

BENEVENTO
PUBLISHING

RIGHTS CATALOGUE

AUTUMN 2025

MIND SET WIN

The Mental Tactics of Top Athletes and How We Can Use Them for Ourselves

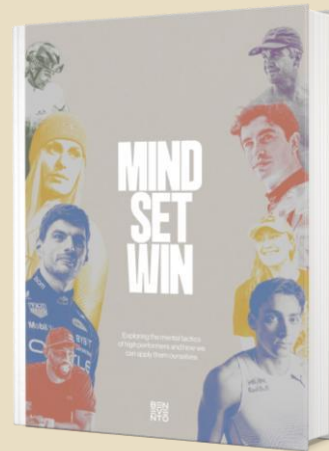
Full
English
Manuscript
available

»If I set my mind to something, I won't stop until I achieve it. I'm willing to sacrifice and continue to work long past what everyone else is willing to do in order to achieve my goals.«

Lindsey Vonn



© Sebastian Marko



**BEN
VENU
TO**

Hardcover
Release date: March 2025
240 pages

Learn from the best

Extraordinary athletes share key moments of their careers and break down the psychological approach that can make all the difference.

You'll learn mental tactics such as finding purpose, building confidence, and the power of self-reflection from famous athletes like Formula 1 champion Max Verstappen, pole vaulter Mondo Duplantis, skiing legend Lindsey Vonn or former Bayern Munich striker Mario Gómez.

Psychologists summarize the techniques and key strategies of every athlete and uncover practical tools for anyone who shares the desire to become better and more successful.

With pictures of key moments and practical exercises.



Rights sold:

Audiobook(Saga Egmont)
France (Thierry Souccar)

[Link to English Website](#)



THE HONORABLE MONKEYS

Myths and Legends about Humans and Animals

Longlisted for
German Book Prize
2025 with latest
novel

MICHAEL KÖHLMEIER, born in Vorarlberg, Austria in 1949, is a celebrated and award-winning author, playwright, and storyteller known for his profound narratives and versatility across genres. With a career spanning decades, Köhlmeier has captivated audiences with his novels and short stories.

Köhlmeier continues to inspire readers worldwide with his unique ability to connect the past with the present.



Traditional storytelling takes us to fabulous worlds

About the secrets of the woods, the battle for justice, and harmony between humans and animals. In this book, Michael Köhlmeier shares seventeen masterfully told legends and fairy tales that reveal new and unknown sides of the world of fables.

With skillful finesse and unmistakable style, Michael Köhlmeier presents timeless wisdom and moral questions in fascinating and entertaining stories. We learn how honorable monkeys take revenge on an unjust king, flies, wasps, and ants carry out a joint raid, and how the love of two parents is stronger than social convention.

This book of carefully selected legends brings together both classic and folk motifs, showcasing the author's profound knowledge of mythology. A treasure trove of traditional literature retold.



Hardcover
Release date: September 2025
160 pages

Other Books by the Author



Boulevard of Heroes

[Link to English Website](#)

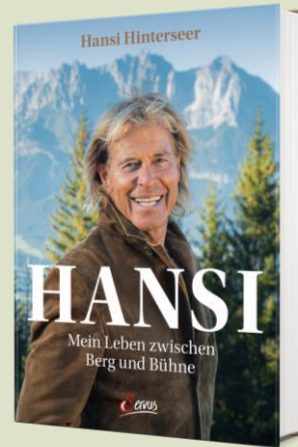


HANSI

My Life between Slopes and Stages

New Album
and Tour
Autumn 2025

HANSI HINTERSEER, won numerous races as a ski racer, including the Giant Slalom World Cup in 1973, and was twice world champion on the US Pro Tour. After his sports career, the Tyrolean celebrated millions of sales in the pop and folk music industry in the 1990s, commented on ski races, and starred in over 60 TV shows and numerous movies.



Servus

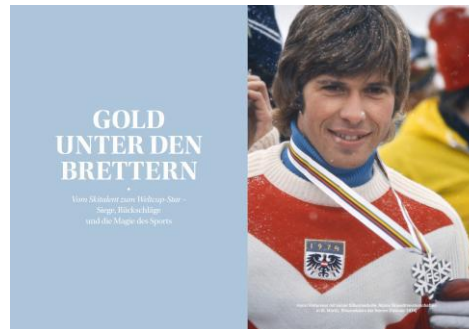
Hardcover
Release date: October 2025
248 pages

From skiing legend to people's favorite—a life full of passion

Hansi Hinterseer gives unique insights into his extraordinary career in this very private portrait.

Although Hansi Hinterseer's life seems like a matter of fate, his path has been far from easy. The Kitzbühel native talks openly and reflectively about how his roots and competitive sports have shaped him and the challenges he has had to overcome along the way. He also provides entertaining insights into his career as a pop singer, TV star, and commentator.

Long-time friends and companions share more exciting stories about his life and show how these encounters have left their mark on him. Hansi Hinterseer, now over 70, looks back on his life with emotion – but he's not thinking about retirement just yet...



📅 Sunday, 19 Oct 2025

🕒 10:00 – 10:30

📍 On site

📍 Frankfurt Studio (Saal Europa Halle 4.0)

**LIVE
ON STAGE**

[Link to English Website](#)



THE GAME IS ON

How Gaming is Revolutionizing our World

Expert &
Keynote Speaker
»Forbes 30
Under 30«

JOHANNA PIRKER, born in 1988, is an Austrian computer scientist and researches at the Graz University of Technology in the fields of computer games, virtual reality, AI and data science. She studied at the world-famous MIT in the U.S., taught at ETH Zurich and has given lectures and TED talks at Harvard and at Humboldt University Berlin. She is the founder of the largest conference for game developers in Austria and has been awarded various prizes and included in the »Forbes 30 under 30« list.



© Foto Furgler



ecowING

Hardcover
Release date: October 2025
240 pages

Understanding the world through games

Video games can change the world - for the better. That is the conviction of internationally renowned Austrian computer scientist Johanna Pirker. She shows that video games are not only drivers of culture and innovation, but also have potential for politics, business, science, and society.

»The Game Is On« offers insights into a world that is still underestimated: video games have long since become much more than a leisure activity for young nerds - almost half of all gamers are female, and the average age is 36. Numerous studies now show that games promote social behavior, help with learning, and can serve as a model for a wide range of fields, from medicine to industry.

Backed by scientific facts, she explains how important games are for mental and emotional development, how much of modern life is already based on games, and how many untapped possibilities are yet to be discovered.

📅 Sunday, 19 Oct 2025

🕒 12:00 - 12:30

📍 On site

📍 Innovation Stage (Halle 4.0, H106)

LIVE
ON STAGE

[Link to English Website](#)



WHAT CAN ARTIFICIAL INTELLIGENCE ACHIEVE?

Can We Use It to Create Prosperity for All, Cure Cancer and Solve the Climate Problem?

Several weeks
on the Austrian
Bestseller List

SEPP HOCHREITER, born in 1967 in Bavaria, Germany, is one of the leading scientists in the field of artificial intelligence. In 2006, he was appointed university professor at the Johannes Kepler University Linz. There he heads the Institute for Machine Learning and the Laboratory for Artificial Intelligence. In 2023, he founded the AI company NXAI, where he is chief scientist.



ecowING

Hardcover
Release date: May 2025
208 pages

The key to understanding the world

What can artificial intelligence really do? Will it create prosperity for all, cure cancer and solve the climate challenge? Or are our expectations of technology exaggerated? One of the world's most renowned AI researchers looks beyond the current hype and reveals where the true potential lies.

AI research is at a turning point. ChatGPT and its peers can already generate impressive texts and images, but Sepp Hochreiter has a much more ambitious vision: an AI that can simulate complex real-world processes in a matter of seconds on a computer, from the behaviour of materials to the effects of medication and climate change. AI simulation could revolutionise industrial production and help solve the major problems of our time. For Hochreiter, it is the key to understanding the world.



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(Kadim Yayınları)

[Link to English Website](#)



YOU COWARD!

Several weeks
on the Austrian
Bestseller List

HEIDI KASTNER is an Austrian forensic psychiatrist known for her work in criminal psychiatry. She has been involved in high-profile cases and has provided expert opinions in court. She has also written books and articles on topics related to forensic psychiatry, criminal behavior, and the human psyche. Heidi Kastner is also head of the clinic for psychiatry with a forensic focus at the Kepler University Clinic in Linz, Austria.



© Robert Maybach



ecoWING
Hardcover
Release date: April 2025
144 pages

In search of the moral compass

Heidi Kastner delves into the concept of fear and its relationship to human behavior, particularly the often-misunderstood notion of cowardice. She explores how fear, as a fundamental emotion, influences our decisions, actions, and moral judgments. Cowardice is not a contemporary invention. It is and always has been a central component of human society.

Through real-life examples, psychological insights, and philosophical reflections, Kastner examines how individuals and societies label cowardice and how this label often masks deeper emotional or psychological struggles. She challenges readers to rethink their perceptions of courage and fear, emphasizing the importance of self-awareness and empathy in understanding human vulnerability.



[Link to English Website](#)



DOCTOR CAT

Therapy on Velvet Paws

First scientifically
based training
program for
therapy cats

KARIN HEDIGER is a professor of Psychology at the University of Lucerne, a psychotherapist and a trauma therapist. She heads the university training course for animal-assisted therapy in Switzerland.

RENATE DEIMEL is a certified special and remedial education teacher and psychotherapist. She works with cats, dogs, rabbits, sheep and horses at the children's hospice Lichtblickhof in Austria, supporting people in trauma, grief and palliative care situations.

ROSWITHA ZINK is a biologist, psychotherapist and founder of the children's hospice Lichtblickhof. One focus of her work is on scientific projects on animal-human communication.



ecowing

Hardcover
Release date: November 2025
224 pages

Purring from heart to heart

Can cats understand us? Is the most independent animal among our companions really willing to respond to humans? They are masters of perception. Hardly any other animal has a finer sensorium. They hear, smell, see and feel many times better than a human being can sense another – even more so when someone needs help.

When a person is out of balance, the cat senses it immediately. The authors develop and implement this potential in their daily work. According to the latest scientific findings, the diversity of the therapeutic effect of cats on humans goes far beyond the confirmed effect of purring. The authors report on what a cat can give to sad, traumatized people with well-founded theory and lively practice. Cats can do much more than we thought. And your own cat can learn more than we could ever have imagined.



[Link to English Website](#)

THE POWER OF THE VAGUS

How the Self-healing Nerve Gives Us Relaxation and Health

Several weeks
on the Austrian
Bestseller List

Dr. MAXIMILIAN MOSER, PhD, was born in 1956. He studied Biology and Medicine and has made significant contributions to studies that scientifically proved the positive effect of the Swiss pine wood on our body for the first time. He is professor at the Medical University of Graz and heads the Human Research Institute for Health Technology and Preventive Research.



The nerve that keeps us young and healthy

With the right exercises, you can stimulate your self-healing powers. Very few people know that the vagus nerve is responsible for this. Vagus expert Maximilian Moser tells us where this nerve is located and how to activate it.

The vagus nerve is part of the autonomic nervous system and regulates important bodily functions such as the heart rate and the immune system. In this book, Maximilian Moser, professor at the Medical University of Graz, explains how important the vagus nerve is for our well-being. He shows which exercises strengthen the vagus and thus contribute to resilient health. This book is an invitation to discover the fascinating power of the vagus in order to lead a healthier and more fulfilling life.

ecowING

Hardcover
Release date: January 2025
208 pages

Other Books by Maximilian Moser



Child of the Forest



Healthy to the Core



The Gentle Medicine of Trees

German audiobook:
RBmedia

[Link to English Website](#)

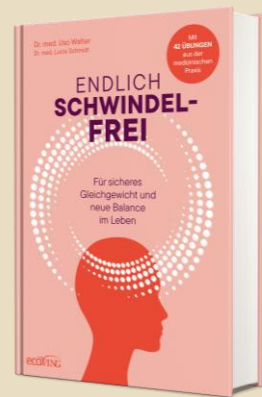


FINALLY FREE FROM VERTIGO

For a Secure Sense of Balance and a New Balance in Life

USO WALTER, MD, born in 1963, is an ear, nose and throat specialist who has been dedicating his work to the treatment of tinnitus for almost 20 years and specializes in the treatment of vestibular disorders. He shares his therapeutic experience and knowledge about the issue on the YouTube channel »Tinnitus-Sprechstunde« (»Tinnitus Consultation Hour«) and has developed the therapeutic tinnitus app »Kalmeda«, which was the first digital health app to be approved in Germany.

LUCIA SCHMIDT, born in 1982, is a physician and editor responsible for the »Leib & Seele« (»Body & Soul«) pages in the Frankfurter Allgemeine Sonntagszeitung as well as the FAZ health podcast. She has been awarded several media prizes, including the Journalism Prize of the Professional Association of German Surgeons, and her 2018 debut work *SPLEEN, THIS IS LIVER SPEAKING* (2018) was an international success.



ecowING

Hardcover
Release date: April 2025
240 pages

Self-help for dizziness

Sufferers of dizziness not only have problems walking and standing but also lack a sense of security and stability. ENT specialist and dizziness expert Dr. Uso Walter explains how to successfully treat balance disorders and provides many practical tips.

When our sense of balance is disturbed, we become physically and emotionally unbalanced. After pain, dizziness is the most common symptom for which patients consult a doctor. Many sufferers develop insecurity and anxiety due to the swaying and spinning in the head. If these patients go to their regular doctor, they often do not find adequate help there. Because balance disorders also repeatedly present doctors with a major challenge. This is mainly because dizziness can have a great many different causes. This book provides an overview of the different types of dizziness and helps you to recognize the reasons for your own symptoms. Using case studies, it explains modern therapies and offers help for self-help with numerous exercises.



[Link to English Website](#)



BRING YOUR SHADOW CHILD INTO THE LIGHT

The Mental Tactics of Top Athletes and How We Can Use Them for Ourselves

STEFANIE KÖRBER, born in Klagenfurt, Austria in 1955, is a graduate psychologist and client-centered psychotherapist. After her studies in Germany, she set up her own practice as a psychotherapist. She developed the methodology of "Schattenarbeit" (shadow work) and founded the "Institut für Schattenarbeit" (Institute for Shadow Work) in Vienna in 2017.



© Andrea Sojka



ecowing
Hardcover
Release date: January 2025
208 pages

Get to know yourself, then you will love yourself

Why can't we find happiness? Why do we feel restless in our search for perfection and fulfilment? Why is it often difficult to feel true joy? Why don't we like ourselves? Stefanie Körber has been exploring these questions for decades in her work and in many therapeutic conversations. She finds the answers and the resulting solutions in shadow work. With her therapeutic approach, the psychotherapist brings light into these shadowy areas and encourages each one of her patients to get to know them and thereby lose their fear of them. This clears the way to inner peace and personal growth.



**Rights sold:
Poland
(Wielka Litera)**

[Link to English Website](#)



JOHANNA PAUNGGGER & THOMAS POPPE

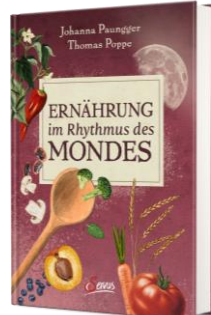
Compendium: In the Rhythm of the Moon



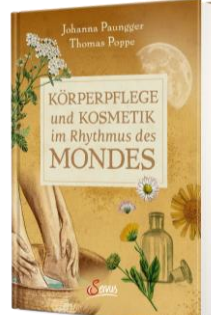
**Healthy
with the
Power
OF THE MOON**



**Gardening
with the
Power
OF THE MOON**



**Nutrition
in the
Rhythm
OF THE MOON**



**Body Care and
Cosmetics
in the Rhythm
OF THE MOON**



**Housekeeping
and Daily Life
in Harmony
WITH THE MOON**



**Home Improvement,
House Building and
Harvesting Wood
WITH THE MOON**



**Illustrated
Gift Editions**



Johanna Paungger,

born in 1953 in Walchsee, Austria, was one of ten children born into a Tyrolean farming family. In 1969 she moved to Munich, where she completed a commercial apprenticeship. In 1983 she gave her first lecture on lunar and natural rhythms. An intensive lecture and author activity followed. Together with her husband Thomas Poppe, she has published 12 books on the power of the moon as well as various lunar calendars in editions of millions.

Thomas Poppe,

born in 1952 in Falkenstein, Austria, in the Upper Palatinate, studied American Studies, Newspaper Studies and Political Science in Munich. In 1987 he began working as a state-certified and sworn English translator. In 1994 he married his wife Johanna. Their joint publications on lunar and natural rhythms have been translated into 30 languages to date.



Hardcover
12 X 17 cm
128 pages each

[Link to English Website](#)



TOP BACKLIST TITLES

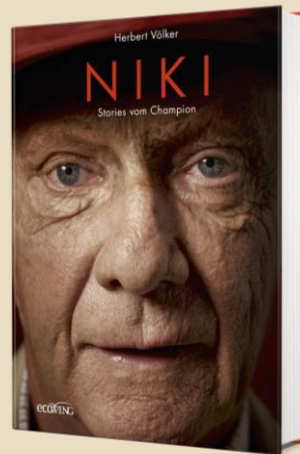
NIKI

Stories from the Champion

Several weeks
on the Austrian
Bestseller List

»Niki Lauda and Herbert Völker were already friends before the racing driver had even made it into Formula 1. Today, their decades-long friendship has resulted in the most versatile treasure trove imaginable for the small and large snapshots of a unique career and life story.«

Motor & More



Snapshots of a unique life story

The friendship of Niki Lauda and Herbert Völker lasted for decades and has resulted in the most diverse treasure trove imaginable. For the first time the smaller and larger snapshots of a unique career and life story have been curated by Völker in a mesmerizing book.

A search for traces between the dramas of a Hollywood-like global career and a thoroughly exciting life behind the scenes: Original recordings of Lauda's descriptions of his upper middle-class childhood reveal that Lauda's refusal of education left motorsport as a last resort, fortunately with huge talent and legendary perseverance. Herbert Völker also outlines the development of the entire Grand Prix sport—via technology, business and society, starting with Enzo Ferrari, the larger-than-life founding figure of the Ferrari brand and myth.

The book leads us through the personal stories of the three-time Formula 1 world champion, his triumphs and accidents as well as different crossroads in his life.

ecowING

Hardcover
Release date: November 2024
272 pages



Winner
of the
MOTORWORLD
Book Award 2025
"Biography"

[Link to English Website](#)



K2—The Toughest Mountain in the World Triumphs, Tragedies and Controversies

»A book to savour and shiver«

Frankfurter Allgemeine Zeitung



Historic moments and tragic chapters on K2

70 years ago, on July 31, 1954, the first ascent of K2 was achieved. The South Tyrolean extreme mountaineer Hans Kammerlander needed three attempts before he reached the summit of K2 in 2001. In this book, he traces the history of the second highest mountain in the world and examines the ethics of high-altitude mountaineering.

The most difficult of all eight-thousanders is located in Pakistan and magically attracts alpinists. Whereas they used to climb with rudimentary equipment, today they use high-tech equipment to climb the perfect pyramid. However, technological advancement does little to change the dangerous nature of K2: tragic deaths continue to overshadow spectacular achievements, and expedition tourism is currently changing the »mountain of all mountains«. This comprehensive chronicle of K2 presented by Hans Kammerlander and Walther Lückner is indispensable for all mountain enthusiasts.



BEN
EVEN
TO

Hardcover
Release date: July 2024
274 pages



[Link to English Website](#)



OUR EXCLUSIVE SUB-AGENTS

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