210 mm

### Extent

360 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Softcover

### French Cover Price

€30.00

9782017255864

LA MAISON  
hachette  
PRATIQUE



# Nasty Woman

What are the rules of good or bad femininity? And who decides?

## Description

Have you ever tried typing the word 'vulgar' into a search engine? The results speak for themselves: photos of women and advice from women's magazines telling women how to be sexy without being vulgar. But who decides if someone is vulgar?

## Author

A feminist activist and author, **Valérie Rey-Robert** specialises in rape culture, masculinity and sexism in popular culture. She has been fighting sexual violence for over twenty years and runs the blog Crêpe Georgette.

She is the author of *Rape culture à la Française* (2019), *Sexism, a Men's Business* (2020), *Ten Questions on Feminism* (2021) and *Reality TV: The sexism factory* (2022) (18,000 copies sold of all her books).

## Key Selling Points

- An essay that gives a voice to contributors known for their writing and their commitment:
  - **Lexie Agresti** of the Aggressively Trans Instagram account with 100,000 followers and 15,000 copies sold of her books.
  - **Marie de Brauer**, with 70,000 subscribers
  - **Jennifer Padjemi**, with 15,000 followers and 18,000 copies sold of her books
  - **Daria Marx**, with 10,000 followers and 8,500 copies sold of her books
  - **Taous Merakchi**, with 34,000 followers and 70,00 copies sold of all her books
- Women authors with a strong media presence: articles in many French media (Cosmopolitan, Liberation, France Inter, Telerama...).

## Key Features

- A book which raises the question of the notions of "vulgarity", "good" and "bad femininity" and the impossible injunctions to which women are subjected if they want to remain within the norm.
- Tackles the question of femininity from all angles, whether we are talking about race, trans issues, weight, or social class.
- The fruit of years of research by Valérie Rey-Robert, a highly acclaimed feminist author who has written on a wide range of subjects, including reality TV, rape culture and the #Metoo movement.

## Who is it For?

- Anyone interested in feminism.

### Publication Date

October 2024

### Trimmed Page Size

150 x 230 mm

### Extent

160 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Softcover

### French Cover Price

€19.95

9782017255956

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PRATIQUE



### Publication Date

August 2024

### Trimmed Page Size

195 x 270 mm

### Extent

320 pages

### Word count

108,979

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€29.95

9782017234463

LA MAISON  
hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# The Big Book of Political Science

A must-have to fully understand current affairs.

## Description

With 6 themes and 24 questions *The Big Book of Political Science* will help you understand the political mechanisms and the issues at stake in current affairs. This book also reviews and explains major authors and their political theories, both classic and contemporary.

Learn everything you need to know about political science!

## Authors

**Cédric Passard** is a lecturer in political science at Sciences Po Lille and a researcher at CERAPS-CNRS.

He is the author of many books on political sciences and works on many academic publications on the subject.

Sociologist and political scientist **Eric Keslassy** teaches at Sciences Po. He is the author of numerous books about politics. He also contributes to think tanks and is the author of several official reports in this capacity.

## Key Selling Points

- A practical and well-structured book to help you understand a complex issue
- Expert authors
- Current affairs is a hot topic
- An easy entry into better understanding world politics

## Key Features

- 6 major themes for exploring political science:
  - Political order
  - Political regime
  - Electoral behavior
  - Political parties and activism
  - Political elites and public policy
  - Political protest.
- 24 questions to explore current affairs and the future, such as:
  - Is representative democracy facing a crisis?
  - Can we envisage new voting practices?
  - Do political parties still serve a purpose?
  - Have digital networks transformed politics?
  - Is laughter a political weapon?
- Great authors, from classics to contemporaries, including Karl Marx, Max Weber, Norbert Elias, Hannah Arendt, Maurice Duverger, Pierre Bourdieu, Nonna Mayer, Anne Muxel...

## Who is it For?

- Anyone interested in political science
- People who want to understand politics and current affairs



# Great Speeches

Louis Hachette's heritage collection: build your own library of stories

## Description

The art of discourse has been passed down through the ages since Antiquity and carries powerful messages of struggle and hope.

Written and delivered by men and women whose names belong to history, the 25 speeches and 30 quotations in this collection remain incredibly topical.

4 main themes:

**Historical politics:** Demosthenes, Cicero, Louis XVI, Napoleon Ier, Léon Gambetta, Jean Jaurès, Georges Clemenceau, Léon Blum

**Democracy & society:** Lamartine, Olympe de Gouges, Victor Hugo, Frederick Douglass, Susan B. Anthony, Louise Michel, Émile Zola, Mahatma Gandhi, Franklin Delano Roosevelt, Eva Perón

**Liberty & Revolution:** Danton, Robespierre

**Knowledge & Science:** Corneille, Voltaire, Pierre Curie

## Author

**Pierre-Valéry Archassal** has devoted himself to genealogy since the age of 14. He has participated in numerous studies on the history of the French population, notably at the École des Hautes Études en Sciences Sociales. He is also the author of numerous books and publications dedicated to genealogy, families and the history of our ancestors as disseminated through new technologies.

## Key Selling Points

- Beautiful little collectible books with exceptional craftsmanship: holographic paper cover + matt black gilding iron, black edges with white lettering.

## Key Features

- This charming collector's book is full of beautiful stories that arouse our curiosity.
- Illustrations adapted to each theme.
- Carefully selected themes based on best sellers and current events: nature, psychology/philosophy, travel, esotericism, history and literature.

## Who is it For?

- Anyone interested in history and politics.

### Publication Date

September 2024

### Trimmed Page Size

105 x 147 mm

### Extent

208 pages

### Word count

14,236 words

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€19.95

9782017260813

LA MAISON  
hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

New releases in the same collection:







### Publication Date

January 2025

### Trimmed Page Size

195 x 230 mm

### Extent

224 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardback

### French Cover Price

€19.95

9782017234029

LA MAISON  
hachette  
PRATIQUE

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# A Year in the Mosque

## A journey to the heart of Islamic spirituality

### Description

At the heart of Islamic spirituality is the rhythm of the twelve months of the Muslim lunar calendar. This book is an invitation to discover the richness and depth of the Muslim faith from a historical and cultural perspective. It accompanies you on a month-by-month quest for spirituality.

Each chapter is linked to a month of the year, with the traditions, symbols, practices and events that punctuate the lives of believers throughout the year. The book also looks at the conviviality of the Muslim art of living, the specific prayers and meditations for each month, helping everyone to integrate spirituality into their daily lives.

### Author

**Abd El-Hafid Benchouk** is the representative of the Naqshbandi Sufi faith in France. He is the director of the maison Soufie in Paris, a cultural, artistic and spiritual space.

### Key Selling Points

- An expert author: Abd El-Hafid Benchouk is the director of the Maison Soufie in Paris, a cultural, artistic and spiritual space.
- Across the world there are over 1 billion Muslims.
- A practical and beautiful guide to the Islamic calendar, accessible for all.

### Key Features

- An invitation to discover the richness and depth of the Muslim faith from a historical and cultural perspective.
- A guide to the twelve months of the Muslim lunar calendar, with information on each month: traditions, specific prayers and meditations, symbols and practices, religious events.
- Organised month-by-month for a clear and easy view of the Islamic calendar. From January to December, this titles cover all the important events of Islam, from Ramadan to Rabi' al-Awwal.
- A beautiful book to keep close to you every day.

### Who is it For?

- Anyone interested in learning more about the Muslim faith.
- Those who want to feel more connected to Islam and its annual traditions.



# The Torah

Discover the Torah from a perspective that combines introspection, spirituality and meditation.

## Description

Rabbi Étienne Kerber accompanies you on a first reading of the Torah and its teachings, which Moses received on Mount Sinai.

Genesis, Exodus, Leviticus, Numbers and Deuteronomy: the five books that make up the Torah deliver an eternal message. A "tree of life for those who grasp it", the Torah guides men and women in their daily lives and in their exchanges.

## Author

After 10 years of touring and studio work with the rock band *Les Shades*, **Étienne Kerber** made his first dream come true and became a rabbi. After 5 years' study at London's Leo Baeck College, he was ordained in July 2020 and took up his post at Rabbi Pauline Bebe's CJL. Passionate about Hasidism, Jewish mysticism and meditation, which he practices and studies daily, he teaches these subjects at conferences, as well as at the *École Rabinique de Paris*.

## Key Selling Points

- In a best-selling collection in France: More than 300,000 copies sold in France.
- The book to complete the religious collection of The Little Books from...
- The Little Book of the Bible sold 5,500 copies + 1,500 new copies of the Quran released in January.
- Handy format: very convenient to carry around. You can read it whenever you would like!
- Illustrations which fit the topic.

## Key Features

- A beginners' guide to the Torah: its history, its poetry, its interpretations.
- Beautiful illustrations.

## Who is it For?

- Anyone interested in Judaism's beliefs and practices.
- Anyone who would like to learn more about the Torah.

### Publication Date

September 2024

### Trimmed Page Size

100 x 150 mm

### Extent

260 pages

### Word count

42,090

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€19.95

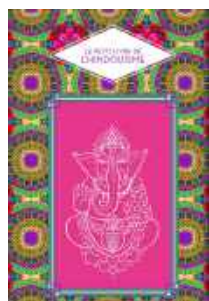
9782017233961

LA MAISON  
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PRATIQUE

www.hachettepratique.com  
All information is subject to change

The Bible's Wisdom

Hinduism



New titles coming in 2025:





For the past 30 years, La Plage has been fully committed to the environmental cause.

We publish titles focusing on a wide range of environment-related issues, with books on organic food, vegetarian and vegan cooking, alternative parenting, green building, non-violence, and more. Our committed authors are all experts in their fields, keen to pass on their knowledge and know-how.

All our books are printed in Europe, on recycled or sustainable paper, with vegetable-based inks and without chemicals.



## Publication Date

January 2024

## Trimmed Page Size

190 x 260 mm

## Extent

192 pages

## Word count

71,380 words

## Illustrations

Yes

## Binding

Softcover

## French Cover Price

€25

## ISBN

9782383383338



# Vegan Batchcooking

## Revolutionize Your Kitchen Routine with Batchcooking

### Description

Discover the groundbreaking method of batch cooking, now for the first time adapted for a vegan diet! This ingenious method allows you to cook efficiently on weekends, requiring only 5 minutes of kitchen time each weeknight. An approach which is not only delicious but also zero-waste, making it an eco-conscious choice convenient for every kitchen.

### Author

**Stéphanie Tresch Medici**, on socials as La Fée Stéphanie since 2015, is a native of Alsace who now calls Puglia home. Her blog is a treasure trove of hundreds of vegan recipes, drawing inspiration from the Mediterranean's rich flavors. Stéphanie is a bestselling author at La Plaque.



@lafeestephanie  
35.37 K subscribers



6.26 K subscribers



<https://www.lafeestephanie.com/>



### Key Selling Points

- Efficient method that anyone can adopt, that can help you save time and money, while also creating delicious dishes!
- Seasonal, zero-waste menus for eco-conscious cooking.
- 100% vegan.
- Popular author with a large and active following.
- Practical, accessible recipes that anyone can follow.

### Key Features

- 16 weekly menus with 10 varied and delicious vegan recipes each.
- Seasonally organized menus for year-round culinary enjoyment.
- A popular subject – save time, money and waste with this eco-friendly trend.
- The fusion of French and Italian culinary traditions with a vegan twist.
- Specially commissioned photos, showing the groceries to buy, recipes, finished dishes.
- Practical guide, with expert tips and guidance.
- Simple, accessible recipes using commonly-found ingredients.
- Number of photos: TBC

### Who is it For?

- Vegans and vegetarians seeking efficient, eco-friendly meal solutions.
- Environmentally conscious individuals looking to reduce food waste.
- Anyone craving delicious, balanced, and time-saving vegan recipes for all seasons.





**Publication Date**  
January 2024

**Trimmed Page Size**  
175 x 225 mm

**Extent**  
144 pages

**Word count**  
17,111 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€20

**ISBN**  
9782383383291



<https://www.laplage.fr>  
All information is subject to change

# The Lazy Cookbook

Over 70 recipes for lazy cooks

## Description

Are you the type who dreads grocery shopping, despises kitchen time, and loathes doing dishes, yet craves gourmet delights? This book is your ultimate solution! With 70+ no-fuss, visually stunning recipes, indulge in mouthwatering dishes using minimal ingredients, effort, and post-cooking cleanup. Say goodbye to "can't be bothered" and embrace culinary simplicity with Mégane's delightful recipes.

## Author

Meet Mégane, food stylist, photographer, and art director. While her academic journey encompassed law, communications, and culinary design, her true passion led her to the convergence of cooking and photography.

Beyond her roles, Mégane enthalls her Instagram followers with captivating snapshots and shares her insights on food, lifestyle, and travel through her blog, Megandcook.



@megandcook  
66k followers



<https://www.megandcook.fr/>

## Key Selling Points

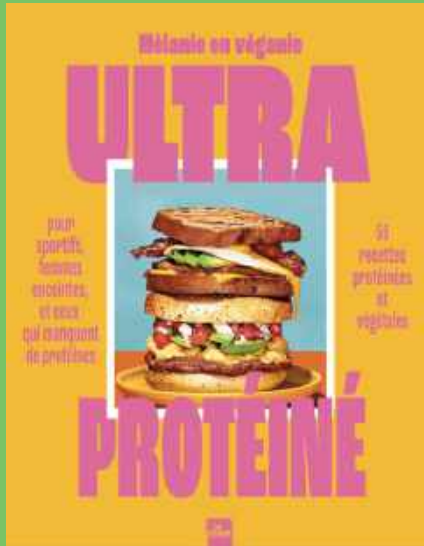
- Enjoy gourmet meals with little effort.
- Simple, accessible recipes using minimal ingredients.
- Practical guide.
- Author with a strong community on social media.
- Perfect for lazy cooks – nowadays time is our most precious resource, so keep it for other things!
- Vegetarian cooking, but universal appeal.

## Key Features

- Over 70 visually appealing, straightforward recipes.
- Organized by season.
- Simple yet delicious recipes with minimal effort and cleanup – laziness is a growing trend!
- A fresh and promising premise.
- Mégane brings her creative touch as a food stylist and photographer, for mouth-watering photographs and a slick, modern style.
- Around 60-70 photos
- Few ingredients, easy-to-find, in each of these simple recipes.

## Who is it For?

- Lazy cooks seeking gourmet results with minimal effort.
- Anyone looking to simplify cooking and minimize kitchen time.
- Vegetarians

**Publication Date**

September 2024

**Trimmed Page Size**

175x225 mm

**Extent**

128 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Softcover

**French Cover Price**

€25

**9782383383444**



<https://www.laplage.fr>

All information is subject to change

# High Protein

The ultimate guide to high-protein diet without damaging the planet!

## Description

What do Formula 1 champion Lewis Hamilton, 73-time tennis champion Serena Williams and 125-kilo bodybuilder Patrik Baboumian have in common? They're all vegans and multi-medalists, just like dozens of other professional and amateur footballers and dancers, swimmers and boxers.

Filling up with energy and building muscle with plant proteins is much healthier, and above all much easier when you know what to eat! All plants contain essential amino acids, so all you need to do is eat a varied diet in the right proportions, depending on your activity.

This book is the perfect companion for athletes and anyone who wants to balance their diet and maximize their energy.

## Author

**Mélanie Sancery-Gay** is known on social networks under the pseudonym **Mélanie en Végénie** (Mélanie in Vegan World). She holds a degree in plant-based nutrition from the Sorbonne and a degree in Nutrition Science from Stanford University. Mélanie is a climatarian, meaning that she reduces her carbon footprint through food, by eating plant-based and reducing waste as much as possible. Her specialty is decoding the nutritional content of food, to compose plates with the perfect intake. She shares recipes, nutritional advice and committed infographics to democratize plant-based eating.



@melanie\_en\_vegenie

109k followers

## Key Selling Points

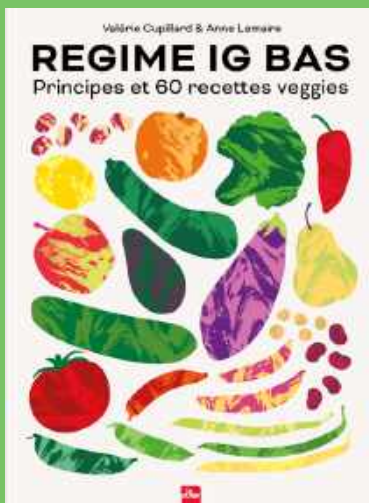
- A trending topic: being vegan with a good protein intake
- Suitable for a wide range of readers: Athletes, people who lack protein, pregnant women (safe recipes)
- An author expert in vegan diet with an important online community
- Practical recipes
- Beautifully illustrated: Perfect for personal use and gift option

## Key Features

- A complete and comprehensive guide to plant sources of protein
- The ultimate combinations for creating the perfect plate
- High-protein recipes for every day and every occasion, with 55 recipes

## Who is it For?

- Anyone interested in eating more protein on a vegan diet
- Anyone interested in taking more protein in a healthy way
- Anyone who want to reduce their carbon footprint while taking care of their health



**Publication Date**  
April 2024

**Trimmed Page Size**  
190x260 mm

**Extent**  
256 pages

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Softcover

**French Cover Price**  
€29.95

**ISBN**  
9782383383321



# Low GI Diet

60 delicious recipes for health and vitality.

## Description

Discover the transformative benefits of the Low GI Diet! This comprehensive guide champions a Low Glycemic Index (GI) diet as a pathway to enhanced vitality, weight management, and long-term health. With practical advice, focused food choices, and 60 flavorful recipes, this book is the must-have companion to embrace a low-GI lifestyle.

## Author

**Valérie Cupillard** has over two decades of experience crafting vegetarian cookbooks. Her passion lies in creating naturally delicious recipes using organic, seasonal ingredients, promoting healthy eating habits.

**Hélène Lemaire**, a state-qualified dietician-nutritionist since 1985, shares her expertise through nutrition courses and lectures focused on weight management without strict restrictions.

## Key Selling Points

- Comprehensive guide to Low GI Diet: Ideal for vitality, weight management, and health.
- Practical advice on food choices, composing meals, and adopting a low-GI lifestyle.
- Delicious and nutritious recipes categorized by season for easy meal planning.
- Expert authors: Valérie Cupillard's culinary expertise and Hélène Lemaire's nutritional insights offer a balanced approach.
- Effective results: Stabilized energy levels, appetite control, weight management, and reduced risk of chronic diseases.

## Key Features

- Detailed insights into the Low GI Diet and its benefits for long-term health.
- Practical guidance on choosing low GI foods, focusing on sugars, starches, and flours.
- Tips for composing low-GI meals and 60 nutritious recipes, categorized by season.
- Understanding the glycemic index and its impact on blood sugar levels.
- Emphasis on stable blood sugar, appetite control, and balanced nutrition.
- Ingredients are easily found in most supermarkets
- Accessible recipes for everyone
- 100% vegetarian

## Who is it For?

- Anyone interested in healthy diets
- Vegetarians or anyone looking to eat less meat

# The New Fermentation Bible

## THE must-have fermentation bible

### Description

Thanks to fermentation, you can preserve and enhance the flavour of a wide range of vegetables, fruit and mushrooms, as well as making drinks, sauces, cheeses, condiments, breads and dishes that encourage good bacteria and provide an excellent source of probiotics.

This reference book explains all the fermentation techniques (lacto-fermentation, alcoholic, acetic and alkaline fermentation) and offers 250 recipes for safe beginners and practical applications.

Fermentation is back on trend and accessible to everyone. It offers incredible benefits, and is environmentally friendly, anti-wasteful, economical and ideal for those who want to eat according to the seasons.

### Authors

**Camille Oger** is a photographic journalist and an author. She is interested in the cultural aspect of cooking. During her travels, she gleaned information about traditional food practices, and share it on her blog ([lemanger.fr](http://lemanger.fr)). She also wrote *The art of fermentation* (éditions La Plage).

**Luna Kyung** is a specialist in kimchi and soybean fermentation. She runs a successful blog and is always ready to embark on original probiotic experiments. She has already published a few titles including 2 on fermentation with La Plage.



### Key Selling Points

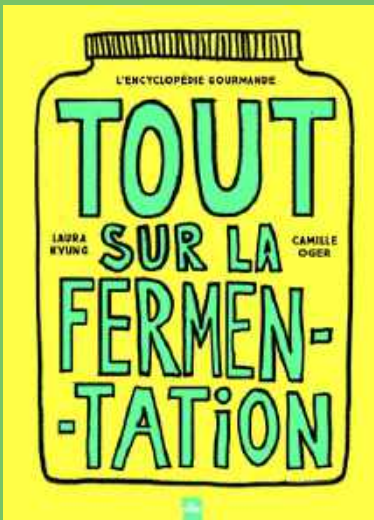
- Based on the success of *The Art of Fermentation* : over 17,000 copies sold in France.
- Expert authors on the topic
- Fermentation is a stable trend : there are always readers looking for books on this topic

### Key Features

- All the fermentation techniques (lacto-fermentation, alcoholic, acetic and alkaline fermentation)
- 250 fermentation recipes

### Who is it For?

- Anyone interested in fermentation techniques & health benefits



#### Publication Date

May 2024

#### Trimmed Page Size

190x260 mm

#### Extent

356 pages

#### Word count

TBC

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€35

9782383383680



<https://www.laplage.fr>

All information is subject to change



# Secrets of a Master Brewer

Dazzle your friends with your homebrew

## Description

Discover the invaluable know-how of two craft brewers! Brewing equipment hacks, how to choose the right hops, how to measure the density of your beer, disinfecting your tanks, activating the yeast... This new enriched edition offers new original recipes, as well as culinary recipes to avoid wasting your leftover brew, plus a journey through the exciting world of beerology.

## Author

**Linda Louis** is the author of several reference books on organic, local and zero waste. She regularly collaborates with the culinary, gardening or ecological press and since 2006 she has been running a blog, a portfolio and an Instagram account in which she promotes her authentic, natural cuisine and lifestyle.

**Thomas Mousseau** is the founder of **Ouche Nanon brewery**, a real reference in the world of craft beer. This brewery produces locally-sourced organic beers. His friend **Matthieu Goemaere** is an amateur brewer.

## Key Selling Points

- Trendy subject - local microbreweries are on the rise
- Linda's work is now translated into several languages
- Great gift idea for beer lovers
- New edition of a successful book

## Key Features

- A very practical book
- Illustrated with photos and small explanatory drawings
- Over 50 beer recipes including
  - Wild harvest beer
  - Black IPA
  - Sour Abricouil
  - Scandinavian beer "Oppskåke
  - Pimp my smash...

## Who is it For?

- Beer lovers

### Publication Date

January 2025

### Trimmed Page Size

240x170 mm

### Extent

264 pages

### Word count

45, 879 words approx.  
(excluding cover)

### Illustrations

Yes

### Binding

Hardcover

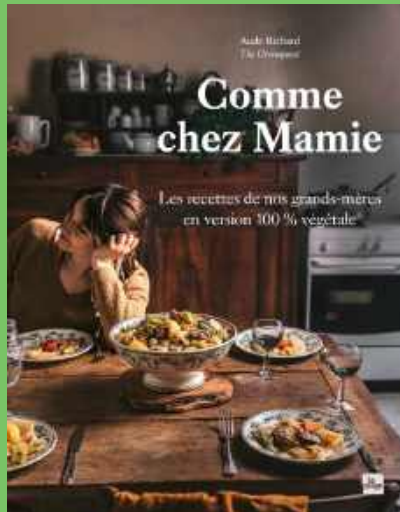
### French Cover Price

€25.00

9782383381204







**Publication Date**  
September 2024

**Trimmed Page Size**  
195 x 250 mm

**Extent**  
144 pages

**Word count**  
14,168

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€22.00

**9782383383741**



<https://www.laplage.fr>  
All information is subject to change

# Grandma's Vegan Kitchen

The only cookbook that allows you to make ALL your childhood recipes vegan!

## Description

Discover the unrivalled flavor of comforting and delicious dishes, in a vegan version. You can now treat the whole family, including your butcher cousin or your passionate hunter uncle. Mushroom vol-au-vent, shepherd's pie and rice pudding will soon be on the daily menu for everyone's enjoyment!

## Authors

**Aude Richard** has Professional Certification in Vegan Cuisine. She grew up learning that good food is essential for a healthy body and good spirits.

Today, she devotes herself entirely to her passion: creating recipes and culinary photographs for her blog The Greenquest and for brands, not forgetting her goats.

## Key Selling Points

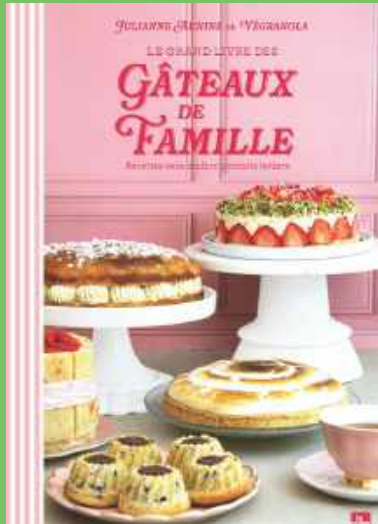
- Beautiful photography tapping into the Cottage Core trend.
- All recipes are vegan.
- 60 recipes.

## Key Features

- 60 recipes for nostalgic menus!
- Recipes organized into 4 categories: starters, mains, desserts, snacks.
- Tips on how to turn grandma's iconic recipes into vegan dishes.
- Superb photographs, perfect for reproducing the culinary masterpieces of yesteryear.

## Who is it For?

- Anyone interested in cooking.
- Anyone looking for authentic recipes with a vegan twist.



**Publication Date**  
September 2024

**Trimmed Page Size**  
190 x 260 mm

**Extent**  
208 pages

**Word count**  
40,298 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€35.00

**9782383383697**



<https://www.laplage.fr>  
All information is subject to change

# The Vegan Pastry Bible

The eggless, dairy-free family baking book with all the generous, comforting recipes!

## Description

Fancy a cherry clafoutis, a chocolate moelleux, a tarte tatin or a melting brioche? This new bible of family patisserie offers tasty, easily digestible alternatives for people with lactose and egg allergies or intolerances.

## Author

Nothing predestined **Julianne Aknine**, aka "Vegranola" on social media, to become a certified vegan chef, apart from a taste for sharing and good food! In 2014, something clicked and she gradually stopped eating meat, fish, then cheese and eggs. However, finding gourmet alternatives and, above all, relearning to cook in a completely different way wasn't always easy. In fact, she tried and failed many dishes before she got to this point...

A certified chef and vegan cooking trainer, Julianne created the Vegranola Academy in September 2020, an online vegan cooking training platform.

The Big Book of Bakery is her second book, following *Kerah - Vegan Jewish Cuisine* published in September 2023 by Éditions La Plage.



@vegranola  
30k followers

## Key Selling Points

- An expert chef in plant-based cooking and vegan recipes
- An increasing need of dairy-free, egg-free vegan pastry recipes
- International recipes
- Success of a similar title – The Big Book of Vegan Pastry (published in 2017): More than 15 000 copies sold in France

## Key Features

- 80 recipes organized by type of dish for every craving for easy-to-make, comforting pastries
- Healthy versions of French classics and cakes from around the world
- Small and large cakes, tarts and entremets for every moment of the day!

## Who is it For?

- Anyone interested in bakery and vegan recipes
- People with egg allergies or lactose intolerances



**Publication Date**  
October 2024

**Trimmed Page Size**  
195 x 250 mm

**Extent**  
160 pages

**Word count**  
25,285 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€25.00

**9782383383802**



# Veggie Creole

100 vegetarian Creole recipes!

## Description

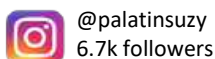
The result of a rich crossbreeding with other regions of the world, notably Indian, French, Madagascan and Asian cuisine, Creole cuisine is both generous and fragrant, and naturally centered around vegetables and fruit.

Suzy Palatin invites us to her table in Guadeloupe, where she shares her best veggie recipes with her mom, brothers, sister, aunts and uncles, not to mention all her friends! Through 100 recipes organized by meal type (brunch, family meal, etc.), discover her gourmet, convivial, colorful, joyful and mixed cuisine, just like her native Guadeloupe!

Much more than just recipes, Suzy takes us to the heart of her story, introducing us to her grandmother Flavie, a gatherer and healer, and her veggie brothers and sisters, as well as discovering the lush vegetable gardens of her Rasta friends with their Ital diet, and the markets and stores where she selects the best spices and products to make her delicious recipes!

## Author

**Suzy Palatin** is a writer, cook and president of the *Ailleurs et Ici* association. A native of Pointe-à-Pitre, Suzy Palatin grew up in sunny Guadeloupe, in a family who valued eating well. Married to nutritionist Philippe Peltriaux, with whom she has written several recipe books, she strives to combine her culinary heritage and her curiosity for world cuisine with the demands of healthy eating.



@palatinsuzy  
6.7k followers

## Key Selling Points

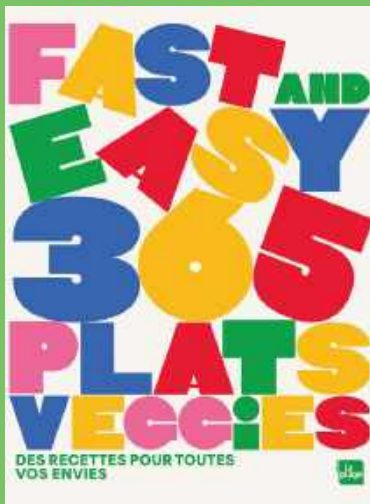
- Authentic Creole recipes with a multicultural twist.
- Expert author.
- Healthy eating ideas.

## Key Features

- All recipes 100% veggie.
- Easy to follow recipes, step-by-step instructions accompanied by photos.
- Range of recipes: main meals, desserts, drinks.
- Beautiful photography.

## Who is it For?

- Anyone interested in Creole cuisine and culture.
- Vegetarians and people interested in vegetarian cooking.

**Publication Date**

January 2025

**Trimmed Page Size**

175 x 225 mm

**Extent**

224 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Softcover

**French Cover Price**

€17.50

9782383385349



<https://www.laplage.fr>

All information is subject to change

# Fast & Easy Veggie

365 fast and easy recipes to satisfy every craving!

## Description

Easy Veggie is much more than just a cookbook: it's your new companion for preparing delicious, quick and hassle-free veggie meals.

An original table of contents organized according to your desires.

With 365 veggie dishes to suit all tastes, veganizing your daily or occasional meals has never been easier, quicker or more delicious!

## Author

Collective work

## Key Selling Points

- No matter your craving, this book has a delicious recipe for you.
- Growing interest in vegetarian and vegan cooking – but often seems intimidating. This book takes the stress out of eating healthy!
- Your go-to recipe book for every day of the year.

## Key Features

- 365 quick and easy-to-prepare recipes: each recipe has been tested to guarantee success every time, even for less experienced cooks
- Simple ingredients: you don't have to look far, as everything you need is readily available in supermarkets
- Varied and creative dishes: revisits of classics, creative recipes, recipes from all over the world... all the dishes you need to never run out of inspiration!

## Who is it For?

- Anyone interested in vegetarian cooking.
- For beginners, as well as more seasoned cooks looking for daily inspiration.

# The Magician's Grimoire

Harness the magic of nature for well-being

## Description

Delve into a treasure trove of over 200 recipes, remedies and magic rituals dedicated to holistic wellness. Explore nearly 100 plant-based recipes and over 100 natural remedies and tricks, harnessing the power of magical plants to manage stress, enhance vitality, and tackle health concerns. This 21st-century grimoire offers insights, ingredients, and enchanting recipes to ensure your well-being using the magic of nature.

## Author

**Nicolas Subra**, known as Le Magicien bio, is the founder of Le Magicien Bio, driven by the vision of enhancing consumers' well-being through the magic of nature. Enchanted by the healing properties of plants, Subra's expertise led to the creation of unique potions, remedies, and recipes featured in The Magician's Grimoire. He is invited on French TV show to talk about well-being of plants.



@lemagicienbio  
10.8k followers

## Key Selling Points

- An enchanting blend of ancient wisdom and modern holistic wellness.
- 1 title for everything: rich recipes and tips
- Trending topic: natural remedies for health problems / improving health
- Unique insights and associated recipes tailored for various health issues.
- Nicolas Subra's expertise in plant-based wellness and natural remedies.
- Nicely illustrated

## Key Features

- Comprehensive collection: **200 holistic recipes, remedies, and rituals.**
- In-depth guidance on over **100 natural tricks and magical plant-based solutions.**
- Recipes and remedies tailored for stress, vitality, digestive health, and more.
- Insights into magical plants, their properties, and their effects on well-being.

## Who is it For?

- Individuals seeking holistic well-being and vitality through natural remedies.
- Health-conscious readers intrigued by the magic of plant-based solutions.



### Publication Date

April 2024

### Trimmed Page Size

190 x 260 mm

### Extent

256 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

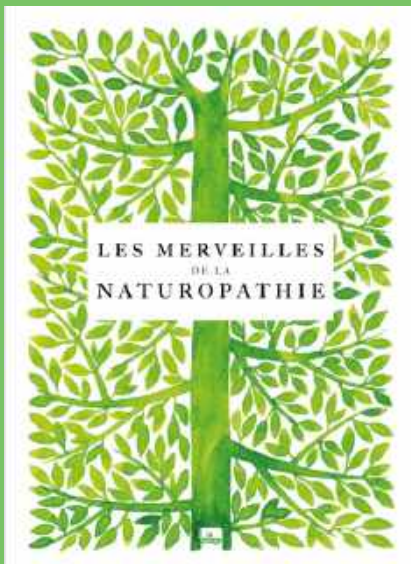
€35

### ISBN

9782383383468







# The Naturopathy Bible

The essential guide to taking control of your health

## Description

An ancient medicine, naturopathy harnesses the power of plants to prevent and relieve physical and mental ailments.

This therapeutic practice aims to achieve a natural balance for the human being as a whole, with an ideal lifestyle for oneself and an appropriate diet to achieve complete well-being.

This book gives the reader all they need to take control of their own health through general care, lifestyle and prevention.

## Author

**Aurélie Salvador** is a passionate naturopath and kinesiologist. After 10 years of medical wandering, she discovered she was suffering from endometriosis, which led her to experiment with natural remedies to relieve her symptoms.

This obstacle course led her to specialise in women's health: Aurélie uses diet, phytotherapy and relaxation to help women build optimal health. She gives her patients natural advice and tips in her, and on her networks.

She also organises self-connection retreats. She has already written several books on natural remedies.

## Key Selling Points

- An expert author on the subject
- A comprehensive yet accessible reference book

## Key Features

- 12 complete chapters to help you achieve balance in your body and mind
- Remedies for more than 100 health problems : Plants to prevent them and how to relieve the symptoms
- Doses from the plants

## Who is it For?

- For anyone interested in naturopathy
- Anyone wanting to try a different approach to health

### Publication Date

July 2024

### Trimmed Page Size

230x185 mm

### Extent

480 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Softcover with flaps

### French Cover Price

€39.95

9782842219604



<https://www.laplage.fr>

All information is subject to change



# Physica

New edition of the pioneering work by Hildegard de Bingen

## Description

Dive into the timeless wisdom of Hildegard de Bingen, a visionary 12th-century Benedictine nun. This revised edition of *Physica* unveils her holistic approach to medicine, dietetics, and the power of plants. Discover a treasure trove of herbal recipes, remedies, and recipes, forming a comprehensive natural pharmacy. Delve into the legacy of Germany's first naturalist and monastic medicine pioneer, whose wisdom still guides naturalism today.

## Author

**Hildegard de Bingen**, Germany's first naturalist, made history with her contributions to monastic medicine. A 12th century Benedictine nun, de Bingen identified almost 300 plants and herbs in her lifetime, as well as developing a specific theory known as Hildegardian nutrition, rooted in fruits, vegetables, and whole grains. Her enduring books of remedies and her legacy continue to influence contemporary naturalism.

## Key Selling Points

- Unlock the healing wisdom of a 12th-century pioneer.
- Rediscover the expertise of one of the influential precursors of naturalism.
- This reference book provides a holistic guide to health.
- Including Hildegard's recipes and remedies, whose practical use is still relevant today.
- An internationally renowned historical figure.
- A timeless classic, revised and updated in this brand new edition.

## Key Features

- Comprehensive guide to Hildegard de Bingen's philosophy, including herbal recipes and remedies.
- Discover the healing power of Hildegardian nutrition, rooted in the beneficial properties of fruits, vegetables, and whole grains.
- Organization: TBC
- Rediscover the natural pharmacy of an important precursor to the naturalist movement.
- With original illustrations identifying plants and herbs.
- Number of illustrations: TBC
- This comprehensive guide is packed with content.
- All recipes and remedies are vegetarian.

## Who is it For?

- Holistic health practitioners and naturalists.
- History buffs intrigued by medieval medicine.

### Publication Date

April 2024

### Trimmed Page Size

175 x 225 mm

### Extent

480 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€35

### ISBN

9782383382942





# The Doctor Of The Poor and 2000 useful recipes

Natural and traditional remedies for everyone!

## Description

Unearthed from the 19th-century treasure trove, Dr. Beauvillard's *The Doctor Of The Poor* presents a compendium of nearly 2,000 natural health recipes and remedies. A testament to ancestral medicinal wisdom, this book combines herbalist knowledge and practical advice, offering remedies for everyday ailments and illnesses. Delve into this historical tribute to traditional healing methods and enrich your understanding of time-honored health practices.

## Author

**Dr. Henri Albéric Beauvillard** established his clinic in 1882 in Paris, continuing the legacy of Maison Peyronnet, a former herbalist's shop. His renowned book, *The Doctor Of The Poor* (1913), became a success, reflecting his dedication to herbal remedies and natural healthcare.

## Key Selling Points

- An extensive collection of 19th-century herbal recipes and health remedies.
- A blend of herbalist wisdom and practical guidance for common health concerns.
- A valuable tribute to ancestral healing practices and medicinal plant knowledge.
- A historically famous book in the medical world
- Trending topic: Natural and traditional remedies to solve health problems / improving health

## Key Features

- Nearly 2,000 recipes and remedies for natural health care.
- Blends herbalist knowledge and practical advice for everyday health concerns.
- Showcases the virtues and uses of commonly used medicinal plants.
- Honors historical traditions of natural healing practices.
- Organization: TBC
- Number of illustrations: TBC

## Who is it For?

- Holistic health practitioners and naturalists.
- History buffs intrigued by traditional medicine.
- Anyone who is interested in looking for alternative natural remedies

**Publication Date**  
June 2024

**Trimmed Page Size**  
175 x 225 mm

**Extent**  
384 pages

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€30

**ISBN**  
9782383382973





**Publication Date**  
February 2024

**Trimmed Page Size**  
260 x 190 mm

**Extent**  
224 pages

**Word count**  
65,068 words

**Illustrations**  
Yes

**Binding**  
Softcover

**French Cover Price**  
€35.00

**ISBN**  
9782383382119



# Sound Yoga

Discover your inner harmony through  
the healing resonance of sound

## Description

Discover the alchemical power of sound, heal your inner child, and find inner harmony through the transformative practice of Sound Yoga. Liberate yourself from emotional blockages through singing and musical instruments and discover the path to refine your vocal expression, awaken your boundless creative and emotional potential.

## Author

Meet **Olivier Demouth**, your guide to Sound Yoga. After a decade-long struggle with his own voice and identity, Olivier had a transformative awakening through Sound Yoga. He founded Terre Étoilée, a company dedicated to guiding individuals on journeys of self-discovery. Through Sound Yoga training programs, Olivier shares the wisdom of attuning to one's deepest vibrations and reconnecting with the essential self, linking us to the Greater Whole.

<https://terre-etoilee.fr/>

La Plage is the No. 1 publisher of yoga titles in France!



## Key Selling Points

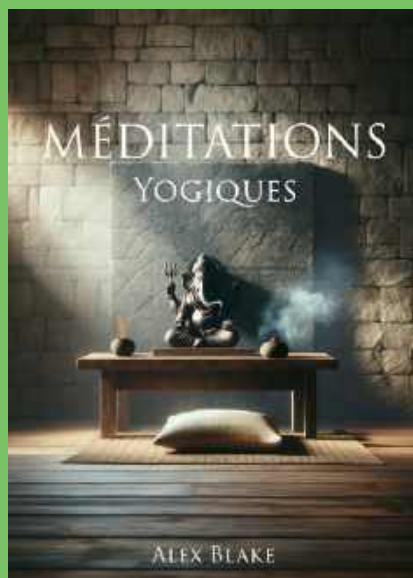
- An expert author who also brings authenticity through his personal experiences.
- A growing trend around the globe.
- Balancing inspiration with practical exercises, this book provides a holistic approach to personal growth through sound.
- A new approach to yoga which can appeal to experienced yogis, while remaining accessible for beginners.

## Key Features

- An introduction to Sound Yoga and its healing benefits.
- Practical exercises for self-discovery.
- Step-by-step instructions per chapter
- Various kinds of exercises: Chanting, with instrument sounds
- Guidance from an expert author.
- Specially-commissioned photography.

## Who is it For?

- Yoga fans
- Anyone seeking emotional healing and self-discovery.

**Publication Date**

September 2024

**Trimmed Page Size**

190x260 mm

**Extent**

256 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€35.00

9782383384847



<https://www.laplage.fr>

All information is subject to change

# Yogic Meditations

After the success of *Pranayama*, discover meditation as you've never practiced it before.

## Description

After *Pranayama*, *asanas* and *yoga philosophy*, meditation is one of the major pillars of yoga and a practice in its own right.

If you find it time-consuming to meditate on a daily basis, *Yogic Meditations* will enable you to (re)discover this practice, step by step, through the prism of yoga. At a time when the meditative state often seems difficult to achieve, this guide will provide you with the keys to gently grasp meditation and its benefits, and to experience it through a series of practices, even as a yoga beginner.

From understanding and accepting the difficulties and obstacles of meditation to practicing 30 guided meditations, explore inner calm and self-understanding, step by step.

## Author

**Alex Blake** is a yoga and meditation teacher in Paris, and founder of the Mala Brahma brand. He discovered yoga and meditation during his travels around the world.

This discovery turned his daily life upside down, and he decided to devote himself fully to passing on his knowledge. Trained in Vinyasa, Hatha, Yin yoga, traditional Thai massage, pre- and post-natal yoga and numerous meditation techniques, he draws his teaching from a very traditional yoga, while combining it with the knowledge and discoveries of modern science and philosophy.



@alexblakeyoga  
23k followers



## Key Selling Points

- The only yoga-based approach to meditation on the market.
- Expert author on yoga, with an already successful title published at Editions La Plage: *Pranayama* - 2000 copies sold since publication in October 2023
- La Plage is the No. 1 publisher of yoga titles in France!

## Key Features

- A comprehensive guide on meditation, with both theory and practical tips
- 30 guided meditations, with first theoretical explanation, then practical exercises and tips
- From basic exercises to more advanced exercises
- The possible obstacles and how to tackle them

## Who is it For?

- Anyone interested in yoga and meditation
- Anyone looking for new relaxation methods





**Publication Date**  
May 2024

**Trimmed Page Size**  
190 x 260 mm

**Extent**  
256 pages

**Word count**  
57,686

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€35.00

9782383382232



<https://www.laplage.fr>  
All information is subject to change

# Harmony Yoga

## Reveal Your Inner Beauty with Face Yoga

### Description

Align your body and mind, get a radiant face and boost your well-being! Our bodies want us to feel good, but we don't know how to listen or understand them. The mission of Glow au naturel is to reconnect you to your senses and learn how to pamper your face, for an inner well-being that shows on the outside.

Explore the practices and rituals suggested in this complete guide to find what really suits you, without constraint and with pleasure!

Free yourself from wrinkles, tension and swelling, and gain harmony through the power of your hands!

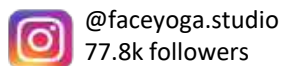
By creating 10-20 minute routines, to be followed just a few days a week, you'll reveal your natural beauty. Everyday gestures that make you feel good, Face Yoga, Face Taping, meditation, breathing, lymphatic stimulation and fascia massages

will soon hold no secrets for you...

A natural, holistic and expert approach to creating your own transformation!

### Author

**Ania Pospyslova**, the creator of Face Yoga Studio, hails from Montreal, fostering a passion for yoga and well-being. Born in Ukraine, Ania's global journey enriched her expertise in Face Yoga and holistic wellness. She offers comprehensive training in yoga, face yoga, and face taping, presenting an emerging trend from the United States now making waves in France.



### Key Selling Points

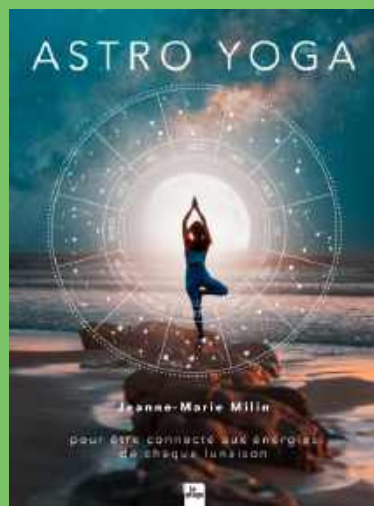
- A holistic yoga bible for toning body and face muscles
- Well-being tips and recipes, including "face taping", a unique facial self-massage method for a natural anti-aging routine
- An expert author who founded the Face Yoga Studio method

### Key Features

- Various exercises: self-massage, breathing, meditation, and face yoga.
- Wellness recipes and 'face taping' as a unique anti-aging method.
- Practical routines to follow
- Transformational benefits irrespective of age or time of practice.
- Fusion of face yoga and well-being practices for a revitalized appearance.

### Who is it For?

- Yoga enthusiasts eager to explore innovative methods for facial enhancement.
- Those interested in anti-aging techniques and natural wellness.
- Anyone looking to revive radiance and vitality through face yoga practices.



**Publication Date**  
August 2024

**Trimmed Page Size**  
190 x 260 mm

**Extent**  
320 pages

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Softcover

**French Cover Price**  
€35

**9782383382140**



# Astro Yoga

Astrology meets yoga: find inner harmony through the zodiac

## Description

In this book, astrology and yoga merge to empower you on a path of authentic inner harmony. This book guides you to tailor your yoga practice to your astrological sign, mood, and temperament year-round. With 24 yoga sessions and expert guidance, it caters to both beginners and seasoned practitioners seeking a holistic approach to well-being.

## Author

**Jeanne-Marie Milin**, a dedicated astrologer and seasoned yoga instructor, brings over four decades of passion and expertise. Her unique blend of astrology and yoga has empowered countless seekers on a journey towards expanded consciousness and inner balance.

<https://www.sattva-asso.fr/intervenante>

La Plage is the No. 1 publisher of yoga titles in France!



## Key Selling Points

- Embark on a transformative journey of inner harmony through astrology-infused yoga.
- Expert author : Jeanne-Marie, with over 40 years of experience in astrology and yoga.
- Combining inspirational guidance and practical yoga exercises.
- Popular trend of astrology around the world.

## Key Features

- 24 yoga sessions, organized by astrological sign.
- Fusion of astrology and yoga for holistic well-being.
- Packed with content, on a popular trend.
- Deep dive into astro yoga with personalized guidance according to your zodiac sign.
- How many photos/illustrations : TBC
- Specially-commissioned photos: TBC

## Who is it For?

- Anyone interested in finding inner harmony
- Fans of yoga and or astrology
- For both beginners and more experienced yogis



**Publication Date**  
June 2024

**Trimmed Page Size**  
215x280 mm

**Extent**  
64 pages

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Softcover

**French Cover Price**  
€12.50

9782383382539



<https://www.laplage.fr>  
All information is subject to change

# Go Green!

Eco-friendly fun with this adult activity book

## Description

Step into the world of ecological consciousness with 'GO GREEN,' the pioneering adult activity book wholly dedicated to environmentalism. Authored by Camille Chaudron, known online as 'Girl Go Green,' this book seamlessly intertwines ecology, education, and activism. Delve into answers for pressing ecological questions: from understanding green energy to selecting eco-friendly construction and combating eco-anxiety.

## Author

**Camille Chaudron**, renowned as 'Girl Go Green' online, passionately explores ecological lifestyles and raises consciousness. With an active role as an environmental activist, Camille uses her social media presence to engage, educate, and create awareness through playful content.



## Key Selling Points

- Unique adult activity book centered entirely on ecology.
- Comprehensive coverage of major ecological issues and personalities.
- Ecological games, practical tips for eco-friendly living, and DIY low-tech projects.
- Engaging content promoting a fun, committed, and eco-responsible lifestyle.
- Author's strong online presence advocating environmental awareness.

## Key Features

- Dive into major ecological topics and renowned ecological figures.
- Engaging activities, games, and eco-responsible living tips.
- DIY projects fostering a low-tech, eco-friendly approach.
- Interactive content blending education and fun for a committed lifestyle.
- Camille's vibrant advocacy and awareness-raising presented throughout the book.

## Who is it For?

- Eco-conscious adults seeking engagement and education.
- Individuals interested in ecology and sustainable living.
- Those looking for fun ways to contribute to a greener lifestyle.
- Fans of Camille Chaudron's online activism and ecological insights.

**Publication Date**

February 2024

**Trimmed Page Size**

240x170 mm

**Extent**

256 pages

**Word count**

26,910 words

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€32.00

**ISBN**

9782383381938



# Sewing for Beginners

After sewing, the Beginners' Course is now tackling embroidery!

## Description

Are you ready to embark on a thrilling dressmaking journey but unsure where to start? Sewing for Beginners is the ultimate guide, unraveling the secrets of mechanical and electronic sewing machines, materials, and fabric selection. Acquire essential skills and explore exciting project variations that spark your creativity beyond the basics.

## Author

**Michèle Thénot**, an avid sewing enthusiast, shares her expertise with her global sewing community. She showcased her talents on M6's "Cousu Main," competed in the esteemed Best Dressmaker of France contest in 2016, and authored several acclaimed books. In collaboration with **Artesane**, the school of creative and artisanal arts.



@mithe54

4.14k followers

La Plage the No. 3 publisher of sewing titles in France!



## Key Selling Points

- A gateway to creative dressmaking for complete beginners.
- Expert author with a strong online community.
- La Plage is the No 3 publishing of sewing titles in France!
- Practical and Inspirational: From novice to couture creator, explore your sewing potential.
- Reference Book: A deep dive into sewing, materials, and creative exploration.
- French style is well-regarded around the world.
- 25,000 copies sold in France of the book *Passez votre CAP couture avec Artesane* (Pass your sewing diploma with Artesane)

## Key Features

- 24 projects with exciting variations.
- Thematic Organization: Explore sewing skills with a structured approach.
- Holistic Approach: Covers machines, materials, and creative exploration.
- Perfect for beginners.
- Packed with Step-by-step instructions by photos and illustrations

## Who is it For?

- Novice sewers eager to start their creative journey.
- Aspiring couture creators looking to create their own embroidery



**Publication Date**  
September 2024

**Trimmed Page Size**  
240x170 mm

**Extent**  
256 pages

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€32.00

**ISBN**  
9782383381976



# Embroidery for Beginners

After sewing, the Beginners' Course is now tackling embroidery!

## Description

The appeal of embroidery continues unabated! It's an ever-modern, ever-renewed art of thread that requires inexpensive, portable equipment, and is suitable for everyone, regardless of age or background. Customisable and visual, you learn by doing!

This resource book is a mine of information, absolutely essential for starting embroidery, learning how to use the equipment and discovering the basic stitches, but also for progressing to more and more complex projects by developing your mastery of the gesture. The step-by-step approach means that everyone can progress at their own pace, practising as they wish.

## Author

**Martine Biessy** fell into the embroidery and sewing world as a child. A former student of international ribbon embroidery specialist Di Van Niekerk, she has also mastered all the secrets of traditional embroidery. She regularly contributes to the promotion of contemporary, dynamic embroidery in the creative press. After teaching for many years, she sees the internet and video as a new way of sharing her passion with you.



@ateliersbymartine  
14k followers

La Plage the No. 3 publisher of sewing titles in France!



## Key Selling Points

- Expert author with a strong online community.
- Practical and Inspirational: From novice to couture creator, explore your sewing potential.
- Reference Book: A deep dive into embroidery, materials, and creative exploration.
- French style is well-regarded around the world.
- 25,000 copies sold in France of the book *Passez votre CAP couture avec Artesane* (Pass your sewing diploma with Artesane)

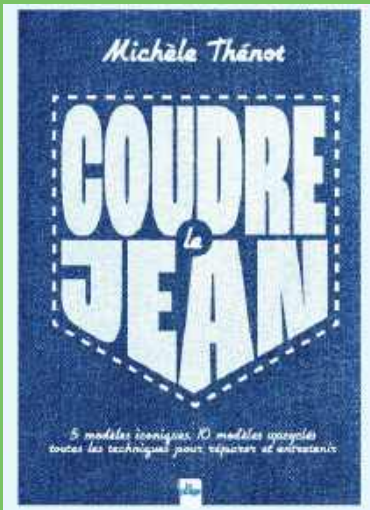
## Key Features

- 30 embroidery stitches explained step by step, from the simplest to the most complex;
- 70 original, modern designs to copy;
- Step-by-step creative ideas and projects;
- Technical tips and tricks from a pro for easy progress!

## Who is it For?

- Novice sewers eager to start their creative journey.
- Aspiring couture creators looking to create their own embroidery





# Sewing Jeans

Learn how to create and keep a sustainable wardrobe with a timeless material.

## Description

A must-have for every wardrobe, jean is a noble material with a long history. This cotton fabric, also known as denim, is a timeless favorite for young and old alike.

This book presents iconic and inclusive garments to sew, with the help of tutorials and patterns, as well as all the techniques for repairing and upcycling denim. Learn how to transform this timeless fabric into trendy second-hand pieces.

## Authors

**Michèle Thénod** gives sewing lessons and shares her own creations on her website [mithe.canalblog.com](http://mithe.canalblog.com). She is an experienced author at the Editions La Plage: *1001 tunics*, *1001 dresses*, *Jumper dresses for all*, *Dressing Home Wear*, *Sewing Doctors* and *Lazy Sewing*.



@mithe54  
4k followers

## Key Selling Points

- A comprehensive guide on an essential sewing technique
- An expert author trusted for many books before.
- Easy to follow instructions, suitable for everyone including beginners
- Includes essential techniques to repair and upcycle denim; a must for a sustainable wardrobe!
- La Plage is a leading publishing imprint of sewing titles in France

## Key Features

- 5 women's wardrobe staples
- 10 designs to make from recovered denim
- Techniques to repair and maintain denim clothes
- Tips and techniques for mastering the sewing of this material

## Who is it For?

- Anyone interested in sewing and fashion
- Anyone looking to learn how to maintain their denim pieces

### Publication Date

September 2024

### Trimmed Page Size

170x240 mm

### Extent

256 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€32.00

9782383381969



<https://www.laplage.fr>

All information is subject to change

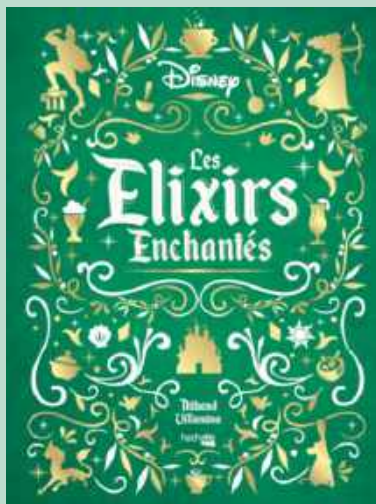






Hachette Heroes is dedicated to pop culture. It publishes books on classic and animated films, video games, television series and graphic novels. It is the home of major licences (Star Wars, Marvel, Disney, Harry Potter, Assassin's Creed, Warner) and of leading authors on the geek scene.

Hachette Heroes is the guardian of the pop culture galaxy in France.

**Publication Date**

October 2024

**Trimmed Page Size**

210 x 285 mm

**Extent**

144 pages

**Word count**

30,753 words

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€24.95

**9782017895503**

**hachette**  
**HEROES**

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Enchanted Elixirs

The new official Disney recipe book!

## Description

In this title, readers will find 40 recipes inspired by the greatest films of Disney and Pixar animation, such as: Hercule supreme, Mrs Lee's porridge, Princess milkshake, Kumandra's soup, Motunui's freshness, the Potion of transformation... Mocktails, milkshakes, velvets and other elixirs will plunge you into an enchanted, gourmet world.

Enter the fantastic world of Disney by leafing through this grimoire of potions, invite your friends and share with them these drinks full of magic.

And they lived long and toasted happily ever after!

## Author

**Thibaud Villanova** has spent the last 10 years conceptualizing and theorizing cooking from imaginary worlds. Founder of the Gastronomo geek license, he is a chef and an expert in pop culture. His works have been sold to over 125,000 copies throughout the globe and have been followed by a strong community.

**Nicolas Lobbestaël** is a food photographer, who has worked on many Gastronomo geek titles, from Gothic Recipes to Ghibli Recipe Book.



@gastronomo geek  
310K followers



@Gastronomo geek  
316K subscribers

## Key Selling Points

- After *Enchanted Recipes* (over 100,000 copies sold) and *Enchanted Pastries* (over 25,000 copies sold), discover the new official Disney recipe book: *Enchanted Elixirs*!
- By Thibaud Villanova aka Gastronomo geek: over half a million recipe books already sold!
- Gastronomo geek titles have been sold in English, German, and Spanish.

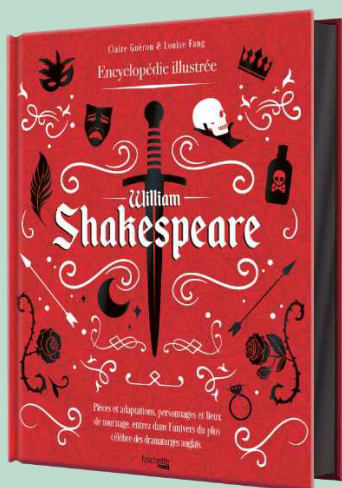
## Key Features

- 40 recipes for soups and drinks, sweet and savory, to enjoy with family and friends.
- Recipes are divided in three categories: Princess recipes, recipes from around the world, and recipes from fantastical worlds.
- Easy-to-prepare recipes with everyday ingredients.
- From Snow White to Vice Versa, Coco and Cinderella: the most cult Disney and Pixar universes are represented.

## Who is it For?

- Disney fans of all ages.





# Shakespeare Encyclopedia

A beautiful illustrated book to immerse yourself in the playwright's universe!

## Description

From the novels to the screen, from adaptations to filming secrets, dive into the world of William Shakespeare: his life, his inspirations, his poems, but also the incredible influences of his work in his time and today. And for those wishing to know even more, this comprehensive guide also includes a presentation of the main filming locations of the TV and film adaptations!

## Author

The **French Shakespeare Society (Société Française Shakespeare)** is a French association founded in 1975 which aims to promote the study of Shakespeare and authors of the Tudor/Stuart period. It welcomes academics, students, literary figures, theater professionals and amateurs.

**Claire Gueron** is the treasurer of the association and a lecturer at the University of Burgundy.

**Louise Fang** is the secretary of the association and a lecturer and professor of British literature at Villette.

**Anaïs Flogny** or **Hakunette** is an illustrator and a comic artist.



@hakunette  
105k followers

## Key Selling Points

- A complete William Shakespeare visual encyclopedia.
- William Shakespeare: a prestigious playwright, whose work is still appreciated and revisited, has become an essential figure of today's pop culture (ex. *Ten Things I Hate About You*, *She's the Man*).
- A beautiful and delicate layout.
- A rich content that immerses us in the details of Shakespeare's work and its adaptations, with many photographs and illustrations.

## Key Features

- A complete introduction of William Shakespeare's life and his work.
- A thorough presentation of Shakespeare's works' adaptations (TV, Film, plays, etc.).
- Heavily illustrated with photos and illustrations.

## Who is it For?

- Anyone who loves William Shakespeare's plays.
- Anyone interested in knowing one of the legendary playwrights in the English literature.
- Anyone interested in knowing more about the works that inspired a variety of pop culture.

**Publication Date**  
October 2025

**Trimmed Page Size**  
237 x 292 mm

**Extent**  
TBC

**Word count**  
TBC

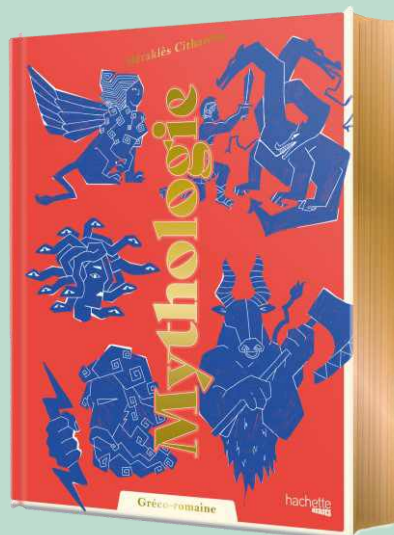
**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€35.00

**9782017284604**

**hachette**  
**HEROES**



**Publication Date**  
October 2025

**Trimmed Page Size**  
215 x 280 mm

**Extent**  
304 pages

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€40.00

**9782017276210**

**hachette**  
**HEROES**

www.hachettepratique.com  
All information is subject to change

# Greek-Roman Mythology


Whether you're a history buff, a fan of legends or simply curious about the stories that have shaped pop culture, this book is a must-have.

## Description

"In this captivating book, the author guides readers through the key moments of Greco-Roman mythology, divided into 6 chronological chapters. Begin with the creation of the world by Chaos, Gaia and Ouranos, then plunge into the heart of the Titans' epic war against the Olympians. Explore the advent of men and heroes, from the exploits of Heracles to the journeys of Ulysses, via the tragedies of Oedipus and Antigone. Finally, follow the fascinating story through to the gradual disappearance of the Greek and Roman gods. This is not just a journey into the past, but also an exploration of mythology's enduring influence on contemporary culture: Martinez peppers his tale with pop culture references, from films to series to books.

## Author

**Héraklès Citharède** is an expert author with a passion for mythology and pop culture and a habitual popularizer, especially on Twitter with 32 K followers.

 @heraklescithare  
33k followers

**Djohr** has already worked with a number of publishers and is a master in the art of using colors and shapes to give her illustrations a double reading. For this book, she has adopted a two-color process: each chapter will have its own color palette.

 @djohr

## Key Selling Points

- Djohr's illustrations are the perfect complement to this book, with two-color work for each chapter and double-reading drawings that invite deeper exploration of myths and symbols.

## Key Features

- An exhaustive work on Greco-Roman mythology: over 50 myths explained, hundreds of characters and almost 150 illustrations!
- A chronological approach with 6 chapters corresponding to the 6 key periods of Greco-Roman mythology!
- A non-exhaustive list of pop culture references (Harry Potter, Marvel, Percy Jackson, Lore Olympus, BTS,...).

## Who is it For?

- Anyone interested in Greek-Roman Mythology.

**Publication Date**

September 2024

**Box Size**

130 x 130 mm

**Extent**

Booklet: 23 pages  
200 cards

**Word count**

Approx. 2000 words

**Illustrations**

Yes

**French Cover Price**

€17.95

9782017284505

**hachette**  
**HEROES**

# Are you a real Ghibli fan?

More than 200 questions and challenges to find the ultimate Ghibli fan!

## Description

Do you consider yourself to be the biggest fan of Studios Ghibli and their animated films? Challenge your friends with this unofficial game to find out which of you is the ultimate fan!

With 120 quiz questions, 40 challenge cards and 40 shadow cards where you'll have to guess the characters depicted, be the first to cross the forest to join the wild god Shishi-gami, protector of nature.

## Author

**Rodolphe Massé** is an author, who has also worked on Escape game *Sherlock Holmes vs Moriarty* (Hachette Heroes, 2022).

**Simon Delart** is a graphic designer and illustrator. His work is influenced by pop culture, which has always inspired him.

## Key Selling Points

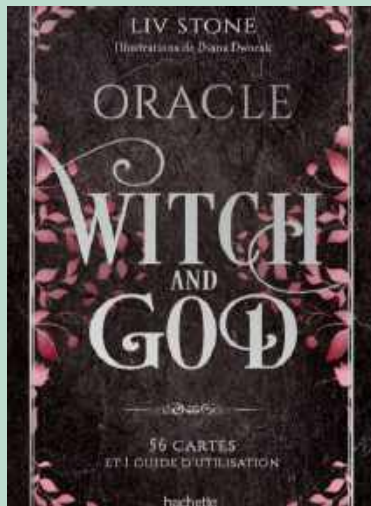
- A family game that combines quizzes and 100% new challenges.
- In the same vein as *Are you a real Disney Fan?*: 20,000 copies sold.
- Success of the Ghibli universe at Heroes:
  - *Cooking in Ghibli*: 43,000 copies sold.
  - *Big Ghibli Quiz*: 10,000 copies sold.

## Key Features

- A complete game box with cards, counters and game board.
- 120 quiz questions, 40 challenge cards and 40 shadow cards.
- A 24 pages explanatory booklet.

## Who is it For?

- Fans of the Ghibli universe.
- Fans of board games.



# Witch & God, The Official Oracle

The official oracle inspired by the best-selling Witch & God saga

## Description

Take control of your destiny with this official oracle from the best-selling literary saga Witch and God! This boxed set includes 56 beautifully illustrated cards and an interpretation guide.

Like Panthea the clairvoyant, let yourself be guided by the power of Liv Stone's cards and words...

## Author

**Liv Stone** is a romance author. She also writes under the name Marie Valente. Passionate about history and archaeology, she embarked on every possible and unimaginable study of the subject, and even spent a year working in Cairo, Egypt. Her first romances were inspired by archaeology and myths and legends (including the Horsemen of the Apocalypse incarnated as fearsome bikers).



@livstoneautrice  
10,2k followers

**Diana Dworak** is a London based illustrator who is inspired by anything fantasy and whimsical. Diana is well-known for her fanart for Throne of Glass series by Sarah J. Maas. She has also illustrated characters from The Gilded Wolves Trilogy.



@dianadworak  
32,7k followers

## Key Selling Points

- An oracle inspired by the bestselling Witch & God saga by Liv Stone: 160,000 copies sold in all of the 4 novels!
- Simultaneous publication with the new volume, Witch & God: Les dieux du temps - Tome 2 at BMR + cross-promotion.
- An immersive oracle that perfectly echoes the story of the new volume: the heroine is a witch who uses this very oracle!
- Liv Stone, a highly committed author with thousands of fans.

## Key Features

- 56 cards and a booklet.

## Who is it For?

- Fans of Witch & God.

**Publication Date**  
November 2024

**Trimmed Page Size**  
115 x 190 mm

**Extent**  
64 pages

**Word count**  
Approx. 12,000 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€24.95

**9782017284581**

**hachette**  
**HEROES**







# DARK SIDE

With origins more noble than one might think, true crime is a genuine literary tradition that now permeates all media: cinema, series, podcasts, and more. Because this reality resonates with our darker sides and because writing about horror allows us to distance ourselves from it, true crime captivates.

Often, reality appears more chilling than fiction, a reality that fascinates, sometimes bordering on voyeurism. The reader can explore, with Dark Side publications and its various collections, this vast continent of our darkest realities: news and other well-known or more confidential criminal cases, organized crime and trafficking of all kinds, high-level criminality, serial killers, espionage, terrorism... the field of exploration is sadly inexhaustible.

Dark Side: the first publishing house exclusively dedicated to true crime.



### Publication Date

June 2024

### Trimmed Page Size

150 x 230 mm

### Extent

272 pages

### Word count

64,923

### Illustrations

Yes

### Binding

Softcover

### French Cover Price

€22.00

9782017234609

# DARK SIDE



[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Tales of Terror: Japan

The King of True Crime returns with a book dedicated to Japan.

## Description

The 8 stories in this book are 100% true and 100% terrifying! Discover the facts from each investigation, the psychology of the protagonists, the debates during the trials and the advances in criminology. As he does so brilliantly on his Youtube channel and in his successful first two books, McSkYZ takes on 8 new breathtaking international true crime cases.

## Author

A true-crime enthusiast, **Joris Lavarenne aka McSkYZ** has been posting a new 'creepy but true' story on his YouTube channel almost every Friday night since 2018. Workaholic, he locks himself away for up to twelve hours a day in his home recording studio. Mysterious disappearances, murders, kidnappings - all the cases are analysed by him, from the discovery of the crime to its resolution. His videos have between 500,000 and 1.5 million views.



@mkskyzt  
138k followers



@mcskyz  
1.8M subscribers

## Key Selling Points

- Author with a big audience and a strong presence in the online true-crime community.
- More than 13,000 copies sold since publication.
- Follows the success of his first two books in this collection, with over 82,000 copies sold.
- Huge popularity of true-crime shows and crime stories.

## Key Features

- 8 true-crime stories from Japan:
  - Serial killer Seito Sakakibara,
  - The Lindsay Hawker case,
  - Tsutomu Miyazak, the Otaku murderer,
  - Fusako sano's captivity,
  - Child murderer in Sasebo,
  - Yuka Takaoka, the real Yandere,
  - Issei Sagawa, the cannibal,
  - Takahiro Shiraishi the Twitter killer.
- Ordered chronologically, with facts introduced in the order they were discovered by the police forensic department.
- All sources provided to the readers so they can continue to research further.

## Who is it For?

- Fans of true crime and crime-shows.
- Anyone interested in crime, the police, or forensic science.



**Tales of Terror: Nordic Crimes**  
**October 2025**



# Tracking Down the Backpack Killer

The first graphic novel from McSkyz!

## Description

Belanglo Forest, Australia, 1992. Runners discover a decomposing corpse. The next day, a second body is exhumed 30 metres away. This macabre discovery marked the beginning of the hunt for the backpack killer, a case that sent shockwaves across the country.

Ivan Millat mainly targeted backpackers, hence his nickname. He would invite them on a hike with him to discover the Australian countryside before torturing them in various ways, killing them and even raping them. Born into a family of delinquents and potential murderers, it was never known whether he acted alone or with the help of his brothers... Only 7 bodies have been found, but there are still many suspicions about his family.

This comic book takes us on a journey to meet the various victims and the hunt for this murderer in the Australian outback.

## Author

A true-crime enthusiast, **Joris Lavarenne** aka **McSkyz** has been posting a new 'creepy but true' story on his YouTube channel almost every Friday night since 2018. Workaholic, he locks himself away for up to twelve hours a day in his home recording studio. Mysterious disappearances, murders, kidnappings - all the cases are analysed by him, from the discovery of the crime to its resolution. His videos have between 500,000 and 1.5 million views.



@mkskyzyt  
138k followers



@mcskyz  
1.86M subscribers

## Key Selling Points

- True Crime graphic novels: a growing format.
- Author with a big audience and a strong presence in the online true-crime community.
- An illustrator specialising in horror who has already published comics (LowReader sold 7,700 copies) and is already working with McSkyz.
- Follows the success of McSkyz's first series *Tales of Terror*.

## Key Features

- A thorough investigation of a chilling case.
- A comic-book format in keeping with the world of McSkyz: illustrations that have already been used and enjoyed in his books and videos.

## Who is it For?

- Anyone interested in true crime and crime-shows.
- Fans of McSkyz's work.

### Publication Date

October 2024

### Trimmed Page Size

170 x 240 mm

### Extent

128 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€17.95

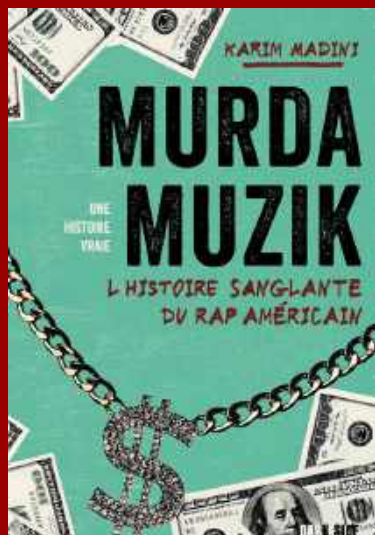
9782017234685

**DARK SIDE**



[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

**Publication Date**

February 2025

**Trimmed Page Size**

150 x 230 mm

**Extent**

304 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Softcover

**French Cover Price**

€22.00

9782017309048

**DARK SIDE**



[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Murda Muzik

## The Bloody History of American Rap

### Description

More than 60 rappers have been murdered since 1987, including the famous Tupac Shakur in 1996 and Notorious BIG in 1997, right up to the murder of Takeoff, who was shot dead in November 2022, following 5 other murders in 2022.

American rap is a music industry that is fascinating because of its crime rate and its close links with crime, organised crime and drug trafficking. This book recounts this bloody history through the stories of several of these violent deaths, against a backdrop of gangs, drugs and mythical clashes.

### Author

Born in Paris in 1972, **Karim Madani** is a former journalist and an acclaimed specialist in American alternative culture and urban music. He met and interviewed some of the biggest artists on the scene in the 1990s (50 Cent, Wu-Tang Clan, Puff Daddy, Jay-z). Since 2005, he has also written around twenty books, including biographies (La Fouine published by Flammarion, Spike Lee and Kanye West published by Don Quixote) and novels, including Griselda Blanco (published by Dark Side).

### Key Selling Points

- 17 in-depth investigations into some of the biggest murder cases – solved or not – in the history of American rap.
- An author who is a renowned specialist on the subject of American alternative culture.
- A fascinating topic which is becoming more popular, from true-crime graphic novels to television documentaries.

### Key Features

- Chapters organized by region, from New York to L.A. to Chicago.
- Investigation into the lives of some of the biggest American rappers, including The Notorious B.I.G. and Tupac Shakur.
- Discusses not just the murder case, but the bloody story which surrounds it, giving insight into the world of drugs, gangs, and socio-economic politics in America at the time.

### Who is it For?

- Anyone interested in rap and hip-hop culture.
- Fans of the most prominent American hip-hop artists and their music.
- Those fascinated by true crime, and both cases which have been solved, as well as cold-cases.

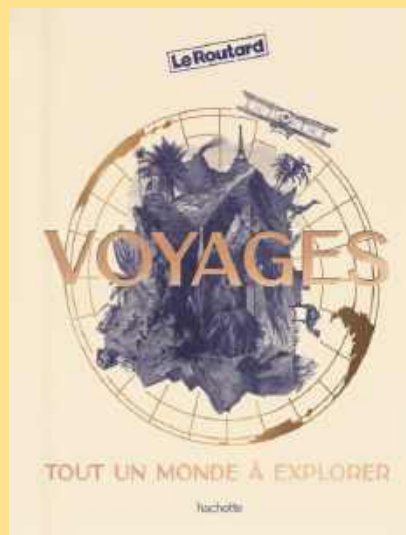








With its collections that reflect the diversity of today's travel, Hachette Tourisme is the leading travel guide publisher in France. With a 38% market share, we publish numerous collections dedicated to travel: Le Routard, the best-selling guidebook collection in France, as well as Les Guides Bleus, Un Grand Week-End, Evasion, Guides Voir, Guides Simplissime, and many inspirational books dedicated to travel and discovery.



# Le Routard - The Most Impressive Travels

## The Traveler's Bible

### Description

With this extraordinary traveler's bible, Le Routard takes you on the most fabulous of journeys! A real round-the-world trip to dream about and help you choose your next destination.

More than just a book of inspiration, this book-event is a journey in itself. It's a lavish, modern, illustrated encyclopaedia for all those who are curious and love travel. Open this book, and you won't be able to close it again!

### Key Selling Points

- New, enhanced edition (32 additional pages, 5 new chapters and new postcards).
- An encyclopedia of travel that's out of the ordinary, rich and exciting: great gift potential!
- Extraordinary photos.
- **Practical and inspirational:** Practical travel tips + culture, geography history of each destination.
- **Over 100,000 copies of the 1<sup>st</sup> edition already sold.**

### Key Features

- A real round-the-world trip to dream and help readers choose their next destination.
- More than **80 chapters** exploring a variety of themes:
  - The most beautiful treks in the world
  - The best party spots in Europe
  - 25 legendary road trips
  - Not-to-be-missed festivals
  - Street food
  - The world's most beautiful islands
  - How to go about woofing
  - The best train journeys
- As a bonus, in this new, expanded and completely updated edition, you will find **new chapters**:
  - The most beautiful forests in the world
  - Baths, spas and hot springs
  - Big and small adventures
  - Places in the middle of nowhere
  - Responsible travel

### Who is it For?

- Anyone interested in traveling and discovering new places and experiences.
- Travel lovers.

#### Publication Date

October 2024

#### Trimmed Page Size

245 x 327 mm

#### Extent

400 pages

#### Word count

Approx. 220,000 words

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€39.95

**9782017883906**

 **hachette**  
TOURISME



# Europe's Most Beautiful Hikes

With Le Routard, discover Europe's most beautiful hikes!

## Description

The West Highland Way in Scotland, crossing the Dolomites in Italy, the Path of the Gods on the Amalfi Coast, the Laugavegur in Iceland, Andros in the Cyclades, but also in France, with the Tour de Belle-île, crossing the Hauts-Plateaux of the Vercors, the waterfalls of the Jura or the volcanoes of Auvergne...

From short one-day hikes to more demanding multi-day treks, set out to conquer Europe's most beautiful landscapes. With over 200 photos and day-by-day route descriptions, this inspirational book will help you choose your next hike or, for the less sporty among you, escape effortlessly from the comfort of your sofa!

Choosing to do a trek or hike over several days means deciding to set off almost autonomously to discover splendid landscapes and new cultures. More than performance, it's the journey that counts. In all cases, set off well-equipped, in good physical shape and aware of the weather conditions!

## Author

**Sylvain Bazin**, a specialist journalist and author, has written numerous articles and books on hiking.

## Key Selling Points

- A beautiful book on the 50 most beautiful hikes in Europe. Sylvain Bazin, author and specialist journalist, has already written numerous articles and books on the subject. Original DA, many beautiful photos, route descriptions and practical information.
- Whether you're a seasoned hiker or less experienced, a classification by level will help you find the right (hiking) shoes for the job. For each hike, we also indicate the essential equipment to bring, the number of stages and the altitude difference.
- In the vein of *Travels Through Nature* (Le Routard, 2023), with over 14,500 copies sold.

## Key Features

- For each tour :
  - Description of the itinerary day by day
  - Best season
  - Equipment
  - Difficulty (technical and physical)
  - Positive/negative gradient
  - Cultural sidebars and anecdotes
  - Practical info
  - Map of the route
  - As an added bonus, you can download the route to your smartphone using a QR code
- Introductory pages will give you all the advice you need to prepare your hike (equipment, weather, gear).

## Who is it For?

- Anyone interested in hiking.
- Fans of nature and travels.

### Publication Date

October 2024

### Trimmed Page Size

210 x 270 mm

### Extent

312 pages

### Word count

91,614 words

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€35.00

9782017888024

 **hachette**  
TOURISME

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change





**Publication Date**  
October 2024

**Trimmed Page Size**  
223 x 280 mm

**Extent**  
256 pages

**Word count**  
Approx. 45,000 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€29.95

**9782017210979**

 **hachette**  
TOURISME

www.hachettepratique.com  
All information is subject to change

# The Most Beautiful Trips to Petaouchnok

An original journey to the summits

## Description

With this new beautiful book, the Petaouchnok team takes you on an original and unexpected journey to the 4 corners of the planet and invites you to follow them on their way to the summits!

A gradual ascent to the roof of the world, from the beaches of Brazil to the volcanoes of Alaska, via the Mongolian steppes, the majestic Dolomites and the perched churches of Ethiopia, to finish on the Himalayan peaks. You'll love getting altitude sickness!

Discover more than 50 extraordinary places classified by altitude, spectacular large-format photos, travel and adventure ideas to make you want to go there or simply to make you dream, and anecdotes full of humour. It's a cocktail of escapism, discovery and good humour.

## Authors

Launched by "Rendez-vous en terres inconnues" host **Raphaël de Casabianca** and his lifelong traveling companion **Antoine Delaplace**, Petaouchnok has been a runaway success since its launch in October 2020, with over 320,000 followers on Instagram.



@petaouchnok  
337k followers

## Key Selling Points

- A committed and constantly growing Instagram community (over 320K followers to date).
- Already 2 coffee-table books (over 40,000 copies sold).
- A collection of guides successfully launched in 2023, with over 50,000 copies sold.

## Key Features

- Big, beautiful photos of extraordinary places, with contributions from several top Instagram photographers.
- Original travel ideas.
- Written with an entertaining tone and filled with anecdotes to help you discover unusual places around the world.
- A large format, optimised to make the most of the photos and give better visibility in stores.
- An original construction by altitude: starting at -85 m with Badwater, passing through the Monts d'Arrée in Brittany, and ending at the top of the Himalayas!

## Who is it For?

- Anyone interested in original travelling ideas.

**Publication Date**

March 2025

**Trimmed Page Size**

177 x 224 mm

**Extent**

224 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

€24.95

9782013959438

 **hachette**  
TOURISME

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Japan by Train

## Unusual routes to discover Japan in depth

### Description

Hop aboard to discover a sustainable way to explore Japan at a slower pace.

With a rail network of almost 28,000 km and impeccable on-board service, the train is undoubtedly the best way to get around Japan and discover, at your own pace, the splendor and variety of the archipelago's landscapes. And, in a country where the railway culture is deeply rooted, travelling by train also means discovering a whole side of Japanese life.

In this beautiful book, our authors propose 12 train itineraries between 8 to 18 days across Japan, from the island of Hokkaido in the north to Kyushu in the southwest. From the great urban classic linking Tokyo to Osaka - for a first discovery - to the tour of rural and maritime Japan, via the special onsen itinerary or the secret excursions around Kyoto, there's something for everyone.

### Authors

A **collective of authors** gathered by Hachette Tourism to try out and offer their best routes.

### Key Selling Points

- The trends of travelling via train and slow tourism are getting more and more popular everyday.
- An original book for visiting Japan by train... or simply dreaming of doing so! Unique itineraries to discover the country in depth, focus on Japanese culture and beautiful photos.
- Journeys tried and approved by the authors.
- A slow-tourism journey to enjoy less crowded places while respecting the environment.

### Key Features

- 12 detailed train itineraries, from 8 to 18 days of travel.
- A detailed day-by-day program for each itinerary, written like a travelogue.
- Comprehensive practical information for each route.
- Thematic double-page spreads shedding light on the country's culture (the Japanese and nature, religion in Japan, onsen, samurai and geisha...).

### Who is it For?

- People with a desire to discover Japan in a new way.
- People looking for new slow-tourism routes.

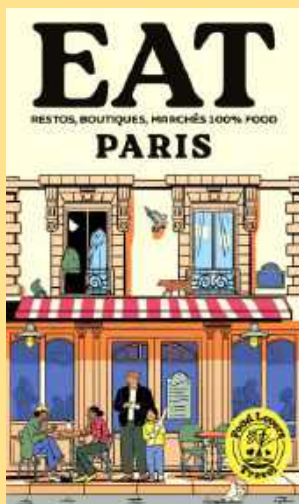
### From the same collection:

Italy by Train, 2021

Northern Europe by Train, 2022

*Rights sold to Germany*





#### Publication Date

March 2025

#### Trimmed Page Size

142 x 200 mm

#### Extent

208 pages

#### Word count

TBC

#### Illustrations

Yes

#### Binding

Paperback

#### French Cover Price

€14.95

**9782017882008**

 **hachette**  
TOURISME

[www.hachettepratique.com](http://www.hachettepratique.com)

All information is subject to change

# Eat Paris

The crème de la crème of the culinary scene in Paris

## Description

If you think that tasting the best pâté en croûte in Paris or enjoying the creamiest flan is as important (or even more so) than visiting the Eiffel Tower or the Louvre, then this guide is for you! In this very gourmet notebook, Annabelle Schachmes has selected the crème de la crème of Parisian addresses for good eating: the best gourmet bistro, the best bouillon, the best croissant, the best "étoilé", but also the most singular neighborhood grocery store or the best cheese shop. She has scoured the length and breadth of Paris to unearth the institutions of each district, the restaurants to be discovered before anyone else, and the markets where the best produce can be found.

## Authors

**Annabelle Schachmes** is a food journalist and author of cookery books, particularly on different culinary cultures. She loves food, but she also loves the people who make it: the shopkeepers and craftsmen who make up the places and life of a neighborhood. Because eating a steak au poivre-frites at Bistrot Paul-Bert is a great way to discover Paris.

## Key Selling Points

- With the participation of professionals such as Mamouz, TV and film producer and Instagrammer (241,000K followers), Samuel Nahon, cofounder of Terroir d'Avenir, and Bertarnd and Gwen Auboyneau, restaurateurs and owners of Bistrot Paul-Bert.

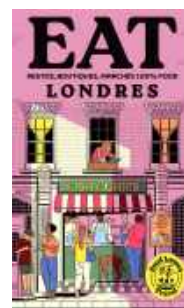
## Key Features

- 100 addresses tasted and validated for a gourmet journey to meet the best artisans in Paris.
- The selection includes the best food addresses in Paris: restaurants, stores, markets, museums, etc.
- Great visuals with neighborhood maps and a modern lay-out.

## Who is it For?

- Travelers for whom eating well comes first.
- Expats living in Paris.
- Anyone interested in trying the very best of the intriguing and world-renowned culinary scene of the city of Paris.

Coming soon in the same collection:







# E/P/A

E/P/A publishes high-quality coffee table and reference books. Combining a highly visual approach with well-researched content and the highest standards of production, E/P/A offers books on Music, Film, Transport, Nature, Adventure, Science, History, and Hobbies.





**Publication Date**  
September 2024

**Trimmed Page Size**  
270x210mm

**Extent**  
528pp

**Word count**  
TBC

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€59.95

**ISBN**  
9782376713968

# ABBA: All The Songs

All of their songs explained and analysed

## Description

Discover all of ABBA's 114 songs; their origins, lyrics, melodies and arrangements. From the very beginning of their journey, chart the evolution of one of the most influential discographies in modern pop through first-hand accounts, rare anecdotes and interview extracts. Rediscover your favourite ABBA hits, from *Waterloo*, and *Super Trooper*, to *Mamma Mia*, *Dancing Queen*, and *Take a Chance on Me*.

All the Songs is the only series in the world to tackle every single track by an artist, and analyse not only the lyrics, cultural influences etc. but also the technical production and musical choices made to produce the song.

## Author

Songwriter and composer **Benoit Clerc** has been working in the French music industry for over fifteen years. After more than 200 concerts as a singer, he is now a composer for TV, advertising and cinema and created his own production company, Tivoli Songs, in 2018. He is the author of other titles in this series including Queen (2020) and Bowie (2021) and Prince (2022).

## Key Selling Points

- International success of the All The Songs series: over 900,000 copies sold across 8 languages
- The most comprehensive titles on a single artist
- Full colour throughout and heavily illustrated - like being on tour with your favourite musician!
- Expert authors
- **2024 will be the 50<sup>th</sup> anniversary of Abba's Euro Vision win as well as Sweden's first win in the contest**

## Key Features

- Feature spreads to provide context, then all songs presented in chronological order
- All of ABBA's 114 songs featured
- First-hand accounts, rare anecdotes and interview extracts
- Photographs of the artist and their entourage
- Extensive research and archival photography behind every volume

## Who is it For?

- Music fans
- Fans of ABBA

E/P/A

# Jane Birkin – an eternal icon of fashion

The timeless iconic styles of the modern-day fashion muse

## Description

**Jane Birkin** is the icon of an era, a style, a generation. Muse to artists and fashion designers, sex symbol and committed woman, she invented her image and her own styles. Just as Brigitte Bardot revolutionized the female silhouette with her hairstyle and bare feet, **Jane Birkin invented a bohemian-chic femininity, simple yet sophisticated.**

By evoking the iconic Jane Birkin through her style, this book shows the artist's universe throughout her reinvented wardrobe. It is a must-have object for every fashion fan.

## Author

Fashion journalist **Sophie Gachet** travelled the world's fashion weeks for *ELLE* magazine from 1998 to 2019. She is the co-author of five books with Inès de la Fressange, including the best-selling book *La Parisienne*, which sold more than 265,000 copies in France alone. Her expertise allows her to bring the readers on a wonderful journey of Jane Birkin's fashion.

## Key Selling Points

- A timeless fashion icon around the world
- Expert and best-selling author on Fashion
  - *La Parisienne* : More than 265K copies sold in France
  - *Bags* (published by E/P/A in 2023): More than 7000 copies sold in France in 6 months. It is also sold in 5 languages
- Very beautiful object with elegant illustrations
- Few books on Jane Birkin's fashion of high quality in the market

## Key Features

- Jane Birkin's styles and her wardrobe
- Fully illustrated with photos and illustrations

## Who is it For?

- Anyone interested in fashion
- Fans of Jane Birkin



### Publication Date

October 2024

### Trimmed Page Size

210x270 mm

### Extent

224 pages

### Word count

14,985

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€35.00

9782376716716

E/P/A

<https://www.editionsepa.fr/>

All information is subject to change



# Rihanna, the Fashion Icon

Discover the myth behind the legend through her unique style.

## Description

Singer, actress, stylist, businesswoman, model...

At 17, Rihanna's first album went gold and sold over two million copies. Surrounded by her loved ones, she wanted to "change the sound of what was on the radio" and in 2009 was the singer who had sold the most albums in the world. In 2012, Forbes presented her as one of the most influential personalities. She breaks the rules and pushes boundaries in everything she does. A strong and resilient woman, an American megastar born in Barbados, a fashion icon; in this book the myth beyond the character is explored through her style.

## Author

**Caroline Hamelle** is a prolific fashion journalist. She regularly writes for publications such as Vogue, Grazia, Figaro Madame etc.

## Key Selling Points

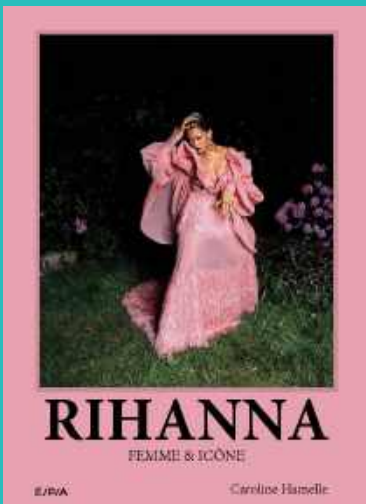
- Rihanna has a huge and devoted fanbase: 151 million followers on Instagram!
- Pop star fashion is a hot topic for fans and the general public.
- At look at Rihanna's fashion journey, from breakout star to major icon.

## Key Features

- All the iconic moments of Rihanna's career broken down through the lens of fashion.
- Beautiful photography of the pop star and her clothes.

## Who is it For?

- Anyone interested in fashion and pop culture.
- Fans of Rihanna.



### Publication Date

January 2025

### Trimmed Page Size

210x270 mm

### Extent

208 pages

### Word count

TBC

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€35.00

9782376716785

E/P/A



#### Publication Date

October 2024

#### Trimmed Page Size

201x270 mm

#### Extent

240 pages

#### Word count

19,192

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€45.00

9782376716709

E/P/A

<https://www.editionsepa.fr/>

All information is subject to change

# The Art of *Terre de fer*

Discover iconic French ceramics as you've never seen them before!

## Description

*Terre de fer* is part of a large family of ceramics. It reached its peak in France in the late 19th - early 20th century and was produced by the leading French manufacturers of the period for several decades. Today, it's being rediscovered as a table decoration, both at home and in restaurants.

This beautiful book is not a simple catalogue nor dictionary of *Terre de fer*. It is a poetic and inspiring art book showcasing a superb collection of *Terre de fer* and telling the story of French *art de vivre*.

Through 50 pieces of everyday tableware with iconic patterns, Blanche Patine offers a visual, aesthetic and artistic journey through ceramics.

## Author

After several years working in art galleries and auction houses, **Blanche Patine** fell in love *Terre de fer*: its touch, its character, its charm and its delicacy. She now seeks it out in flea markets, auctions, home sales, castle sales, garage sales and second-hand stores, and sells it on to collectors, enthusiasts and lovers of this beautiful tableware all over the world via her website and Instagram account.



@blanchepatine

48k followers

## Key Selling Points

- A beautifully illustrated book.
- A rare and refined subject, with few books on the market specialized on it.
- Passionate and expert author: recognized in the press (Vogue, Elle).
- Wonderful photos of a unique collection.
- Great gift potential.
- The popularity of vintage décor.

## Key Features

- 120 beautiful photos.
- Presentations of tableware (soup tureen, plate, vegetable dish in original shapes, mustard pot, sauceboat, sugar bowl, sponge holder, bowl, large oval dish, small pedestal dish, rectangular dish, cups, saucers, pitcher, salad bowl, decorations).
- Presentations of key patterns (hollyhocks, chrysanthemums, etc.).
- Information about the history of *Terre de fer* and its manufacturers.

## Who is it For?

- Anyone interested in ceramics and antiques.
- Earthenware fans.
- Ceramic art collectors.
- Anyone who is interested in tableware history in the world.

**Publication Date**

October 2024

**Trimmed Page Size**

245x330 mm

**Extent**

224 pages

**Word count**

TBC

**Illustrations**

Yes

**Binding**

Hardcover

**French Cover Price**

80€

9782376716679

# The Art of Dining

## The Opulent World of French Silver Table Settings

### Description

Embark on a journey through the grandeur of French dining, featuring stunning silver table settings that are truly works of art. Discover 12 beautifully curated tables, each adorned with magnificent pieces of solid silver crafted by the world's finest silversmiths. From the elegance of the 18th century to the glamour of the Art Deco era, this book showcases the rich history of French dining. It's an invitation to experience the luxury of these spectacular tablescapes, complete with delightful insights into their evolution and etiquette. Plus, savor the culinary delights with Petrossian's exclusive recipes to complement these silver masterpieces.

### Author

**Stéphane-Jacques Addade**, is an art historian, connoisseur of Art Deco, and a collector of silverware. In 'The Art of Dining,' he shares his passion for the history and elegance of French silver table settings.

### Key Selling Points

- Immerse yourself in the world of French silver dining with stunning photographs of 12 exquisite tables.
- Indulge in culinary delights with recipes from the famed Maison Petrossian.
- Art historian and collector Stéphane-Jacques Addade shares his expertise.
- Be inspired by these elegant tablescapes.
- The art of French dining, for all the world to discover.

### Key Features

- Explore 12 meticulously designed tables adorned with rare and exquisite silverware.
- Exclusive recipes from Maison Petrossian that complement the silver settings, creating a complete dining experience.
- Stunning visuals capture the beauty of these silver tablescapes.
- Organized chronologically, tracing the evolution of French dining from the 18th century to the Art Deco era and beyond.
- Number of photos: TBC

### Who is it For?

- Connoisseurs of fine dining and table settings.
- History, culinary, and art lovers intrigued by French culture.

# E/P/A



### Publication Date

October 2024

### Trimmed Page Size

245x330 mm

### Extent

224 pages

### Word count

9,089

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€50.00

9782376713654

# Mountains

## Europe's Breathtaking Mountain Landscapes

### Description

Embark on a spectacular journey through the heart of Europe's most magnificent mountains. In this visually stunning book, Florian Riou ventures into the European mountain ranges, capturing the most awe-inspiring images and captivating atmospheres. His photographs reveal the mountains in all their intimate grandeur—a moment of respite amidst a challenging hike, where nature is truly at its most sublime.

### Author

**Florian Riou** is more than just a photographer; he's a mountain enthusiast whose passion is capturing the grandeur and essence of Europe's most iconic peaks. Over several years experience of exploration and photography, Riou has honed his craft to reveal the soul of these awe-inspiring landscapes.



@florian.riou

12k followers

### Key Selling Points

- Immerse yourself in Europe's most beautiful mountain landscapes through breathtaking photography.
- Florian Riou's deep love for mountain landscapes and nature comes through in his stunning photographs.
- An up-and-coming photographer with a strong social media presence.
- A return to and testament to the beauty of nature.
- Featuring mountain ranges from across Europe.

### Key Features

- Discover the most awe-inspiring vistas from Europe's grandest mountains.
- Witness the mountains in moments of serenity and raw beauty.
- Riou's photography captures the essence of a true mountain enthusiast.
- Organised by altitude: as you progress through the book, you will go higher into the mountains.
- 62 breathtaking photos of mountain landscapes.

### Who is it For?

- Nature enthusiasts and mountain lovers.
- Fans of nature photography.

E/P/A





#### Publication Date

June 2025

#### Trimmed Page Size

210x295 mm

#### Extent

240 pages

#### Word count

TBC

#### Illustrations

Yes

#### Binding

Hardcover

#### French Cover Price

€39.95

9782376713722

E/P/A

<https://www.editionsepa.fr/>

All information is subject to change

# The Art of Freediving by Julie Gautier

An impressive journey under the ocean.

## Description

Dive into a captivating underwater adventure with freediving dancer Julie Gautier. An underwater storyteller for many years, Gautier now takes up the pen and invites us on a profound, introspective journey deep into the ocean's heart.

After collaborating with global artists, including Beyoncé, Gautier embarks on this stunning odyssey, offering a breathtaking exploration beneath the waves. Accompanied by enchanting underwater photography, this exquisite coffee table book is an invitation to reflect and meditate on the ocean's beauty.

## Author

**Julie Gautier** is a French freediving champion (and one of the 10 best freedivers on the planet), model, dancer and film-maker.

A modern-day siren, her dreamlike aquatic films helped her achieve worldwide fame. This led her to direct the music video for Beyoncé's *Runnin' (Lose It All)*, which has over **450 million views**.

She also directed a number of short videos including *Free Fall* (29+ million views) and more recently *AMA* and *Bakélite*, films in which she dances while freediving, performing technical and artistic feats.

## Key Selling Points

- Internationally renowned freediver, an expert in her field.
- Inspirational and introspective journey through the ocean.
- Extraordinary and exclusive photos.
- Great gift potential.

## Key Features

- Approximately 200 photographs.
- Approximately 70% photos, 30% text.
- Her journey as a freediving artist and her experience in the ocean.
- Breathtaking images from both Julie Gautier and professional photographers, including:
  - **Guillaume Néry**: freediving world champion, his book *Profondeurs* has been translated into Chinese, Italian, and Brazilian Portuguese.
  - **Franck Seguin**: world famous sports photographer, winner of the 1<sup>st</sup> prize for Sports in the 2007 World Press Photo Contest for his photo of Guillaume Néry.
  - **Gregory Colbert**: a photographer and filmmaker, his exhibition *Ashes and Snow* has attracted over 10 million visitors. His work features interactions between humans and the natural world.

## Who is it For?

- Anyone interested in the ocean.
- Anyone interested in freediving or anyone who wish to know more.
- Anyone who love beautiful images under the sea.
- Fans of Julie Gautier.



# Artisans of tomorrow

Beautiful travel book of human encounters, stories, cultures, legends and adventures

## Description

Four years ago **Camille** and **Illiès** decided to leave their sedentary life to travel to South Africa... then East Africa, the Middle East and South Asia.

Convinced that humanity is full of individuals who are exemplary in their relationship with others and with nature, they share the stories they have witnessed on their Youtube channel *The Artisans of Tomorrow*.

In this richly illustrated book, they recount their daily life on the road and relate the stories and legends with which they have been entrusted, the cultures they discovered, and the anecdotes that punctuated their adventure.

## Author

Camille (photographer and videographer) and Illiès (writer) love adventure and human encounters. They created the first YouTube travel channel in France, which now boasts **313k subscribers**, **1.1 million views per month** and a total of **17.8 million views** since its creation.



@LesArtisansdedemain  
315k subscribers



@artisandedemain  
211k followers

## Key Selling Points

- Strong following from Youtube channel (315k subscribers)
- Beautiful gift item

## Key Features

- Richly illustrated with photographs by Illiès, some of which are totally exclusive
- Retraces the last two years of their journey, from the Caspian Sea in Iran to the foothills of the Himalayas in Pakistan, discovering the gardens of Isphahan, the Bandari fishermen, the Baluchi people, the Fakirs of Sindh, the imposing historic city of Lahore and the nomads of the Thar desert.

## Who is it For?

Anyone interested in adventure and discovering other cultures

### Publication Date

September 2024

### Trimmed Page Size

280x220 mm

### Extent

256 pages

### Word count

46,794 words

### Illustrations

Yes

### Binding

Hardcover

### French Cover Price

€35.00

9782376711643

E/P/A



**Publication Date**  
February 2024

**Trimmed Page Size**  
135 x 185 mm

**Extent**  
144 pages

**Word count**  
19.593 words

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€19,95

**ISBN**  
9782376714910

# ILLUSTRATED DECLARATION OF WOMEN'S RIGHTS

## A Timeless Testament to Women's Rights – Feminist Voices through Time

### Description

Two landmark texts in the history of women's rights, Olympe de Gouges' Declaration of the Rights of Women and the Female Citizen (1791) and the United Nations Declaration on the Elimination of Discrimination against Women (1967), have been brought together and fused with vibrant artwork. The whole is enriched by texts by writers and public figures past and present, all defenders of the cause of women and addressing the essential themes of freedom and gender equality.

### Author

**Anne Bouillon** is a distinguished French lawyer and a prominent advocate for women's rights. Widely recognized for her unwavering commitment to ending violence against women, Anne co-founded the United Feminist Action Network (*Réseau d'actions féministes unies or Rafu*) in 2016. Her exceptional contributions earned her a place among the Top 30 most influential lawyers in France according to GQ in 2018. **She is also the great-niece of Joséphine Baker, who has a crucial significance to women in History.**

**Shaparak Saleh** is a lawyer and co-founder of **Femmes Azadi**, an association dedicated to raising awareness about the transformative women's rights movement in Iran since September 2022. With a passionate focus on amplifying the voices of Iranian women, Shaparak actively contributes to the global dialogue on women's rights.

A collection of illustrators with a combined Instagram following of :



541 k followers

### Key Selling Points

- Expertly curated feminist texts spanning centuries.
- **Contemporary commentary by specialized and committed authors**
- A beautiful coffee-table book: Great gift potential.
- An important topic, relevant around the world.
- **Over 9 000 copies of the 1<sup>st</sup> edition were sold in France**
- **New edition with brand new illustrations by a group of popular artists to accompany the text**

### Key Features

- A comprehensive exploration of gender equality.
- Two historic feminist texts, expertly annotated.
- Contributions from modern writers and activists.
- Stunning illustrations by widely-followed artists who are also social activists, to bring history to life.
- Reference book with a holistic examination of women's rights through history.

### Who is it For?

- Feminists and advocates for women's rights.
- Students and scholars of gender studies
- Anyone passionate about social justice

E/P/A



**Publication Date**  
October 2024

**Trimmed Page Size**  
230x285 mm

**Extent**  
256 pages

**Word count**  
62,500 words approx.  
(250,000 characters  
approx.)

**Illustrations**  
Yes

**Binding**  
Hardcover

**French Cover Price**  
€35.00

**9782376714460**

# Outlaw Porsches

The rock 'n roll car restoration that took the world by storm

## Description

Originating in the 1980's in the United States, the first Outlaw Porsche was designed to give new life to old abandoned 356s. The concept: to bring abandoned Porsches back to life by breaking all the rules of original restoration. They adopt a rebellious look that earns them their name. This underground culture has since been popularized on the international scene to the point of establishing itself as a revival for Porsche enthusiasts. For today's collectors, a good Porsche outlaw is sometimes better than an original. The book looks back at the origins of the outlaw, presents the flagship/iconic models (restored by Emory Motorsport, the driving force behind the approach and its success) before turning to more recent, international models.

## Author

**Michael Levivier** is a French writer, journalist and professional photographer. He worked for the magazine Moto Journal before becoming a freelancer in 2016. He has written several books about cars and motorbikes published by EPA and is the author of the collection "*Un Art De Vivre*" (A Way Of Life)

## Key Selling Points

- Popular topic – over 11,000 copies sold of **Porsche 911**.
- Great gift potential.
- A well-known brand with international appeal.
- By an expert author and photographer.
- An intriguing exploration of the outlaw Porsche phenomenon.

## Key Features

- A rock 'n roll story about a classic car.
- Striking photography showcasing the evolution of outlaw Porsches.
- Profiles of passionate collectors and enthusiasts driving the movement.
- A fresh perspective on Porsche's enduring appeal.
- Organized thematically, including an introduction to the movement, plus profiles of outlaw Porsches and the story of their renovation.

## Who is it For?

- Car enthusiasts around the world.
- Fans of Porsche.

E/P/A