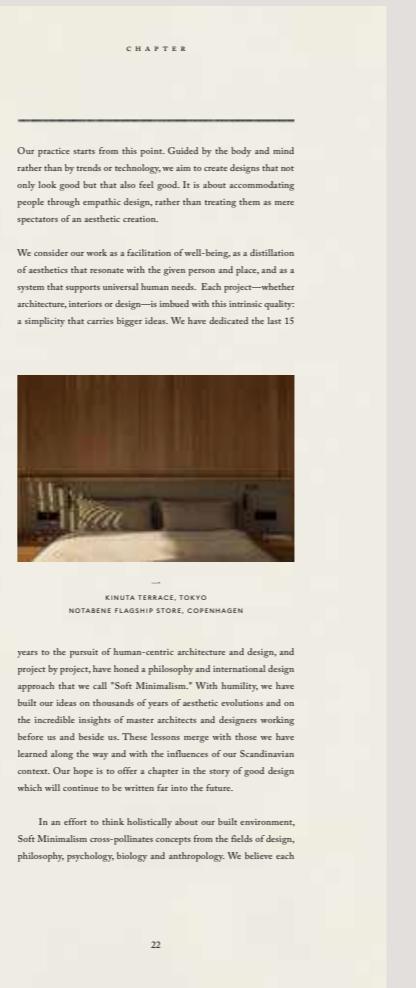


gestalten

Fall 2024





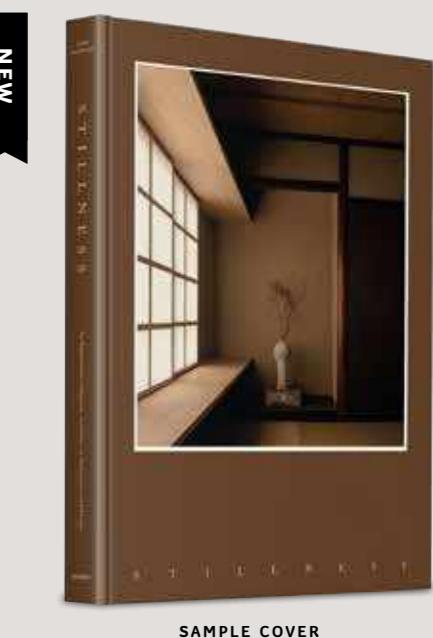
## STILLNESS

### An Exploration of Japanese Aesthetics in Architecture and Design

By: Norm Architects  
Features: Full color, linen hardcover, stitch bound, 304 pages, 24.5 x 33 cm, 9 ¾ x 13 inches  
Price: €60 (D) £55 \$90 (US)  
ISBN: 978-3-96704-158-3



RELEASE (EUROPE & UK): AUGUST 2024  
RELEASE (INTERNATIONAL): SEPTEMBER 2024



SAMPLE COVER

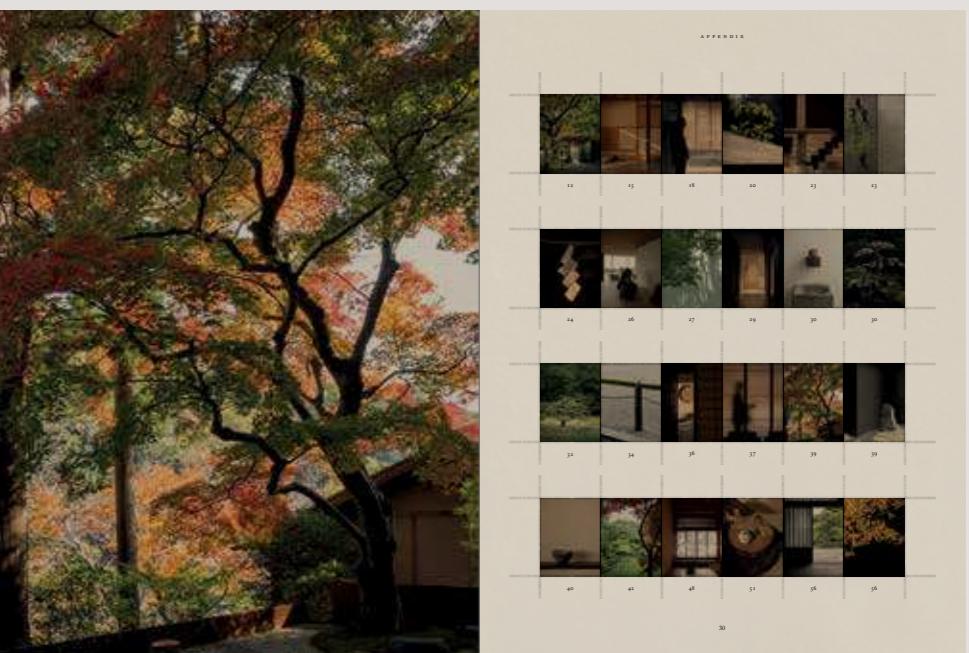
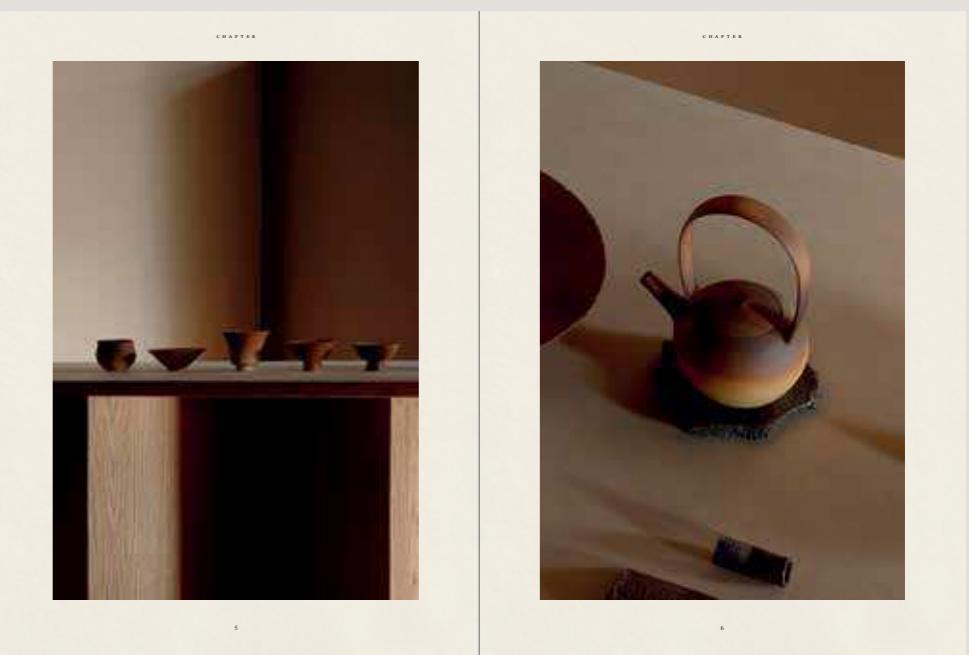
After over a decade of travel, study and creative collaboration with Japan, Norm Architects' shares their uniquely Scandinavian view of Japanese aesthetics.

The book features richly illustrated dispatches from visits to Japanese landscapes, architecture and cultural sites, shedding light on the influence Japanese traditions have had on the studio's contemporary projects, such as the Äng restaurant in Sweden or Heatherhill Beach House in Denmark. Juxtaposing images from Japan with Norm Architects' work, the book highlights the centuries-old connections between the distinct design cultures, emphasizing mutual respect and shared philosophies. Commentary from expert collaborators in both regions provides in-depth understanding into key design principals. At once an ode to Japan, a personal travelogue, and an aesthetic manifesto, *Stillness* takes readers on Norm's decade-long journey as they've sought to understand one of the world's most revered creative cultures.

#### WHAT TO EXPECT

- Over 300 original images of Norm Architects' experiences in Japan spanning architecture, interiors, furniture, art and nature
- Interview-based essays exploring the resonance between Japanese and Scandinavian aesthetics
- Overviews of key philosophies in Japanese aesthetics

**NORM ARCHITECTS** is a Copenhagen-based practice founded in 2008 working within architecture, interiors, design and photography. Norm's sensory yet simple work aims to balance richness with restraint and order with complexity. Building on centuries of cultural exchange between Japan and Scandinavia, Norm Architects' years of close collaboration with Japanese designers has shaped their design philosophy.





**Ennis House**  
Frank Lloyd Wright · Los Angeles, CA · 1924

220

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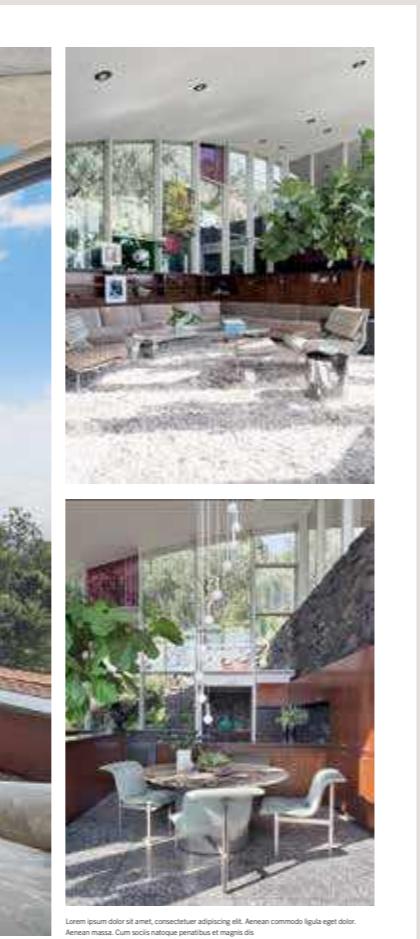
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221



**Garcia House**



199

## AMERICAN ICONS

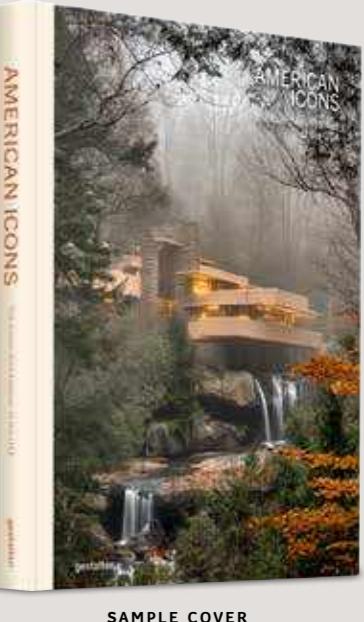
### The Iconic Architecture of the USA

Editors: gestalten & Sam Lubell  
Features: Full color, hardcover,  
stitch bound, 304 pages,  
24.5 x 33 cm, 9 ¾ x 13 inches  
Price: € 60 (D) £ 55 \$ 80 (US)  
ISBN: 978-3-96704-155-2



RELEASE (EUROPE & UK): AUGUST 2024  
RELEASE (INTERNATIONAL): SEPTEMBER 2024

NEW



SAMPLE COVER

Iconic architecture that shapes the American skylines.

The development and expansion of cities in the United States over the last 150 years gave rise to one of the most ambitious and fastest growing building projects the world had ever seen.

The landscape of cities such as New York, Los Angeles, Chicago, and others, transformed immeasurably as a consequence of decades of construction, and some of the most iconic architecture in the world sits in the foundations of the US and its cities.

*American Icons* is a testament to the architectural masterpieces of the United States, from residential homes to skyscrapers, from museums to airports, and beyond. It features astounding works by renowned architects Mies van der Rohe, Frank Lloyd Wright, John Lautner, and many others.

Through detailed, professional photography, as well as captivating reads by The New York Times writer Sam Lubell, *American Icons* unfolds the stories that form the American skylines, stories told by some of the greatest architects of the twentieth century.

#### WHAT TO EXPECT

- A selection of the most striking architecture across the United States
- High-quality professional photography that captures the building to the smallest detail
- Captivating writing exploring the buildings and historical context

**SAM LUBELL** is author of ten books on architecture and his work has appeared among other publications in *The New York Times*, *The Los Angeles Times*, *Architectural Digest*, *Dwell*, *Wired*, *The Architect's Newspaper*.



**Empire State Building**

Shreve, Lamb, & Harmon · New York, NY · 1931

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5



**Frost House**

9



2



## THE NORDIC HOME

### Scandinavian Living, Interiors and Design

Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 256 pages,  
24 x 30 cm, 9 ½ x 11 ¾ inches  
Price: €50 (D) £45 \$75 (US)  
ISBN: 978-3-96704-168-2



RELEASE (EUROPE & UK): OCTOBER 2024  
RELEASE (INTERNATIONAL): NOVEMBER 2024

NEW



SAMPLE COVER

An extensive look at the essence of Scandinavian design, celebrating its fundamental concepts of minimalism and comfort.

Design is a cornerstone of Scandinavian culture, with minimalism and cozy meditative living at its core. Its timeless style is seen in many projects all over the world, from furniture pieces to architecture that never goes out of style. Simple and straightforward, it continues to surprise and amaze as designers find new ways to implement it.

From legendary architects like Finland's Alvar Aalto and Denmark's Arne Jacobsen, to contemporary leaders like Norm Architects, the Scandinavian style consistently evokes taste and continues to inspire interior designers and homemakers alike.

*The Nordic Home* is an essential guide to these elegant and captivating spaces and designs, exploring the works of the forefathers of iconic Scandinavian design movements, as well as how those trends developed into contemporary work.

#### WHAT TO EXPECT

- A curated collection of the most striking interiors representing Scandinavian style
- Professional photography capturing the spaces and products in detail
- Stories behind Nordic styles and their creators work





## LIVING IN A DREAM

### Imagined Interiors and Architecture in Digital Art

Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 256 pages,  
22.5 x 29 cm, 9 x 11½ inches  
Price: € 40 (D) £ 35 \$ 60 (US)  
ISBN: 978-3-96704-159-0



RELEASE (EUROPE & UK): SEPTEMBER 2024  
RELEASE (INTERNATIONAL): OCTOBER 2024



SAMPLE COVER

This collection is an inspiring celebration of boundless imagination and the transformative power of design.

Artificial architecture has developed considerably in recent years, giving studios, professionals, students, and passionate enthusiasts the tools to create striking interior and exterior scenes.

The limitless ability of the human imagination, coupled with powerful AI tools, has created a possibility to conceive and visualise perfectly realised worlds of dreamy beach houses, utopian skyscrapers, and whimsical interiors.

*Living in a Dream* is a breathtaking compilation of architectural and interior wonders. This curated collection invites readers to wander through the corridors of limitless creativity, where every page unveils a new realm of aesthetic innovation. The book transcends conventional boundaries, offering a glimpse into the minds of visionary artists who have dared to dream beyond the ordinary.

#### WHAT TO EXPECT

- A selection of the most striking imagined architecture and interiors in digital art
- Stunning imagery created by the most outstanding dreamscape artists
- Beyond pure aesthetics, the book provides ideas that could be applied in real-life projects

#### YOU MIGHT ALSO LIKE



### DREAMSCAPES & ARTIFICIAL ARCHITECTURE

Imagined Interior Design in Digital Art

Editor: gestalten  
€29.90 (D) £ 30 \$ 39.95 (US)  
ISBN: 978-3-89955-249-2



Dreamlike Lounge Spots Embedded in Blossoming Nature



Designs for dreamlike interior spaces. From left: 1. Dreamlike lounge spots embedded in blossoming nature. 2. A landscape scene featuring red sand dunes under a clear blue sky, with a small body of water in the foreground. 3. An interior scene featuring a large, light-colored bathtub with blue water, surrounded by lush green plants and vines, creating a dreamlike, natural environment.





## THE HOUSE OF GREEN



### Natural Homes and Biophilic Architecture

Editor: gestalten  
Features: Full color, hardcover, stitch bound, 256 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
Price: €45 (D) £40 \$65 (US)  
ISBN: 978-3-96704-140-8



In the search for the sweet spot where nature and modern-day living meet, *The House of Green* delivers solutions for a perfect blend of both worlds.

*The House of Green* is a collection of the most stunning architecture and interiors incorporating nature in their designs, exploring the benefits to homes, workplaces, and more.

Including an insightful introductory article by the visionary architect Carlo Ratti delving into the crossroads between architecture and nature, as well as texts from experts in biophilic design and gardening, the book demonstrates the imaginative coexistence between human-made construction and the natural world through striking photography.

Whether interested in building innovation, sustainable design, or simply beautiful architecture, professionals, designers, and enthusiasts alike will find immense pleasure in *The House of Green*.



#### YOU MIGHT ALSO LIKE



### EVERGREEN ARCHITECTURE

Overgrown Buildings and Greener Living

Editors: gestalten  
€39.90 (D) £35 \$60 (US)  
ISBN: 978-3-96704-010-4



Editor: gestalten  
Features: Full color, hardcover, stitch bound, 256 pages, 24 x 30 cm, 9 1/2 x 11 3/4 inches  
Price: €50 (D) £45 \$75 (US)  
ISBN: 978-3-96704-124-8



## PREFAB AND MODULAR

### Prefabricated Houses and Modular Architecture

Editor: gestalten  
Features: Full color, hardcover, stitch bound, 256 pages, 24 x 30 cm, 9 1/2 x 11 3/4 inches  
Price: €50 (D) £45 \$75 (US)  
ISBN: 978-3-96704-124-8



Embrace the world of innovative opportunities provided by prefabrication and modular construction, billed by many as the future of modern architecture.

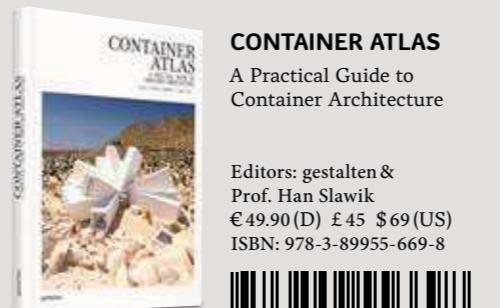
From the tiniest cabins to large-scale buildings, designers and architects all over the world are using prefabrication and modular construction techniques to realize an endless variety of buildings.

*Prefab and Modular* offers a collection of the most striking residential houses, shacks, cabins, micro-homes and extensions, as well as a range of temporary brand architecture and public buildings.

Catering to architects and designers looking to expand their professional knowledge, as well as homeowners who want to efficiently purchase or extend their homes, this book is a comprehensive compilation of prefabrication and modular construction.



#### YOU MIGHT ALSO LIKE



### CONTAINER ATLAS

A Practical Guide to Container Architecture

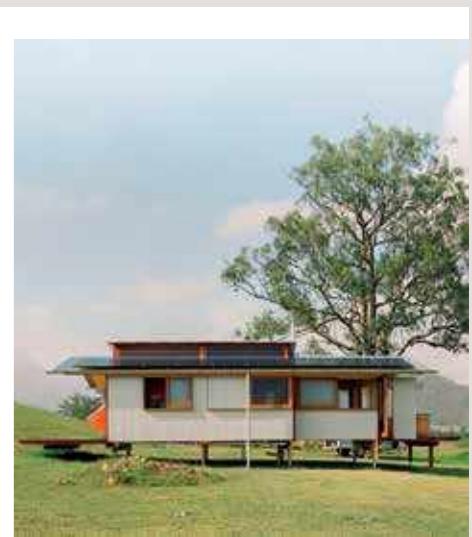
Editors: gestalten & Prof. Han Slawik  
€49.90 (D) £45 \$69 (US)  
ISBN: 978-3-89955-669-8



OM1

Dimensions X Australia Peter Bradbury's ambitious Dimensions X project addresses the increasing need for sustainable housing. Its first model, OM1, is a flexible, pre-customizable modules. Sub-designs ranging from OM1-1 to OM1-4 merge one to four of these compact modules to create a wide range of spaces, from two rooms with specifiable functions. All predesigned rooms optimize storage and space through tasteful, rustic-like design. This level of optimization reduces the resources spent—each build is quick and carbon negative—and makes OM1 highly adaptable. All units are personally configurable, relocatable, and modular, making them suitable for almost any user and site. Each OM1 house shares key features: integrated solar and battery-powered energy; a water system; and a central heating system. To ensure energy efficiency OM1 units may also incorporate open patios and large windows, integrating its users with their natural surroundings.

244



© OM1's pre-designed room options, though modifiable, feature a distinct rustic/rustic aesthetic.  
© Owners can choose the cabin's size, customize its contents, and select finishes such as skylights.

245



• The cabin includes three "shells": two of steel plates slide along tracks, one glass pane slides along tracks, and steel. The "shells" can be joined together completely, permitting a range of configurations with varying privacy levels. The glass pane is for its exposed wooden structure, which has a strong structural integrity while also giving the cabin its artisanal, crafted look.



216 Cabin Anna



217

## UPGRADE YOUR HOUSE



Rebuild, Renovate, and Reimagine Your House

Editor: gestalten  
Features: Full color, hardcover, stitch bound, 256 pages, 24 x 30 cm, 9 ½ x 11 ¾ inches  
Price: €45 (D) £40 \$65 (US)  
ISBN: 978-3-96704-112-5



Turning an unassuming house into a desirable home requires creative vision and skillful execution, but not necessarily a huge budget.

*Upgrade Your House* offers a carefully curated selection of projects that showcase the best renovations, rebuilds, and extensions for private residences across the globe.

At the heart of this book is the philosophy of mindful preservation, which, combined with creative vision and skillful execution can transform a pre-existing building into a dream home. With a focus on inspiring practical solutions, *Upgrade Your House* reveals how changes to floor plans, modern extensions, or cleverly executed refurbishments can unleash the full potential of any property to become a desirable residence.



### A Dilapidated Farmer's Cottage Modernized

MILITARY COTTAGE BY JAN HEDER JENSEN AND STUDIO MARSHALL BLECHER  
TENNANT FARMER'S COTTAGE - MODERN RESIDENCE



Surrounded by barley fields and facing the marshy Gehlinger Brink nature reserve is Nidby's Cottages. After the roof had partially collapsed, the home had low ceilings and a pig sty, and sheds had been tacked to its rear. The architects sought to retain the original brick walls and the original roof—a vernacular that is slowly disappearing from the area. The street-side facade was maintained, but at the back, the home's roofline was raised and the interior was completely renovated. Large black-framed windows are cut into the historic brick, partitioning a sunken outdoor terrace from the interior. The original structure became part of the home—once a maze of 14 rooms—is now a spacious kitchen and dining room, with a chapel-like ceiling. German oak joists were used for the ceiling, and the original roof beams. Rainwater harvesting considerations ensure a high level of insulation with a thick layer of mineral wool, and triple-glazed windows and doors. (Left) Architects Jan Heder Jensen and Marshall Blecher converted the former tenant farmer's cottage into a modern residence with a new roof and triple-glazed windows.

222



200

201

201

201

## KITCHEN INTERIORS

New Spaces and Designs for Cooking and Dining

Editor: gestalten  
Features: Full color, hardcover, stitch bound, 256 pages, 21 x 26 cm, 8 ¼ x 10 ¼ inches  
Price: €39.90 (D) £35 \$60 (US)  
ISBN: 978-3-96704-120-0



Welcome to the beating heart of the home! From Scandinavian design to vintage style, this book shows what's cooking.

The kitchen is where we prepare meals, share food, and create memories with friends and family. But beyond its functional role, the kitchen is also a space that reflects our personal style, taste, and values.

*Kitchen Interiors* takes readers on a journey through the evolution of kitchen design and its impact on our lives. From the early days of the hearth to the modern, open-concept kitchens of today, this book will explore the history, trends, and innovations that have shaped kitchen design.

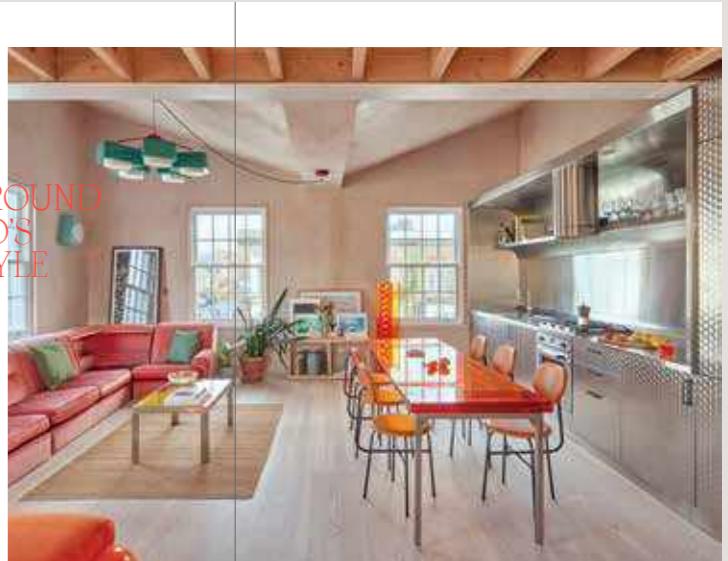


### A TESTING GROUND FOR A STUDIO'S ECLECTIC STYLE

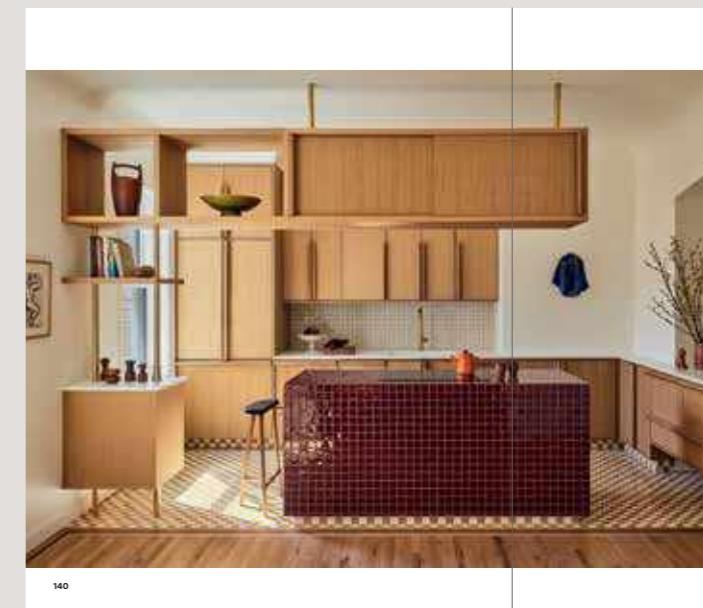
Highbury Apartment - Holloway L1  
London, United Kingdom

Inspired by the local London vernacular of fast food joints, the “urbch-shoph-chic” is a sleek open-plan studio designed to maximize an open-plan living space (which also features a bathroom). The design studio Holloway L1 has used this apartment as a testing ground for its ideas. The studio has a more comfortable, transitory feel than the new, though restrained, contemporary; the apartment retains several original Victorian features, such as the butterfly roof in the living room and the moldings in the ceiling. At the same time, the connection of home and city culture is in evidence. The color palette is brash, with moldings painted in a rich blue, and though the kitchen evokes memories of a good night out on the town, its used here as a testing ground for the apartment that finds echo in the sculptural limestone skirting that lines the room. Holloway L1's furnishings populate the apartment, including a striking resin dining table and its bulbous 14 chairs.

10



11



140



### HARMONY IN AN OPEN SPACE

East Village Apartment - GRT Architects  
New York, NY, USA

In restructuring this apartment in an East Village building from the turn of the 20th century, GRT Architects have created distinct and discrete living, dining, and kitchen areas within an ostensibly open-plan space. The boundaries are subtle. Framed openings replace walls, and transitions are signaled simply by a change in the materials used. In the kitchen, a kitchen island serves as a partition where the dining room starts, and a neat strip of honed travertine demarcates the dining room/living room threshold. The design of the kitchen itself emphasizes its functionality with tiled surfaces, flush cabinetry, and a compact side island.

The finishes are soft and warm—brass fittings, white oak carpentry, and a satin white countertop. Cabinets are either raised to the ceiling or suspended from the ceiling on brass pins, allowing the kitchen to feel more open within the open-plan space and less “built in.” From here, although materials and colors shift from room to room, they do so in harmony and with recurring themes—brass elements and oversized door panels—that tie the spaces together aesthetically.

141

## **BRICK BY BRICK**

Architecture and Interiors  
Built with Bricks



Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
 $24 \times 30 \text{ cm}$ ,  $9\frac{1}{2} \times 11\frac{3}{4} \text{ inches}$   
Price: € 49.90 (D) £ 45 \$ 69 (US)  
ISBN: 978-3-96704-001-2



## **SCANDINAVIA DREAMING**

Nordic Homes, Interiors  
and Design



Editor: gestalten & Angel Trinidad  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
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Price: € 39.90 (D) £ 40 \$ 60 (US)  
ISBN: 978-3-89955-670-4



## **CONCRETE JUNGLE**

Tropical Architecture and its  
Surprising Origins



Editor: gestalten  
Features: Full color, hardcover,  
linen quarter-binding, stitch bound,  
304 pages,  $24.5 \times 33 \text{ cm}$ ,  $9\frac{3}{4} \times 13 \text{ inches}$   
Price: € 60 (D) £ 55 \$ 90 (US)  
ISBN: 978-3-96704-089-0



## **MODERNIST ICONS**

Midcentury Houses and Interiors



Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 320 pages,  
 $24.5 \times 33 \text{ cm}$ ,  $9\frac{3}{4} \times 13 \text{ inches}$   
Price: € 60 (D) £ 55 \$ 80 (US)  
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## **PRETTY SMALL**

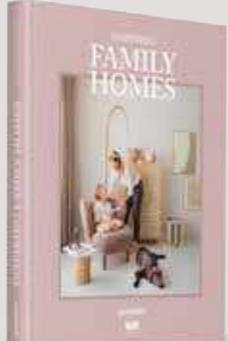
Grand Living with Limited Space



Editor: gestalten  
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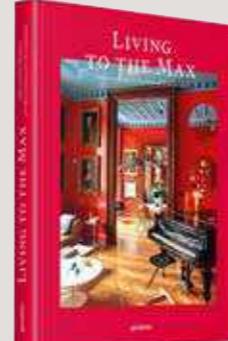
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## **INSPIRING FAMILY HOMES**

Family-friendly  
Interiors & Design

Editors: gestalten & MilK Magazine  
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ISBN: 978-3-96704-000-5



## **LIVING TO THE MAX**

Opulent Homes &  
Maximalist Interiors

Editor: gestalten  
Features: Full color, linen hardcover,  
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Price: € 58 (D) £ 50 \$ 80 (US)  
ISBN: 978-3-96704-090-6



## **SUBLIME HIDEAWAYS**

Remote Retreats and Residences

Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
 $24 \times 30 \text{ cm}$ ,  $9\frac{1}{2} \times 11\frac{3}{4} \text{ inches}$   
Price: € 50 (D) £ 45 \$ 75 (US)  
ISBN: 978-3-96704-091-3

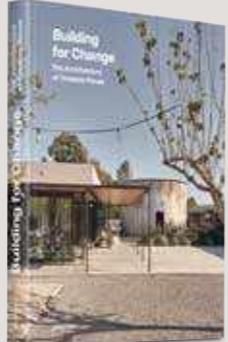


## **COME TOGETHER**

The Architecture of  
Multigenerational Living



Editors: gestalten & Joann Plockova  
Features: Full color, hardcover,  
stitch bound, 256 pages,  
 $21 \times 26 \text{ cm}$ ,  $8\frac{1}{4} \times 10\frac{1}{4} \text{ inches}$   
Price: € 39.90 (D) £ 35 \$ 60 (US)  
ISBN: 978-3-96704-004-3



## **BUILDING FOR CHANGE**

The Architecture of  
Creative Reuse

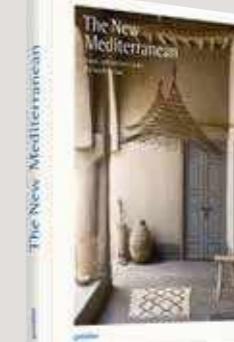
Editors: gestalten & Ruth Lang  
Features: Full color, hardcover,  
stitch bound, 256 pages,  
 $24 \times 30 \text{ cm}$ ,  $9\frac{1}{2} \times 11\frac{3}{4} \text{ inches}$   
Price: € 50 (D) £ 45 \$ 75 (US)  
ISBN: 978-3-96704-044-9



## **THE MEDITERRANEAN HOME**

Residential Architecture and  
Interiors with a Southern Touch

Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
 $24.5 \times 33 \text{ cm}$ ,  $9\frac{3}{4} \times 13 \text{ inches}$   
Price: € 50 (D) £ 45 \$ 75 (US)  
ISBN: 978-3-96704-076-0



## **THE NEW MEDITERRANEAN**

Homes and Interiors  
Under the Southern Sun

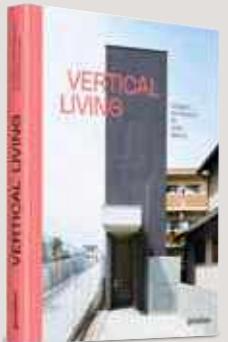
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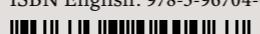
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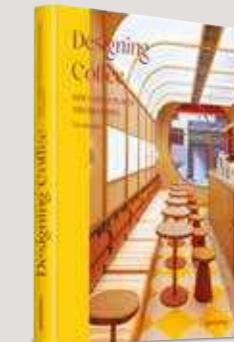
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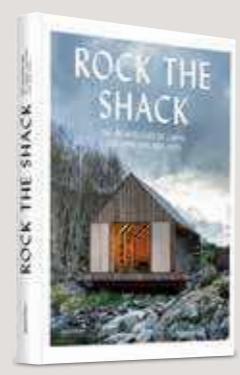




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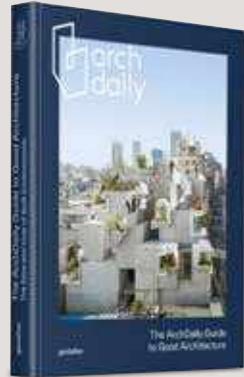
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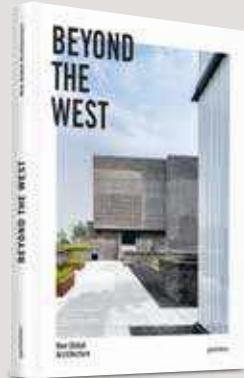
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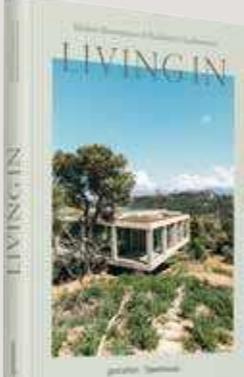
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Building spaces of equilibrium: Norm Architects' sense of humane simplicity helps to shape environments that feel just as good as they look.

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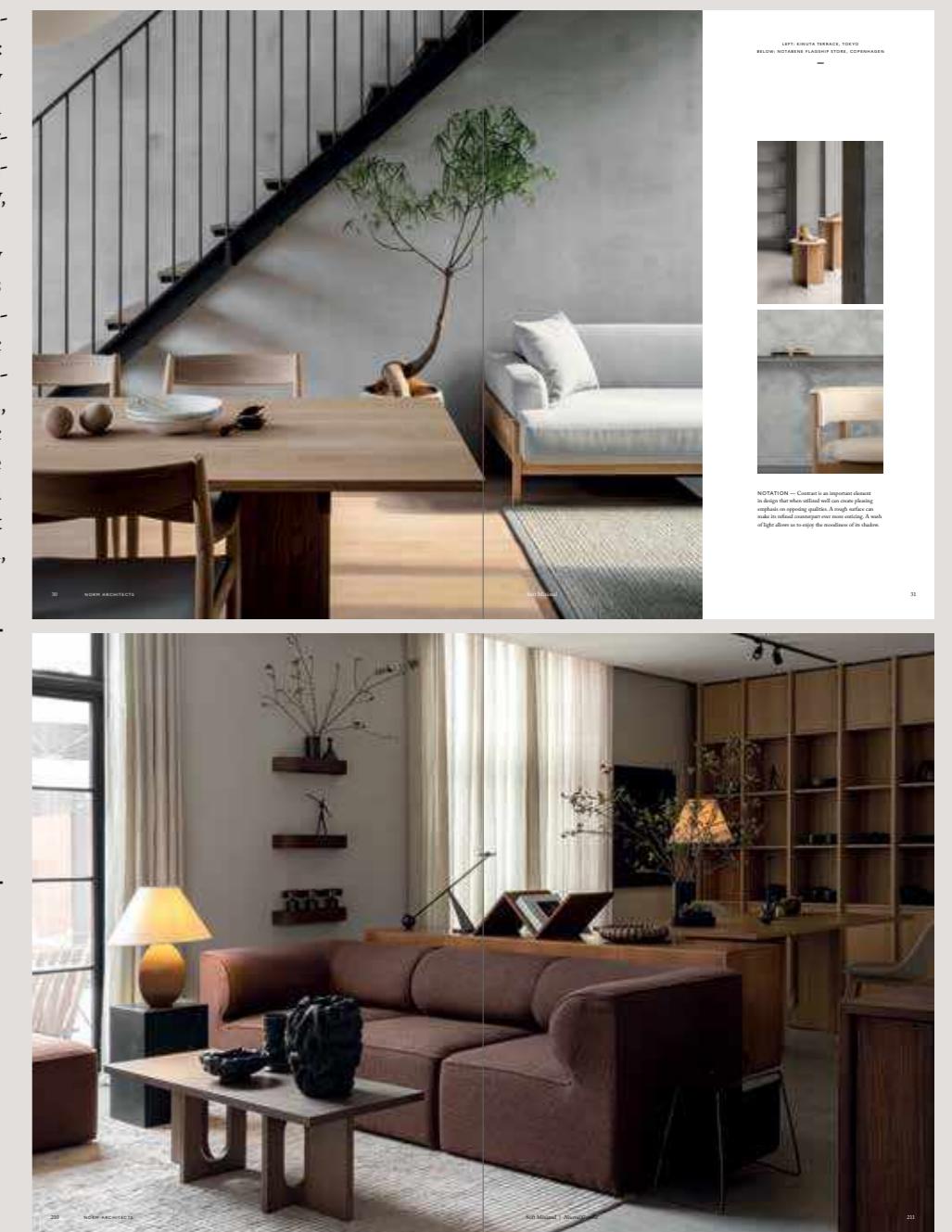
The first self-curated monograph by Norm Architects, *Soft Minimal* showcases a range of works which facilitated their establishment as key figures within Nordic design. Presenting residential and commercial projects throughout Scandinavia, Italy and Japan, Norm reflects on Nordic traditions, modernist principles, and the importance of natural materials. Exploring a creative process that makes the visual speak to all senses, the book becomes insightful, inspirational, and deeply poetic.

**Situated in one of Copenhagen's oldest streets, NORM ARCHITECTS are deeply embedded in their context and apply their principles in projects worldwide. Their expertise lies in finding that sweet spot between having nothing left to add, or to take away.**

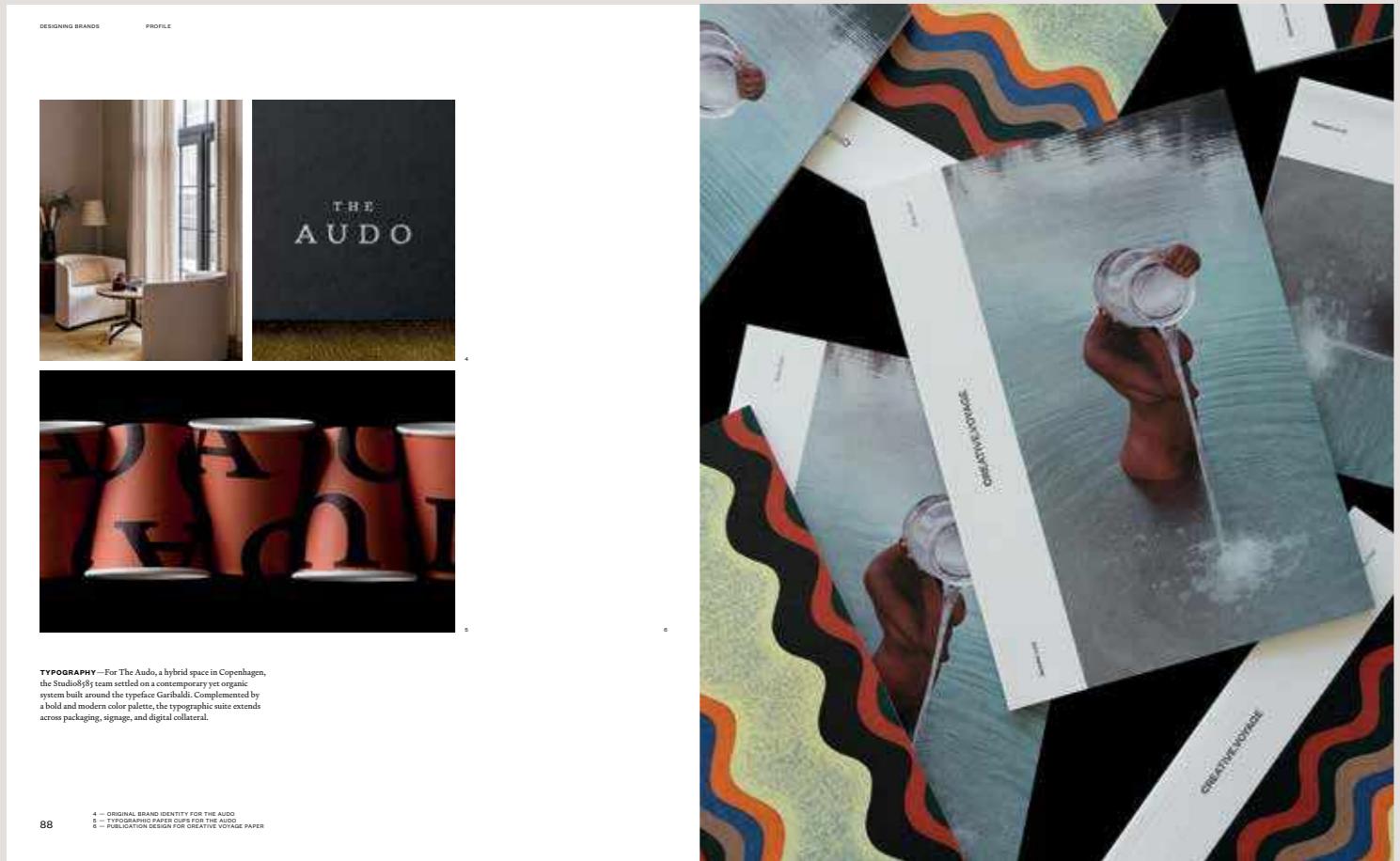
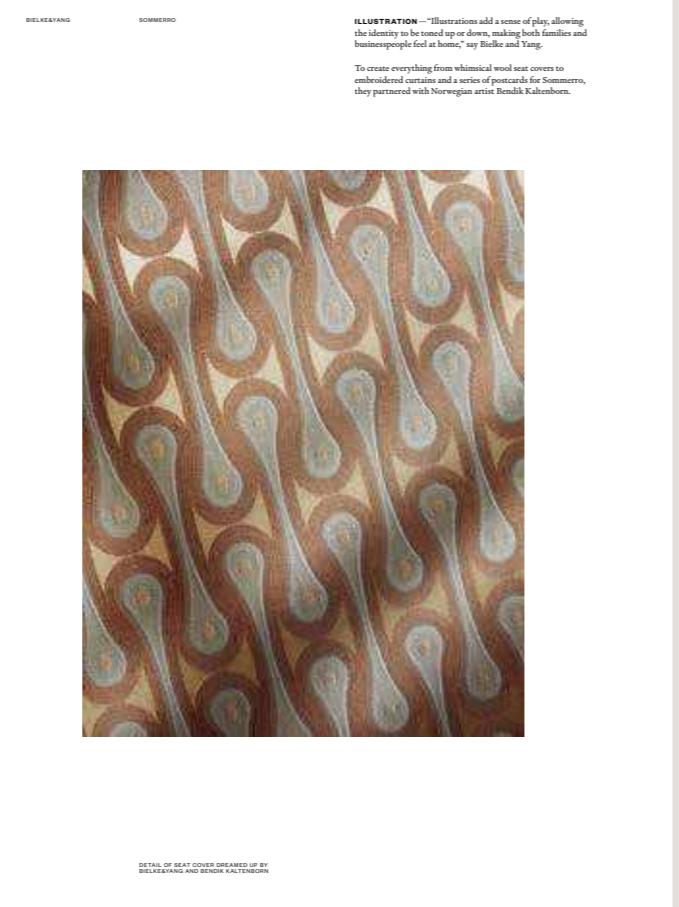
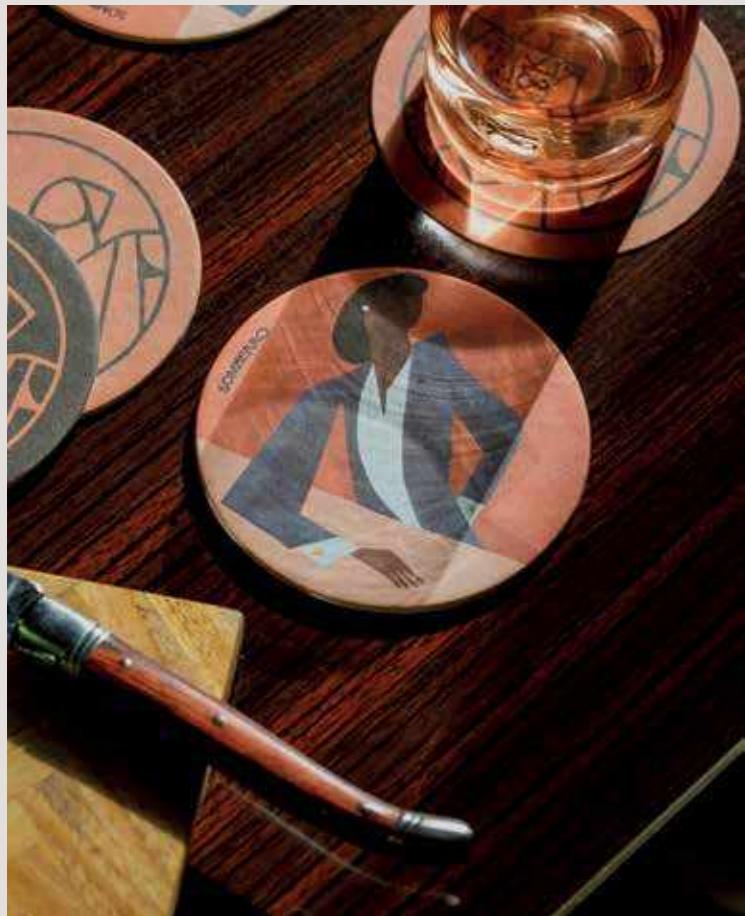
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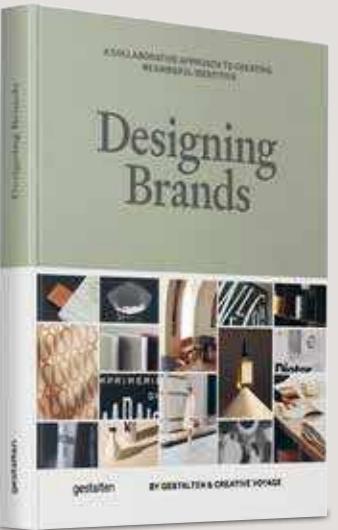
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4 — ORIGINAL BRAND IDENTITY FOR THE AUDO  
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## DESIGNING BRANDS

### A Collaborative Approach to Creating Meaningful Identities

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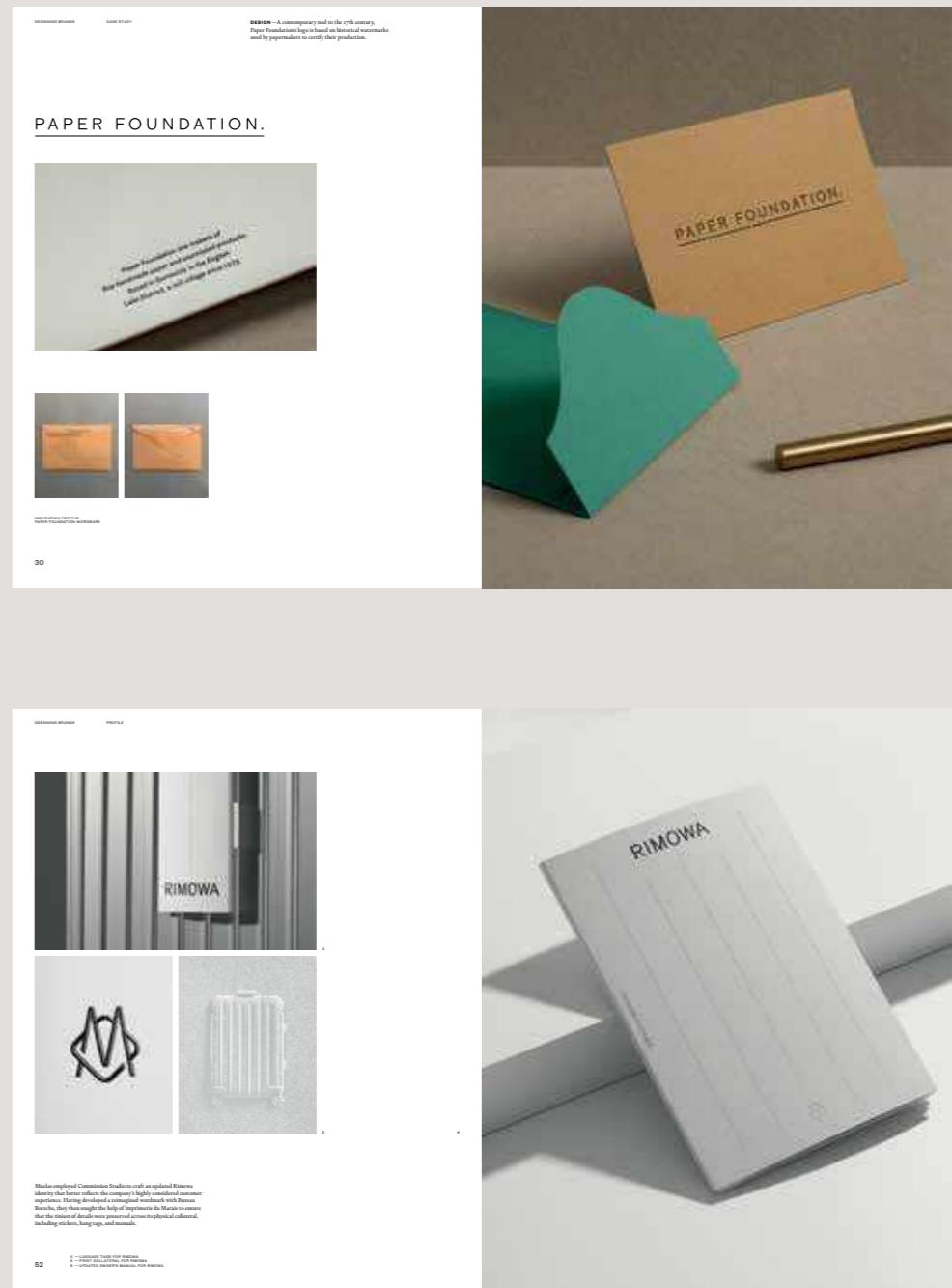


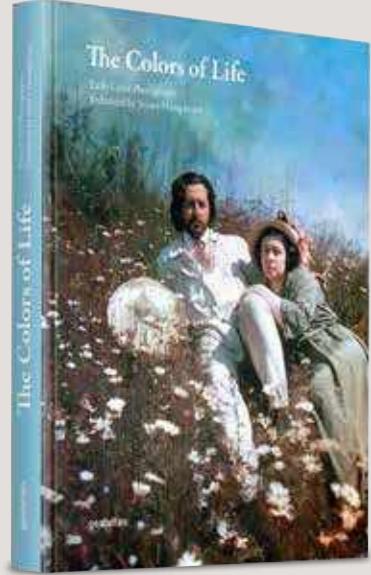
*Designing Brands* explains how to design an elegant and holistic visual identity for a contemporary brand.

In *Designing Brands*, the Creative Voyage team provides a backstage view into eight studios who produce some of the world's most captivating visual identities. Alongside these independent agencies' greatest projects, the book features in-depth conversations with their leaders and collaborators.

*Designing Brands* is split into chapters—discovery, direction typography, illustration, photography, design, digital, and physical—based on the essential elements of this creative practice. But at its heart, the book is about community and the designers, strategists, animators, illustrators, stylists, photographers, and tastemakers who combine forces to bring brand universes to life.

**MARIO DEPICOLZUANE** is a Croatian-born art director, graphic designer, photographer, and publisher. He is the founder of Studio8585, a creative practice dedicated to producing engaging and impactful solutions through brand identity development, direction, and consulting. His clients include, among others, Kinfolk, The Audo, Only Way Is Up, and The Poster Club, and his work has been featured in the likes of Dezeen, Wallpaper\*, Openhouse, and Minimalissimo. Formerly, Mario served as the Lead Designer and Art Director for Kinfolk and Ouur Media, and in 2018, he went on to develop Creative Voyage, an educational media platform.





## THE COLORS OF LIFE

# Early Color Photography Enhanced by Stuart Humphryes

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The past did not happen in black and white.  
Discover people and places of the early 20th century  
through restored and enhanced imagery.

*The Colors of Life* introduces readers to people and places of the early 20th century through the lens of color photography. This compilation of portraits, landscapes, street and travel photography showcases over 200 photographs enhanced by Stuart Humphryes, capturing people from various cultural backgrounds in their everyday lives, at leisure, and at work.

With the use of color photography, these individuals and their stories come to life in a way that black-and-white photos simply cannot match. The book reminds us that color has the power to evoke personal and shared emotions that resonate across time. *The Colors of Life* is a captivating journey into the past, allowing readers to see and experience history in a new and vibrant light.

**STUART HUMPHRYES** is a digital artist, photo restorer, and writer, and also a content creator active on YouTube, Instagram, and Twitter. Formerly known as a print and TV colorizer—focusing on work relating to the BBC television series *Doctor Who*—HUMPHRYES has generated a new following interested in his photographic enhancement work. His work has received accolades from *The Guardian*, *The Evening Standard*, *The Stage*, *The Metro*, *The Radio Times*, *The Mail on Sunday*, *BBC Online*, *BBC America*, *The National*, *FX Magazine*, *Starburst Magazine*, *Wild West Magazine*, and many others.

**“Enhancement’ gives a new perspective on photographs from the early 20th century.”**

THE TIMES



# WILD LIFE

# The Life and Work of Charley Harper

Editors: gestalten,  
Charley Harper Art Studio & Margaret Rhodes  
Features: Full color, linen hardcover,  
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24.5 x 33 cm, 9 ¼ x 13 inches  
Price: €70 (D) £60 \$90 (US)  
ISBN: 978-3-96704-046-3



Celebrating the centenary and legacy of Charley Harper, a master of midcentury American illustration.

Ladybugs, dogs, owls, otters: Charley Harper's geometric illustrations are more than a source of delight. With a never-ending curiosity for the natural world Harper developed a unique style that influenced generations of artists and designers.

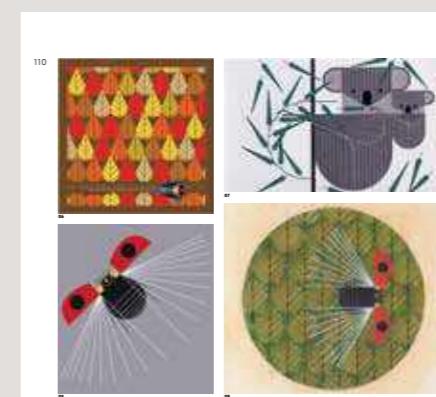
*WildLife* celebrates the centenary and legacy of Charley Harper, a master of midcentury American illustration: a vast collection of works originally created as posters, magazine covers, murals, and more. Compiled by design writer Margaret Rhodes and Brett Harper, this definitive monograph offers a glimpse into Harper's creative universe and considers him anew in different contexts: as a student, a professional artist, a husband, an honorary naturalist, and a conservationist.

BRETT HARPER who wrote the preface and is the co-editor of *Wild Life—The Life and Work of Charley Harper* is the artist's son. He leads the Charley Harper Art Studio, which is dedicated to preserving and promoting the American illustrator's work.

MARGARET RHODES is an independent writer and editor specializing in design. She previously worked in-house at *New York Magazine*, *WIRED*, and *Fast Company*.

*Ladybugs, cardinals, cats, and otters may be the first creatures that come to mind when you consider the delightful art of Charley Harper. But the story of Harper's art and life consists of so much more. Wild Life: The Life and Work of Charley Harper, a new book by Brett Harper, Margaret Rhodes and Berlin-based publisher gestalten has been released in time for Harper's 100th birthday on Aug. 4.*

CINCINNATI BUSINESS COURIER



An enduring paradox of Harper's career is that he created his highly regimented, principled designs in a state of chaos.



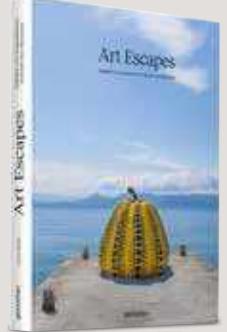
for the particularly laudable *Dining Policy* (pp. 126–127), or the plausibly-leading *Bookshop* (pp. 343–345)—nugget suggestions, however, that do not seem to have been followed up. Even so, we must note, such a rough outline rests on a composite of people's responses to the survey, and it is not clear whether the *Faculty*, *Students*, *Teaching Staff* and *Administrators* all mean the same thing by the same words. The *Faculty* (pp. 112, or so), for example, seems to consist of *Math* (*pp. 141–142*), a variety of *Law* (*pp. 143–144*), and so on. The *Students* (*pp. 123–124*) are pushed to their ends, really, in this question on *Chances*:

addressed, so, but it was likely written to the architect at West Virginia Wesleyan College, where Haynes briefly attended.

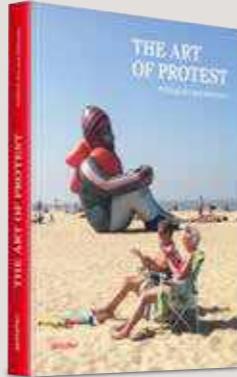
I am not sure if he ever got the job, but he carried his highly regimented, principled design in a class of his own from the beginning when he and Edna lived and worked at his "in-law's" house in the country. He had to leave home to go to school, and he brought his dog and his bird cage along and left them with his mother. He had to leave the mess house made after. His young family moved to a house in town, and he had to leave his mother again. He had his studies with spousal chores of books and pots of paint, and let brushes and other painting details sit on his drafting table while he worked on his architectural drawings. He had to leave publishing the character remains when Hubert left it. "There was no money in it," he says. "I had to leave it." He had to leave his wife and son when he got a job in the coal fields, but he would always be there as they came along from time to time. "He left me and my son," he says. "I had to leave him." In the end, of course, he became the one he could always count on, a constant friend, the one who could always be relied upon to bring him a meal of chicken, the one who could always count on him to comfort him.

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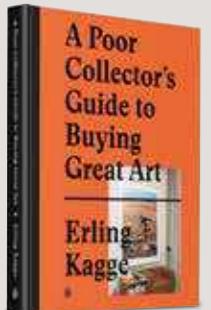
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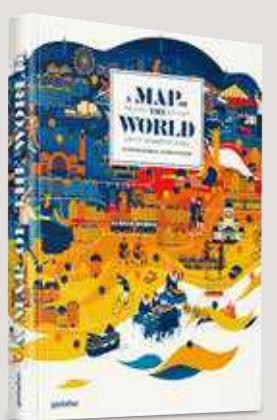
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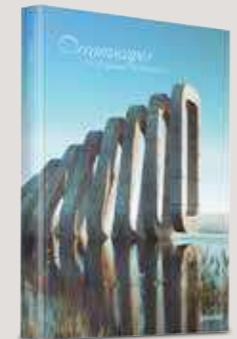
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Floria Sigismondi

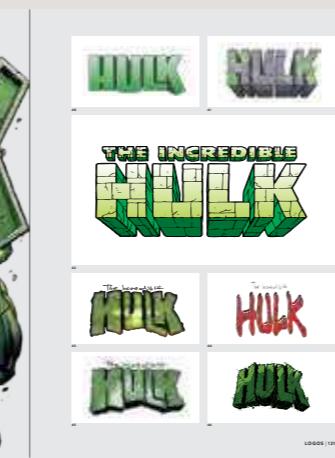
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## THE CRAFT OF A COVER

Graphic Designers Paul Sahre Explores a Cover is the Doorway to a Comic Book

© Paul Sahre

W hen it comes to comic books, there's no better way to learn about the craft than by looking at the covers. And that's exactly what this book does. It's a collection of some of the most iconic comic book covers ever made, from the likes of Marvel, DC, and more. The book is divided into several sections, each focusing on a different aspect of comic book design. From the art to the layout, from the typography to the overall composition. The book also includes interviews with some of the most famous comic book designers of all time, such as Jim Lee, Todd McFarlane, and more. The book is a must-read for anyone who loves comic books or wants to learn more about the art of comic book design.

I t's a great book for anyone who loves comic books or wants to learn more about the art of comic book design. The book is filled with lots of great examples of comic book covers, from the classic to the modern. The book is also a great resource for anyone who wants to learn more about the history of comic books. The book is a must-read for anyone who loves comic books or wants to learn more about the art of comic book design.

W e're excited to bring you this new book from gestalten, which explores the world of comic book design. The book is a great resource for anyone who wants to learn more about the art of comic book design. The book is also a great resource for anyone who wants to learn more about the history of comic books. The book is a must-read for anyone who loves comic books or wants to learn more about the art of comic book design.

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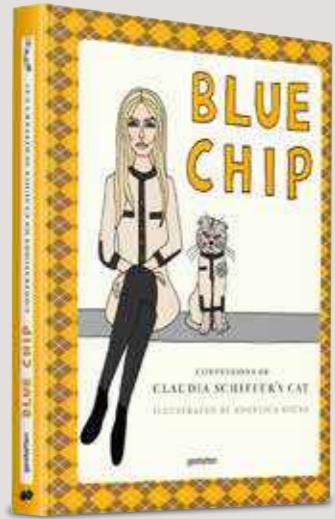
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## BLUE CHIP

Confessions of  
Claudia Schiffer's Cat

Editors: gestalten & MARV  
Illustrator: Angelica Hicks  
Features: Full color, hardcover,  
stitch bound, 144 pages,  
18 x 24 cm, 7 x 9 1/2 inches  
Price: € 30 (D) £ 29.95 \$ 40 (US)  
ISBN: 978-3-96704-083-8



Chip the cat stepped out of Claudia Schiffer's shadow and took on a leading role in *Argylle*, Matthew Vaughn's latest film with Apple Original Films and Universal Pictures, released worldwide in February 2024.

*Blue Chip* gives you a glimpse into a world of fashion, film, and celebrity through the eyes of a cat. A firmly tongue-in-cheek story of how a supernova feline finally escapes a supermodel's shadow. With color sketches by renowned fashion illustrator Angelica Hicks, this story charts the perilous path of a loveable cat as he desperately seeks his fame. A perfect gift, appealing to fashion and cat lovers everywhere.

MARV is a British production company best known for the blockbuster *Kingsman* film series, *Kick Ass*, *Rocketman*, and recently released hit, *Tetris*.



19 OCTOBER

**F**aceTime with Vogue who have confirmed the creative; we're going with the Egyptian concept. Claudia to be Cleopatra, Chip to be the Sphinx. An ancient communion of the feminine and the feline. This will be iconic, I'll be on every bus and newscast across the world. Every casting director in town will have eyes on me. And to think, I was actually flirting with the idea of joining the local pantomime!

The team for Vogue have just pulled up. I do love a fitting, it's when I really get to exercise the meaning of indecision – could we maybe just try one more dress? Ha! Styling is on point as always, every option is ravishing. It's fair to say I'm going to be the 8th Wonder of the World.

We're trying on the outfits in the drawing room, Claudia is donning an emerald-green custom gown and headpiece by McQueen – she looks like the fountain of milk and honey – when suddenly there's a shriek to make the testes shrink. Rollo has bounded in all covered in mud, plating his paws all over the McQueen. I don't know where to look, the shame of association is too much to bear... Who will rid me of this turbulent hound?

71

5 FEBRUARY, NEW YORK

**W**e're back in the Big Apple, and I'm hungry for a bite of it. Yes, the countryside is quaint and all, but sometimes you need a bit of snot and sin under your skin – it's good for the soul. Mischief almost certainly awaits. Claudia is here for Fashion Week – Proenza Schouler have asked her to open the show, which is of course an honour, but somewhat short-sighted; the show can only go downhill once Claudia has done her part, in my humble opinion... The fitting is seamless, every outfit fits her like a glove, curves in all the right places. It's all so effortless on the eye.

They have kindly fashioned me a couple of bangles for my paws, studded little things which sing with every step. I might just 'forget' to return these...

6 FEBRUARY

Woke to the sound of the concierge almost breaking down the door. Could have sworn I put up the 'do not disturb' sign before I got back in... My head's a bit fuzzy if truth be told, I'm never mixing tequila and cat milk again.

Jesus, Claudia's show! No time to tell all now, I'm heinously late. Who do you have to scratch in this city to get a chauffeur?

84

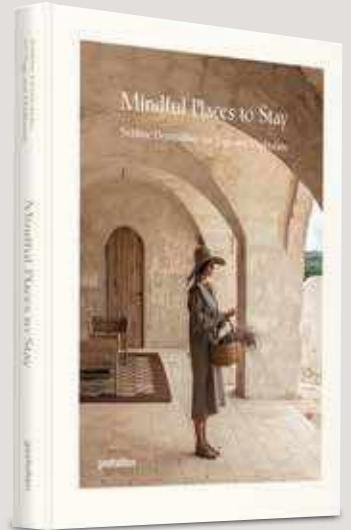
## MINDFUL PLACES TO STAY

Sublime Destinations  
for Yoga and Meditation

Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 256 pages,  
21 x 26 cm, 8 1/4 x 10 1/4 inches  
Price: € 40 (D) £ 35 \$ 60 (US)  
ISBN: 978-3-96704-146-0



From A to Zen, breathe in a comprehensive guide of the world's perfect places to find your inner peace.



*Mindful Places to Stay* is a serene visual journey to retreats for those seeking solace, relaxation, and peace of mind. Through captivating photography and easy reads, the visual pages unveil the most astonishing yoga and meditation retreats and stories behind them.

From hidden escapes in Asian jungles and yoga retreats under the Mediterranean sun to wellness-focused glamping in the Mexican desert, everyone will find a perfect getaway and their own mindful place to stay. Whether you crave a quiet sanctuary to unwind or a place to focus on well-being, these pages set you on a journey toward rejuvenation and inner peace.



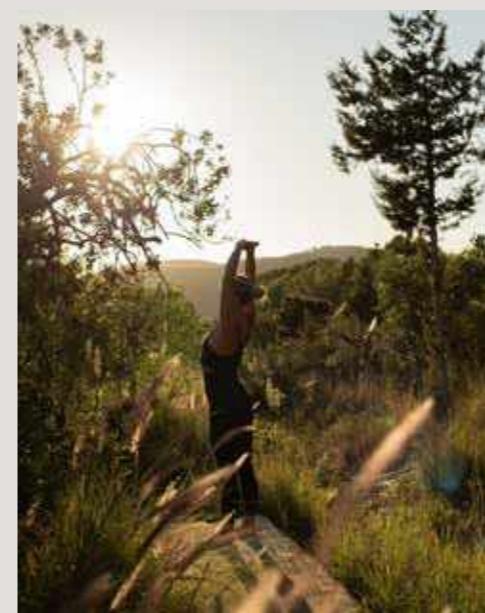
WHERE GUESTS  
EXPERIENCE THE LUXURY  
OF FINDING THEIR WAY  
BACK TO THEMSELVES

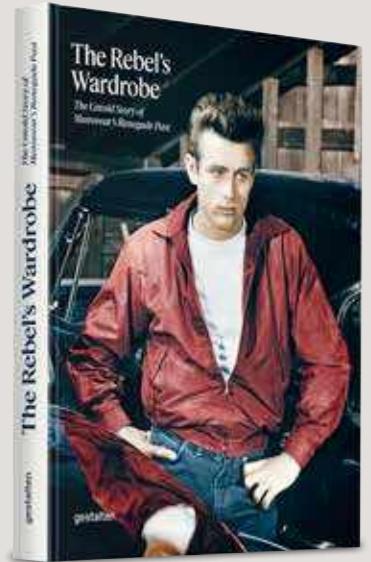
Golden Door  
San Marcos, CA, USA



According to the Golden Door philosophy, "a hike here is as much a rigorous morning exercise as it is a chance to reflect on the day ahead, and to meditate is the means by which guests can satisfy rather than simply feed their hunger". A typical retreat package involves checking in on a Sunday for seven nights including a personalised program of healthy activities, balanced meals, and luxury spa treatments. All Golden Door facilities are eco-capacity and have sliding doors that open onto a private outdoor patio with access to a heated infinity pool and a bio-intensive garden that is at the heart of the experience. You can crawl in it, eat grapes (500g), soak in a hot tub, and laze about in the sun. Clothes, towels, and bathrobes are supplied and laundered daily, and the owners also

In the resort's Japanese gardens there are Zen rock areas for contemplation, quiet corners





## THE REBEL'S WARDROBE

The Untold Story of  
Menswear's Renegade Past

An entertaining exploration of trend-immune fashion classics and their surprising origins.

How did the plain white T-shirt become an everyday hero? Which movie star helped turn the leather jacket into a global icon? And were chinos really created for military purposes? The origin stories of these casual men's fashion staples will surprise you, often being traced back to subversive counter cultures.

*The Rebel's Wardrobe* unpacks the modern menswear lexicon and reveals, for example, why the Carhartt jacket designed for railroad workers became synonymous with skaters and graffiti artists, or how polo shirts made the leap from middle-class tennis clubs to British Mods. Traversing genres and styles, this book goes back to the gestation period of iconic pieces, showing how they became timeless classics transcending fashion.

Comprising THOMAS STEGE BOJER and BRYAN SZABO, Denimhunters is one of the internet's premier denim and heritage menswear authorities. It was founded in 2012 by Stege Bojer, who now serves as the editor-in-chief. Experienced writer and editor Szabo is a contributor to the site, and notably spearheads the writing and research for the Well-Made Essentials rugged menswear buying guide.

"If you've ever modeled one of your fits off one of Steve McQueen's timeless looks, wondered how and (more importantly) why the white tee looks eternally badass, or just wanted all the detailed history on your favorite iconic piece of clothing that still holds up from the past—you're gonna want to win this beautifully bound piece of men's fashion literature."

HEDDLES

"For anyone who wants to know the stories behind the key garments in your wardrobe (...)"

Editors: gestalten,  
Thomas Stege Bojer & Bryan Szabo  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
22.5 x 29 cm, 9 x 11 1/2 inches  
Price: € 50 (D) £ 45 \$ 75 (US)  
ISBN: 978-3-96704-072-2



### The Cardigan: Knitted Kit for Settled Style

The conservative classic might be linked to fully domesticated masculinity, but it's got a surprising military pedigree.

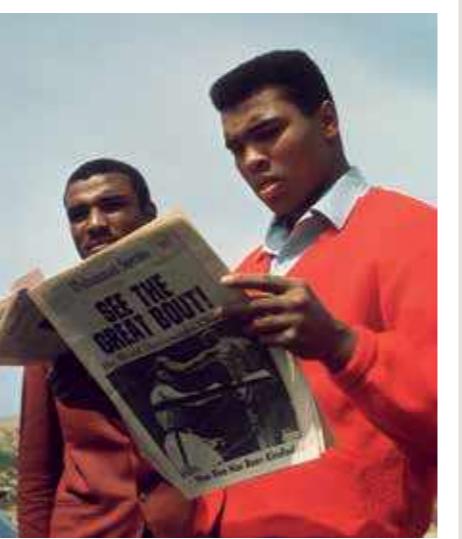


**T**he cardigan takes its name from James Brudenell, the 7th Earl of Cardigan and lieutenant general in the British Army. He led the famous Charge of the Light Brigade during the battle of Balaclava, the 1854 engagement between Russian and British forces. He also gave the name to the cardigan, which was first created by stick-up artists. Brudenell made it all the way to the Russian lines and, after briefly engaging with the enemy, turned his horse on its heels and galloped back to the British lines. He lost more than 150 of his 600 men, but the charge became legendary.

When Cardigan returned to London, he was welcomed with a massive victory. Ballads were composed in his honor and pictures appeared in London shops showing the general leading over the Russian battery on horseback. The cardigan was born. It had been in the hothouse and possibly designed became fashionable in London, and people started referring to it as the "cardigan." Within a decade, the cardigan had become a must-have garment for everyone's attire. At first the jackets were by hand, but with the advantages of mass-producing technologies, manufacturers were able to mass-produce cardigans by the 1880s, a considerable achievement.

By the early 1900s, the knitted sweaters were a fixture in most modern wardrobes. Men and women wore them while at home or mating usually Coco Chanel is often credited with creating the women's cardigan shortly before World War I, but according to textile historian Jennifer Tidmarsh, Chanel may have reproduced what was already a widespread trend. But she did help to popularize the style, which became an essential item in the West by the end of the 1920s.

As mass production began to ditch the shirt and tie in the 50s, the cardigan assumed a central role in a leisurely yet smart style that became the new wave of the redefinition of fashion in the 1960s. "Flannel-eyed stars like Paul Newman, Steve McQueen, and Clint Eastwood showed their softer sides by wearing cardigans, and jazz musicians like Grant Green and Eric Dolphy wore

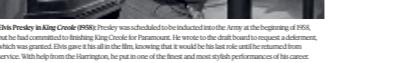


Muhammad Ali reads all about it (1960). Ali is reading Muhammad Speaks, a national paper founded by a group of Elijah Muhammad's followers, including Malcolm X. Sold door-to-door and on streetcorners, it was the official paper of the Nation of Islam. This issue here was published three days after Ali defeated Sonny Liston for the second time, scoring a TKO with the controversial "phantom punch."

**Style icons like Steve McQueen and Frank Sinatra added to its glamour, cementing its quintessentially American character.**

**Steve McQueen: Born into His Hardknock Life (1956)** McQueen looks ready for the life in a white Harrington with the collar flipped up. He paired it with a crisp dress shirt and a soft V-neck, the Harrington looks settled and domestic.

**Elvis Presley in King Creole (1958)** Presley was scheduled to be inducted into the Army at the beginning of 1958, but he had come to finish King Creole, so he was granted a deferment. He insisted on wearing the Harrington because that's what he wanted to wear. With help from the Harrington, he put in one of the finest and most stylish performances of his career.



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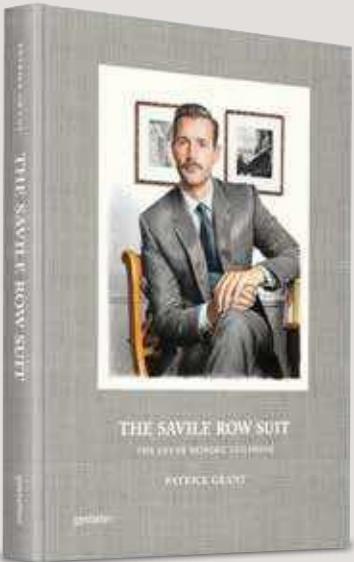
## THE SAVILE ROW SUIT

The Art of Bespoke Tailoring

Editors: Patrick Grant & gestalten  
Features: Full color, linen hardcover,  
stitch bound, 176 pages,  
22 x 29 cm, 8 3/4 x 11 1/2 inches  
Price: € 45 (D) £ 40 \$ 65 (US)  
ISBN: 978-3-96704-125-5



One may sew a classic suit faster or cheaper than the master tailors of Savile Row but you can not make them any better. Here's a detailed guide to create your suit written by one of Savile Row's finest.



Savile Row is the home of hand tailoring. This short street is home to many of the world's finest tailoring houses, a street where for over 200 years royals, rock stars, and giants of the business and political worlds have come to have their clothes cut, sewn and fitted. Patrick Grant, co-owner of Savile Row tailors Norton & Sons, describes the long-standing traditions of craftsmanship that are maintained in the workrooms of this quiet corner of London's Mayfair—a fascinating and uniquely storied world. He celebrates the extraordinary ecosystem, from the British weavers and cloth houses to the trimmings merchants, that allows Savile Row to flourish.

Grant shines a light on the captivating story of Savile Row, the painstaking processes required to create a bespoke garment, and the story of his personal experiences on this most famous thoroughfare. This book details, for the first time, the complete tailoring methods of several of Savile Row's finest sewing tailors, providing a detailed step-by-step manual on how to hand-make a pair of trousers, waistcoat, and coat in the Savile Row style, and a shirt in the style of one of Jermyn Street's finest shirt makers. Richly illustrated, this book gives an insight into a highly discreet and rarefied world of craftsmanship.



140

### PERFECTLY DRESSED: A TIMELINE OF THE SUIT

*The evolution of the classic men's suit, from the innovations of Charles II to present-day Savile Row silhouettes*



*(Queen Victoria's son and one of the most photographed men of the day) and pop cultural icons like David Bowie all played a part in popularizing the style traced here. The suit has changed from a simple, flat-cut, and clever features – has evolved and yet remains true to its purpose. But more so was the singular influence of each era that helped bring a particular style to the fore. In this respect, the suit in its entirety remains a portal in three pieces of history at a given moment.*

**M**EN'S TAILORING has gone through multiple iterations over the last 360 years, inspired in turns by society, specific style. Monarchs that might be seen as the suit's original founders, flat-cut, and clever features – has evolved and yet remains true to its purpose. But more so was the singular influence of each era that helped bring a particular style to the fore. In this respect, the suit in its entirety remains a portal in three pieces of history at a given moment.

This timeline illustrates a progression of changing styles, instigated and popularized by influential designers, historical figures – even animals – that have shaped the suit in all its forms.

### FINISHING THE WAISTCOAT

#### 1 CLOSE THE BACK NECK

**6 BUTTONHOLES**

*Mark the buttonholes with chalk, on the right side of the cloth. The buttonholes should still be indicated by the mark stiches sewn at the beginning of the job. Each hole should measure 1/4" long and start 1/4" in from the front edge.*

**7 FRONT LINING**

**8 SEW BUTTONS**

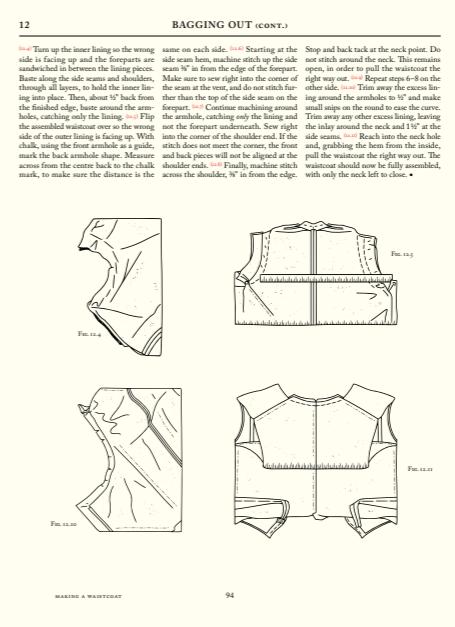
*Remove all remaining bartack and mark stiches from the waistcoat. Place the waistcoat on the iron to retain its shape during the pressing. When pressing on the lining, avoid using steam, as steam will melt the resin and damage the lining. Gently press the waistcoat around a form.*

**9 VENTS**

*Turn the waistcoat inside out so the right sides are together. Lay it on a flat surface with the left side facing up. Fold the back of the belt and the waistcoat inwards so the front edges of the belt and the waistcoat are perfectly parallel. Wish chalk, then sew the belt onto the waistcoat. Then sew the front edges of the cloth. Then sew the front buttons on the marks, through all layers, with double thread. Remember to leave at least a 1/4" slack on the button threads.*

**10 TURNING UP THE HEM**

*Turn the waistcoat inside out so the right sides are together. Lay it on a flat surface with the left side facing up. Fold the back of the belt and the waistcoat inwards so the front edges of the belt and the waistcoat are perfectly parallel. Wish chalk, then sew the belt onto the waistcoat. Then sew the front edges of the cloth. Then sew the front buttons on the marks, through all layers, with double thread. Remember to leave at least a 1/4" slack on the button threads.*

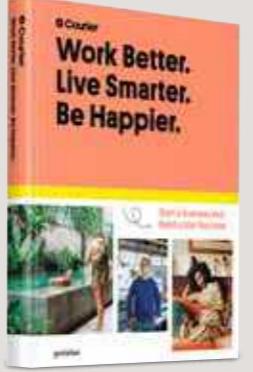


MAKING A WAISTCOAT 94

## THE WORLD'S BEST SHOPS

How They Started, the People Behind Them, and How You Can Open One, Too

Editors: Courier & gestalten  
Author: Courier  
Features: Full color, hardcover, stitch bound, belly band, 288 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
Price: € 45 (D) £ 40 \$ 65 (US)  
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## WORK BETTER. LIVE SMARTER. BE HAPPIER.

Start a Business and Build a Life You Love

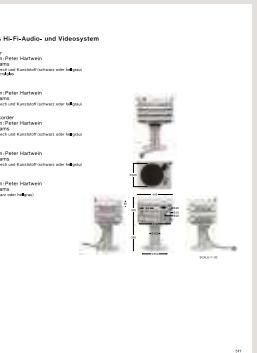
Editors: Courier & gestalten  
Authors: Courier, Jeff Taylor & Daniel Giacopelli  
Features: Full color, hardcover, stitch bound, 288 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
Price: € 39.90 (D) £ 35 \$ 60 (US)  
ISBN: 978-3-89955-856-2



## LESS AND MORE

The Design Ethos of Dieter Rams

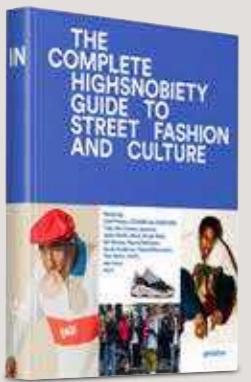
Editors: Klaus Klemp & Keiko Ueki-Polet  
Features: Full color, PVC cover in slipcase, 808 pages, 19 x 23 cm, 7 1/2 x 9 inches  
Language: English & German  
Price: € 69.90 (D) £ 60 \$ 90 (US)  
ISBN: 978-3-89955-584-4



In his more than 40 years at Braun, Rams established himself as one of the most influential designers of the twentieth century. His elegantly clear visual language defined product design for generations, but also our fundamental understanding of what design is and what it can and should do.

"shows how extraordinary his work at Braun was."

THE NEW YORK TIMES



## THE INCOMPLETE

Highsnobiety Guide to Street Fashion and Culture

Editors: gestalten & Highsnobiety  
Features: Full color, hardcover, stitch bound, multiple paper stocks, 320 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
Price: € 45 (D) £ 40 \$ 60 (US)  
ISBN: 978-3-89955-580-6



## THINK BIG—SHOP SMALL

Unique Stores and Contemporary Retail Design

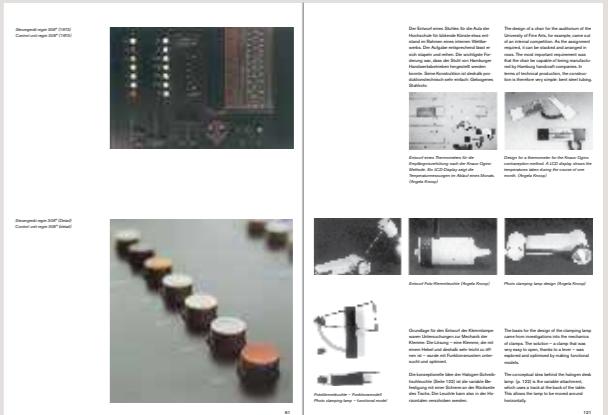
Editors: gestalten & Marianne Julia Strauss  
Features: Full color, hardcover, stitch bound, 256 pages, 21 x 26 cm, 8 1/4 x 10 1/4 inches  
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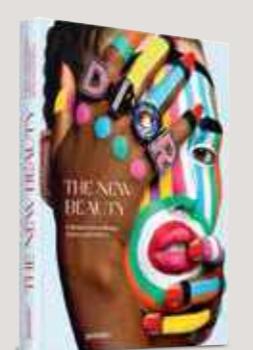
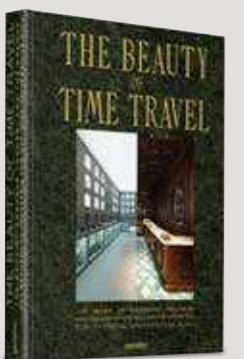
## LESS BUT BETTER

Weniger, aber besser

Editors: Dieter und Ingeborg Rams Stiftung & Jo Klatt  
Features: Full color, softcover, 154 pages, 21 x 29.7 cm, 8 1/4 x 11 1/2 inches  
Language: English & German  
Price: € 29.90 (D) £ 30 \$ 40 (US)  
ISBN: 978-3-89955-525-7



Few product designs have the staying power of creations by Dieter Rams. Almost everything produced by the most influential designer of the twentieth century is today considered a classic. This new and revised edition of *Less but Better* shows once again why Dieter Rams's approach to design will be relevant for the foreseeable future.



## THE BEAUTY OF TIME TRAVEL

The Work of Ramdane Touhami and the Agency Art Recherche Industrie for Officine Universelle Buly

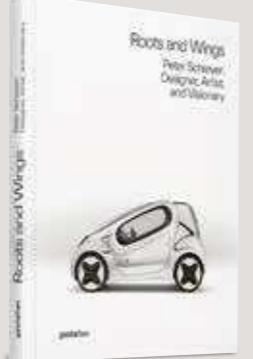
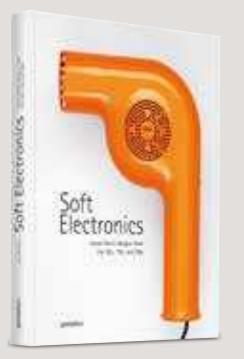
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A Modern Look at Beauty, Culture, and Fashion

Editors: gestalten & Kari Molvar  
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## SOFT ELECTRONICS

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## JAIME HAYON



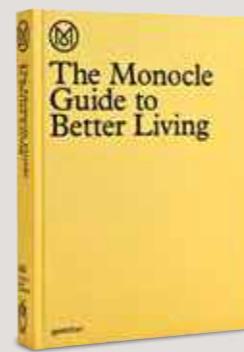
Editors: gestalten & Hayon Studio  
Authors: Marco Sammiceli,  
designed by Zaven  
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## THE OBSESSED

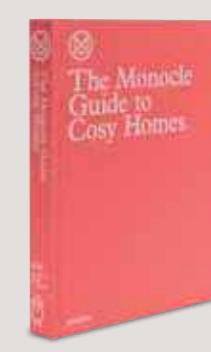
Otaku, Tribes, and  
Subcultures of Japan

Editors: gestalten & Irwin Wong  
Features: Full color, hardcover,  
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## ORIGINAL MAN

The Tautz Compendium of  
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## THE ESSENCE

Discovering the World of Scent,  
Perfume & Fragrance

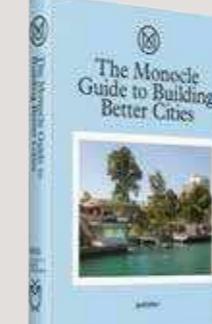
Editor: gestalten  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
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## HIGH ON DESIGN

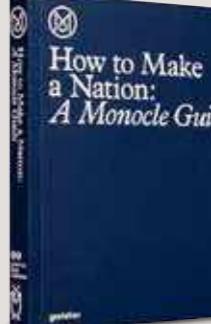
The New Cannabis Culture

Editors: gestalten &  
Santiago Rodriguez Tarditi  
Features: Full color, hardcover,  
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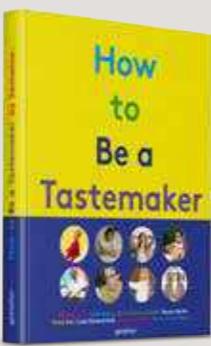
By: Monocle  
Features: Full color, linen hardcover,  
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340 pages, 20 x 26.5 cm, 8 x 10 1/2 inches  
Price: €45 (D) £40 \$60 (US)  
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## WHAT A WEDDING!

New Wedding Planning,  
Ideas, and Inspiration

Editors: gestalten &  
Marianne Julia Strauss  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
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Price: €39.90 (D) £35 \$60 (US)  
ISBN: 978-3-96704-014-2



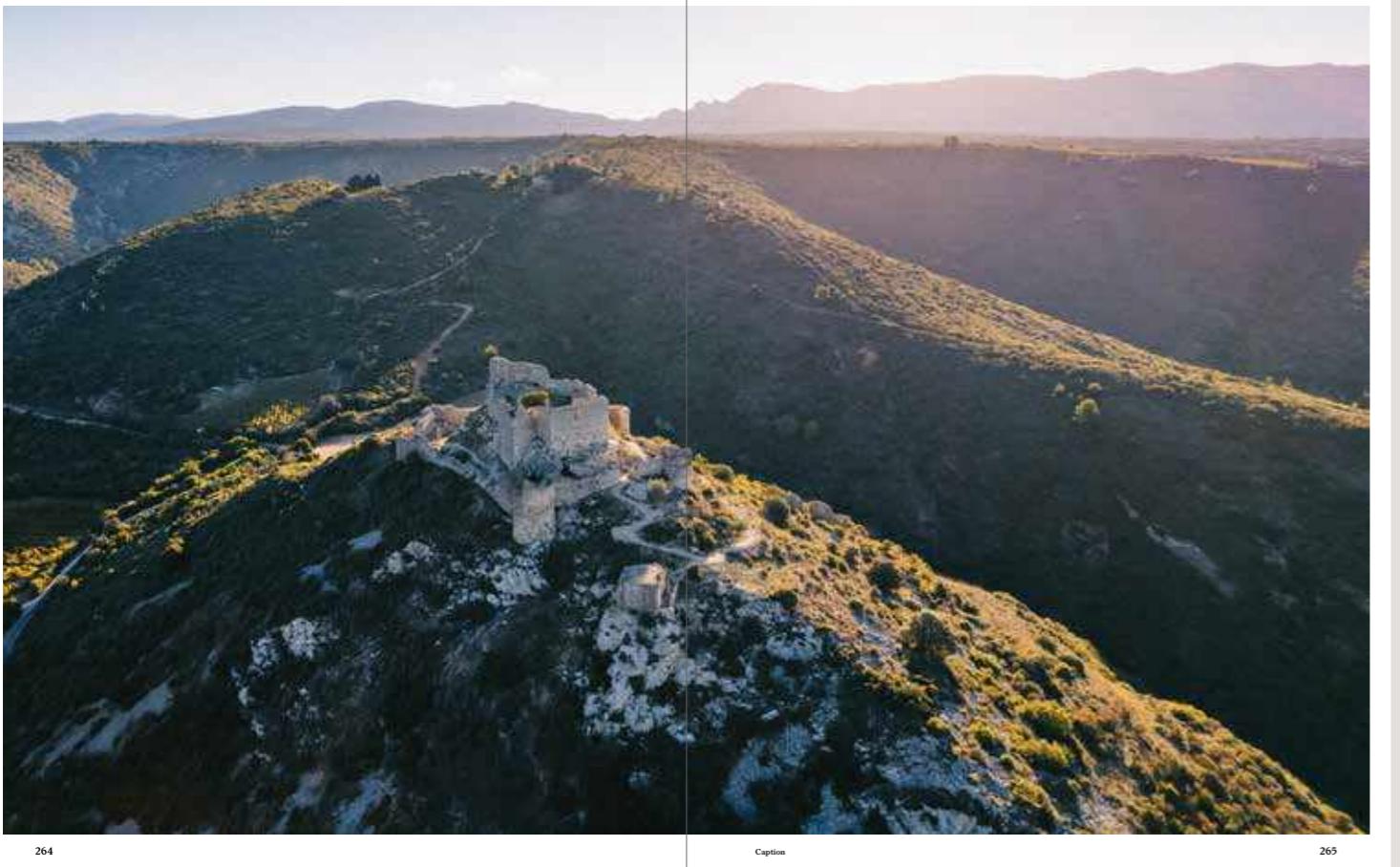
## HOW TO BE A TASTEMAKER

Editors: gestalten & Semaine  
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21 x 26 cm, 8 1/4 x 10 1/4 inches  
Price: €39.90 (D) £35 \$60 (US)  
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264

Caption

265

## WANDERLUST MEDITERRANEAN

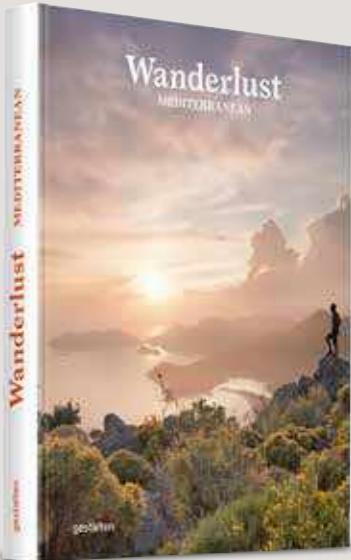
Exploring Trails along  
the Mediterranean Sea

Editors: gestalten & Cam Honan  
Features: Full color, hardcover,  
stitch bound, 288 pages,  
22.5 x 29 cm, 9 x 11½ inches  
Price: € 45 (D) £ 40 \$ 65 (US)  
ISBN: 978-3-96704-137-8



RELEASE (EUROPE & UK): AUGUST 2024  
RELEASE (INTERNATIONAL): SEPTEMBER 2024

NEW



SAMPLE COVER

Experience the best hiking routes under the southern sun through practical tips, comprehensive maps, and captivating visuals.

The Mediterranean region has some of the most beautiful and diverse landscapes in the world, encompassing soaring mountain ranges, wide forests, deep valleys, and rugged coastlines. From Spain to Jordan, via Italy, Greece, and more, the Mediterranean is a paradise for nature lovers and hikers.

In *Wanderlust Mediterranean* long-distance adventurer Cam Hogan takes us on a journey through the most breathtaking hiking routes in Southern Europe and beyond, taking in France, Portugal, the Balkans, Morocco, and other countries along the Mediterranean Sea.

The book comprises more than 25 featured hikes, including such spectacular trails as the Caminito del Rey, the Peaks of the Balkans, and the Selvaggio Blu trail. In addition to this there's another dozen bonus hikes, plus maps, stunning photography, expert commentary, and countless tips for beginners and experts alike.

### WHAT TO EXPECT

- Informative route-plans alongside practical tips for packing and accommodation for around 50 hikes
- Breathtaking imagery from a selection of leading landscape photographers
- Advice for beginners and seasoned hikers alike, from one-day hikes to longer treks

**CAM HONAN** has trekked across 61 countries and six continents, logging over 70,000 miles (112,654 km) in three decades. He has authored four bestselling titles for gestalten—*Wanderlust*, *Wanderlust USA*, *Wanderlust Himalaya*, and *Wanderlust Nordics*. Cam has been described by *Backpacker Magazine* as “the most travelled hiker on Earth”.



**ABOUT THE TRAIL:**  
→ DISTANCE 4 km (2.5 mi)  
→ DURATION 5 days  
→ TOTAL ELEVATION GAIN 4,530 m (14,862 ft)  
→ LEVEL Moderate

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archipelago's plant and animal life, and 4. 2 is home to the majestic El Teide volcano, Spain's tallest mountain at 3,718 m (12,208 ft). The GR131 starts at the base of the volcano, and after a 10-minute taxi ride from the World-Heritage-listed San Cristóbal de La Laguna, before setting out, be sure to pack sufficient food and water, as there are no supplies available along the route. Or purchase supplies until the end of stage 1 at La Caldera. (Note: This same information applies for each of the trail's five legs.) From the start, the trail climbs through a mix of scrubland and meadows during its 40 km (25 mi) course. Apart from its biodiversity, the GR131 is also notable for its views of the island's highest peaks during its first 10 km (6.2 mi) course. It's the only stage on which the trail doesn't stretch to its next crossing (it starts and ends inland). 2. It passes through fewer towns and villages, which means less accommodation and relatively pristine 3. It's more forested and boasts more opportunities to observe the island's plant and animal life.

GR131 (TENERIFE) Canary Islands SPAIN

The GR131 traverses desert, rainforest, and volcanic moonscapes and boasts lots of opportunities to observe the Canary Islands' plant and animal life.



DRY STONE ROUTE (GR221) Mallorca SPAIN

**GOOD TO KNOW**  
START/FINISH Port d'Andratx to Port de Pollença

**SEASON** Spring and autumn offer the best balance of warm and clear conditions. Winter can be cold and wet, while summer is hot and humid. Those who are happy to exchange the odd night of below-freezing temperatures for more warmth will be rewarded.

**WHAT TO BRING**

Recommended items include a 50-60L backpack, sleeping bag rated to 0°C (32°F), a tent, a map, a compass, a sleeping mat, trail running shoes or lightweight synthetic hiking boots, a headband, a cap, a poncho, a hat, glasses, sunscreen), compass, a GPS app on your smartphone, an insect repellent, a first aid kit, a water bottle, toiletries, power bank for charging electronic devices, and trekking poles (optional).

**ACCOMMODATIONS** Camping, mountain huts, hotels, and camping.

**HIGHLIGHTS**

- Long-raging coastal route from Port d'Andratx to Palma.
- Barryuda village and the mountain town of Valldemossa.
- The ancient stone walls and "snow pits" of the Tramuntana Mountains (see Background).
- A look at the Torrent de Pareis Gorge (see Bonus Track).
- Sanctuary de Lluc monastery

**BONUS TRACK**

**TORRENT DE PAREIS GORGE TRAIL** Mallorca's most famous day hike, the Torrent de Pareis Gorge Trail, is a 10-km (6.2 mi) walk along the GR221. Located in the heart of the Tramuntana Mountains, this spectacular excursion takes an average of five hours to complete and is moderately difficult. Hiking along the narrow, rocky path, hikers will discover the ancient stone walls and snow pits that date back to Roman times, they are also up high enough to see the archipelago's major islands.

**SUPPLIES**

It's possible to purchase supplies at the tourist offices along the GR221. Opening hours are generally 9:00 am–7:00 pm, Monday through Saturday. While on Mallorca, be sure to try an ensaimada, the island's most famous pastry. Originally made with cheese, these sweet pastries are usually served with a generous amount of cream. Perfect for breakfast or a perfect accompaniment to your morning coffee or afternoon pick-me-up during a long day in the mountains.

**WATER** Water is free to drink from the tap. In the mountains, sources are few and far between, so always bring a water bottle. If in doubt about an upcoming water source, buy a water filter or purifier and carry a little more than you need.

**WHAT TO BRING**

Recommended items include a 50-60L backpack, sleeping bag rated to 0°C (32°F), a tent, a map, a compass, a sleeping mat, trail running shoes or lightweight synthetic hiking boots, a headband, a cap, a poncho, a hat, glasses, sunscreen), compass, a GPS app on your smartphone, an insect repellent, a first aid kit, a water bottle, toiletries, power bank for charging electronic devices, and trekking poles (optional).

**ACCOMMODATIONS** Camping, mountain huts, hotels, and camping.

**HIGHLIGHTS**

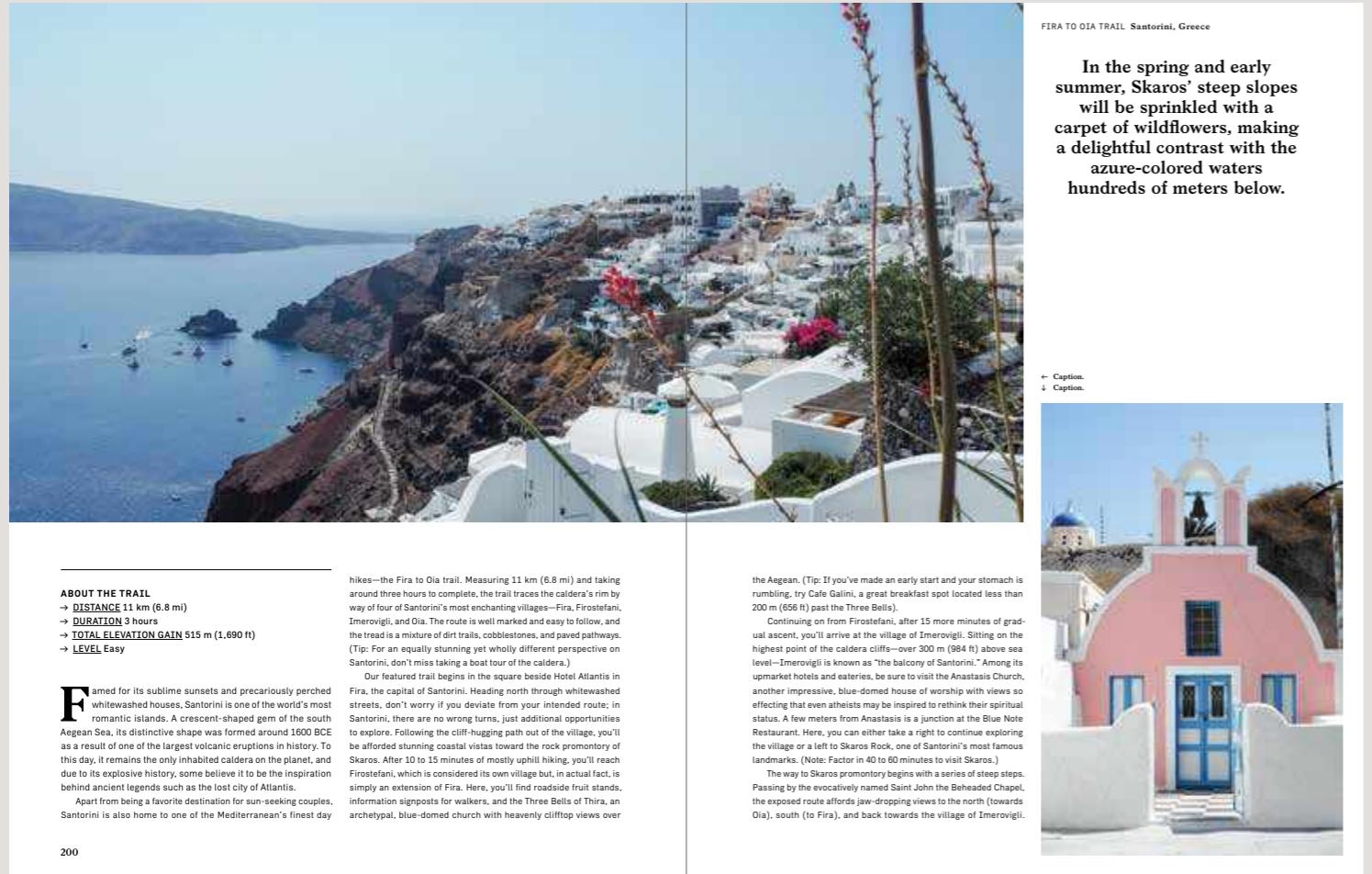
- The Llittera wall (Illa Dracóneira) The Llittera wall is a long, thick, low wall that runs along the coastline of the Balearic Islands. Due to the unique shape of the wall, it is often referred to as the "Wall of the Devil".
- The Dragonera Nature Reserve (see Background).

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**ABOUT THE TRAIL**  
→ DISTANCE 11 km (6.8 mi)  
→ DURATION 3 hours  
→ TOTAL ELEVATION GAIN 515 m (1,690 ft)  
→ LEVEL Easy

**F**amed for its sublime sunsets and precariously perched whitewashed houses, Santorini is one of the world's most romantic islands. A crescent-shaped gem of the south Aegean Sea, its distinctive shape was formed around 1600 BCE as a result of one of the largest volcanic eruptions in history. To this day, it remains the only inhabited caldera on the planet, and due to its explosive history, some believe it to be the inspiration behind ancient legends such as the lost city of Atlantis.

Apart from being a favorite destination for sun-seeking couples, Santorini is also home to one of the Mediterranean's finest day

hikes—the Fira to Oia trail. Measuring 11 km (6.8 mi) and taking around three hours to complete, the trail traces the caldera's rim by way of four of Santorini's most enchanting villages—Fira, Firostefani, Imerovigli, and Oia. The route is well marked and easy to follow, and the tread is a mixture of dirt trails, cobblestones, and paved pathways. (Tip: For an equally stunning yet wholly different perspective on Santorini, don't miss taking a boat tour of the caldera.)

Our featured trail begins in the square beside Hotel Atlantis in Fira, the capital of Santorini. Heading north through whitewashed streets, don't worry if you deviate from your intended route; in Santorini, there are no wrong turns, just additional opportunities to explore. Following the cliff-hugging path out of the village, you'll be afforded stunning coastal vistas toward the rock promontory of Skaros. After 10 to 15 minutes of mostly uphill hiking, you'll reach Firostefani, which is considered its own village but, in actual fact, is simply an extension of Skaros. Here, you'll find roadside stands, information signposts for walkers, and the Three Bells of Thira, an archetypal, blue-domed church with heavenly cliff-top views over

the Aegean. (Tip: If you've made an early start and your stomach is rumbling, try Cafe Galini, a great breakfast spot located less than 200 m (656 ft) past the Three Bells.)

Continuing on from Firostefani, after 15 more minutes of gradual ascent, you'll arrive at the village of Imerovigli. Sitting on the highest point of the caldera cliffs—over 300 m (984 ft) above sea level—Imerovigli is known as "The balcony of Santorini." Among its upmarket hotels and eateries, be sure to visit the Anastasia Church, another impressive, blue-domed house of worship with views so effacing that even atheists may be inspired to rethink their spiritual status. A few meters from Anastasia is a junction at the Blue Notes Restaurant. Here, you can either take a right to continue exploring the village or a left to Skaros Rock, one of Santorini's most famous landmarks. (Note: Factor in 40 to 60 minutes to visit Skaros.)

The way to Skaros promontory begins with a series of steep steps. Passing by the evocatively named Saint John the Beheaded Chapel, the exposed route affords jaw-dropping views to the north (towards Oia), south (towards Imerovigli), and back towards the village of Imerovigli.





Above: Fac esto et ut equeis aperum volupta torpor itatorem num evl ipsus, commis rat.

## What's Your "Why"?

Chapter 1

### Look in to look out

Over the years I've deeply reflected upon my mistakes and studied what I've learned from them. When it comes to analyzing yourself, decide: What is my goal with this camera? If there's no goal in mind, maybe start with: What do I want to shoot? Where do I want to go? Why am I doing this in the first place?



Perhaps you want to make more friends on Instagram, or gain popularity, or inspire somebody, or shoot photographs for someone back home, or make timeless pictures of your kids. You get the point.

### But, wait—what is the point?

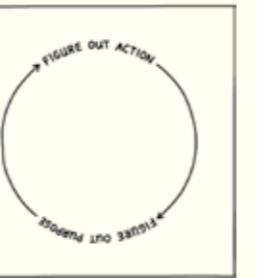
Again—*why* do you want to take photos? I'm sure it's for many reasons and each one is quite different. And that's actually incredibly beneficial because the more we identify the different

modalities of using a camera, the more we can hone in on *why* we want to use it.

There are those of us who want to use a camera for a career path. There are those wanting to use it to travel. There are those who want to use it to inspire. There are those who want to use it for environmental reasons. There are those who want to use it to help change the world. And so on.

Maybe you've circled all of the above. Your goal now should be: Where to start? What is the simplest plan of action? What are the emotions you want to raise in someone, or the feelings you want to create, or the actions you want a person to take when they see your photos? That is usually the question I ask myself when I'm redefining my "why." Because even as a professional who has done this for almost two decades, I still have to regularly redefine my "why."

The need for understanding your "why" is not to figure it out and then never change it, to never introspect or look back at it. Realize that you need a purpose in this time and place. Establishing that purpose will help you because it really reflects back into your own life. If I use my life as an example, a big part of my purpose growing up—and maybe it's only since I've done some therapy that I've realized



Preparation

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Top: Fac esto et ut equeis aperum volupta torpor itatorem num evl ipsus, commis rat. Above: Lese laboremque everchilcae dipsunt harum et deritatiunt, consedi cusaepelis quatos am nosapis esclant.

this—was that I wanted to please other people. I've had examples in my life including my mom and others who sacrificed a lot for me and worked really hard. When I started using a camera, I learned and realized that that was part of my purpose—to demonstrate to my loved ones that I was hardworking, and that, if I put my mind to it, I could be good at what I was doing.

**So what's the purpose of all this, anyway?**  
"Purpose"—such a big/little word. A broad word! Feels all-encompassing, right? Purpose—like, purpose for what? For living? For existing? For taking photographs? As you whittle it down, try to identify your purpose, why you want to shoot photos. These analyses should build upon each other. You'll realize that these things all go one layer deeper into the onion that is your creative life.

- I WANT TO DISCOVER THE MEANING OF LIFE
- I ENJOY MAKING BEAUTIFUL THINGS
- I LIKE PESSING AROUND WITH CAMERAS + TECHNOLOGY
- MY LIFE IS ESSENTIALLY A RELENTLESS PURSUIT OF THE PERFECT PHOTO (AND ALSO THE PERFECT BREAKFAST BURRITO, BUT MOSTLY THE PERFECT PHOTO)
- ALL OF THE ABOVE

So to identify your purpose, do this analysis. That's your first step. Understand not so much even why you are using a camera, or what the purpose is with your photos, but what your purpose is for being alive: What drives you? What pushes you forward? What motivates you? And if you take the time to do so, you'll realize photography as a creative outlet is an absolute manifestation of that.

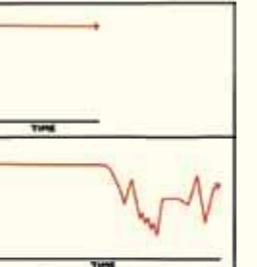
### Inspire your desire

Don't worry—it's fine if your inspiration comes and goes. It doesn't have to be linear (is it ever?). You don't always need to grab a camera.

I need to oscillate between different modalities. Sometimes it's speaking, sometimes it's directing a film, sometimes it's photography, sometimes it's drawing, sometimes it's making a book. Having a variety of creative outlets gives you diversity. Spice of life, right?

It's critical to not just have, say, one ice cream flavor that you have to keep eating daily. How boring would it be to go into an ice cream shop and they only sell vanilla? That's what it's like when photography is your only outlet.

Remaining inspired can look like a lot of things to different people. For some, it's about keeping up with those who inspire and



And maybe what you're left with is: "Wow, photography for me is a very emotional experience and a very vulnerable experience. I use a camera, most of all, to create a narrative and that narrative strips some layers and puts me out of my comfort zone and allows me to understand my place in the world."

Preparation

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## TOOLS NOT JEWELS

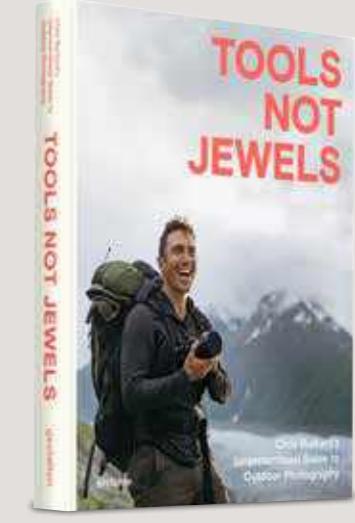
### Chris Burkard's (unpretentious) Guide to Outdoor Photography

NEW

Editors: gestalten & Chris Burkard  
Features: Full color, flexcover, stitch bound, 224 pages, 17 x 24 cm, 6 1/4 x 6 1/2 inches  
Price: €30 (D) £29.95 \$40 (US)  
ISBN: 978-3-96704-133-0



RELEASE (EUROPE & UK): AUGUST 2024  
RELEASE (INTERNATIONAL): SEPTEMBER 2024



SAMPLE COVER

An illustrated manual by one of the world's best outdoors photographers, giving readers the tools and know-how to get the perfect shot, no matter where they are.

When it comes to picking up a camera and diving into the world of photography, the journey can be a daunting one. Framing, light, focus, equipment and many more factors can greatly impact the quest for that perfect photo. In his second book with gestalten, celebrated adventure landscape and ocean photographer, Chris Burkard, guides you through everything you need to know to shoot outdoors.

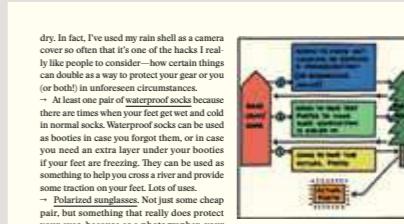
*Tools Not Jewels* is a step-by-step, illustrated manual containing practical, approachable tutorials and first-hand anecdotes. Burkard's extensive experience and self-taught education provides invaluable insights for enthusiastic newcomers and passionate amateurs alike.

Featuring exclusive texts and behind-the-scenes imagery, *Tools Not Jewels* is laden with humour and expert instruction, and demonstrates Burkard's accessible yet comprehensive guidance style to the world of outdoor photography.

### WHAT TO EXPECT

- Hands-on tutorial on how to take great photos outdoors at every step of the process, with practical information on tools and techniques and quick fixes
- Exclusive images and texts by Chris Burkard, alongside helpful illustrations
- A well-balanced mix of inspiring personal stories along with first-hand tips

**CHRIS BURKARD** is an adventurer, photographer, author, and creative director based in California, best known for inspiring photographs of natural landscapes in far-flung regions of the globe that he makes accessible to millions of people on social media.

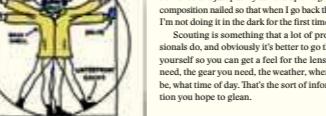


dry. In fact, I've used my rain shell as a camera cover so often that it's one of the hacks I really like people to consider—how certain things can be useful in a wide range of situations or you (or both!) in unforeseen circumstances.

At least one pair of waterproof socks because there are times when your feet get wet and cold in normal socks. Waterproof socks can be used as a boot sock, in a wetsuit, or in a dry suit, or in case you need an extra layer under your shoes if your feet are freezing. They can be used as something to help you cross a river and provide some traction on your feet. Lots of uses.

Polarized sunglasses. Not just cheap pair, though. Something that really does protect your eyes. Because as a photographer, your eyes are everything.

A good a lot of salve for your skin and anything else.



**Scout about!**  
Scouting is crucial. It's part of your pre-planning and can be different things. It can be browsing location photos online or on Instagram so that you're visualizing the place(s) you're going to see. On a bigger budget project, scouting can be you sending somebody out to get actual photos of the locations you want to shoot.

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when there are exciting thunderstorms. This kind of visualization or imagination—imagination being a form of visualization—can inform you about the where, when, and why you would actually go shoot this image.

"OK, if I'm visualizing this image, how do I execute it?"

Ansel Adams was a huge advocate of visualization. It's the magic portion. He was someone who would always visualize the image before he would go to the location, hoping that his visualization would match his experience.

Something is something that a lot of professionals do and obviously it's better to go there yourself so you can get a feel for the lens you need, the gear you need, the weather, where to be, what time of day. That's the sort of information you hope to glean.

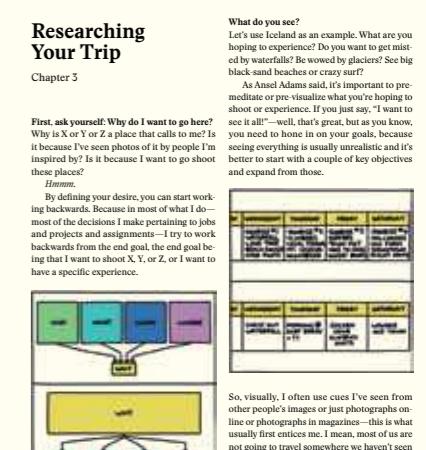
You have to think, "OK, if I'm visualizing this image, how do I execute it?" You'd need to visit Yosemite in the springtime when there are colorful clearing storms happening or in late summer.

Preparation

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Fac esto et ut equeis aperum volupta torpor itatorem num evl ipsus, commis rat.



What are you hoping to walk away with? Is it simply photos of these places? Or do you hope to go to travel somewhere we haven't seen a photograph of. Therefore, that is a kind of visual cue. You see a picture of a place and you're inspired. You're hoping to create an experience and you book your ticket.

Greetings, Google Earthing!

If you're intrigued by an area and don't know much about it, Google Earth is an incredible tool. When I was searching for waves, for

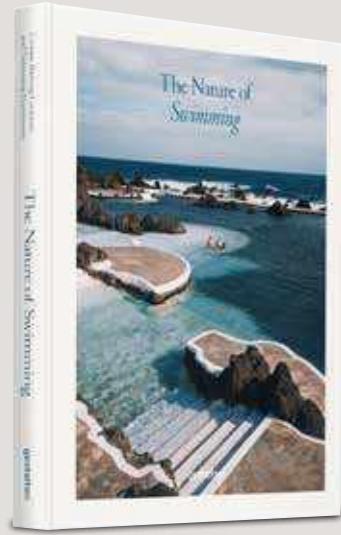
example, I often use cues I've seen from other people's images or just photographs on line or photographs in magazines—this is what usually motivates me to go there. So, "researching" your trip is really just another word for planning your trip, and in planning your trip, you're orchestrating the experience you want to have. For doing that, here are some tips and tricks that can go a long way.

Preparation

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ESCAPE

FRONTLIST



## THE NATURE OF SWIMMING

### Unique Bathing Locations and Swimming Experiences

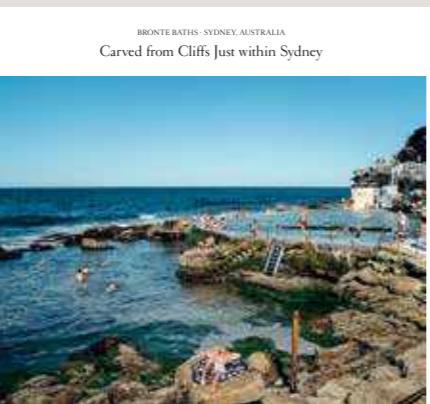
Editor: gestalten  
Features: Full color, hardcover, stitch bound, 256 pages, 21 x 26 cm, 8 1/4 x 10 1/4 inches  
Price: € 45 (D) £ 40 \$ 65 (US)  
ISBN: 978-3-96704-102-6



Dive deep into that age-old habit humans have carried over centuries—the ever-tranquil act of bathing in nature.

The desire to bathe outdoors is as old as time. *The Nature of Swimming* highlights some of the world's most beautiful places for people to swim, bathe, play, and heal. From tidal pools in South Africa to hot springs in Japan, floating saunas in Sweden to waterfalls in Mexico, this book explores the all-round benefits of bathing to mind and body.

*The Nature of Swimming* features beautiful photographs of enticing waters in all shades of green and blue and essays that dive into the history and attractions of bathing across territories and time. Whether it is fabulous harbors and waterways in cities with established cultures of bathing, or places far removed from the hustle and bustle of metropolitan life, this book shines a light on the indelible connection between humans and water.



BRONTE BATHS - SYDNEY, AUSTRALIA  
Carved from Cliffs Just within Sydney

Constructed in 1887, this public ocean pool has a wealth of history

For over a century, when waves crash against the outer perimeter of Bronte Baths, children hold onto the chain railing to brace against impact, while the more serious swimmers bob up and down with the swell as they count on their laps. Nestled in the heart of the Pacific Ocean, this free public pool was carved from the sandstone cliffs at the south end of Bronte Beach in the late 1800s, and it has been a playground, exercise location, and swimming lesson site for generations of Australians since.

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Rock pools are naturally formed by the rocks in Peru. Many provide safe swimming spots for the whole family.

For the more daring, diving platforms and ladders allow easy access to the ocean from the area's rocky outcrops.

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## VOYAGES

### Sidetracked Beyond

Editors: Sidetracked & gestalten  
Features: Full color, hardcover, stitch bound, 272 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
Price: € 45 (D) £ 40 \$ 65 (US)  
ISBN: 978-3-96704-144-6



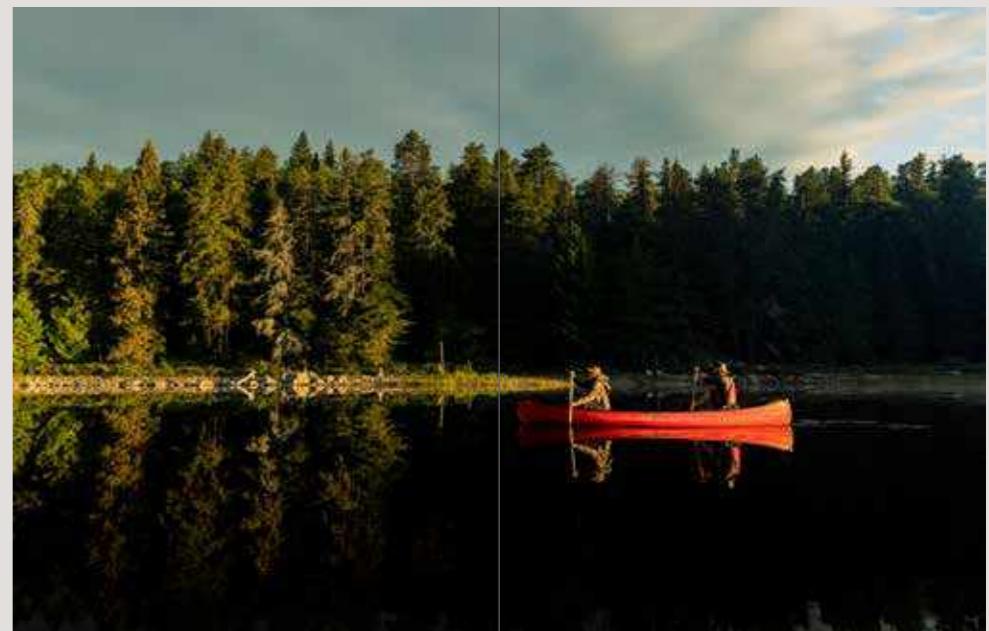
RELEASE (EUROPE & UK): JULY 2024  
RELEASE (INTERNATIONAL): SEPTEMBER 2024

They say it's the journey rather than the destination that truly counts. Here, we look at some of the best and longest adventures to test the human spirit.

*Voyages* is a celebration of the joys of adventure in places of breathtaking and pristine natural beauty. From paragliding part of the migration route of the Monarch butterfly, to sailing some of the remotest areas of the South Pacific to ski mountaineering in Tajikistan, *Voyages* takes you around the world in the company of intrepid souls seeking big vistas far off the beaten track. Whether mountain biking, skiing, surfing, or riding on horse-back, the stories collected here inspire with their scale and ambition, their passion and ingenuity.

Featuring stunning photography and immersive accounts of challenging and life-changing journeys across deserts, snowscapes, mountains, and seas, *Voyages* invites the reader to seek out the undiscovered and see the world anew.

**SIDETRACKED** is an online and printed journal featuring a limited collection of personal stories of adventure travel, journeys and expeditions. The concept is simple; to capture the emotion and experience of adventures and expeditions throughout the world...and to inspire.

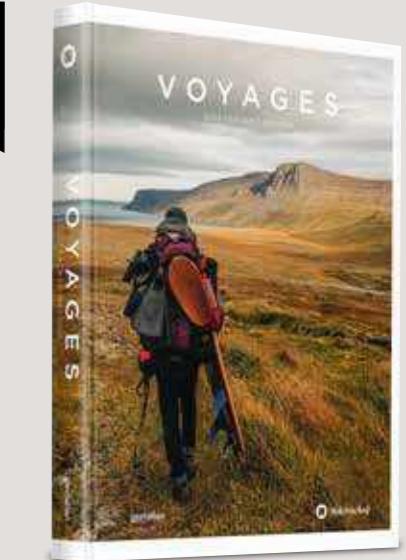


A cornerstone of Buddhist life, the *kora* is an act of devotion carried out day and night across the Himalayas. Tibetans perform circular pilgrimages around their most sacred sites, spinning prayer wheels and thumbing rosary beads as they go. Simon Urwin arrived in Jishi at the start of a grand *kora* of his own: a three-week journey on foot that took him from the Tibetan tracts of rural Yunnan province, onward to Lhasa, and then across the Roof of the World to Everest Base Camp before finally looping back home.

A hour passed. Abi returned just as the sun had set over the horizon. She lay down on the floor. From the roof of her house, Simra saw and watched the simple rhythm of village life gently unfold. Cattle were milked and children were sent to bed. A small fire crackled in the bread four or still lit into ash, the local firewater. It was a place rich in tradition and superstition, where villagers took great care to sing their voices as the went about their daily routines. In fear of the dark, the ancient, serpentine spirits said to inhabit the fields. Then, come nightfall, they locked their doors firmly against the chill, making sure to leave a small opening so the living soul of the dead came looking for a new home.

The road leaving Jishi followed the Yangtze river west through the mountains of Sichuan, Yunnan, and Tibet, the terrain slowly disappearing as the altitude increased and herds of sharp-horned yak appeared on the horizon. Icons of the high plateau, yaks are revered as the animals that have played a central role in Tibetan culture for well over 2,000 years. Nomads set fires with their dung, knit tents with their hair, and chuck the meat of their animals, *tsampa*, which is laboriously churned into butter in ornate stone mugs.

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SAMPLE COVER



Rock pools are naturally formed by the rocks in Peru. Many provide safe swimming spots for the whole family.

For the more daring, diving platforms and ladders allow easy access to the ocean from the area's rocky outcrops.

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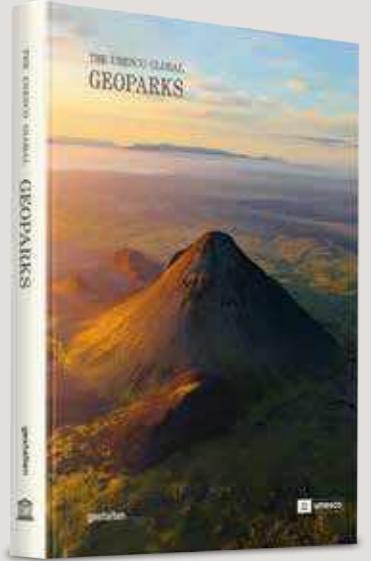


289



SAMPLE COVER

## GEOPARKS



### The UNESCO Global Geoparks

Editors: gestalten & UNESCO  
Features: Full color, hardcover, stitch bound, 304 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
Price: €50 (D) £45 \$70 (US)  
ISBN: 978-3-96704-088-3



Preserving nature's wonders for future generations.

Scattered all over our planet are spectacular locations whose unique geological features tell the story of the Earth's evolution over millions of years. These astounding natural landscapes, each with their own specific topographies and cultures, are the UNESCO Global Geoparks.

Encompassing almost 200 sites across almost 50 countries, the UNESCO Global Geoparks are a vast network of "living laboratories" that showcase nature in its most raw and glorious form—whether it's a valley of volcanoes in Peru or a network of otherworldly caves in Italy. Accompanied by robust local customs, the UNESCO Global Geoparks are sites of both natural and historic importance.

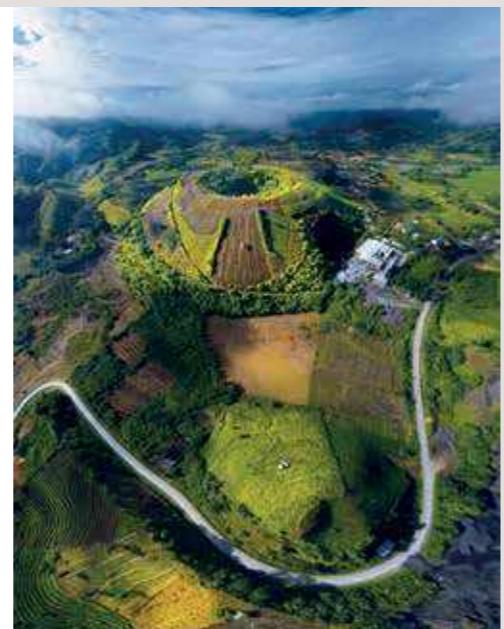
Geoparks shines a light on these ever-evolving, vital places, which are crucial to our collective future and deserve our appreciation and protection more than ever.



DAK NONG  
VIET NAM

**DAK NONG**  
In Southern Viet Nam, 200 km north of the capital Ho Chi Minh, the Dak Nong UNESCO Global Geopark is a land of fire and water. Although the region's oldest geological formations date back to the Paleozoic era, the park is best known for the intense volcanic activity of the last 16.5 Ma and rain that gave the region its morphology and ecology. The park also has one of the world's largest deposits of bauxite. At the end of the majestic Truong Son range is the Nam Blang volcano and volcanic cave lava field, an open-air classroom of volcanic processes. Area size: 2,700 km<sup>2</sup>. Discovered in 2007 this is also Southeast Asia's most important volcanic cave system which is over 10km long, and features around 50 caves.

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HUE, VIET NAM  
The 11 War season from May to October offers the splendor of waterfalls at their peak. 2) Explorandum is the first museum entirely dedicated to sound in Viet Nam and features unique musical instruments and exhibits. 3) The Ho Chi Minh Trail, the route of the Ho Chi Minh Trail used by the Viet Cong and the People's Army of Viet Nam during the Viet Nam War runs through the Geopark.

ADVISOR

Area: 4,790 km<sup>2</sup>

When to visit: Sept.–Feb.

Geopark since: 2020

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ASIA

## PARKLIFE HIDEAWAYS

### Cottages and Cabins in North American Parklands

Editors: gestalten & Parks Project  
Features: Full color, hardcover, stitch bound, 256 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
Price: €45 (D) £40 \$60 (US)  
ISBN: 978-3-96704-139-2



Get closer to nature by exploring the best examples of living by the USA and Canada's stunning national parks.



### A Puzzle-Box Cabin in the Swannanoa Valley of North Carolina

The Nook is a tranquil haven deeply rooted in nature and the local community that invites guests to live differently.



Checking in at Mike Bellene's jewel of a cabin in the Swannanoa Valley involves taking a winding path through white oak and black walnut. Unlike most tree houses, this one was designed to deliberately slow visitors down—the first opportunity of many around The Nook to take a breath and adjust to the rhythm of the natural world. With the shift of perspective, Bellene's bewitching cabin began to reveal a series of unexpected details hidden away within its humble 400 square feet (37 square meters). "On the outside, it's a pretty cabin," he says, "but if you start to unpick the layers, there are all these different pieces of art. There are some really emotionally inspiring wabi-sabi finds in the kitchen that turns a morning brew into a miniature ceremony; the locally crafted black walnut lacquer to match the view of the black walnut tree; or the dharma mask with fur from the same animal Bellene saved from the jaws of a black snake while building his artificial river."

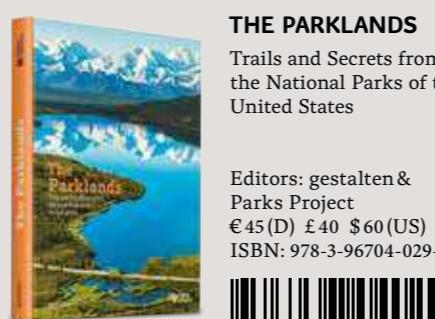
Born in the mountains of Western North Carolina, Bellene grew up with parents who shared a love of gardening and foraging, but it wasn't until the photographer stumbled upon the off-grid homestead Wild Roots, which he describes as "the most magical place I've ever been to." Committed to deepening their connection to the land, the Wild Roots community has adopted many of the Earth skills innovated by the Cherokee people who historically lived in the area. "I got really thirsty for all that knowledge," says Bellene. "Learning how to make a fire

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Parkitecture, otherwise known as National Park Service Rustic, is the beloved architectural style of the U.S. national parks and the inspiration for this compilation of homes and off-grid hideaways nestled in some of North America's most beautiful natural landscapes. Made in collaboration with Parks Project, *Parklife Hideaways* shines a light on magical homes built to make minimal impact while celebrating the natural features of the surrounding landscapes and their transcendent vistas. From the verdant forests of New York State and British Columbia to the snow-covered peaks of Alaska; from the sunset-blessed deserts of Arizona to the rugged California coast, these unique sanctuaries are a testament to conservation and how human design can partner with nature.

Among them are cabins, cozy nooks inspired by treehouses; A-frame structures and desert retreats open to the vastness of the sky. We look at the evolution of parkitecture styles over the decades, as well as the ways in which people adapt to living in remote places. And we meet some of the mavericks who make the dream of living in nature a daily, mindful reality, preserving it for generations to come.

### YOU MIGHT ALSO LIKE



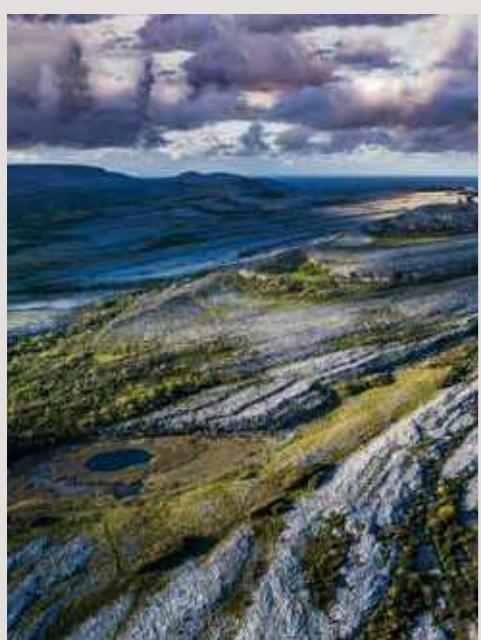
**THE PARKLANDS**  
Trails and Secrets from the National Parks of the United States

Editors: gestalten & Parks Project  
€45 (D) £40 \$60 (US)  
ISBN: 978-3-96704-029-6



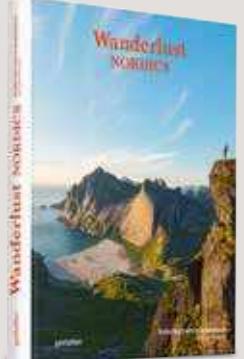
BLACKBERRY FARM

123



## WANDERLUST NORDICS

Exploring Trails in Scandinavia

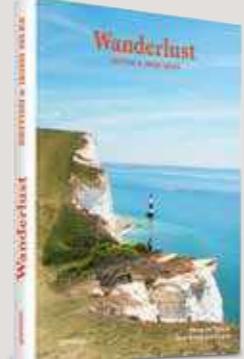


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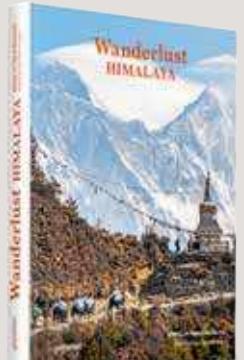


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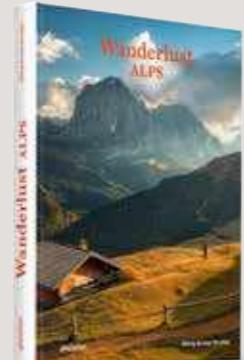


Editors: gestalten & Cam Honan  
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## WANDERLUST ALPS

Hiking Across the Alps

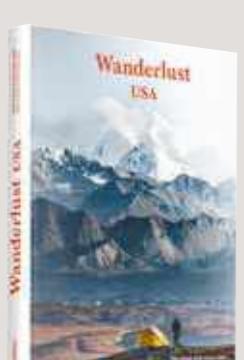


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## WANDERLUST USA

The Great American Hike

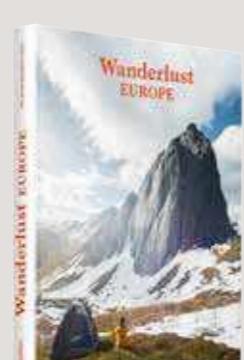


Editors: gestalten & Cam Honan  
Features: Full color, hardcover,  
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22.5 x 29 cm, 9 x 11 1/2 inches  
Price: € 45 (D) £ 40 \$ 60 (US)  
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## WANDERLUST EUROPE

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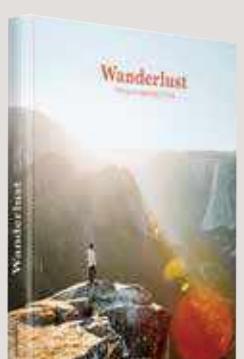


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Features: Full color, hardcover,  
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## WANDERLUST

Hiking on Legendary Trails

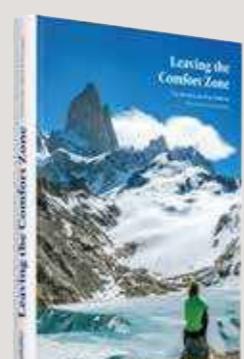


Editors: gestalten & Cam Honan  
Features: Full color, hardcover,  
stitch bound, 256 pages,  
24 x 30 cm, 9 1/2 x 11 1/4 inches  
Price: € 45 (D) £ 40 \$ 65 (US)  
ISBN: 978-3-89955-901-9



## LEAVING THE COMFORT ZONE

The Adventure of a Lifetime



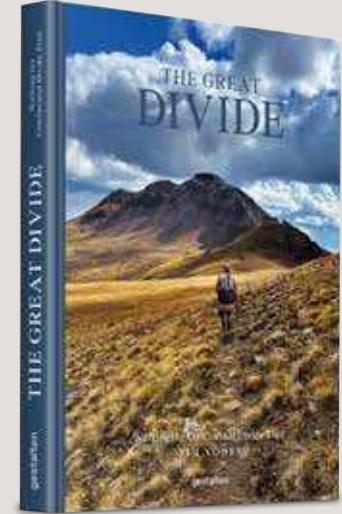
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Price: € 45 (D) £ 40 \$ 65 (US)  
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## THE GREAT DIVIDE

Walking the Continental Divide Trail

Editors: gestalten & Tim Voors  
Features: Full color, hardcover,  
stitch bound, 240 pages,  
17 x 24 cm, 6 1/4 x 9 1/2 inches  
Price: € 35 (D) £ 30 \$ 50 (US)  
ISBN: 978-3-96704-108-8



The endurance test of a lifetime along the length of the United States.

The Continental Divide Trail spans 3,100 miles (5,000 km) through a series of sublime and dynamic landscapes: from Glacier National Park on the US border with Canada, through Montana, Idaho, Wyoming, Colorado, and New Mexico all the way to the southern border. An endurance test requiring versatility, flexibility, and adaptability in the face of nature's many whims, the "CDT" is the longest single-country thru-hike in the world, and one of the all-time bucket-list adventures for all dedicated hikers.

The Great Divide, narrated by Tim Voors, brings the wonders of the trail—from grizzly bears in the Montana wilderness, to sunsets over the majestic peaks of Colorado, and miles of cacti in the New Mexico desert—to life, providing a breathtaking panorama of what it takes physically, mentally, and spiritually to make it all the way from start to finish on this life-changing thru-hike.

**TIM VOORS** works around the world as Interim Creative Director and Speaker for major multinational brands such as The North Face, for whom he has helped win numerous international awards. Voors was Co-founder and President of The Freeforce Foundation, and Board Member of the Art Directors Club Netherlands for five years. A passionate part-time teacher at the Art Academy of Breda and the School of Journalism in Windesheim Zwolle, this is his second book with gestalten after *The Great Alone*, his inspiring account of the Pacific Crest Trail.



Pat—and we later found out that she had won the vote and is now Dubois's proud mayor.

"Bear Country. Dangerous. Avoid confrontation." The same poster was at every trailhead. It had a large bear claw on it and was pinned to the northern wall. Well, we had been warned. No once, not twice, but three times. Felicity was out there

too much food in Dubois. The first day back on the trail was horrific, with big jars of peanut butter, mayonnaise, and Nutella weighing me down.

On the second morning, we got up early and went to the trailhead to see if the poster was still there. We often saw moose swimming in lakes, making their dams of chips. The chipmunks and squirrels frequently jumped from branch to branch, and the reptiles became ever more frequent the farther south we trekked. There were numerous kinds of ants, big and small, busily across the trail as we stopped for lunch, hoping to catch a crumb or two. The marmots were everywhere, too. They were so numerous they waded gracefully through the boggy water, with tall green grass reaching up to its belly. The three of us stopped, took pictures, and let everything sink in. What a sight, what a sight! A creature like no other, larger than a horse, with its long brown nose and a strange gait, dangling under its chin. What struck me most was how silently and gracefully it moved, trotting off a little and then stopping to give us a second glance.

The strange thing about all the warning signs was that they no longer intimidated me. Not a state of fear anyway. Strangely, I was kind of hoping to glimpse Felicity. After all, we had seen plenty of black bears, and I was kind of getting used to them. A bear, a grizzly bear, had come across her about five miles into the trail and had to use his bear spray to scare her off. But I'd good heading out into the mountains with Rip and Dean. Nosh had taken an alternate route and would rejoin with us next week in Pinetop.

We soon reached the trailhead. The weather things really changed when we saw fresh prints in the mud. The paw prints, with deep sharp claws, were in front of us, and we were on full alert, scouring the horizon for any movement. Fortunately, the trail soon forked into two directions, and the paw prints veered off right as we continued straight on our mountain track.

As the sun set, we stopped to eat dinner. And I sign of Felicity, and my attention switched to my other pet fear: thunder. A dark thunderstorm began to rumble in the distance. The clouds rolled in, and inevitably, it started to rain. The heavy load of food on my back made my left shoulder ache, so I popped some ibuprofen to ease the strain. Having had far too little food with me during the previous five days, I had subsequently bought much

On the second morning, we got up early and were treated to a surprise moose encounter.

Judging our close proximity, the animal decided to move on to more private pastures and trotted off into the thicket. And just like that, he was gone. We stared at one another with wide eyes and a common smile. We had finally seen a truly great moose. No words were said, and we hiked on.

As we walked on, we realized that we had finally seen the so-called *big five*. Rip had seen a pack of 12 wolves up in Glacier and also caught a glimpse of a mountain lion up there. We had seen plenty of black bears and one of us had seen a grizzly in the distance. Elk sightings were becoming more and more frequent, and now

finally we had bumped into a moose. Wildlife really was in abundance along the CDT, as we also encountered longhorn antelope, and the countless deer we began to lose their novelty. Rodents were probably the most persistent creatures we often saw, always swimming in lakes, making their dams of chips. The chipmunks and squirrels frequently jumped from branch to branch, and the reptiles became ever more frequent the farther south we trekked. There were numerous kinds of ants, big and small, busily across the trail as we stopped for lunch, hoping to catch a crumb or two. The marmots were everywhere, too. They were so numerous they waded gracefully through the boggy water, with tall green grass reaching up to its belly. The three of us stopped, took pictures, and let everything sink in. What a sight, what a sight! A creature like no other, larger than a horse, with its long brown nose and a strange gait, dangling under its chin. What struck me most was how silently and gracefully it moved, trotting off a little and then stopping to give us a second glance.

Walking with this young, energetic crew, I found that my pace had increased considerably. Perhaps a little too much, but I was still managing to keep up. We were hiking three miles (5 km) an hour, over twice as fast as normal. At first it was a welcome relief, as I was walking, and I already felt as though I was flying.

Olympic athletes average a pace up to eight miles (13 km) an hour, over twice as fast as I was walking, and I already felt as though I was flying.

Walking with this young, energetic crew, I found that my pace had increased considerably. Perhaps a little too much, but I was still managing to keep up. We were hiking three miles (5 km) an hour, over twice as fast as normal. At first it was a welcome relief, as I was walking, and I already felt as though I was flying.

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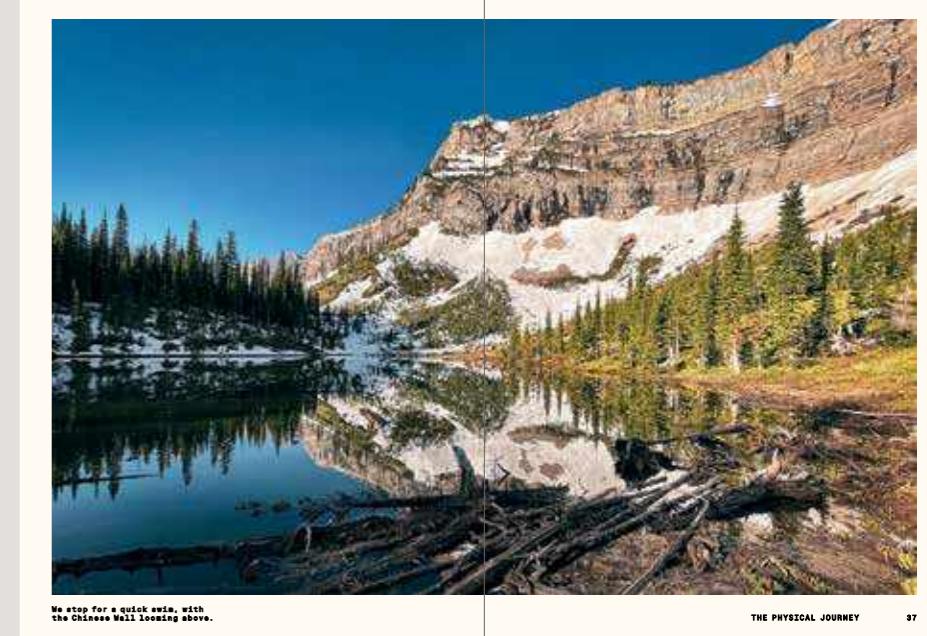
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THE MENTAL JOURNEY 280



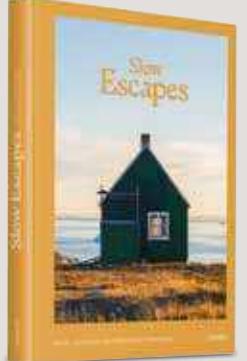
We stop for a quick swim, with the Chinese Wall looming above.

THE PHYSICAL JOURNEY 37



## SLOW ESCAPES

Rural Retreats for Conscious Travelers

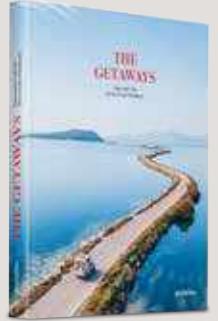


Editors: gestalten & Clara Le Fort  
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ISBN: 978-3-96704-075-3



## THE GETAWAYS

Vans and Life in the Great Outdoors



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ISBN French: 978-3-96704-062-3  
ISBN German: 978-3-96704-063-0

## BIKEPACKING

Exploring the Roads Less Cycled



Editors: gestalten & Stefan Amato  
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## ONE YEAR ON A BIKE

From Amsterdam to Singapore



By: Martijn Doolaard  
Editor: gestalten  
Features: Full color, hardcover, stitch bound, 368 pages, 24 x 32 cm, 9 1/2 x 12 1/2 inches  
Price: € 50 (D) £ 45 \$ 70 (US)  
ISBN: 978-3-89955-906-4



## STAY WILD

Cabins, Rural Getaways, and Sublime Solitude



Editors: gestalten & Canopy & Stars  
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ISBN: 978-3-89955-861-6



## EPIC TRAIN JOURNEYS

The Inside Track to the World's Greatest Rail Routes

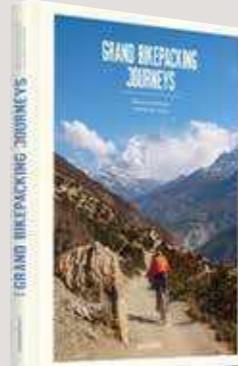


Editors: gestalten & Monisha Rajesh  
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## GRAND BIKEPACKING JOURNEYS

Riding Iconic Routes around the World



Editors: gestalten & Stefan Amato  
Features: Full color, hardcover, stitch bound, 272 pages, 22.5 x 29 cm, 9 x 11 1/2 inches  
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From Vancouver to Patagonia



Editor: Martijn Doolaard  
Features: Full color, hardcover, stitch bound, 416 pages, 24 x 32 cm, 9 1/2 x 12 1/2 inches  
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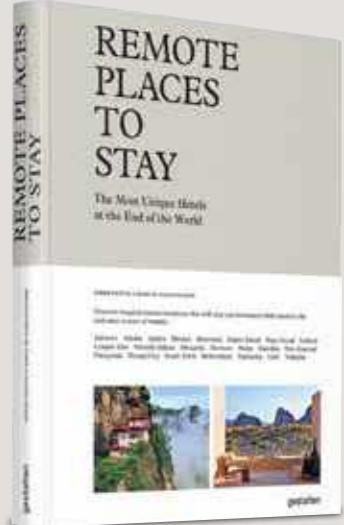
ISBN French: 978-3-96704-053-1  
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## REMOTE PLACES TO STAY

The Most Unique Hotels at the End of the World

Editors: Debbie Pappyn & David De Vleeschauwer  
Features: Full color, linen hardcover, stitch bound, 312 pages, 20.5 x 27 cm, 8 x 10 1/2 inches  
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Discover magical remote locations that will help you disconnect from modern life and enter a state of wonder.

Silence. Calm. Open spaces. These are the new luxuries. In this turbulent era of disruption and noise, disconnecting and slowing down has become ever more crucial. *Remote Places to Stay* shares 22 out-of-the-way locations where you can get off the grid and reconnect to the essentials, surrounded by raw, pristine nature. Some remote places are only accessible by foot, others by mountain train, small boat, or bush plane—but they are all places with a very strong sense of space. From lavish to spare architecture, from the Arctic north to the desert landscapes of Africa, from a peaceful retreat in the Himalayas to a secret *convento* in the heel of Italy's boot, each exceptional retreat has been carefully selected to inspire and spark a state of wonder. Exploring the pages of *Remote Places to Stay* is a visual journey you will never forget.



Human-Made Ger Camp



Camel Mingle



Central Mongolia







FOOD & BEVERAGES

## Tomato

Pomodoro



In the 15th and 16th centuries, European sailors brought some tomato plants from Central and South America to Europe, where they were initially used as ornamental plants as their fruits were considered poisonous.

The tomato: Hardly any other fruit is so synonymous with authentic Italian cuisine and history as the tomato. The few

in the 15th century that the tomato was given its current name in many languages, derived from "tomat," which means "navel of thick water" in the Aztec language.

From the Aztecs, the tomato came to Europe with Hernán Cortés—as a souvenir for the Spanish royal family, and their possessors quickly gained status and wealth, eventually also to Italy. So it was that on October 25, 1548, the Tuscan Grand Duke Cosimo de' Medici held a basket of tomatoes in his hands for the first time—and probably didn't know exactly what to do with them.

Admittedly, these fruits were rare and were planted in the gardens of the upper classes, as they satisfied the wealth of their owners and impressed visitors. However, they were considered poisonous—and it was precisely this that probably aroused the interest of the Medici family. They carried out certain experiments with the nightshade plant, but these did not succeed.

But the name also reflects the fascination that this fruit exerts. For a long time, it was known in Europe primarily as the apple of love, the apple of paradise or the golden apple ("pomo d'oro" in Italian), because the first varieties were still golden yellow. Tomatoes in France in the 16th century were magic potions that were said to have an aphrodisiac effect. This is actually somewhat true: their ingredients tyramine and serotonin actually have mood-enhancing powers. It was not until

the 19th century that the tomato was given its current name in many languages, derived from "tomat," which means "navel of thick water" in the Aztec language.

It all starts with the plant: The tomato comes from the rather ill-famed nightshade family and is therefore closely related to belladonna, mandrake, tobacco. The plant loves bright sun, air and warmth and quickly adapts to which develops a sweet, slightly yellow or intense orange thanks to a high concentration of lycopene. Until almost 50 years ago, it was pollinated laboriously by hand—nowadays, thankfully, bumblebees take over this task.

But the name also reflects the fascination that this fruit exerts. For a long time, it was known in Europe primarily as the apple of love, the apple of paradise or the golden apple ("pomo d'oro" in Italian), because the first varieties were still golden yellow. Tomatoes in France in the 16th century were magic potions that were said to have an aphrodisiac effect. This is actually somewhat true: their ingredients tyramine and serotonin actually have mood-enhancing powers. It was not until

12 WARENGRUPPE

## Penne con Salsiccia

Penne with salsiccia

Serves 4  
PREPARATION  
20 min.

COOKING TIME  
approx. 2 hours

INGREDIENTS

1 small onion  
2 garlic cloves  
1 small carrot  
1 stalk of celery  
1 bunch of parsley  
500 g salsiccia  
30 ml extra virgin olive oil  
1 bay leaf  
1 tsp dried chili  
1 tbsp seasoned tomato puree  
100 ml red wine  
800 g San Marzano tomatoes (tin)  
1 pinch of cinnamon  
1 pinch of ground cloves  
40 g Parmigiano Reggiano  
400 g penne  
salt, pepper

This recipe is uncomplicated and quick to prepare, but takes a little time to cook. The result is an incredibly aromatic sugo with a deep, spicy flavor. The secret: the pinch of cinnamon. It rounds off the taste and takes the sour edge off the tomato sauce. However, the star of the show is the salsiccia, a fresh, coarse pork sausage from Tuscany, seasoned with fennel and herbs. With such a simple recipe, it is all the more important to use excellent ingredients, which is why you should buy the salsiccia from an Italian grocer. The same goes for the tomatoes: Whole canned San Marzano tomatoes, picked ripe in Campania and processed immediately, have a more intense flavor than any fresh tomato in Germany. A special feature of this variety: first cooked in a water bath and then canned, they develop their full aroma. The harmony between sweetness and acidity is then incomparably good for cooking and turns a simple sugo into a delicacy.

Cut the onion and garlic into small cubes. Clean and peel the carrot and also cut into small cubes. Clean the celery, remove the threads if necessary and cut into small cubes. Finely chop the bottom thick stem of the parsley and set aside. Finely chop the parsley leaves and the remaining stalks.

**SUGO** Remove the skin from the sausage meat. Heat the olive oil in a large shallow pan or frying pan and fry the sausage meat briefly on all sides. Break it up with a wooden spoon and fry for approx. 5 minutes until everything is evenly browned (do not fry for too long, otherwise the sausage meat will become too dry). Remove from the pan with a slotted spoon or large spoon and set aside.

Sauté the onions, garlic, carrots, celery, parsley stalks, bay leaf, chili and tomato puree in the remaining fat in the pan. Season with salt and sauté over a medium to high heat for approx. 10 minutes, stirring regularly. Deglaze with red wine and allow the liquid to evaporate almost completely.

Add the tomatoes and season with cinnamon, cloves and pepper.

Cover the sauce and simmer gently over a low heat for approx. 1 hour.

After 30 minutes, add the sausage meat again.

**PASTA** Cook the pasta in plenty of boiling salted water until al dente, drain and leave to drain well.

Add the parsley leaves to the finished sauce. Coarsely grate the Parmesan. Mix the pasta and sauce and arrange in warmed pasta dishes, sprinkle with the cheese and serve immediately.

are more than 3,100 varieties worldwide and at least as many varieties that have never been registered and therefore have no name. However, the most important varieties are these:



**San Marzano** "Campagna's red gold" grows at the foot of Mount Vesuvius, around the village of San Marzano. It has been cultivated since Ferdinand of Bourbon received it as a gift from Spain in 1770. Unfortunately, the variety had almost completely disappeared by the 1950s, but since it can be harvested individually and by hand, thanks to a team of researchers, some farmers and the slow food movement, it has been rediscovered—and now enhances the original Neapolitan pizzas.

18th century—it is a traditional ingredient in local cuisine at Christmas time. The Piennolo del Vesuvio DOP goes perfectly with seafood dishes, pizza, bruschetta or buffalo mozzarella.

edly the heavy weight among tomatoes—and not just in terms of taste. Its firm flesh and compact pulp make it particularly suitable. It is the first choice in Italian kitchens. Here they are preferably eaten raw and still slightly green, as at this stage the acid to sugar ratio is optimal for the taste. This makes Cuore di bue the centerpiece of salads and starters.



**Corbarino** Those who like it very spicy and aromatic will find their happiness in this old variety from the Naples area. It is the small variety that the name suggests, as it forms long bunches of small, red, egg-shaped fruits with an intense aroma. This makes it ideal for starters, main fish dishes and pizza.



**Datterino** The small but immensely aromatic date tomato originally comes from Sicily. It is characterized by its fine fruitiness and distinctive sweetness. The Datterino is suitable for elegant soups, tender prawns or refined vegetables.



**Ciliegino** Although it is so small, the cherry tomato is considered the ancestor of the modern cultivated tomato and was probably first domesticated in Mexico. It was first mentioned in Europe in 1621 in the standard work *Plinii theatri botanicus* by the Swiss botanist Caspar Bauhin. It is impossible to imagine Italian cuisine without the Ciliegino, which is used in fresh salads, with antipasti and cheese.



**Grappolo** The vine tomato is one of the most popular varieties in Italy and abroad. Its strong and hearty flavor has earned it a permanent place on the plate. Grappolo is at its best in salads or with starters.



**Piennolo** These little treasures are grown on the slopes of Mount Vesuvius. Here, the sun is merciless and the soil is particularly rich in minerals, giving the tomatoes a firm skin, plenty of minerals and a very special sweetness. The small, slightly irregular tomatoes are ideal for eating as they form the spicy-mild plenissimi, the large bunches, which then last for a whole year. This is also the reason why the tomato has been depicted in the famous Neapolitan nativity scenes since the 15th century.



**Cuore di bue** The characteristic heart-shaped tomato probably originated in Russia at the end of the 19th century, from where it quickly found its way into Italian plates. It is undoubtedly the most popular variety in Italy and abroad.



**Perino** In its native southern Italy, this extremely successful cross between the spicy date tomato and the sweet cherry tomato is considered the best small tomato of all. And that is why the Perino refines every special



The quality of Italian cuisine is based on the quality of its ingredients. For Italians, the quality of the basic ingredients in their dishes is everything. For some, it's even as important as the air they breathe. This is why classic, homemade Italian food is incomparable to any other in the world. Its richness of taste belies its apparent simplicity, and it's all down to the superior quality of those timeless, key elements that truly makes traditional Italian cooking so flavourful. *Originale* is not just another recipe book. It is, in essence, a guide. A manual on how to do it like the Italians. The dozens of inspiring recipes within these pages are built from a handful of crucial ingredients that, if sourced correctly—as detailed in this book—can transport you directly to the kitchens of Rome, Naples, or Bologna via your own plate. *Originale* is lovingly curated to celebrate the enduring nature of Italian cuisine, its history, and culture. Buon appetito!

## ORIGINALE

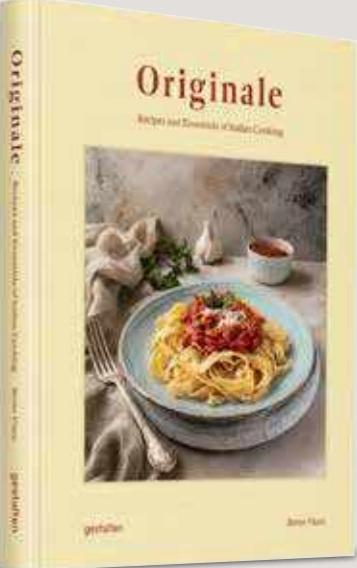
### Recipes and Essentials of Italian Cooking

Editors: gestalten & Remo Viani  
Features: Full color, hardcover, stitch bound, 288 pages, 24 x 30 cm, 9 1/2 x 11 3/4 inches  
Price: € 45 (D) £ 40 \$ 65 (US)  
ISBN: 978-3-96704-150-7



RELEASE (EUROPE & UK): SEPTEMBER 2024  
RELEASE (INTERNATIONAL): OCTOBER 2024

NEW



SAMPLE COVER



### Risotto alla Piemontese

Risotto Piedmont style

**Castelmagno** is a cheese with a protected designation of origin from Piedmont, made from cow's, sheep's and goat's milk. It is matured in soft cheese and has a special taste due to the presence of blue mold, which gives it a subtle taste of essential mountain herbs, forest soil and mushrooms. It may or may not develop blue mold naturally, it is not specifically inoculated with blue mold cultures. Castelmagno is a cheese with a delicate texture and a speciality of the town of Canavese, enriched with cream and butter. But in this risotto, combined with the well-known ambassador of Piedmont, the hazelnut, it also represents its region and its taste perfectly. In Italy, a risotto is considered a dish that is eaten with a spoon, not a fork. Turn off the heat, cover and leave the risotto to rest in the pan for 3 minutes. Garnish with the remaining marjoram and hazelnuts.

**INGREDIENTS**  
Serves 2  
PREPARATION TIME  
10 min.  
COOKING TIME  
20 min.  
INGREDIENTS  
1 shallot, finely chopped  
1 clove of garlic, finely chopped  
320 g arborio rice of the Arborio or Cannellini variety  
50 ml white wine  
700 ml vegetable stock  
100 g Piedmont hazelnuts of the Toada Gentile delle Langhe variety  
5 stalks of fresh marjoram  
100 g Castelmagno cheese, grated

Sauté the shallot in butter until translucent. Add the garlic and risotto rice. Stir and make sure that it does not burn, but only gets hot. Deglaze with white wine and stir once vigorously until the liquid and alcohol have evaporated. Now reduce the heat slightly and pour in enough hazelnut oil to cover the rice. Add the rice and stir until it is covered in a ladle of stock. Repeat this while stirring until the rice is al dente, which takes about 10 minutes. Remove the heat and stir in the marjoram, the hazelnuts, 5 stalks of marjoram leaves, the remaining butter and the grated Castelmagno into the risotto and stir.

Turn off the heat, cover and leave the risotto to rest in the pan for 3 minutes. Garnish with the remaining marjoram and hazelnuts.

**WHAT TO EXPECT**  
This dish is further enhanced by the final seasoning with freshly ground black pepper.

62 PRIMA



### Panna Cotta con Marmellata di Arancia e Menta

Panna cotta with orange marmalade and mint

**Panna cotta**, the classic from Piedmont, has conquered international cuisine. This is no wonder, as the "cooked cream" tastes milky-sweet and at its best has a creamy consistency. It is usually served with fruit, tart berries, which is why it is often paired with orange marmalade that turns the panna cotta into a stimulating work of art. It is said that the dessert first appeared on a restaurant menu under its current name in the 19th century. The legend behind the name of the recipe, in its convincing simplicity, is much older: panna cotta was probably cooked by peasant women who had a surplus of milk and cream. The cooking technique could also go back to the French influence in Piedmont and Liguria, where the dessert was first called *cuor de bue*. Today, vegetable flans cooked and turned in ramekins, a hearty form of panna cotta, are also part of traditional Piedmontese cuisine.

Slice the gelatine in cold water. Slice the vanilla pod lengthwise and temper the seeds with a sharp knife. Bring the cream to a boil with the pod and seeds. Remove the pod from the heat and add the sugar, stirring until it has dissolved. Remove the vanilla pod. Squeeze out the gelatine and dissolve in the hot cream while stirring.

Pour the mixture through a strainer into four small ramekins and leave to cool. Then place the ramekins in the fridge for 3 to 4 hours, preferably overnight.

Turn the panna cotta out onto small plates or serve in a glass. Using a spoon, spread each panna cotta with orange marmalade to a height of approx. 1 cm and sprinkle with finely sliced mint.

The panna cotta is particularly full-bodied when prepared with pastry cream (35% fat).

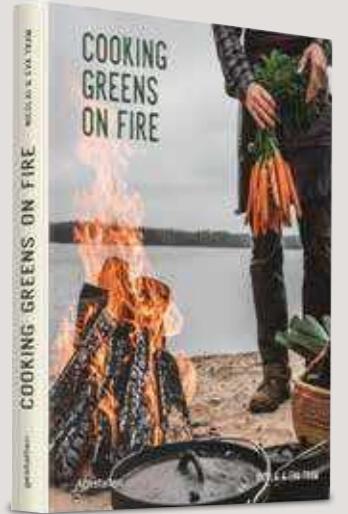
66 PRIMA



255 PRIMA

FOOD & BEVERAGES

FRONTLIST



## COOKING GREENS ON FIRE

Vegetarian Recipes for the Dutch Oven and Grill

By: Eva Helbæk Tram & Nicolai Tram  
Features: Full color, hardcover, stitch bound, 208 pages, 21 x 26 cm, 8 1/4 x 10 1/4 inches  
Price: €39.90 (D) £35 \$60 (US)  
ISBN: 978-3-96704-153-8



Embrace the back-to-basics nature of open-fire cooking, and be introduced to dozens of vegetarian campsite recipes.

Cooking on an open fire is both exciting and impractical—it's as much about the time spent preparing the food as it is about eating it. This style of cooking lures chefs of all ages to the outdoors, and the possibilities for including vegetables in the campfire kitchen are almost endless.

*Cooking Greens on Fire* introduces 60 recipes for vegetarian campfire dishes in various degrees of difficulty. Learn how to build and light a fire, and get to know the equipment, safety, and cooking methods best suited for enjoying vegetables over the open flames.



**BABY BROCCOLI AND SCRAMBLED EGG BÉARNAISE**

**SERVES 5-6**

**Grill rack, saucépan, tweezers tongs**

**Let the fire burn until intense embers form, then position the grill rack about 6 inches (15 cm) above them. In a bowl, beat the eggs and whisk in 1 tsp. of salt and the finely grated garlic. Place the saucépan on the rack and brown 1 tbsp. of butter. Add the beaten eggs and scramble by moving a spatula back and forth until the eggs thicken. Remove the saucépan from the heat and add the remaining cubed butter, vinegar, and minced tarragon (see tip). A few whole tarragon leaves are also nice. Scatter the baby broccoli stems on the rack, coloring them well. Transfer them to a bowl, drizzle with oil, and season with salt. Arrange on a plate with the scrambled eggs in the middle, and garnish with rapeseed flowers, if using, and tarragon leaves.**

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**SHAKSHUKA**

**SERVES 5-7**

**Grill rack, strainer, heat-resistant gloves, skillet**

**Light the fire and let it burn to embers. Place the sweet peppers directly on the fire and char them over and over again. Position the grill rack about 6 inches (15 cm) above the embers. Peel and quarter the onion. Grill, cut side down, until well colored. Put the cherry tomatoes into a strainer, drizzle with olive oil, and season with salt. Place the strainer directly on the embers and cook the tomatoes. Shred the onion. Remove the sweet peppers from the fire and peel off all the charred skin. Cut off the tops and remove the seeds, then add to a skillet with the onions and tomatoes. Place the skillet directly on the embers and add the olive oil, cumin, and minced garlic. Sauté for a few minutes. Add the tomato paste, season with salt, and crack the eggs over the top. Let them sit on the embers for 10–12 minutes, or until the eggs are set and the yolks remain runny. Whatever you do from here on, do not stir the contents of the skillet. Sprinkle with minced parsley and serve piping hot.**

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## COOKING ON FIRE

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Price: €39.90 (D) £35 \$60 (US)  
ISBN: 978-3-96704-131-6



Cooking on an open fire is the most primal of all cooking methods. It is sensuous and archaic, in the best sense of the word—as much about the time spent making the food as it is about eating it.

*Cooking on Fire* is full of delicious fire-cooked recipes requiring varying degrees of effort. You will learn how to build and light campfires, different open-fire cooking techniques, and the equipment you will need.

Michelin-star chef Nicolai Tram and food critic Eva Tram present a variety of recipes, from simple classics like roasted chestnuts to more challenging dishes like leg of lamb.

The more time-consuming recipes allow for the freedom to sit down by the fire, with food as the excuse, and look into the flames, and relax.

**EVA and NICOLAI TRAM both come from careers in the gastronomic world and food media—Eva as a sommelier and food critic, critic, and Nicolai as a chef at fine dining restaurants and TV producer. In 2017, they moved with their two young boys from Copenhagen to the Swedish woods, seeking a better balance between work and family life. As they spent more time in nature, they soon found that cooking on fire came naturally, and this book grew from their shared passion for cooking and nature. After the original publication of *Cooking on Fire* in 2020, Eva und Nicolai Tram opened Knystaforsen, a restaurant with campfire cooking as the core of the kitchen. In 2022, the restaurant earned a Michelin star as well a Michelin green star for sustainability.**



### EIGHT TYPES OF CAMPFIRES

#### LOG CABIN FIRE

This is an easy-to-make and highly flammable campfire that develops a good level of upward heat and produces large embers. The structure of the fire means that it is well ventilated and the firewood commonly feeds the flames, so requires minimal maintenance. Depending on how closely you pack the firewood, it will light up faster or more slowly. If you pack the wood loosely, you'll get a quick ignition and fast flames. The log cabin fire is a very useful, standard campfire (and my personal favorite) that provides a reliable ignition. It is a campfire that will take a bit of time to build, and use a fan to blow on it, and once it ignites, you'll be rewarded with an impressive fire that burns for a very long time.



#### TEEPEE FIRE

This quickly made campfire is great for cooking something rapidly. It will not burn for a long time without maintenance, so is best suited for short cooking times. Without maintenance,

### LEG OF LAMB "CURANTO"

Log cabin, lean-to, or hunter's fire

**SERVES 4**

- 1 leg of lamb with the bone removed, salted overnight
- 5 carrots
- 5 onions
- 1 leek
- 1 head of garlic
- salt and pepper
- juice of 1 lemon
- olive oil

Well, I won't lie to you. This recipe is challenging and cumbersome, and it took me quite a few tries to get it right. You have to be dedicated for the fun of it, and you have to be willing to set aside the time that is required. You can use any vegetables and cuts of meat, but the curanto is undoubtedly best suited for things that take time—see below for what I used.—Nicolai

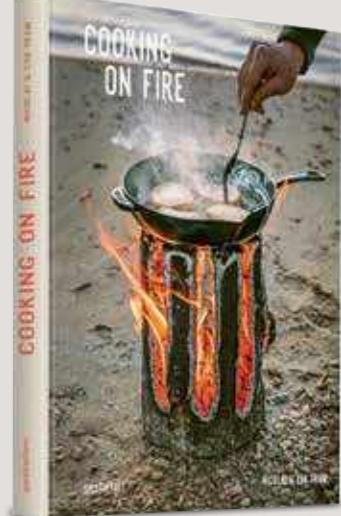
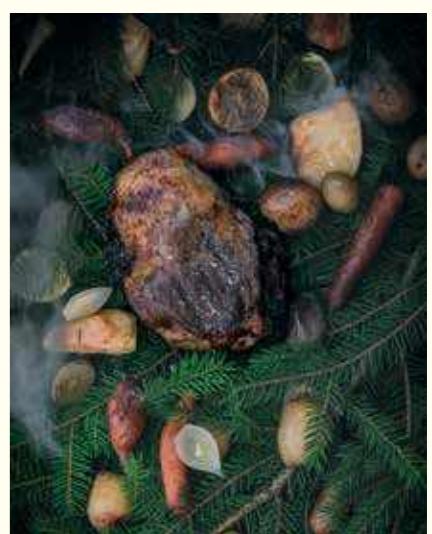
Build your curanto ("stony ground"). Dig a square hole 4 1/2 feet (1.3 m) deep, with sides about 1 1/2 feet x 3 feet (1 x 1 m). Fill the bottom of the hole with large stones. Pour the soil and collect 10 large stones to use. In the hole, fill a wheelbarrow with earth and mix with some ash. Pull the earth out of the closet that you no longer need. Light a huge bonfire at the bottom of the hole. When the fire has burned to embers, throw the stones you have prepared over the embers and let them heat up.

The following should be done as quickly as possible to keep the heat in. Put half of the branches on top of the hot stones. Place the meat, vegetables, and garlic on top of the branches, cover the produce with the rest of the branches, and place the sheet on top. Stand the wheelbarrow on the side of the hole so that it does not slip. Pour soil on top—a good, thick layer. With yourself tucked and do something else for the next 8–10 hours!

Carefully remove the soil until you can see the corners of the sheet. Open the "oven" and enjoy the meal.

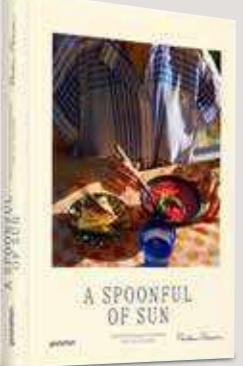
Take out the ingredients. Season everything with salt, pepper, olive oil, and lemon juice. Serve the lamb and vegetables as they are, with a sharp knife and a serving spoon.

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Mediterranean Cookbook  
for All Seasons

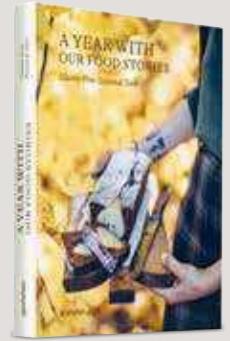


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The Delicate Art  
of Plating Dishes

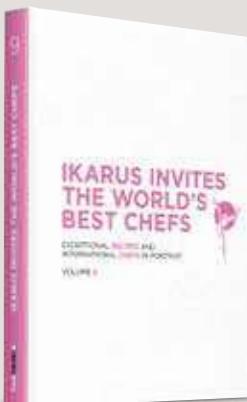


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## IKARUS INVITES THE WORLD'S BEST CHEFS

Exceptional Recipes  
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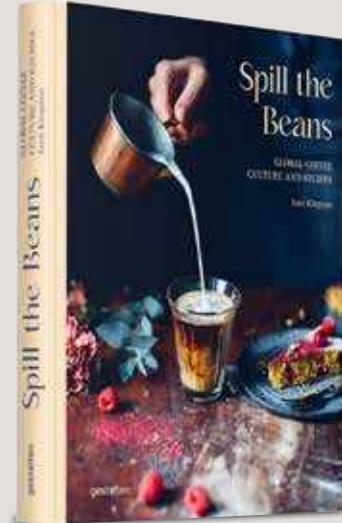
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Editor: Pantauro  
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## SPILL THE BEANS

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and Recipes

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A caffeinated tour that unveils the richness  
of coffee culture, the history of beans, stories,  
and recipes from around the world.

### Caffè Espresso

Espresso Coffee  
Invented in Italy around the turn of the twentieth century, the espresso machine has heavily influenced coffee culture worldwide ever since. In Italy, espresso still rules 90 percent of all coffee drunk there is prepared as espresso. This concentrated, flavorful, and aromatic coffee results from hot water being forced under pressure through finely ground coffee beans in an espresso machine.

Water

7g coffee  
Grind size: fine

You will also need:  
Espresso machine, scales, timer

Let water run through the espresso machine without the portafilter attached to flush out any old coffee grounds. Insert a single 7g filter basket into the portafilter.

Measure out the coffee into the basket using a scale.

Level out the bed of coffee. Water follows the path of least resistance, so if the grounds are distributed unevenly, the water will flow unevenly, which will affect the flavor.

Rest the portafilter on the counter, and hold the tamper with the top of your hand. Place your thumb and forefinger on opposing sides of the base of the tamper, and place into the portafilter basket. Using your thumb and forefinger—now touching the edges of both the basket and the tamper—press down firmly until the tamper is level with the top of the portafilter. Put the portafilter into the espresso machine and pull it tight. Place a serving cup on a set of scales underneath and tare to zero. Start extraction and press start on a timer.

As the coffee extracts, keep an eye on both the weight and the time. For a standard Italian 1:20 ratio, 7g of coffee in should weigh around 21g in the cup. For light to medium roasts, or a third-wave style extraction, try an 8g double shot (using a double-shot size filter basket), which should result in 36g of coffee in the cup. Either of these should extract within 20–35 seconds.

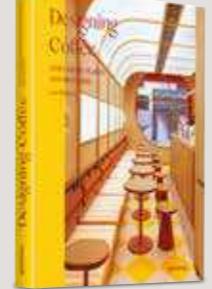
Coffee grind size is very important to get right. The correct flow rate for a standard Italian 1:20 ratio is 7g of coffee in should weigh around 21g in the cup. For light to medium roasts, or a third-wave style extraction, try an 8g double shot (using a double-shot size filter basket), which should result in 36g of coffee in the cup. Either of these should extract within 20–35 seconds.

If you keep the shot from over- or under-extracting, if you yield too much coffee in the cup within the time frame, grind the beans finer, which will slow down extraction. If you yield too little, the grind needs to be coarser, which will speed up extraction.

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